

Vital Signs

Published three times a year by the Public Relations & Marketing team at McDonough District Hospital. *Vital Signs* provides general information on health related topics, MDH services, news and hospital updates. It is not intended to be a substitute for professional medical advice, which should always be obtained from your provider.

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If you would like additional information about MDH, please call Public Relations & Marketing at (309) 836-1557.

Our Mission:

The mission of McDonough District Hospital, in partnership with its Medical Staff, is to provide health services with a personal approach to care that enhances the quality of life.

Our Vision:

To be your First Choice for First Class Health Services

Core Values:

Honesty and Integrity Respect Exceptional Service Commitment to Excellence Teamwork



McDonough District Hospital is accredited by
The Joint Commission

HOSPITAL SAFETY GRADE

Meet Interim President/CEO: Brian Dietz

McDonough District Hospital welcomes Brian Dietz as Interim President/CEO.

Dietz has worked with the search firm B.E. Smith on several occasions as an interim CEO, most recently with INTEGRIS Bass Baptist Health Center in Enid, Oklahoma. Dietz spent four years as the CEO at Saint Francis Healthcare in Wilmington, Delaware. He oversaw a full-service community hospital with net revenues in excess of \$166 million.

No stranger to west-central Illinois, Dietz worked from September 2008 through May 2009 as the interim CEO at Blessing Hospital in Quincy. From April through October 2012 he was a consulting CEO for St. Mary's Hospital (part of the Hospital Sisters Health System) in Streator, Illinois.

Dietz has also served in an interim role in healthcare facilities in: Indiana, Idaho, Oregon, and Michigan. He has worked as a senior executive healthcare professional for more than 35 years.

He earned his bachelor's degree from Frostburg State University and a MHA degree from George Washington University.

"When the committee narrowed down the list of candidates, Brian impressed everyone in the group. He has an impressive track record as an interim CEO. We will not be sitting idle until a permanent CEO is named, Brian will continue to move our organization forward and strengthening our brand. I know he will do an excellent job for McDonough District Hospital," said MDH Board of Directors Chairman Dr. Rick Iverson.

Dietz, originally from Bethesda, Maryland, is married to Patty. They have six children: Shannon, Josh, Asa, Scarlet, Selah, and Elim. In his spare time, Dietz enjoys spending time with his grandchildren, Civil War history, and hunting.



E.D. Grigsby, judge of McDonough County Court, appoints the first official Board of Directors and an architectural firm is hired in May of 1955.

Thank You, Kenny Boyd

For the past seven years, Kenny Boyd served McDonough District Hospital as President and CEO. He said good-bye to MDH in June, moving to Tennessee for a Senior Executive level job at a healthcare facility closer to family.

"The past seven years at MDH have been an exciting time in my career. I have been blessed in working with a fantastic Board, Medical Staff and employee team who are truly focused on providing great care to our patients and continuously working to improve our organization. This team has worked to continue to make MDH successful in this time of unprecedented change in our industry as well as the unique challenges we face with the state's economic instability," said Boyd. "None of these issues or challenges has ever taken our team's focus off of what's most important and that is patient care. They have proven this by their recognition as a Top 100 Small and Rural Community Hospital, back-to-back 'A' grades from the Leapfrog Group for patient safety and a Most Wired Recognition for the utilization of Information Technology in patient care. These recognitions just scratch the surface of recognizing the great work they do every day."

Boyd joined MDH in July 2011 as President and Chief Executive Officer. While successfully leading McDonough District Hospital through an unprecedented time of healthcare changes and budgetary challenges, Boyd played an active role in helping shape the current state of healthcare around the state of Illinois and economic development locally.

On a statewide level, Boyd served as a member of the Illinois Health and Hospital Association and the IHA Venture Association Corporation Board. Locally, Boyd was actively involved with the McDonough County YMCA Board, Macomb Area Economic Development Corporation Board, Macomb Noon Rotary, and Chair of the Macomb Area Chamber of Commerce Government Relations Committee.

He and his wife Nakina were active in the community by participating in and attending numerous events for charitable organizations.

I truly appreciate the opportunity to have worked with such an amazing group of caregivers and volunteers and truly believe MDH will continue to be a vibrant organization providing care to the residents of west-central Illinois for many years to come," said Boyd.

"On behalf of the MDH Board of Directors, I want to thank Kenny for his years of service. He did an excellent job leading our hospital through some difficult budgetary times. We appreciate all he did to make MDH a better place to work while serving the patients in our area. We wish Kenny and his family all the best in their future endeavors," said Dr. Rick Iverson, Chairman of the MDH Board of Directors.



Hospital groundbreaking, June 30.



Physical Therapy department opens. Roger Skolvy employed as the first therapist.

1964

Inpatient TeleHealth

Available at MDH



A scenario that is becoming more common throughout the United States. A patient gets admitted to a healthcare facility but during their stay it turns out they need to see a specialist not available in that area. Thanks to technology available at MDH, patients may not have to get transferred to another facility to see a particular specialist... they could join a secured video call.

MDH joined a new trend sweeping healthcare across the country - TeleHealth. This new service allows inpatients to not have to travel long distances – or transfer hospitals – to see a medical specialist hours away. A secured video call (similar to Skype

or FaceTime) can put that specialist in the same room.

"It gives the patients an opportunity to see a specialist we do not have on our staff. We can usually arrange appointments in a short amount of time. Hopefully within 24 hours we can get a specialist to see the patient on (a TeleHealth) video. We have the ability to let them examine the patient with a lot of devices, including a stethoscope, to listen to their heart and lungs," said MDH Hospitalist Dr. Jack McPherson. "We can send the specialist all the information we have electronically so they can see all the patients' vital signs, lab work, and x-rays."

"We can provide data like EKG reports so they have a full armamentarium of what the patient had done. It gives them a chance to talk so the specialist can do a history with the patient. They can do a fairly extensive exam. Our nurse and/or I would attend these interviews so if they wanted to examine an abdomen or feel a pulse in the foot we could do that for them as well," stated McPherson.

MDH has performed TeleHealth inpatient consults already with services starting to expand to departments such as: Senior Behavioral Health.

"The TeleHealth cart has many capabilities. The monitor screen is high

resolution... they can see the patient, the monitor, other family members or the other physician in the room. The patient will see and be able to speak to the physician on the other end, and the physician on the other end will be able to interview the patient and ask questions of our physician here," said Jolyn Utter, CCRN Hospitalist Nurse Coordinator. "The camera can move pretty much all around the room. We can focus in on the patient. We can focus on the monitor itself - so if we had a heart rhythm, their oxygen saturation or whatever the physician needed to see we can focus the camera on whatever is most important."

Five patient rooms are currently available for TeleHealth use. In addition, all ICU rooms are wired for the service and another room is available in the cardiopulmonary department. The current schedule for consults is Monday through Friday from 8 a.m.-4 p.m.

McPherson noted the speed of using the service and quick turnaround time, all while this service can help the hospital grow.

"We usually get a fairly quick opinion about what they think about the patient's condition and what can be done... It (TeleHealth) works out to be a good experience for us and a good opportunity for the patient not to travel somewhere. The more we can do here we would prefer to do here," stated McPherson.

For more information about the Hospitalist program, visit MDH.org.



Addition on 2nd and 3rd floors set to begin including a new OB department and minor renovations to radiology, pharmacy and outpatient services.



MDH is designated a trauma center with full-time physician coverage in the ER and ambulance services.

and

Providing 60 years of service to the local community is made possible thanks to the impressive network of employees that make MDH 'a hospital caring'.

Recently, some of the longest-serving employees shared insight into the earlier days at MDH. Here are a few of their favorite memories looking back over their inspiring careers.

Q. What are some of the biggest differences between your first day on the job and now?

- > When I first started, we didn't have a Hospitalist Program or rapid response team. We also didn't have as much involvement of ancillary services in patient care. - McGrew
- > Much fewer inpatients, much fewer overnight stays. - Catania
- > When I started as a Registered Nurse in June 1971, my wage was \$3.78 per hour. - Starbuck

> I started on the third floor, general medicine in June 1977. I worked 3-11 p.m. and it was not unusual to have 70 patients on the floor. We would care for 20 patients or more. We all worked eight hour shifts then and had many more inpatients to care for." - Lynn Crowell (not pictured)

Q. How has your uniform changed over the past 40 years?

> When I started we [in Laboratory] wore white uniform dresses, skirts and tops. Shortly after, we started to wear white pants. About 5-8 years later we started to wear colored/patterned tops but still wore white shoes. It wasn't until probably the early nineties that we started to wear non-white shoes. -Campbell

Q. How have processes changed from then to now?

- > I remember when people would be admitted to have things such as colon or gallbladder x-rays done. Everyone got a chest x-ray and doctors had standing orders of tests that were done on every patient, no matter their reason for admission. - Campbell
- > We no longer have to make numerous phone calls to primary care offices because of the current Hospitalist

- program in place. McGrew
- > One of the major differences in our jobs is the introduction of the computer. When we worked 8-hour shifts, the day shift would chart in black ink, evening shift in green ink and night shift in red ink. Computers have changed all of that and now all of the patient's medical information is just a click away. - Starbuck

Q. What are some of your favorite memories from your time thus far at MDH?

- > Two things come to mind: I think I'm the only person that came to the hospital and left with two babies though I didn't have twins! My then 14-month old son had been admitted for pneumonia. The day after he was admitted, I was at work and went into labor. All three of us went home on the same day. My second unique memory is from a weekend I was on call and it happened to be Parent's Weekend at WIU. The Statler Brothers were the entertainment that evening but one fell ill and came to the Emergency Room. I had the pleasure of drawing his blood! - Campbell
- > The day I was given the APPLE Award. – Worthington





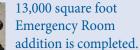


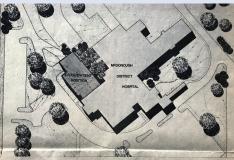




Mary Catania - 1976









The MDH Hospice program established.



The event began with a welcome by MDH President/CEO Kenny Boyd. Vicky Kipling, Department Leader of MDH Foundation, followed with remarks about the Dolores Kator Switzer Women's Center (DKSWC) and history of the initial donation in 2014 made by the late Dick Switzer (passed away on October 19, 2016) in honor of his wife Dolores, who passed away on the same day three years prior.

MDH Board of Directors Vice Chairman, Dr. Andrew Baker, spoke on behalf of the Board, and Macomb Mayor Mike Inman added comments on the project.

"This project has been a long time in the making. I'd like to thank the providers in our women's health services for the great job they do and the Board of Directors for approving this project, which will give us the facilities that will match the quality of the providers we have delivering outstanding care to the women throughout our region on a daily basis," said MDH President/CEO Kenny Boyd.

Representatives from area businesses and several individuals – all who have made major donations to the project – took part in the first official shovel in the dirt ceremony.



Home Health Care begins. Steve Hopper assumes the position of President/CEO.



Rehab Services establishes Cardiac Phase II program.

1986







Health Services
Building II is
expanded to
provide room for
more MMG clinics.

2000

2012



"I'm very privileged to be a part of the Women's Center and to have known Dick and Dolores Switzer very well. I'm so happy to see this project come to fruition in memory of Dolores Kator Switzer," said Kipling. "It will bring so many new services to the women in our community."

Currently, the obstetrics and nursery area is located on the first floor. Work has begun on the second floor to temporarily accommodate the department during the renovation process, then move back to the first floor upon completion. The plans will feature seven obstetrics rooms, three labor-delivery-

recovery rooms, a triage room, and renovations to the OB/ imaging waiting rooms, nursery area and imaging center.

The imaging component of the DKSWC expansion includes: diagnostic imaging, new waiting area, and expanding and remodeling the suites for 3-D digital mammography, stereotactic breast biopsy, ultrasound and bone density screenings.

For more information on the Dolores Kator Switzer Women's Center, or to donate to the project, log onto www.MDH.org or call the MDH Foundation Office at (309) 836-1757.



Transitional Care Unit opens.



The Outpatient Rehab Facility on North Lafayette is opened and the Baby Talk program begins.

1990





The three-floor expansion and renovation is opened, which includes a new Emergency Services, Senior Behavioral Health Unit and Sports Medicine & Rehabilitation Services.

2015



Dolores Kator Switzer Women's Center.

Coming Soon



Macomb, Illinois 61455







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