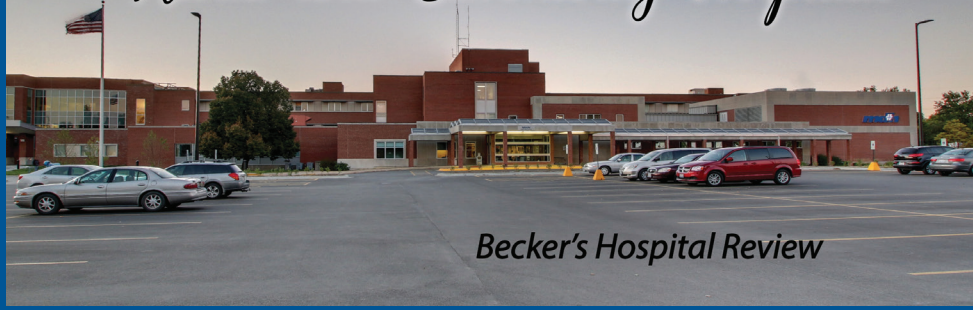


# VS

## VITAL SIGNS

# TOP 100

## *Rural and Community Hospitals*



*Becker's Hospital Review*

A Publication of McDonough District Hospital  
*Spring Issue 2017*



525 East Grant St.  
Macomb, IL 61455

[www.mdh.org](http://www.mdh.org)  
309.833.4101



## Nurse Practitioners...Pgs. 4 & 5

Serving Your Family's Healthcare Needs in 9 Different  
Locations - Across 7 Medical Specialties!



# Vital Signs

Published three times a year by the Public Relations & Marketing team at McDonough District Hospital. *Vital Signs* provides general information on health related topics, MDH services, news and hospital updates. It is not intended to be a substitute for professional medical advice, which should always be obtained from your provider.

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If you would like additional information about MDH, please call Public Relations & Marketing at (309) 836-1557.

## Our Mission:

**The mission of McDonough District Hospital, in partnership with its Medical Staff, is to provide health services with a personal approach to care that enhances the quality of life.**

## Our Vision:

**To be your First Choice for First Class Health Services**

## Core Values:

**Honesty and Integrity  
Respect  
Exceptional Service  
Commitment to Excellence  
Teamwork**



**McDonough District Hospital  
is accredited by  
The Joint Commission**

# Meet our new providers



## Afriye Amerson, MD

McDonough District Hospital is pleased to announce the addition of Afriye Amerson, MD to the McDonough Medical Group. She has joined Tamara Smith, DO; Sharie Harden, CNM; Brenda Powell Allen, WHNP; and Mary Thompson, CNM in the MDH Obstetrics and Gynecology Clinic.

Dr. Amerson attended medical school at George Washington University in Washington, DC. She completed an Internship and Residency in the Department of Obstetrics and Gynecology at St. Luke's Roosevelt Hospital of Columbia College of Physicians and Surgeons in New York, NY.

Dr. Amerson had been an OB/Gyn physician since 2001 in the New Jersey area. She has been the Assistant Attending in the Department of Obstetrics and Gynecology at Hackensack University Medical Center in Hackensack, NJ since July 2001.

She has participated as a women's health expert on numerous radio shows, television shows and conferences. Various speaking topics include women's heart health, vaginal health, pregnancy and postpartum depression.

*Dr. Amerson's office is located in Health Services Building 1, Suite 102, 505 East Grant Street, Macomb, IL. For more information or to schedule an appointment call (309) 836-6937.*



## Julie Bartlow, CPNP-PC, NNP-BC

McDonough District Hospital is pleased to announce the addition of Neonatal Nurse Practitioner Julie Bartlow, CPNP-PC, NNP-BC to the McDonough Medical Group. Julie has joined Liberty "Libby" Balbort, MD in the MDH Pediatric Clinic.

Julie earned a Master's of Science in Nursing with a Neonatal Nurse Practitioner Specialty from Vanderbilt University in Nashville, Tennessee. She completed her Post-Master's Nurse Practitioner Certificate from Saint Louis University in Saint Louis, Missouri. Prior to this she received her Bachelor of Science in Human Resources and Family Studies with a Child and Adolescent option from University of Illinois, in Urbana-Champaign.

Julie had been working as a Neonatal Nurse Practitioner since 2002, most recently for OSF St. Francis Medical Center. She is certified in Perinatal Loss Care with the National Board for Certification of Hospice and Palliative Nurses.

*Julie's office is located in Health Services Building 1, Suite 202, 505 East Grant Street, Macomb, IL. For more information or to schedule an appointment call (309) 833-1729.*

# 100 TOP

## Rural and Community Hospital



MDH has been named to the “Top 100 Rural and Community Hospital” list by *Becker’s Hospital Review*. MDH was one of three Illinois hospitals to be named to the list. Hospitals receiving this recognition are top performers in managing risk, achieving higher quality, securing better outcomes, increasing patient satisfaction and operating at a lower cost than their peers, according to the report done by the National Rural Health Association’s Rural Health Policy Institute, iVantage Health Analytics and the Chartis Center for Rural Health.

## Electronic Health Record

McDonough District Hospital and McDonough Medical Group have partnered with Cerner, a leading innovator in providing a secured electronic health record (EHR), which provides many advantages to our patients.

The EHR translates into better health care by improving these aspects:

- Safety
- Effectiveness
- Patient-centeredness
- Communication
- Education
- Timeliness
- Efficiency
- Equity
- Online record access
- Preventative & wellness care
- Enhancing privacy & security of patient data
- Enabling safer, more reliable prescribing

**Better care:** With an EHR, all of your health information can be in one place giving providers more accurate and complete information about your health for the best possible care.

**Better coordination:** Having information in electronic form means it can be more easily shared between your providers, which means the care provided to you and your family is better coordinated.



## We Deliver.

At McDonough District Hospital Obstetrics and Gynecology Clinic, our team of caring professionals deliver consistent care close to home. We provide care to women of all ages and have over 80 years of experience.

We’re Always Here For You!



Schedule your appointment today!

309-836-6937



# Nurse Practitioners

*Serving Your Family's Healthcare Needs in 9 Different Locations - Across 7 Medical Specialties!*

Nurse Practitioners or NPs provide primary, acute and specialty healthcare to patients of all ages and walks of life. NPs assess patients, order and interpret diagnostic tests, make diagnoses, and initiate and manage treatment plans – including prescribing medications.

According to the American Association of Nurse Practitioners, currently, there are over 220,000 NPs licensed within the United States providing 870 million patient visits each year. NPs play a vital role in providing access to high quality healthcare services. Additionally, patients report a high level of satisfaction with the care they receive.

*Let MDH and MMG NPs become part of your family's healthcare team!*



*One group. One goal. Your care.*



## NPs Focus on Prevention and Well-Being

As fully qualified, healthcare providers, Nurse Practitioners provide high-quality, cost-effective care to patients in a variety of specialties and settings. NPs and certified midwives working in collaboration with physicians demonstrate excellent and even superior health outcomes. Nurse practitioners diagnose and manage acute episodic and chronic illness while also working proactively with patients and coaching them on how to stay healthy. When treating a specific health problem, they focus on the whole person.

Holistic health,  
including disease prevention

Health education

Counseling

Increasing access  
for patients



### Patient Advocate

#### NPs can:

- ✓ provide the extraordinary service of advocating for their patients
- ✓ explain treatment options and complex terms
- ✓ work with the community and family members to ensure the best care
- ✓ treat patients and their illnesses, coordinate care, counsel patients on healthy lifestyle choices
- ✓ educate patients on the effects their health problems may have on them and their families

## Clinic Locations:

### Bushnell Family Practice

1150 North Cole Street | Bushnell, IL | 309-772-9444

Carrie Helle, NP-C

*Accepting patients 18 months and older*

### Convenient Care

Macomb HyVee | 1600 E. Jackson St. | 309-836-1700

Lyndsay Bedwell, NP-C, Kaye Stone, NP-C,

Krystal Wagner, FNP-BC

*Treating patients greater than 18 months*

### MDH Ear, Nose and Throat Clinic

Health Services Building 2 | Suite 113 | 309-833-6937

Kamie McKee, NP-C

*Accepting patients of all ages*

### MDH Family Clinic

Health Services Building 2 | Suite 213 | 309-837-6937

Susan Adams, FNP-BC; Megan Clemens, NP-C;

Jodi Heller, NP-C

*Accepting new patients six months and older*

### MDH Hospitalist Service

525 East Grant Street | 309-836-1611

Tammy Eckert, FNP-BC; Jodi Melton, NP-C

### MDH Obstetrics & Gynecology Clinic

Health Services Building 1 | Suite 102 | 309-836-6937

Sharie Harden, CNM; Brenda Powell Allen, WHNP;

Mary Thompson, CNM

*Accepting patients*

### MDH Pediatric Clinic

Health Services Building 1 | Suite 202 | 309-833-1729

Julie Bartlow, CPNP-PC, NNP-BC

*Accepting new patients*

### MDH Psychiatry Clinic

Health Services Building 2 | Suite 112 | 309-836-6400

Layne Stambaugh, PMHNP-BC

*Accepting new patients*

### MDH Anesthesia Services

525 East Grant Street | Macomb, IL | 833-4101

Larry Bartels, CRNA; Steve Hilligoss, CRNA;

Sue Jennette, CRNA; Jill Whiteside, CRNA



# Annual Wellness Visits



**At McDonough Medical Group, we want to ensure that you have all of the necessary resources to manage your health.**

Medicare patients are entitled to a free annual wellness visit to review your health, detect risks for certain diseases and discuss your plan for staying healthy and preventing disease.

## **During your visit, your healthcare team will:**

- Review your health status and medications
- Discuss Medicare-covered screenings and immunizations
- Evaluate risk factors for disease and disability
- Discuss advanced care planning

## **How much does it cost?**

There is **NO** cost to you! Medicare waives your co-pay.

## **How do I schedule my visit?**

Simply call your primary care provider and tell them you want to schedule your *Medicare Annual Wellness visit*. If you are new to Medicare, you can schedule your “Welcome to Medicare” exam during your first year of eligibility.

## **Where can I schedule an appointment?**

MDH Family Clinic:  
309-837-6937

MDH Internal Medicine:  
309-837-9926

Bushnell Family Practice:  
309-772-9444



**M+MG** McDonough  
Medical Group





# Patient Stories

*Without a sense of caring, there can be no sense of community.*

-Anthony J. D'Angelo

"We had an excellent experience and have told (and will continue to tell) how great our experience was and how wonderful the staff is. Everyone took their time with me and made sure I didn't have any needs or questions before they left my bedside."

"The woman who greeted my daughter (1 year old), my mother, and I was wonderful. She was cheerful, helpful, friendly, and made this anxious mother feel better about the upcoming surgery. The nurses were all wonderful. They treated all of us with respect and they made us feel welcome and comfortable. Their obvious experience made it easier for me to watch them take my daughter away. We had no delays and were kept informed the entire time the surgery was occurring. Thank you!!"

"Everything was ready for me when I arrived for my sleep study. The technician was very thorough in explaining everything to me. If I had any questions, comments, or concerns, she had the answer for me. She was very professional. The room was very clean and comfortable. The technician was great to escort me around and she also did a great job with respecting my privacy."

"All the staff is pleasant and nice to work with. My therapist communicates excellently with me and explains what to expect, how to do the exercises properly, and frequently asked about my pain-level. Would highly recommend the Rehabilitation department."

"My nurse was outstanding. Very thorough, kind, and compassionate. Really concerned about relieving my pain. My doctor was amazing; he was also very compassionate and included my husband in my care. He explained everything so we both understood. Even though I was in extreme pain and concerned about what was wrong with me, my experience at MDH ER was excellent. All the staff was very kind, compassionate, and quick to treat me."

"Overall the experience was very good. It was so wonderful to be able to have my own room. I love that the same nurses I had 4 and 6 years ago remembered me and I got to see all familiar faces. Every single one of them is so kind and caring."

"I just want to say I can't stress enough the excellent care I received from the 2<sup>nd</sup> floor nurses, dietary, cleaning, PT, and physicians. They all made me so comfortable. MDH is A+ in every way!"



LOCAL  
POSTAL CUSTOMER

# **Pain, Strain, Sprain Got You Down?**

*Get back to doing what you love.*

One-on-One Care  
Personalized Treatment Plan  
State-of-the-Art Facility  
Highly Trained Staff

## **Sports Medicine & Rehabilitation Services**

(309) 836-1601 | [www.mdh.org](http://www.mdh.org)

