



McDonough District Hospital
Employee Newsletter

Making Rounds

September 26, 2017 • www.mdh.org



MDH Core Values

Honesty and Integrity • Respect • Exceptional Service • Commitment to Excellence • Teamwork

MDH Hotline

Do you have a compliance concern you need to share confidentially? Remember the MDH Hotline is available at (309) 836-1630.

Next Deadline

The next *Making Rounds* deadline is NOON on **Tuesday, October 17**. Please submit your information, articles, thank-you notes, recipes, achievements, etc., to Public Relations.

MDH Says Goodbye

Cecelia Clark, Operator, Communications, 8/22/17

Bobbie Ellsworth, Registered Nurse, Anti-Coagulation, 9/15/17

Kim Ewing, Phlebotomist, Laboratory, 9/8/17

Jennifer Hickie, Certified Nursing Assistant, Senior Behavioral Health, 8/31/17

Randy Lantz, Parking Attendant, Valet Parking, 8/25/17

Becky Moon, Maintenance III, Plant Engineering, 9/15/17

Aaron Saenz, Paramedic, Ambulance, 9/15/17

Kelly Shoppa, Technician, Pharmacy, 9/15/17

Layne Stambaugh, Nurse Practitioner, Senior Behavioral Health

Dalton Taylor, Registered Nurse, Emergency Services, 9/14/17

Out and About

Mary Dimmitt attended a 36 hour Activity Director Course in Peoria on June 23-24 and July 21-22.



Job Opportunities



<u>POSITIONS</u>	<u>DEPARTMENT</u>	<u>SHIFT</u>	<u>STATUS</u>
Registration CL-NONPHLEB	Registration	Variable	24 hrs/wk
Leader	Health Information Management	Days	Full-time
RN Quality Supervisor	Quality and Innovation	Days	Full-time
RN	Anti-Coagulation Clinic	Days	Full-time
LPN/RN	Internal Medicine	Days	Full-time
RN-FLOAT	McDonough Medical Group	Days	Full-time
RN	Intensive Care Unit	7p-7:30a	Full-time
RN	Senior Behavioral Health	7p-7:30a	24 hrs/wk
RN	Acute Care	7p-7:30a	Full-time
RN	Emergency Services	7p-7:30a	Full-time
RN	Wound Care Clinic	Days	Full-time
CNA	Senior Behavioral Health	7a-7:30p	24 hrs/wk
CNA	Acute Care	7p-7:30a	Full-time
Medical Assistant	McDonough Medical Group	Days	Full-time
Paramedic	Ambulance	Variable	Full-time
Paramedic	Ambulance	Variable	Full-time
Valet Parking Attendant	Valet Parking Services	Days	24 hrs/wk
Hospitalist	Hospitalist		Full-time
MT(ASCP)	Laboratory	Variable	Full-time
Physician	Pediatric Clinic	Days	Full-time
Speech Pathologist NONEX	Sports Medicine and Rehabilitation Services	Days	Full-time

Full list also available online at www.mdh.org

As of September 19, 2017

Moving Around

Farrell Lewis is now a Paramedic in Emergency Services. Farrell previously worked as a EMT for the department.

Daysha Ranson is a Prep Aide in Surgery. Daysha previously worked as a Certified Nurse Assistant in Acute Care.

Eye Spy

In this issue of Making Rounds, can you find how many times the leaf appears?



Find the answer on page 19.

New Faces at MDH

MDH Welcomes New Employees



Jane Albsmeyer

Jane is a Clinic LPN in the OB/GYN Clinic. She is originally from Camp Point and is married to Jerry. They have two children; Ryan and Kari. Jane enjoys gardening and sewing.



Melanie Becoat

Melanie is an Agency Registered Nurse for Emergency Services.



Lauren Burrows

Lauren is a Clerk in Registration. She is originally from Kalamazoo, Michigan. Lauren enjoys original film photography.



Tony Conway

Tony is an Agency Registered Nurse for Emergency Services. He is originally from Pekin and is married to Breanne. They have three children; Ava, Jayda and Nora. Tony enjoys photography.



Crystal Fackrell

Crystal is a Certified Nursing Assistant in Acute Care. She is originally from Good Hope and is married to Fil. They have one daughter, Jessica. Crystal enjoys photography, scrapbooking and softball.



Tracy Fuqua

Tracy is a Registered Nurse in Surgical Services. She is originally from Mt. Sterling and has two children; Brady and Chance. Tracy enjoys reading and running.



Rose John

Rose is a Specialist in Behavioral Health Services. She is originally from Astoria and has five children; Brandon, Jodi, Josh, Danyel and Michelle. She enjoys crafting and reading.



Corina Kitch

Corina is a Certified Nursing Assistant in Acute Care. She is originally from Avon and enjoys kayaking and fishing.



Jacki Lee

Jacki is a Registered Nurse in Acute Care. She is originally from Monmouth and is married to Michael. They have four children; Randi, Josh, Jennifer and Michale. Jacki enjoys spending time with her nine grandchildren.



Jess Mowen

Jess is a Food Service Aide in Food/Nutrition Services. She is originally from Camp Point and is married to Cole. Their child is their dog, Apollo.



April Shehorn

April is a Clerk in Registration. She is originally from Reynolds and has two children; Ayvalene and Camellia. April enjoys hiking, kayaking, soap making and massage therapy.



Eric Shoemaker

Eric is a Medical Laboratory Technician in Laboratory. He is originally from St. Louis.



Sandy Taylor

Sandy is a Unit Secretary for Acute Care. She is originally from Macomb and is married to Jim. Sandy enjoys sewing, quilting, reading and spending time with her grandchildren.



Vinny Trolia

Vinny is a Public Safety Officer for Public Safety. He is originally from New Lenox and he enjoys computers, video games, music and exercising.



Kelli Turner

Kelli is a Housekeeping Aide in Environmental Services.

MDH Welcomes New Interns



Laura Erickson

Laura is a Music Therapy Student in Acute Care and Senior Behavioral Health. She is originally from Elgin and enjoys music, instrument playing, watching TV shows, video games and Frisbee golf.



Carter Wear

Carter is a Physician Assistant Intern with McDonough Medical Group.

MDH Welcomes New Volunteers



Jane Coplan

Jane is originally from Deerfield and has retired from Academic Advising at Western Illinois University. She attended University of Wisconsin-Stevens Point. Jane enjoys to read and walk.

**JoAnn Hairston-Jones**

JoAnn has lived in Oklahoma, Indiana, Pennsylvania and Kentucky. She retired from Western Illinois

University Beu Health Center.

JoAnn studied Public Health and College Student Personnel. She is a fanatic fan of University of Kentucky basketball. JoAnn enjoys gardening, traveling and volunteering.

**Claire Jaffe-Notier**

Claire is originally from Oak Park and is a Social Work major with an interest in NICU Palliative Care.

Claire enjoys being outdoors, camping, hiking, biking, playing sports and baking.

**Christine Kurylowicz**

Christine is originally from Plainfield. She is a student at Western Illinois University majoring in Medical

Science with a minor in Forensic Chemistry and Zoology.

**Mattie Mullet**

Mattie enjoys reading, sewing, quilting and adult coloring.

**Jodie Tan**

Jodie is originally from Singapore. She enjoys singing, reading and playing music.

**Nasser Zbeeb**

Nasser is originally from Moline. He is a pre-medicine major at Western Illinois University. He

enjoys playing sports, particularly basketball and playing the piano.



New Cardiopulmonary Leader

Suellen Carmody – Menzer was named Leader of Cardiopulmonary. Suellen has worked as a Registered Respiratory Therapist in a variety of clinical settings including Northwestern Memorial Hospital in Chicago, University of Iowa Hospitals and Clinics in Iowa City and Catawba Valley Medical Center in Hickory, NC. She most recently served as the Director of Clinical Education at Southeastern Community College in West Burlington, Iowa.

Suellen holds an Associate of Applied Science degree from Kirkwood Community College, Cedar Rapids Iowa; a Bachelor of Arts in Business Administration and Health Care Management from American Intercontinental University in Hoffman Estates, IL and a Master's in Business Administration from St. Ambrose University in Davenport, Iowa. She also holds credentials as a Registered Respiratory Therapist and Neonatal Pediatric Specialist, is certified as an Asthma Educator, Co-Chaired the State of Iowa Asthma Coalition for two years and was the recipient of the Iowa Society for Respiratory Care Presidents Award in 2017.

Suellen lives in Cedar Rapids Iowa with her husband and two children. She enjoys reading, dancing and is an avid Cubs fan.

A+ Achievement

Jen Wagoner, Physical Therapist, from MDH Sports Medicine and Rehabilitation Services attended the Vestibular Rehabilitation: *A Competency Based Course* in Los Angeles, June 23-28. The six day, evidence-based course taught through Duke University consisted of lecture, laboratory sessions and additional self-study sessions. Participants were required to demonstrate assessment skills to faculty including: oculomotor examination with emphasis on the identification of nystagmus and canal involvement; differentiation between central and peripheral system disorders; balance, gait and fall risks assessments and functional assessments. Participants were tested on the appropriate treatment procedures for BPPV affecting posterior, anterior and horizontal canals for both cupulolithiasis and canalithiasis; for unilateral and bilateral peripheral vestibular disorders and for central vestibular disorders including concussion, traumatic brain injury and stroke. Emphasis was given on the utilization of assessment results to develop an individualized, effective treatment plan for patients with vestibular disorders. The course concluded with both a written and video examination. Upon passing, Jen received a Certificate of Completion from the American Physical Therapy Association. There are currently less than 5,000 PT's across America with this certificate.

...Benefit Break...

Take a minute to learn more about your benefits and other HR issues.

Personal Time

Established to allow you to use sick time for reasons other than your own illness or injury.

Use from January 1 to December 31

Full-time Employees

32 hours available per calendar year

Exchanged for sick time – must have at least 80 hours of sick leave

Increases to 40 hours/calendar year after 960 hours of accrued sick leave

24 hours/week Employees

16 hours available per calendar year

Exchanged for sick time – must have at least 48 hours of sick leave

Increases to 20 hours/calendar year after 576 hours of accrued sick leave

If you have questions concerning this topic or any suggestions for future Benefit Breaks, please contact Human Resources at extension 13492.



October Meetings Calendar

Monday, October 2

Department of Surgery, 12:00 PM, Auditorium B

Tuesday, October 10

Credentials & Bylaws, 7:00 AM, PDR

Wednesday, October 11

PHO Office Managers, 12:00 PM, PDR

Thursday, October 12

Planning/Recruitment & Administrative Committee, 7:00 AM, TFBR

Friday, October 13

- Finance Committee, 7:00 AM, TFBR
- Executive Committee, 12:00 PM, PDR

Monday, October 16

Board of Directors, 5:30 PM, TFBR

Tuesday, October 17

MMG Employed Physicians/MMG Governance Council, 5:30 PM, Auditorium A/B

Thursday, October 19

Tumor Board, 12:00 PM, Auditorium A/B

Friday, October 20

Medical Staff, 12:00 PM, Auditorium A/B

Wednesday, October 25

- PHO Physicians, 12:00 PM, PDR
- Quality Council, 1:30 PM, TFBR

Friday, October 27

Medical Staff Quality Improvement, 12:00 PM, TFBR

MVP Awards

Has someone done something special for you? Has this person gone above and beyond his or her normal duties to help you? Consider completing an MVP Thank You to show your appreciation.

MVP Award - \$50



Jill Cook (left)

MVP Thank Yous - \$25



Ketra Atwater



Amanda Stracker

APPLE Winner August 2017



Please join me in congratulating **Wendy Cameron**, Registered Nurse in Obstetrics, on being named the recipient of the MDH **APPLE** Award for August 2017. **APPLE** stands for “Achieving outstanding Performance in Patient care, Leadership, Loyalty and Enthusiasm for MDH.”

Wendy earned her Associates of Nursing degree from Spoon River College in 1998 and began her nursing career as a Registered Nurse in Obstetrics from June 1998 to June 2011. After a short period away, Wendy returned to Obstetrics on June 6, 2012. In May 2016, Wendy earned a Bachelor’s of Science degree in Nursing from Western Illinois University.

Wendy Cameron She is a great preceptor with a wealth of knowledge. Wendy is excellent with new employees and works hard to find a way to teach them what they need to know and in a way that they understand. She is efficient and is able to delegate appropriately to assure that all assignments are completed. Wendy is always looking for ways to improve processes and quality of care. Her input and suggestions are appreciated. She is a strong team player who is valued by her peers. Wendy shows an extreme amount of initiative.

Wendy has said “I am always looking for ways to make our patients enjoy their stay in OB. I want their care to be the best, so that they will return to our department and also say wonderful things about us to their friends. I try to promote MDH in the community and surrounding areas.” She continually strives to make these connections with her patients to provide an excellent experience for them. Wendy is very caring and compassionate.

Her nominator states that Wendy truly cares about each and every patient. Wendy always has a smile on her face. She never shies away from a challenge and ultimately wants the best for the department, the staff and her patients. Another nominator states, “Wendy is such a joy to work with. I look forward to coming to work knowing she will be there because she can always make your day better. She welcomes you in with open arms and you immediately feel like family.”

Wendy and her husband, Marty, have three daughters, Alex, Breana and Demri; and two grandchildren, Zoey and Braxton. In her spare time, Wendy enjoys photography, shopping, watching movies and staying active. She loves spending time with her family and spoiling her grandchildren.



Did You Know?

If you shop on Amazon: Go to www.smile.amazon.com, shop, choose McDonough District Hospital Foundation (EIN #46-5143822), and when you check out, Amazon will donate a portion of the sales to the MDH Foundation.

amazonsmile
You shop. Amazon gives.

October Calendar of Events

MDH Breast Cancer Support Group

Monday, October 2

5:30 PM, Auditorium B

For more information contact MDH Outreach Services at (309) 836-1584.

Suicide Support Group

Monday, October 2

7:00 - 8:00 PM, Health Services Building 1 Auditorium

This open discussion support group is for anyone who has been affected by suicide. The group meets the first Monday of each month. For more information, call the MDH Behavioral Health Services at (309) 836-1582.

Anger Management

Tuesdays

3:30 - 5:00 PM, Health Services Building 1 Auditorium

Pre-registration is required. Insurance and financial assistance may cover costs depending on coverage.

For more information or to register, call MDH Behavioral Health Services at (309) 836-1582.

Pediatric Advanced Emergency Assessment (PEARS)

Tuesday, October 3

8:30 AM - 4:00 PM, Auditoriums A & B

PEARS teaches providers how to recognize respiratory distress, shock & cardiac arrest and provide appropriate lifesaving interventions until the child is transferred to an advanced life support provider.

Pre-registration is required. Fee: \$110 plus \$35 for the book.

MDH employees may take the class for free with approval from their department leader.

For more information or to register, contact MDH Staff Development at (309) 836-1654 or staffdevelopment@mdh.org.

Community First Aid Class

Tuesday, October 3

6:00 PM, Auditorium A, McDonough District Hospital

FEE: \$32.00 Pre-registration is required.

For more information or to register, contact MDH Outreach Services at (309) 836-1584.

Seniors' Day at Citizens

Thursday, October 5

8:30-11:30 AM, Citizens Bank, Downtown Macomb

Topic: Flu Clinic

Sponsored by: MDH Home Health Care

No charge to Medicare Part B recipients; \$30 for all others.

Available to anyone 18 years of age and older.

Participants are asked to wear a short sleeve shirt as all shots are given in the upper arm.

For more information, call MDH Home Health Care at (309) 836-1544.

Childbirth and Infant Care: Breastfeeding

Thursday, October 5

7:00-9:00 PM, Auditorium B

Free. Pre-registration is required.

For more information or to register, call the MDH Obstetrics Department at (309) 836-1570.

Divorcing Parents Education Program

Friday, October 6

1:00-5:00 PM, MDH Health Services Building 1 Auditorium

Cost: \$60.00 payable at session

Pre-registration is required.

For more information or to pre-register, call MDH Behavioral Health Services at (309) 836-1582.

Community CPR Class

Tuesday, October 10

6:00 PM, Auditoriums A & B, Auxiliary conference room

FEE: \$32. Pre-registration is required.

For more information or to register, contact MDH Outreach Services at (309) 836-1584.

Breast Cancer Awareness Program

Tuesday, October 10

6:00 PM, Radiology Department

Speakers: Tim Tyler, Radiology Leader; Tamara Smith, DO, Obstetrics and Gynecology and Vicky Kipling, MDH Foundation Leader

This event is free and open to the public.

For more information, contact MDH Outreach Services at (309) 836-1584.



19th Annual Golf Tournament Highlights

2017

TOURNAMENT SPONSOR:

Citizens Bank
(A Division of Morton Community
Bank Member FDIC)

EAGLE SPONSORS:

Cerner
DNDC Telephone Company
Emergency Physician Staffing
Solutions, LLC
Harold O'Shea Builders
REMLO | Drs. Ron Rigdon &
Alvin Weintraub

BAG SPONSOR:

Air Evac Lifeteam

CART SPONSORS:

Health Alliance Medical Plans, Inc.
Purdum Gray Ingledue Beck, Inc.

BIRDIE SPONSORS:

First Bankers Trust Company, N.A.
First State Bank of Illinois
The McDonough Democrat Inc.
MidAmerica National Bank
NTN-Bower
Pella Corporation
Table Grove State Bank
VALIC

ADVERTISING SPONSOR:

McDonough County Voice | Choice

APPAREL SPONSOR:

Landmarx Inc.

TENT SPONSOR:

Laverdiere Construction, Inc.

BREAKFAST SPONSOR:

HyVee Food Store

LUNCH SPONSORS:

Alpha Baking
JBS USA Beardstown, IL
Morrison Healthcare
Jason Robinson
Sysco

DINNER SPONSORS:

Alpha Baking
Christner

BEVERAGE SPONSOR:

RNJ Distribution

FLAG SPONSORS:

Colchester State Bank
Collection Professionals, Inc.
Gelsosomo's Pizzeria
Marine Bank
Idol R. Mitchell DPM, PC
Peace Inc. | ROE #26
RPS Imaging
State Farm Insurance | Cathy Early
Waste Management
Western Illinois University
Foundation

HOLE SPONSORS:

Arnold Brothers Heating & Cooling
Bickford Assisted Living
Carey Calculations Inc.
Clugston-Tibbitts Funeral Homes
Dodsworth Piper Wallen Corman
Memorial Homes
Engraving by Lin
Farmers & Merchants State Bank of
Bushnell
First Investment Services, a division
of First Bankers Trust Company, NA
Representative Norine Hammond
Mike and Melissa Inman & family
Grand Prairie Assisted Living
KONE Elevators and Escalators
Ladner Orthodontics, LTD
Long View Consulting, LLC
Lundgren for Sheriff
Macomb Glass Inc.
Mississippi Valley Regional Blood Center
No Place Like Home
Performing Arts Society
Pumo Insurance Agency Inc.
Sarah D. Culbertson Memorial Hospital
Spoon River College
Springfield Clinic of Macomb
Terrill Title Co., Inc.
Senator Jil Tracy
Vermont State Bank
Vision Consultants, Ltd. | Terry B. Vail, O.D.

Wells Fargo Advisors, Mary Downey
Senior Vice President-Branch
Manager Macomb, IL
Wesley Village
Woodrum Ford - Lincoln-Toyota

BALL SPONSOR:

MTC Communications

SWAG SPONSORS:

DNDC Telephone Company
Grand Prairie Assisted Living

RAFFLE ITEMS:

AutoZone
Bella Hair Studio | Kim Thorman
Kenny & Nakina Boyd
Buffalo Wild Wings
The Cafe'
Candy Lane Florist
Chicago Cubs
Chicks on the Square
Chubby's
Citizens Bank (A Division of Morton
Community Bank Member FDIC)
Citizens Insurance
Depoy Auto Service
Carrie Depoy
Edward Jones | Corey Clem
Edward Jones | John White
Engraving by Lin
Family Video
First Bankers Trust Company
Free Range Yoga
Gamage TV & Appliance
Illinois State Police
Matt and Vicky Kipling
Macomb Country Club
Macomb Park District | Ball Fore
McDonough County Sheriff
McDonough County United Way
MidAmerica National Bank
Minus Muffler & Towing
MTC Communications
The Nail Salon
No Place Like Home
Platinum Hair Salon
Professional Eyecare Center

Brigid Pumo
 Pzazz Entertainment Complex
 Quality Inn of Macomb
 Ramsey Financial Services Inc. | Ben
 Pratt & Spencer Conlin
 Sherwin Williams
 Sesame Garden
 Teddi Skelton
 Smith Garden Center & Landscaping
 Snap Fitness
 Sports Corner @124
 Kathy Veroni
 Weaver Automotive
 WIU Athletics
 WIU Harry Mussatto Golf Course
 WIU Student Recreation Center
 Zen Nails

VOLUNTEERS:

Dave Cady
 Natalie Divan
 Mel Dorethy
 Patty Henness
 Jerry Lindsay
 Kelly Shiraki
 Erica Smith
 Barb Walters

CHEFS:

Keith Engel
 Jason Robinson

TOURNAMENT COMMITTEE:

Carrie Depoy, Chair
 Jordan Ball
 Jill Cook
 Keith Engel
 Jim Keeney
 Vicky Kipling
 Penny Lawyer
 Milly MacDonell
 Jason Robinson
 Jack Schoonover
 Laura Swanson Leezer
 Dan Torrance

CHAMPIONSHIP FLIGHT:
1st Place: Mark Gamage, Shaun Gamage, Harold Gamage & Ben Pratt
2nd Place: Jimmy Griffith, Gary Wilson, Darrin Debold & Scott McGaughey
3rd Place: Justin Lundgren, Mike Pilat, Spencer Conlin & Jake Lucas

1st FLIGHT:
1st Place: Tom Claudon, Jenny Claudon, Steve Silberer & Amanda Silberer
2nd Place: Dr. Ed Card, Dr. Jeff Sparks, Angie Schauble & Linda Sampson
3rd Place: Dr. Tom Koch, Dr. Ed Ricaurte & Rodney Fink

2nd FLIGHT:
1st Place: Cathy Early, Virginia Diehl, Jan Clough & Diane Bruns
2nd Place: Bruce Lorton, Ron Promisson, Doug Livermore & Dennie King
3rd Place: Bill Pumo, John Rickett, Mike Krause & Byl Watters

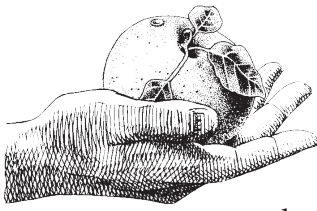
HOLE PRIZES:
Longest Drive in Fairway #10 (men): Phil Arnold
Longest Drive in Fairway #9 (women): Linda Sampson
Longest Putt #15: Dr. Tom Koch
Closest to the Pin #3: Bruce Lorton
Winner of 50/50 Drawing of \$ 255: Ben Beck
 (graciously donated money back to MDH)



The Foundation office has v-neck wind shirts leftover from the golf outing. \$25 each. Limited sizes available on a first come first serve basis. Questions? Please call ext 13794.

Nearly \$48,600 was raised to benefit the Dolores Kator Switzer Women's Center

We would like to thank everyone who supported, volunteered or participated in the MDH Golf Tournament.



Golden Apple Society Summer Social

Golden Apple Society members, Dave and Jackie Thompson, graciously hosted this year's Summer Social on August 23 with 110 members and guests attending. Adrian & Kathleen MacGregor and Max & Diane Pierson have become members as a result of the event!

A big thank you to our 142 Society members for supporting MDH; the Thompson's for hosting and Charlene Callison, Charolette Megginson, Barb & Jack Baily, Dave & Connie Garner, Alexa Shaw and Anna Bradt for making the event a success!

MDH Foundation Team: Jill Cook, Patty Henness, Vicky Kipling





Want to become a Society member?

To become a member of the Golden Apple Society, a pledge of \$10,000 over 10 years (\$1,000 per year) is required and is 100% tax deductible. MDH employees can make payments through payroll deduction at \$38.47 per pay period. For more information, please contact Vicky in the Foundation office at 13791 or email vlkipling@mdh.org.

President's Report

The MDH Board of Directors met September 18. Here is Mr. Boyd's report to the Board for the accounting period of August 22 - September 18, 2017.



Quality

Service Excellence

In partnership with Press Ganey, MDH began participating in the voluntary data collection for Outpatient and Ambulatory Surgery Consumer Assessment of Healthcare Providers and Systems (OAS CAHPS). In the near future, CMS (Centers for Medicare and Medicaid Services) will require a mandatory implementation for Medicare-certified hospital outpatient departments and ambulatory surgery centers.

Much like the other government mandated surveys, the OAS CAHPS survey is designed to measure the patient's perception of care.

The survey has 5 Domains:

- Before Your Procedure
 - Information and instructions the patient recent prior to their procedure
- About the Facility and Staff
 - Check-In, Cleanliness of facility, Helpfulness, courtesy and respect from the doctors, nurses, and clerks/receptionists
- Communication About Your Procedure
 - Level of explanation related to the procedure by the doctors and nurses, anesthesia use, side effects, and discharge

instructions (verbal and written)

- Your Recovery
 - What to expect during recovery, pain management, other medication use, signs and symptoms to watch for during recovery phase
- Your Overall Experience
 - Overall Rating of Care and Likelihood to Recommend
- Questions about the Patient
 - Demographics

In early 2018, CMS will publicly report the data collected during the voluntary implementation.

Patient Safety

- MDH will be participating in CAUTI and C diff simulation training events through the HIIN. Training events are highly engaging and emphasize the use of simulation-based strategies to facilitate change. The focus of these events will be to provide attendees with simulation-based tools and techniques to augment the pursuit of higher quality care, patient safety and healthcare resiliency at the unit level. The four breakout sessions will be focused on Patient & Family Engagement, Technical Skills, Sociotechnical Risk Assessment and Attitude and Safety Culture.
- MDH is participating in the clostridium difficile (C diff) infection Improvement Action Network in 3rd Quarter which is July through September 2017. The MDH goal for this project is to maintain zero hospital acquired C diff infections for inpatients on acute care and ICU through FY2017. The first tests of change include evaluating lab capabilities

related to testing, evaluating timeliness of orders, improving education and incorporation of personal protective equipment competencies.

Projects

- Phlebotomy Wait Times:
The project is documenting the process changes into the standard procedures for the lab and registration.
- Report Processes: Standard procedures for report writing, charge maintenance and order maintenance have been identified for completion to close the project.

Infection Control

- Infection Control attended the annual Illinois Council on Tuberculosis (ICOT) conference on August 31st in Springfield, IL. The purpose of the conference is to enhance the knowledge of Tuberculosis (TB) care and management as well as to identify new and upcoming advances in Tuberculosis. The conference featured expert speakers from the state level as well as the Mayo Clinic and the Centers for Disease Control and Prevention(CDC).
- The Infection Control Team has been working to increase monitoring of hand hygiene in their continued efforts to evaluate compliance with this important patient safety initiative. We are happy to announce the addition of the Senior Behavioral Health unit to the hand hygiene surveillance program. One individual has completed the Joint Commission Targeted Solutions Tool for hand hygiene observations and the

other one will complete training soon.

Physician Recruitment/Retention

Physician Recruitment and Outreach Services - Update:

Hospitalist Medicine: We are moving forward with coordinating appropriate steps for one of our own, Family Practitioners to assist with the Hospitalist service. Additionally, we've received an expression of interest from a practicing hospitalist that would have interest in working part-time for MDH. At this time we are evaluating both options.

OB/GYN: On-going discussions are taking place with two practicing Obstetricians/Gynecologists regarding our practice opportunity. Our desire is to secure a site visit with one of the candidates this month.

Pediatrics: At this time we are continuing to search for a Pediatrician. We are following up with one lead from OSF – Peoria recruitment fair this month.

Emergency Medicine: We are evaluating an ER physician candidate that was recently forwarded to us by one of our contingency recruitment partners.

Outreach Services

Community Outreach

Outreach Services provided First Aid and CPR training to several area employers and groups including: West Prairie Schools staff and bus drivers, WIU Communication and Speech Disorders department, as well as WIU nursing students. A total of 65 participants were served within these groups.

Employer Outreach

MDH Outreach Services rolled out the goals for the employee wellness program for Macomb Schools as part of the "Opening Day" along with Dr. Mark Twomey. Faculty, Staff, and employees attended this event. MDH and Macomb Schools are entering their fourth year in this employee wellness partnership.

Adrian MacGregor has finalized the MDH Wellness Solutions product offering and will begin introducing this to employers through Q1 and Q2 of FY '18. To date we have 5 employers utilizing MMG Family Clinic and MDH Laboratory services for a variety of work place health needs. Stephanie Crockett in assistance with MMG administration, is coordinating and enhancing the current service offerings within our existing employer relationships. Currently, our largest referral sources for pre-employment physicals are NTN Bower Corporation and Durham Bus Services.

Information Systems

Cerner Update

Implementation for the OB department transition to Cerner Power Chart Maternity has started. We are working through the training of the applications and preparing for the installation of the Fetal Link monitoring functionality that will be used with the Cerner application. We are working toward go live the first week of January 2018.

Dictation Speech Recognition Update

Additional licensing has been purchased and installed. We will be working with additional clinic and ER physicians for implementation

in their areas as needed.

Telemedicine Update

We are working with SIU Telehealth Clinical Services to prepare our ICU rooms, and two patient rooms on the Acute Care 3rd floor for access. This will allow for direct access with the telemedicine equipment for consultations with SIU physicians. One of the first subspecialties that are being considered will be pulmonology. We are installing the cabling in September with training to begin later in the month and a first possible use in October.

Financial

August 2017

We ended the month with a positive bottom line of \$14,943. For the second month in a row, Inpatient Services were positive to budget. Acute Inpatient revenue was up 11.5% compared to budget due to an increase in volumes though Swing Bed admissions were 75% below budget causing revenue in that area to be negative to budget. Volumes in Emergency Services are still soft through this summer month which is reflected in the revenues. Outpatient and MMG exceeded their revenue targets as we saw an increase in surgical procedures as well as several other ancillary areas.

Overall, Total Patient Revenue was up by \$455,195. However, deductions from revenue were above budget by \$690,860 due to an increase in Charity Care and Bad Debt. Overall, expenses were slightly below budget by 1.2% or \$81,329.

Public Relations

Public Relations & Marketing Report for Activities within the month of August 2017.

Website and Social Media

During August there were 30,921 home page visits, 3,498 career views and 15,728 calendar views.

The MDH Facebook page is now at over 1,740 likes, gaining 51 likes. Twitter has increased to over 345 followers. Information promoted on Social Media included: Convenient Care, MDH Sports Medicine and Rehabilitation Services, community classes, MDH Golf Tournament, Volunteering program, Grateful Patient Program, Obstetrics/Gynecology Clinic, Pediatric Clinic, Family Clinic, jobs of the week, Apple Award and more.

News media

August news included the following: Health career scholarships awarded, Harlan Baker named 100 Community Hospital CIOs to Know, Dr. Roodhouse received a local service award, Volunteering program, and community classes such as CPR/First Aid.

Advertising/Marketing

Commercial spots are running for MMG Family Clinic, Sports Medicine & Rehabilitation Services, Home Health and general MDH spot. General radio spots include: Obstetrics & Gynecology Clinic, Orthopedics & Sports Medicine, Home Health and Family Clinic. Other advertising included, Senior Behavioral Health, Home Health & Hospice, Orthopedics, Obstetrics & Gynecology Clinic, Pediatric Clinic and Family Clinic.

Other

Summer issue of Vital Signs was distributed to homes in August, highlighting MDH Care Coordination. The fall 2017 Health Connections issue has been published and distributed.

Foundation

This report reflects activity held within the month of August 2017.

Annual Support

In August, \$31,001.91 was received and \$18,961.53 pledged for a total of \$49,963.44 raised; 244 gifts and 13 honor/memorials were processed. Some of the areas receiving support included: Hospice, PROS, Golf Tournament and Switzer Women's Center.

Golden Apple Society

New Gold members are Adrian & Kathleen MacGregor and Max & Diane Pierson. A meeting was held on August 1 to finalize plans for the Social and update prospect list. The August 23rd Summer Social at Dave and Jackie Thompson's home entertained 110 member/guests! The next meeting is scheduled for October 5.

Golf Tournament

To date, nearly \$45,000 has been raised with 142 golfers registered. The food is set and signs/flags ordered. Wind shirts, golf balls and mini golf bags for each participant were ordered and received. The committee is busy collecting raffle prizes for the September 9 event.

Festival of Trees

Plans have begun for this year's Festival of Trees events: Teddy Bear T November 27 at Magnolia's and Jingle 'n Mingle November

30/Festival December 1-4 at West Central Illinois Arts Center. Materials have been designed. Macomb City Council approved the special event liquor license and the state application is underway. Committee members are securing tree decorators and themed baskets for silent auction. The next meeting is scheduled for September 19.

PROS

A meeting was held on August 17. The committee voted to purchase two benches for the main and emergency entrances in memory of former employee Angie Haulk.

Planned Giving

A notification was received from the Ruby Lucille Teel estate in the amount of \$20,000.00 for the Ruby Teel Healthcare Scholarship fund.

DKSWC Capital Campaign

To date, a total of \$4,537,578.60 has been raised toward the campaign goal of \$5.5M.

Foundation Board

On August 16, the annual and quarterly meetings were held. The Board accepted Linda Sampson's resignation and thanked her for her three year term served. Officers KT Wright, President; Cathy Early, Secretary; and Kenny Boyd, Treasurer were re-elected. Financial activity and balances were reported including investment reports given by MidAmerica trust officers.



Cutieful & Boojee
items for sale for
LIMITED TIME!



- Handmade
- Magnetic breakaway safety clasp
- Removeable fashion ID hook

Remove
the hook and
wear it as a
necklace!



Fashion Lanyard by Day & Remove hook to wear as a
Necklace at Night!



Compression Socks
Nylon (1 size fits most)
&
Knit (sizes M& L)



WE'RE BACK!

Now with even more great book titles and products.



JOIN US!

Thursday and Friday, October 12 and 13

7:00 AM - 5:00 PM Thursday

7:00 AM - 3:00 PM Friday

McDonough District Hospital
Auditoriums A & B

Sponsored By: McDonough District Hospital Auxiliary

Cast, Checks, Debit and Credit Cards
Payroll Deduction for Employees Accepted

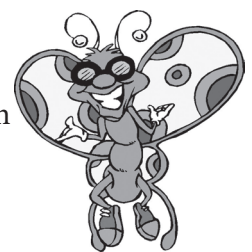
Great new items!!!

Flu Vaccination Time is Coming Soon!

Be on the lookout for dates, times and locations for our healthcare worker flu vaccination program! Flu vaccine is scheduled to be delivered soon and we anticipate starting our program in early October.

2017-2018 Flu Season:

1. Healthcare workers choosing to be vaccinated will be provided a badge sticker.
2. If receiving flu vaccine from somewhere other than MDH Infection Control, a copy of the flu vaccine administration documentation *must* be provided to Infection Control in order to receive a badge sticker.
3. All healthcare workers choosing to receive vaccination must be vaccinated or provide documentation of vaccination by October 16. After October 16 all healthcare workers not vaccinated or who have not provided documentation of vaccination will be required to wear a surgical mask until vaccinated or proof of vaccination is provided to Infection Control.
4. If waiving flu vaccination due to medical or personal reasons, the healthcare worker is choosing to wear a surgical mask through the influenza season. A new form is available on the Intranet to print and document waiver. This form can be placed in the in-house mail to Infection Control.



Let's stay healthy and get vaccinated!

Customer Service

Exceptional **PEOPLE** Extraordinary **CARE**

Customer Service Week

October 2-6, 2017

During the first week of October we celebrate our internal and external customers! Customer Service Week is a time to reflect on our commitment to customer satisfaction and the effort we make to go above and beyond in each and every patient encounter.

Patients First – A Culture of Always

Customer Service Week Schedule of Events

Motivational Monday	Check your mailboxes and inboxes for inspiring content! Then head to the cafeteria for a sweet competition. Also – motivate your department to bring in items collected for local food pantries! The department with the most participation wins a prize!
Trivia Tuesday	Three different trivia quizzes will be coming to an inbox or a breakroom near you! Prizes awarded to the top 3 participants for each quiz!
Where Is It Wednesday	Start your day with a scavenger hunt promising prizes for the cleverest participants! PLUS throughout the day, there will be a chance to seek and find more prizes!
Tasty Treat Thursday	Pumpkin bars and cider will be served in the cafeteria – and don't forget to stop by the photo booth!
Finale Friday	Sign up for the MDH Blood Drive and find out the winners we've had throughout the week! Friday is the final day for the Food Drive... Will your department have the win the prize for most participation?

P E D N Y L P K S E R U W A O
H S B M G T G D F W O W F C T
S W E A T E R W E A T H E R A
X Z J V N Q C N U A L L K S P
R L M V A A Z Z P P O L I C E
Q K A C A E N P C O R N Z A I
B Q V U C Q L A C T R V M R H
D J G H N E K Y B T P X G E V
T O F G P Q X R U R O H L C H
H B D I P M R D M M E T V R P
R I E N I K P M U P E A B O Y
V E V S P T P D L J O E D W Z
W I M I X D E X J N H R F W D
E L R D B E K M R S D W U S C
R H Z G H D N M J Z B W O Q S

Word Search!

Can you find the following words?

APPLE PIE

BANANA BREAD

COOL

CORN

FALL

LEAVES

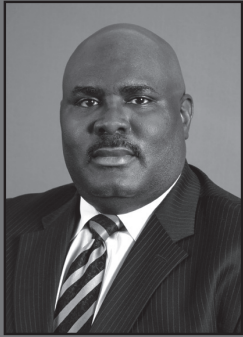
PUMPKIN

SCARECROW

SWEATER WEATHER

WREATH





Timothy Tyler
Radiology Department
Leader



Tamara Smith, DO
Obstetrics/Gynecology



Vicky Kipling
MDH Foundation
Leader



McDonough District Hospital

525 East Grant St. | Macomb, IL 61455

Believe in 3-D

TUESDAY

October 10 | 6:00 PM

McDonough District Hospital

Radiology Department

Light refreshments will be served

Please join **Tim, Dr. Smith** and **Vicky**, as they speak about the importance of preventative mammography screenings, how the Dolores Kator Switzer Women's Center will improve services, and tour the Radiology Department.

~ Strength ~ Hope ~ Faith ~ Courage ~

Free and Open to the Public!

Please RSVP by October 6
by calling MDH Outreach Services
at (309) 836-1584

Looking for Advice?

Dear Lucy,

My wife, who is 61, has degenerative disc disorder and is treated with hydrocodone to help relieve her pain. She's been taking it for several years. My opinion is her doctor provides these drugs far too liberally, although I know she is in a great deal of pain especially after working a 12-hour shift on her feet. My concern is I'm aware she also occasionally takes additional pain medication I am prescribed for arthritis and she has prescriptions from two different doctors. When I confronted her about this she let me know she has days when her medicine alone doesn't curb her discomfort. When I express my concern, she gets quite angry and won't discuss it further. I've read about the increasing problem of opioid addiction and am wondering if my wife could be in danger of falling into this category.

Sincerely,

Worried Husband

Dear Husband,

Prescription drug abuse is reported to be second, only to marijuana, as the most commonly misused substance in our country. Misuse of a prescription drug is defined as taking a drug in any way that a doctor did not prescribe the patient to use it. Therefore, your wife certainly is misusing opioid medication. According to a recent article in the AARP Bulletin, studies show in 2015, 2.7 million Americans over age 50 abused painkillers, meaning they took them for reasons or amounts beyond what their doctor prescribed.

The aches and pains associated with aging makes it more likely that older Americans are using prescription drugs to manage their discomfort. Opioids are strong painkillers, but they are also highly addictive if they are taken for too long or in too large a dose. Examples of these medicines include Oxycodone, Percocet and Vicodin. The medical community is now taking the stance that typically these drugs should be used for shorter periods of time to help relieve acute pain and only as a last resort for chronic pain.

Signs that a person's medication use may have developed into abuse or dependency may include situations when the person cannot stop him/herself from taking the drug or when there is an increase in tolerance, meaning the person needs to take more than the prescribed dosage to achieve the same effect. Also of concern would be if the person is consulting with more than one doctor to get the same prescribed medication, taking more medicine than the label suggests, avoiding conversations about the medication, hiding the bottle of pills, or demonstrating behavior changes such as becoming more withdrawn or suddenly getting angry.

Please encourage your wife to have a frank conversation with her physician about her use of painkillers. Feelings of shame or of being a failure at managing their lives are some common reasons why seniors don't seek help. It might also be helpful for your wife to join the pain management group through Behavioral Health Services to learn alternative ways to cope.

If you would like to receive a pain management screening or learn more information about this topic or any other mental health or substance abuse concern, please call Behavioral Health Services at 836-1582.

Best regards,

Lucy

Pain Management



The MDH Pain Management Center provides balanced treatment for all kinds of acute and non-terminal chronic pain.

With the goal of increasing patient functionality, Dr. Grochowski creates a tailored care plan specific to each diagnosis. The care plan may include minimally invasive interventional procedures, medication management and referral to other treatments like physical therapy.

Dr. Grochowoski establishes a service agreement with each patient in which the patient agrees to use only one pharmacy, one prescribing physician, keep their medications safe from loss or theft, pill counts and urine drug testing and compliance with their care plan.

The MDH Pain Management Center is accepting new patients.

Phone: 309-836-1715

Fax: 309-836-1716



AREK GROCHOWSKI, MD

Dr. Grochowski completed a pain fellowship and Anesthesiology Residency at Christ Hospital & University of Cincinnati in Ohio.

HEALTH SERVICES BUILDING 1 | 505 E. GRANT ST. | SUITE 201 | MACOMB, IL 61455

Dr. Grochowski is an independent physician partnering with MDH Pain Management Center

Answer: 7 leaves

2017 Flu Shot Clinics provided by MDH Home Health Care

MONDAY, OCTOBER 2	Grand Prairie Assisted Living 1:00 - 2:00 PM 1307 Meadowlark, Macomb
WEDNESDAY, OCTOBER 4	Courtyard Estates 10:30 - 11:30 AM 1201 Cole St, Bushnell Bushnell Family Practice 2:00 - 4:00 PM 1150 N. Cole St, Bushnell
THURSDAY, OCTOBER 5	Citizens Bank 8:30 - 11:30 AM 127 S. Side Square, Macomb
TUESDAY, OCTOBER 10	Industry Senior Center 10:30 - 11:30 AM 103 N. Downen St, Industry
WEDNESDAY, OCTOBER 11	Table Grove State Bank 9:00 - 10:00 AM 121 S. Broadway, Table Grove Bickford Cottage 10:30 - 11:30 AM 1600 Maple Ave., Macomb Macomb City Hall 3:00 - 4:00 PM 232 E. Jackson St, Macomb
THURSDAY, OCTOBER 12	Farmers & Merchants State Bank 11:00 AM - 12:00 PM 484 E. Main St, Bushnell
FRIDAY, OCTOBER 13	YMCA Senior Center 10:30 - 11:30 AM 400 E. Calhoun St, Macomb
WEDNESDAY, OCTOBER 18	Colchester Senior Center 10:30 - 11:30 AM 114 W. Depot St, Colchester Bushnell Rec. & Cultural Cntr./Sr. Cntr. 12:30 - 2:00 PM 300 Miller St, Bushnell
FRIDAY, OCTOBER 20	American Legion 9:00 AM - 12:00 PM 221 E. Washington St, Macomb

This year's vaccine is quadrivalent, covering four strains of the flu virus, including H1N1.

Flu shots are available for the general public to anyone **18 years of age or older**.

Participants are asked to wear a short sleeve shirt as all shots are given in the upper arm.

There is no out-of-pocket charge to the Medicare Part B recipient. Persons with Medicare Part B must present their Medicare card, and MDH will bill for this service. The flu shot is \$30 for all other persons. Participants may pay with cash, check, or credit card, including Mastercard, Visa, and Discover.

For more information, call MDH Home Health Care at (309) 836-1544.