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McDonough District Hospital
Employee Newsletter

Making Rounds

October 23, 2018 • www.MDH.org



WIU Homecoming Parade and Game Highlights

MDH sponsored the WIU Homecoming game on September 29, starting off the day participating in the traditional WIU Homecoming Parade. Thank you to Lifeguard for providing an ambulance and a group of MDH employees for participating in the parade, tossing footballs to the crowd.

In the afternoon, MDH was recognized as the Homecoming game sponsor. Brian E. Dietz, MHA, FACHE, Interim President/CEO, represented the hospital on the field, receiving an official game sponsor football.

MDH Core Values

Honesty and Integrity • Respect • Exceptional Service • Commitment to Excellence • Teamwork

MDH Hotline

Do you have a compliance concern you need to share confidentially? Call the MDH Hotline at (309) 836-1630.

Next Deadline

The next *Making Rounds* deadline is NOON on **Tuesday, November 13.**

To view the October 2018 MDH Board Report, go to the Intranet and click on Departments → Administration

MDH Says Goodbye

Rachel Davenport, RN, Home Health, 9/24/18

Stephanie Lotz, Phlebotomist, Lab, 9/22/18

Marjory Mesiona, MT(ASCP), Lab, 9/30/18

MDH Welcomes New Volunteers



Jenna Johnson

Jenna is a Volunteer. She is from New York City and is a Senior at WIU majoring in Social Work.



Jessica Rios

Jessica is a Volunteer. She is from Chicago and is a Social Work major. Jessica enjoys working out and rugby.



Nessrine Zbeeb

Nessrine is a Volunteer. She is from Moline and is currently attending WIU, majoring in Medical Sciences. She is a member of WIU's Cross Country and Track team. Nessrine enjoys reading and running.

Job Opportunities



<u>POSITIONS</u>	<u>DEPARTMENT</u>	<u>SHIFT</u>	<u>STATUS</u>
Clerk I	Health Information Management	Days	Full-time
Credentialing Specialist	MMG Patient Financial	Days	24 hrs/wk
Medical Staff Coordinator	Quality and Innovation	Days	Full-time
Office Assistant	MMG	Days	Full-time
Registration CL-NONPHLEB	Registration	7a-3:30p	24 hrs/wk
Assistant	Service Excellence	Days	24 hrs/wk
Unit Secretary	Acute Care	Variable	24 hrs/wk
Leader	Home Health and Hospice	Days	Full-time
Leader	Operating Room	Days	Full-time
President/CEO	Administration	Days	Full-time
Supervisor	Quality and Innovation	Days	Full-time
LPN	MMG	Days	Full-time
LPN	OB/GYN Clinic	Days	Full-time
RN	Intensive Care Unit	7p-7:30a	Full-time
RN	Senior Behavioral Health	7p-7:30a	Full-time
RN	Emergency Department	7p-7:30a	Full-time
RN	Home Health	Days	Full-time
CNA	Obstetrics	Variable	Registry
CNA	Acute Care	7a-7:30p	Full-time
CNA	Acute Care	7p-7:30a	Full-time
CNA	Acute Care	7p-7:30a	Full-time
Medical Assistant	Family Clinic	Variable	Full-time
OR Tech	Operating Room	7a-3:30p	Full-time
PBX Operator	Communications	Variable	Registry
PBX Operator	Communications	Evening	24 hrs/wk
Ambulatory Informatics Supervisor	Information Systems	Days	Full-time
Cardiovascular Sonographer	Cardiopulmonary	7a-4:30p	Registry
Gynecologist	OB/GYN Clinic		Full-time
Pediatrician	Pediatric Clinic	Days	Full-time
Physical Therapist	Sports Medicine and Rehabilitation Services	Days	Full-time
Respiratory Therapist	Cardiopulmonary	7p-6:30a	Full-time

Full list also available online at www.MDH.org

As of October 18, 2018

Stork Landings

Cullen and **Angelica Hoenig** welcomed Markey Jo on September 18.

Luke and **Erica Smith** are proud parents to Henry Richard born September 12.



New Faces at MDH

MDH Welcomes New Employees



Raisa Abala

Raisa is a MT(ASCP) in Laboratory. She is from the Philippines and is married to Kent. Raisa enjoys badminton, traveling, and watching movies.



Lisa Barker

Lisa is a Housekeeping Aide in Environmental Services. She is from Chicago and enjoys reading, walking, and working out.



Jacob Dyer

Jacob is a Technician for BioMed. He is from Normal and enjoys swimming and fixing electronics.



Trisha Getz

Trisha is a Quality Assurance Assistant in Quality and Innovation. She is from West

Burlington, Iowa and is married to Stephen. They have three children: Tiffany, Dustin, and Dylan. Trisha enjoys reading and crocheting.



Samantha Hardy

Samantha is a Housekeeping Aide in Environmental Services.



Sherry Lotz

Sherry is a Certified Medical Assistant in Family Clinic. She is from Alabama and is married to Mike. They

have two children: Andrew and Ashley. Sherry enjoys spending time with her five grandchildren.



Noelyn Mongcopa

Noelyn is a MT(ASCP) in Laboratory. She is from the Philippines and enjoys traveling, reading, and listening to music.



Mallary Owen

Mallary is a Specialist in Human Resources. She is from Augusta and has one child, Harper. Mallary enjoys spending time with her family.



Nancy Richbark

Nancy is a Unit Secretary in Obstetrics. She is from Ipava and has three children:

Ryan, Matt, and CJ.

Nancy enjoys spending time with family and friends, horseback riding, and her pets.



Adam Sours

Adam is a Registered Nurse in Emergency Services. He is from Lewistown and is married to Erin. They

have four children: Karia, Mylie, Carter, and Adalee. Adam enjoys music, sports, and coaching.



Dawn Sullivan

Dawn is a Registered Nurse in Surgery. She is from Rushville and is married to Joe. They have seven children.

Dawn enjoys gardening.



Melissa Swartzbaugh

Melissa is an Accounting Assistant for Fiscal Services. She is from northern Illinois, but grew up in Bushnell.

Melissa has two children: Preslea and Lucy. She enjoys watching sports, working out, and watching movies.



Shelbi Taylor

Shelbi is a Float Office Assistant for MMG Administration. She is from Augusta and is married to Ethan. They

have one child, Darci. Shelbi enjoys exercising, reading, and being with family.



Pam Teslow

Pam is a PBX Operator for Communications. She is from Colchester and is married to

Nathan. They have three

children: Alexandra, Austin, and Amanda. Pam enjoys movies and playing with her grandchildren.



Karl Dela Torre

Karl is a MT(ASCP) in Laboratory. He is from the Philippines and enjoys mountain biking, traveling, and

photography.



Charity Weiss

Charity is a Clinic Coder for MMG Patient Financial Services. She is from Bushnell and enjoys playing with her

Chihuahua.

Moving Around

Jane Albsmeyer was a Clinic LPN in the OB/GYN Clinic and is now working in the Podiatry Clinic.

Abigail Bernhart is working at Bushnell Family Clinic after previously working at Family Clinic as a LPN.

Crystal Fackrell was a CNA in Acute Care and is now a Registered Nurse.

MDH Pediatric Clinic Flu Shot Clinic

When:

Saturday, November 3

Time:

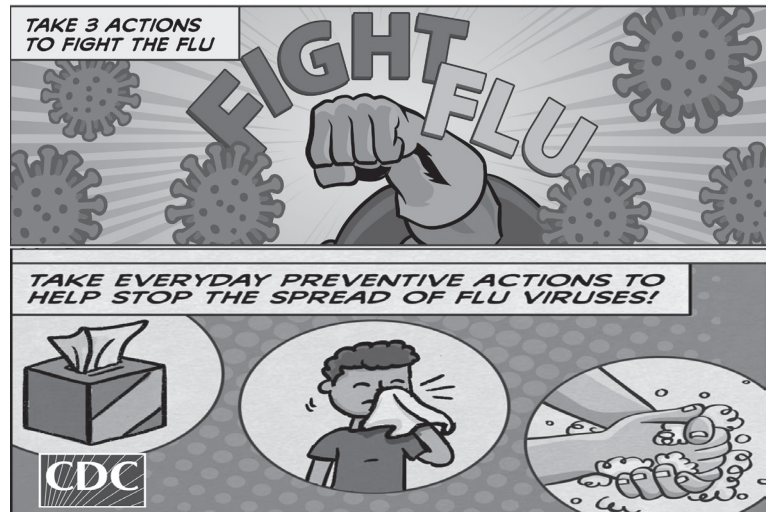
8 a.m.–12 p.m.

Where:

MDH Pediatric Clinic

For:

Pediatric Clinic Patients between the ages of 6 months and 18 years



Protecting your child from influenza is a priority for us! We recognize your time is valuable and taking off time from work or school is hard. Please call (309) 833-1729 to let us know you intend to bring your child in for the immunization. This clinic will be done on a walk-in basis, but you must call in advance to ensure we have adequate supplies. If you are unable to come to this clinic, please call our office to schedule an appointment during office hours that will work for you. We appreciate your trust in allowing us to care for your child!



Pre-Christmas



Friday, November 16

9 a.m.-8 p.m.

20% Off Sale!

Excludes fresh flowers, candy, greeting cards, newspapers, used books, and stamps.



On Average,
Every 2 Minutes
a woman is diagnosed
with **breast cancer**

Schedule your mammogram today!

mdh
McDonough District Hospital

Recognition for Outstanding Customer Service

For the month of September, the Service Excellence department at McDonough District Hospital would like to recognize and say thank you to **employees and physicians** for their outstanding customer service to patients.

The Press Ganey, Deyta (Hospice) and Patient Satisfaction surveys call attention to employees who demonstrate excellent customer service, according to Vice President of Quality and Innovation Maggie Dubil. Individuals recognized receive a customer service *Thank You Certificate* for their outstanding hard work.

Recognition for outstanding customer service goes to the following professionals:

Acute Care: **Dr. McPherson; all Acute Care staff**

Cardiopulmonary: **Janelle Butzow**, Cardiopulmonary Technician

Emergency Services: **Alexis Murk**, NP; **Dawn Knutson**, RN; **Andria Downs**, Patient Care Technician

Laboratory: **Kory Harman**, Phlebotomist; **Jean Shelly**, Phlebotomist; **Laura Shake**, Section Head

McDonough Medical Group: **Dr. Sparks; Dr. Wehner; Dr. Jalil; Dr. Urch; Dr. Smith; Dr. Card; Kamie McKee**, NP-C; **Mary Thompson**, CNM; **Dr. Wright & staff; Dr. Minter & staff; Dr. Gonzales & staff; Tiffany Bentz**, RN

Obstetrics: **Dr. Smith; Ashley Behymer**, RN

Radiology: **Susan Heaton**, Office Assistant; **Lynn Durso**, RT; **Kris Kessler**, Ultrasound Technician; **Jessalyn Winters**, RT

Sports Medicine and Rehabilitation: **Brooklin Schmalshof**, Secretary; **BJ James**, Secretary; **Katie Ruebush**, PT

Senior Behavioral Health: **Sarah Gossage**, RN; **Miranda Brooks**, RN; **Keena Ashford**, RN; **Carolyn Cox**, Social Worker

Surgical Services: **Dr. Trost; Dr. Biagini; Dr. Urch; Dr. Smith; Larry Bartels**, CRNA; **Jill Whiteside**, CRNA; **Debra Elsner**, RN; **Jessica Horwedel**, Prep Aide; **Steven Rogers**, RN; **Debra Bainter**, RN; **Tracy Thome**, RN; **LeAnna Carey**, RN; **Jessica Gale**, RN

Wound Care: **Carolyn Grove**, RN; **Tracey Iversen**, RN; **Jennifer Bollinger**, RN

The MDH Hospice Clinical Team was also recognized in two Deyta surveys with words of recognition and acknowledgement for the compassionate and professional care provided to patients and their families. Here are the comments:

"The MDH Hospice Team was perfect. The doctor and all the nurses were very caring and helpful."

"They have a great program and are first rate people to administer it."

Congratulations to those recognized in this article and thank you for your ongoing commitment to providing an exceptional patient experience!

Dolores Kator Switzer Women's Center

Naming rights reserved by:

Dolores Kator Switzer Women's Center: \$2,651,819.26 Dick Switzer

Nursery: \$250,000 Charlene Callison and Larry Balsamo in memory of Marion P. Callison

LDR #1: \$50,000 Drs. Edward and Molly Baker

LDR #2: \$50,000 Dr. Richard and Monica Iverson

LDR #3: \$50,000 Dr. Jack and Kathy McPherson

OB Waiting: \$45,000 Citizens Bank

(A Division of Morton Community Bank Member FDIC)

Imaging Center Waiting: \$55,000 Citizens Bank

(A Division of Morton Community Bank Member FDIC)

Mammo Suite 1: \$50,000 Brad Bainter and Amy Spelman in memory of Linda Bainter

Mammo Suite 2: \$50,000 NTN Bower Corporation

Ultrasound Room: \$50,000 Pella Corporation

DEXA Bone Density Room: \$40,000 MDH PROS

(Professionals Reach Out in Service)

Naming opportunities available:

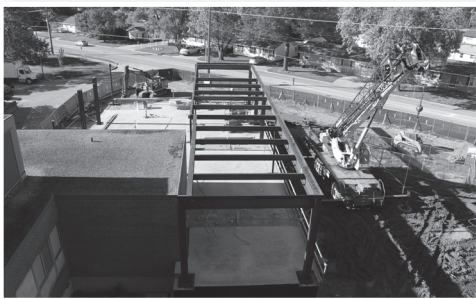
Obstetrics: \$500,000

Imaging Center: \$500,000

Stereotactic Breast Biopsy Room: \$50,000

OB Patient Private Suites (8): \$125,000

DKSWC Construction:



Goal



DKSWC

Golf for the Girls



The September 18 "Golf for the Girls" raised \$6,162.39 in support of Linda's Fund! A big thanks to the Macomb County Club Women's Golf Association for coordinating a successful record high event.

Bushnell's Pink Warriors



In honor of Breast Cancer Awareness Month in October, Bushnell's Pink Warriors presented a \$6,500 donation for Linda's Fund at McDonough District Hospital. Funds were raised from the event "Cancer's A Drag" event, along with other community events and donations. Since 2013, the Warriors have raised \$19,500 in support of Linda's Fund.



Grateful Patient Program

Congratulations to **LaDawna Royer** for receiving a Healing Hand award, an honor within the Grateful Patient Program at MDH. Royer earned this recognition by going above and beyond to provide excellent care with her caring and calm personality. The donation will be used to benefit the Hospice program.

To learn more about the Grateful Patient Program at MDH, please contact the Foundation office at (309) 836-1757.



APPLE Winner September 2018



Nancy Ussery

Please join in congratulating **Nancy Ussery**, Technician in Pharmacy, on being named the recipient of the MDH APPLE Award for September 2018. APPLE stands for “Achieving outstanding Performance in Patient care, Leadership, Loyalty and Enthusiasm for MDH”.

Nancy earned a Pharmacy Technician diploma from Penn Foster Career School in Scranton, Pennsylvania. She had several years of experience in retail pharmacy prior to starting at MDH.

On October 7, 2013, Nancy began as a Pharmacy Technician at MDH. Nancy has strong initiative and is adaptable. She identifies opportunities to reduce inventory waste by working with wholesalers to return items for credit before expiration. She recently began working as a pharmacy recall coordinator which involves receiving communication from wholesalers and manufacturers regarding recalls, taking appropriate action to identify the recalled items, and then gathering all affected inventory for return. Nancy also performs ongoing efforts to make sure inventory items in automated dispensing machines do not remain in patient care areas after they have expired.

Nancy demonstrates strong communication and has excellent teamwork skills. She shares a positive attitude from the moment she walks through the door. She greets everyone she meets with a smile and some kindness. Nancy is a team player who is always willing to help others. She treats everyone whom she encounters with respect. She welcomes change when change is necessary and has a strong job knowledge.

Her nominator explains that Nancy has a positive attitude that helps the whole day go better for her co-workers. Nancy leaves the people that she meets in a happier and better mood. Nancy is hard-working, reliable, and friendly. She is creative with problem solving and an all-around sweet person. Nancy is a hardworking colleague that treats everyone with respect while sharing her smile and positive attitude with all whom she encounters.

Nancy and her husband, Kevin, have four children, Denise, Alex, Eric, and Aaron. They also have 10 grandchildren. In her spare time, Nancy enjoys sewing, quilting, and embroidering. Nancy also enjoys maintaining her beautiful flower beds.



Thank You

Thank you to all the MDH employees who participated in the October 6, Out of the Darkness Walk, braving the torrential rain for suicide prevention and awareness. Teams representing Behavioral Health and MDH Family Clinic attended, and many thanks to Sarah Kosel for selling t-shirts for us this year! Over \$14,000 and counting was raised by well over 200 walkers. Behavioral Health Services continues to be a proud sponsor of the Walk.

Susan Denecke, Chair
Out of the Darkness Walk Macomb/McDonough County

Out of the
DARKNESSSM
COMMUNITY WALKS

November Meetings Calendar

Tuesday, November 6

Credentials & Bylaws, 7 a.m., PDR

Department of Emergency Medicine, 12 p.m., PDR

Wednesday, November 7

Department of OB/GYN, 12 p.m., Auditorium B

Thursday, November 8

Department of Medicine, 12 p.m., Auditorium A/B

Friday, November 9

Exec Committee, 12 p.m., PDR

Monday, November 12

Ethics Committee, 12 p.m., Auditorium B

Wednesday, November 14

PHO Office Managers, 12 p.m., PDR

Thursday, November 15

Finance Committee, 7 a.m., TFBR

Tumor Board, 12 p.m., Auditorium A/B

Friday, November 16

Medical Staff, 12 p.m., Auditorium A/B

Monday, November 19

Board of Directors, 5:30 p.m., TFBR

Tuesday, November 20

MMG Governance Council, 5:30 p.m., TFBR

Friday, November 30

Medical Staff Quality Improvement, 12 p.m., TFBR

...Benefit Break...

Take a minute to learn more about your benefits and other HR issues.

Personal Time

Established to allow you to use sick time for reasons other than your own illness or injury.

Use from January 1 to December 31.

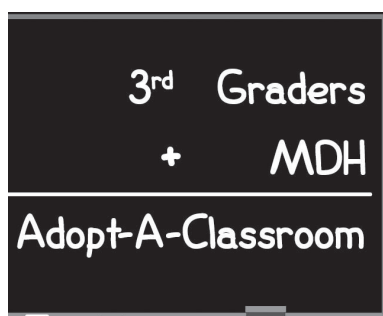
Full-time Employees

- 32 hours available per calendar year
- Exchanged for sick time – must have at least 80 hours of sick leave
- Increases to 40 hours/calendar year after 960 hours of accrued sick leave

24 hours/week Employees

- 16 hours available per calendar year
- Exchanged for sick time – must have at least 48 hours of sick leave
- Increases to 20 hours/calendar year after 576 hours of accrued sick leave

If you have questions concerning this topic or any suggestions for future Benefit Breaks, please contact Human Resources at extension 13942.



Each month during the school year McDonough District Hospital participates in the Adopt-A-Classroom program. This year MDH has adopted Mrs. Linda Poore's 3rd grade students at Lincoln School. A representative from MDH visits the classroom to educate students about various departments at the hospital.

Ear, Nose and Throat Clinic (ENT)

Kamie McKee, NP-C, and Tracy Daniels, Medical Assistant, discussed how to stay healthy during cold/flu season by upping your water intake, eating healthy foods, washing hands regularly, getting plenty of sleep and getting the flu shot. The class also got to see how a thermometer and blood pressure cuff works.

The students received chapstick, pencil, and a cutie as a souvenir.



November Calendar of Events

Chronic Pain Management Group

Mondays

1-2 p.m., Health Services Building 1 Auditorium, lower level

Sessions run through an 8-week course. For a free screening or more information, call MDH Behavioral Health Services at (309) 836-1582.

Anger Management

Tuesdays

3:30–5 p.m., Health Services Building 1 Auditorium, lower level
Pre-registration is required.

Insurance and financial assistance may cover costs depending on coverage.

For more information or to register, call MDH Behavioral Health Services at (309) 836-1582.

Seniors' Day at Citizens

Thursday, November 1

8:30–10:30 a.m., Citizens Bank, Downtown Macomb

Topic: Diabetes Education

For more information, call the Diabetes Education Center at (309) 836-1634.

Divorcing Parents Education Program

Friday, November 2

1–5 p.m., Health Services Building 1 Auditorium, lower level

Fee: \$60 payable at session. Pre-registration is required.

For more information or to pre-register, call MDH Behavioral Health Services at (309) 836-1582.

Childbirth and Infant Care: Sibling Class

Saturday, November 3 | 10–11 a.m., McDonough District Hospital, Auditorium B, lower level

Free. Pre-registration is required.
For more information or to

register, call the MDH Obstetrics Department at (309) 836-1570.

MDH Breast Cancer Support Group

Monday, November 5

5:30 p.m., McDonough District Hospital, Auditorium B, lower level

For more information contact MDH Outreach Services at (309) 836-1584.

Forget-Me-Not Support Group

Monday, November 5

6–7 p.m., Health Services Building 2, Multipurpose Room, lower level

Free. Support group for anyone affected by the loss of an infant. This group meets the first Monday of each month, for more information call Public Relations & Marketing at (309) 836-1557.

Suicide Support Group

Monday, November 5

7–8 p.m., Health Services Building 1 Auditorium, lower level

This open discussion support group is for anyone who **has been affected by suicide**. The group meets the first Monday of each month. For more information, call the MDH Behavioral Health Services at (309) 836-1582.

Community First Aid Class

Tuesday, November 6

6 p.m., McDonough District Hospital, Auditoriums A & B, lower level

Fee: \$40. Pre-registration is required. For more information or to register, contact MDH Outreach Services at (309) 836-1584.

Pediatric Advanced Life Support (PALS) - Renewal

Tuesday, November 13 | 8:30 a.m.–3 p.m., McDonough District Hospital, Auditoriums A & B, lower level

Pre-registration is required. Fee: \$110 plus \$35 for the book.
MDH employees may take the class

for free with approval from their department leader.

Contact Staff Development at (309) 836-1654.

Community CPR Class

Tuesday, November 13

6 p.m., McDonough District Hospital, Auditoriums A & B, Auxiliary Conference Room, lower level

Fee: \$40. Pre-registration is required. For more information or to register, contact MDH Outreach Services at (309) 836-1584.

Bereavement Support Group - New Horizons

Monday, November 19 | 3–4 p.m.,

McDonough District Hospital, Private Dining Room, lower level

This open discussion support group is for adults who have experienced the loss of a family member or significant other. For more information, call the MDH Hospice at (309) 836-1543.

Pediatric Advanced Life Support (PALS)

Wednesday and Thursday

November 28–29

8:30 a.m.–3 p.m. (Day 1) and 8:30 a.m.–1 p.m. (Day 2), McDonough District Hospital, Auditoriums A & B, lower level

Pre-registration is required. Fee: \$110 plus \$35 for the book.

MDH employees may take the class for free with approval from their department leader. Contact Staff Development at (309) 836-1654.

Childbirth and Infant Care: Breastfeeding Class

Thursday, November 29

6–8 p.m., McDonough District Hospital, Auditorium B, lower level
Free. Pre-registration is required.

For more information or to register, call the MDH Obstetrics Department at (309) 836-1570.

Password Security

Passwords are the primary method Windows Domain and Active Directory uses to verify a user's identity. This is why password security is enormously important for protection of the user, the workstation, and the network.

For security purposes, you should never share or loan your password to someone else.

Creating Strong Passwords

When creating a secure password, it is a good idea to follow these guidelines:

Do Not Do the Following:

- Do Not Use Only Words or Numbers — Never use only numbers or words in a password.
- Do Not Use Recognizable Words — Words such as proper names, dictionary words, or even terms from television shows or novels should be avoided, even if they are bookended with numbers.
- Do Not Use Personal Information — Steer clear of personal information. If the attacker knows your identity, the task of deducing your password becomes easier. The following is a list of the types of information to avoid when creating a password:
 Examples include:
 - Your name
 - The names of pets
 - The names of family members
 - Any birth dates
 - Your phone number or zip code
- Do Not Write Down Your Password — Never store a password on paper. It is much safer to memorize it.
- Do Not Use the Same Password For All Logins — It is important to make separate passwords for each login. This way if one system is compromised, all of your logins are not immediately at risk.

Do the Following:

- Make the Password At Least Eight Characters Long — The longer the password, the better.
- Mix Upper and Lower Case Letters — Windows Active Directory is case sensitive, so mix cases to enhance the strength of the password.
- Mix Letters and Numbers — Adding numbers to passwords, especially when added to the middle (not just at the beginning or the end), can enhance password strength.
- Include Non-Alphanumeric Characters — Special characters such as &, \$, and > can greatly improve the strength of a password.
- Pick a Password You Can Remember — The best password in the world does little good if you cannot remember it; use acronyms or other mnemonic devices to aid in memorizing passwords.
- With all these rules, it may seem difficult to create a password meeting all of the criteria for good passwords while avoiding the traits of a bad one. Fortunately, there are some steps one can take to generate a memorable, secure password.

Secure Password Creation Methodology

There are many methods people use to create secure passwords. One of the more popular methods involves acronyms. For example:

- Think of a memorable phrase, such as: "over the river and through the woods, to grandmother's house we go."
- Next, turn it into an acronym (including the punctuation). Ex.) otrattw,tghwg.
- Add complexity by substituting numbers and symbols for letters in the acronym. For example, substitute 7 for t and the at symbol (@) for a: o7r@77w,7ghwg.
- Add more complexity by capitalizing at least one letter, such as H. o7r@77w,7gHwg.

While creating secure passwords is imperative, managing them properly is also important.

Highlights from Customer Service Week

As Customer Service Week comes to a close we would like to recognize the winners of activities and thank those who participated!

Final Stats:

\$342.50 collected for the Reach Out and Read Program at MMG Pediatric Clinic
 18 Scavenger Hunters
 Over 250 quizzes turned in
 Nearly 500 candy guesses submitted
 15 RBC units donated by 17 donors—4 of which were first time donors!
 Over 100 Cash Cab Passengers
 Nearly 30 Caricatures were created by Bill Beard
 Over 400 Fall Treats were served...Pumpkin Bars, Caramel Apples and S'more's Cookies
 More than 150 tokens shared with patients, visitors and employees

What's Your Guess? Candy Guessing Game	Starbursts Tootsie Rolls Peppermints Candy Bars	Actual Number 453 187 155 118	Winner and Guess 450 Cathy Peters 188 Anthony Walters 152 Lindsey Whitford 117 Janelle Butzow
Quizzes A random drawing of the highest scores determined winners of the prizes. A second random drawing of all participants determined winners of the gift baskets. Gift Basket Winners: Jacki Wibbell Lexie Price Tracy Daniels	What Did You Say? Top Score: Paula Duncan Gift Basket Winner: Cheri Nichols	City Scramble Top Score: Stephanie Crockett Gift Basket Winner: Doug Friday	Beginning and End Top Score: Samantha Fox Gift Basket Winner: Sarah Stehl
	Emoji Quiz 6-way tie for 1st place: Justin Gast, Holly Feldmann, Kaila Rhoads, Stephanie Pahlke, Sarah Westfall, and Kim Williams Gift Basket Winner: Emily Kelly		MDH Timeline 3-way tie for 1st place: Taylor Getz, Angie Waller, Justin Gast Gift Basket Winner: Steve Rogers
BINGO Winners received a \$15 Gift Certificate to their choice of Subway, Burger King, Starbucks, Wendy's, or Arby's	Lindsey Woodford, Todd Rash, Doug Friday, Michael Hofmeister, Lisa Gooden, Lynn Henderson, LeAnna Carey, Michelle Keefer, Gary Anspach, Jamie Bainter, Angie Waller, Taylor Getz, Kim Brown, Janene Shockency, and Melissa Swartzbaugh.		
Scavenger Hunt Prizes were awarded to the top 15 scavengers	Justin Gast, Lexi Price, Teresa Dewitt, Angie Waller, Taylor Getz, Brittany Moore, Carley Brown, Lori Prather, Stephanie Crockett, Matt Kessler, Crystal Carson, Meagan Wohlfeil, Alexa Shaw, LeAnna Carey, and Samantha Fox.		
Reach Out and Read Competition	The MMG Pediatric Clinic Department donated the highest dollar amount per employee!! The department will receive a free lunch from their restaurant of choice!		
Tokens	Redeem your token in Café 525 by October 31. Tokens can be used for deserts, snacks, or beverages.		

Dementia and Alzheimer's

In the United States, Alzheimer's Disease is the 6th leading cause of death in adults. According to the Alzheimer's Association, 1 in 3 seniors will die from Alzheimer's or another type of dementia.

Dementia is a loss of executive functions (such as thinking, remembering, and reasoning) of sufficient severity to interfere with a person's daily functioning. Dementia is not a disease, but rather a group of symptoms that accompany a disease or physical condition.

These are some of the most common causes of dementia:

- Alzheimer's Disease
- Stroke (Multi-Infarction)
- Parkinson's Disease
- Lewy Body Disease
- Frontal Temporal
- Huntington's Disease
- Pick's Disease
- Hydrocephalus

Alzheimer's Disease is a progressive and degenerative disease that attacks the brain and results in impaired memory. It's a slowly progressing disease, that often goes unnoticed for many years. One way to tell if someone has Alzheimer's Disease is to know what symptoms to look for.

Symptoms of Alzheimer's Disease (this is not an extensive list):

- Gradual memory loss
- Decline in ability to perform routine tasks
- Impaired judgment
- Disorientation
- Unexplained scratches/dents on vehicle
- Personality/behavioral changes
- Loss of language skills
- Confusion with directions
- Impaired memory of recent events
- Repetitive questions

The best way to determine if a loved one may have Alzheimer's Disease or another type of dementia is to complete a memory assessment. Early diagnosis gives patients and caregivers access to helpful information about the disease and what to expect in the future. McDonough District Hospital (MDH) collaborates with Southern Illinois University (SIU) School of Medicine to provide **free memory assessments**. For more information on the memory assessments, contact MDH Outreach Services at (309) 836-1584.

mdh
McDonough District Hospital
Wellness Solutions
For Optimal Health and Performance

References

1. www.alz.org

525 East Grant Street | Macomb, IL
 (309) 836-1584 | www.MDH.org

Caught You Caring



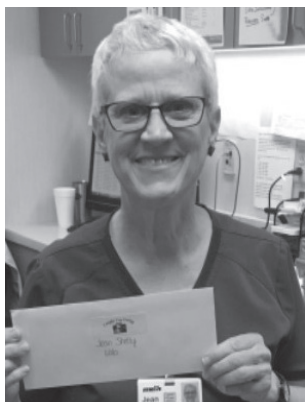
Congratulations to all of the Caught You Caring recipients in September!

Below are the winners of the \$25 Gift Certificates!

Not Pictured: Sarah Skiles, Home Health



Loni Baker
Bushnell Family
Practice



Jean Shelly
Laboratory



Jennifer Smith (left)
Behavioral Health
Services



Auxiliary to

McDonough District Hospital

Auxiliary Holiday Raffle! (November 5-20)



Drawing for Raffles will be on Tuesday, November 20 at 3 p.m.

Winners will be contacted by phone that day.

Ticket Prices:

1 Ticket - \$1

6 Tickets - \$5

12 Tickets - \$10



Proceeds go toward supporting the Auxiliary's Scholarships and Loans program.

Tickets sold at MDH Front lobby reception desk.

Prizes include:

\$100 CASH

JEWELRY

TOYS

& More!



A “Peek” at PROS! Employee Giving Club

PROS Meeting Minutes: September 19, 2018, 12:00 p.m. – Auxiliary Workroom

Present: Gary Anspach, Crystal Carson, Jill Cook, Glynnis Coplan, Linda Cremer, Mel Dorethy, Connie Duffy, Dick Ford, Carolyn Grove, Kyle Magee, Brittany Moore, Connie Purdy, Linda Sampson, Michael Thompson, Barb Walters and Jason Williamson

Committee Changes: Linda C. welcomed Brittany Moore as new PROS Coordinator.

Review & Approve Minutes & Financial Report: Motion to approve March meeting minutes by Mel and seconded by Michael – Approved. The financial report was presented by Linda. She reviewed the current & future expenditures and outstanding expenses– with a current PROS fund balance of \$32,396.81 (as of 9/18/18). Motion to approve the financial report by Glynnis and seconded by Gary– Approved.

DKSWC Update: Jill gave a construction update: renovation of radiology waiting room, and the second floor renovation for temporary OB during construction.

PROS Store: Brittany reported that \$1,170 worth of merchandise has been purchased in the PROS store YTD. New ideas were presented and items will be coming soon!

Umbrella/Teddy Bear Update: Ample supply currently– will review inventory in December.

Summer Block Party: Linda reviewed event, food and theme. There were over 400 meals served and 22 new members signed up at the event. Group agreed to keep it in Auditorium A&B for 2019. Suggestions for improvement were shared.

New Ideas/Other:

Benches at HSB 1 & 2– Currently wood benches with no backs. Will be ordering 2 new benches to match main entrance and ER entrance. Motion to purchase by Connie P. and seconded by Crystal, passed unanimously.

New ideas were shared and Brittany will be checking on pricing of ideas to implement.

Recruitment: Discussed opportunities to gain new PROS members– done during orientation and Summer Block Party.

Adjournment: 12:58 p.m. – Motion to adjourn by Connie D. and seconded by Glynnis. – Approved.

How to Sign Out of Windows 10

Step 1) Launch the Start menu. Left click the Start button at the bottom-left of the screen.



Step 2) Left click the user profile icon. A context menu will appear.



Step 3) Left click Sign out.



Festival of Trees^{13th Annual}

McDonough District Hospital

Teddy Bear T *Ladies Night Out*

Sponsored by Laverdiere Construction, Inc.

*Old Macomb Dining Company
127 E. Carroll St, Macomb*

*Monday
November 26
5:00-7:00PM* *\$15 & one new
(or stuffed animal)*

Hors d'oeuvres | Cash bar | Silent Auction

*Bears & animals to be displayed on Teddy Bear Tree, then
donated to MDH pediatric patients following the events.*

Jingle 'n Mingle

Sponsored by REMLO

*West Central Illinois Arts Center
25 E. Side Square, Macomb*

*Thursday
November 29
6:30-8:30PM* *\$40 per adult*

Ticketed event

*Sneak preview of
dazzling holiday trees*

*Ticket includes:
Entertainment
Wine | Beer | Soda
Hors d'oeuvres*

Formal | Black tie optional

*Entertainment:
Dr. István Szabó &
Dr. Minjung Seo, WIU*

*Live auction for
themed gift baskets*

Festival of Trees

*West Central Illinois Arts Center
25 E. Side Square, Macomb*

*Friday
November 30
4:00-9:00PM*

*Saturday
December 1
9:00AM-5:00PM*

*Sunday
December 2
Noon-5:00PM*

*Monday
December 3
9:00AM-4:00PM*

\$3 Admission Fee

Free to children 10 & under

Open to the community

Exquisite holiday trees

Entertainment

"I Spy" game

"People's Choice" tree award

Upside-down tree

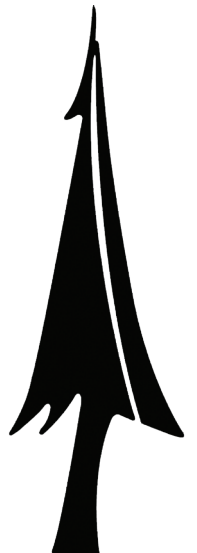
\$200 Cash Raffle

Festival Sponsor



Citizens Bank

A Division of Morton Community Bank
Member FDIC



Funds raised benefit the Dolores Kator Switzer Women's Center at MDH



McDonough District Hospital



FOUNDATION
MCDONOUGH DISTRICT HOSPITAL

For more information: *call 309-836-1757 | email bkmoores@mdh.org | visit www.MDH.org*