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McDonough District Hospital
Employee Newsletter

Making Rounds

November 20, 2018 • www.MDH.org



Pink Fridays in October

MDH staff participated in Casual Fridays in October by purchasing "Hope" t-shirts supporting the Women's Center in recognition of breast cancer awareness month. A total of \$1,790.50 was raised to benefit the DKSWC.



MDH Core Values

Honesty and Integrity • Respect • Exceptional Service • Commitment to Excellence • Teamwork

MDH Hotline

Do you have a compliance concern you need to share confidentially? Call the MDH Hotline at (309) 836-1630.

Next Deadline

The next *Making Rounds* deadline is NOON on **Tuesday, December 18.**

To view the November 2018 MDH Board Report, go to the Intranet and click on Departments → Administration

MDH Says Goodbye

Stephanie Allen, Certified Nursing Assistant, SBH, 10/24/18.

McKenzie Belden, Phlebotomist, Laboratory, 10/19/18.

Lauren Burrows, Clerk, Registration, 10/28/18.

Chris Dace, COO, MMG Administration, 10/31/18.

Linda Dace, CFO, Administration, 11/7/18.

Dominic Dickerson, Operator, Communications, 10/21/18.

Cara Erude, Clerk, Registration, 10/19/18.

Jalane Herndon, Office Assistant, MMG Administration, 11/1/18.

Carol Lawson, Clerk I, Health Information Management, 10/15/18.

Jane Myers, Quality Assurance Assistant, Medical Staff Office, 11/5/18.

Sara Parker, Certified Medical Assistant, MMG Administration, 10/31/18.

Brittany Stambaugh, Office Assistant, OB/GYN Clinic, 11/2/18.

Katie Tyson, MT(ASCP), Laboratory, 10/26/18.

Job Opportunities



<u>POSITIONS</u>	<u>DEPARTMENT</u>	<u>SHIFT</u>	<u>STATUS</u>
Medical Staff Coordinator	Quality and Innovation	Days	Full-time
Office Assistant	OB/GYN Clinic	Days	Full-time
Receptionist	Surgery Clinic	Days	Full-time
Unit Secretary	Acute Care	Variable	24 hrs/wk
Unit Secretary	Obstetrics	7a-3:30p	Full-time
Leader	Operating Room	Days	Full-time
Supervisor	Quality and Innovation	Days	Full-time
Clinic LPN		Days	Full-time
Clinic LPN		Days	Full-time
Clinic LPN	OB/GYN Clinic	Days	Full-time
Clinical Quality Improvement Coordinator	Quality and Innovation	Days	Full-time
RN	Intensive Care Unit	7p-7:30a	Full-time
RN	Acute Care	7p-7:30a	Full-time
RN	Emergency Services	7p-7:30a	Full-time
RN	Operating Room	7a-3:0p	Full-time
CNA	Obstetrics	Variable	Registry
CNA	Senior Behavioral Health	7a-7:30p	Full-time
Medical Assistant	Family Clinic	Variable	Full-time
Medical Assistant		Days	Full-time
OR Tech	Operating Room	7a-3:30p	Full-time
PBX Operator	Communications	Variable	Registry
Ambulatory Informatics Supervisor	Information Systems	Days	Full-time
Gynecologist	OB/GYN Clinic		Full-time
Laboratory Assistant	Laboratory	7a-3:30p	Full-time
Nuclear Med Tech	Laboratory-Nuclear Med	7a-3:30p	Full-time
Pediatrician	Pediatric Clinic	Days	Full-time
Physical Therapist	Sports Medicine and Rehabilitation Services	Days	Full-time
Respiratory Therapist	Cardiopulmonary	7p-6:30a	Full-time
Section Head	Laboratory-Nuclear Med	7a-3:30p	Full-time

Full list also available online at www.MDH.org

As of November 13, 2018

Moving Around

Andria Downs was a Patient Care Tech in the ER and is now a Registered Nurse.

Kim McBride is now the Service Excellence Assistant in addition to her role as Unit Secretary in OB.

Mercedes Seats is now a MLT (ASCP) in the Lab after previously working as a Lab Assistant.

New Faces at MDH

MDH Welcomes New Employees



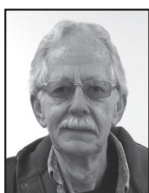
Ketra Atwater

Ketra is a Certified Nurse Assistant for Acute Care. She is from Ipava and has one child, Carter. Ketra enjoys hanging out with family and friends, anything outdoors, and the Chicago Cubs.



Sharren Beck

Sharren is a Food Services Aide in Food and Nutrition Services. She enjoys cooking.



Bob Hagen

Bob is a Housekeeping Aide in Environmental Services. He is from Abingdon and has two children, Shannon and Doug. Bob enjoys anything with cars.



Jerid Landon

Jerid is a Certified Nurse Assistant for Acute Care. She is from Abingdon and has three children: Hannah, Madelyn, and Ella. Jerid enjoys family, reading, and crafts.



Tina Martin

Tina is an Agency OR Tech in Surgical Services. She is from New Jersey and has two children, Blake and Mykayla.



Darian McMahon

Darian is a Nurse Assistant for Acute Care and is from Macomb.



Lawrence Michaelson

Lawrence is an Agency Physical Therapist in Rehabilitation Services. He is from St. George, Utah and is married to Evelyn. They have six children: Raquelle, Hyrum, Lily Ana, Kya, Bradley, and Chloe. Lawrence enjoys spending time with family.



Lynn Poeller

Lynn is a Clerk in Registration. She is from Buffalo, New York and is married to Terry. They have one daughter, Tanya. Lynn enjoys sewing.



Josie Ralston

Josie is a Housekeeping Aide for Environmental Services. She is from Table Grove and is married to Josiah. They have one child, Hunter. Josie enjoys coloring and reading.



Tori Richardson

Tori is a Float Office Assistant for the clinics. She is from Yuma, Arizona, and enjoys reading, cooking, and hiking.



Shannon Stambaugh

Shannon is a Clerk I in Health Information Management. She is from Astoria and is married to Tim. They have one child, Ethan. Shannon enjoys crocheting and knitting, hiking, and spending time with family and friends.



Olivia Sullivan

Olivia is a Registered Nurse in Emergency Services. She is from Rushville and enjoys spending time with her boyfriend and dog.

MDH Welcomes New Volunteers



Chad Fahrenbach

Chad is a student in Rehabilitation Services. He is from Naperville and enjoys ultimate frisbee, music, and working out.

A+ Achievements

Congratulations to **Abby Wittler**. Abby recently sat for her Certified Professional Coding exam and has received the designation of Certified Professional Coder (CPC). The exam is an intense 5 hour and 15 minute exam that tests a coders proficiency and accuracy in interpreting federal guidelines, coding concepts, compliance, and proper code assignment.

Mary Schutte, Ultrasound Tech, attended and completed the *Needles in a Haystack: Congenital Heart Disease Screening During the Obstetric Ultrasound*, on October 20 at the Jump Trading Simulation and Education Center in Peoria.

Stork Landings

Jarred and **Shannon Dexter** are the proud parents of Cameron Lee born October 31. Shannon is a Physical Therapist in Rehabilitation Services.

Chase and **Darci Heap** are the proud parents of Creighton born October 26. Darci is a Physical Therapist in Rehabilitation Services.

Aaron and Hannah Jones are the proud parents of James Arthur born October 25. Hannah is a RN in Acute Care and Aaron is a RN in ICU.

Sam and **Kaity Kipling** are the proud parents to a boy, Ryan Andrew born October 25. Kaity is a Physical Therapist in Rehabilitation Services.

Community Support

West Prairie High School Volleyball Donates to Linda's Fund



West Prairie High School volleyball team presented a \$3,608.13 donation for Linda's Fund at MDH. The team raised money at its annual Pink Night game, held October 11, at West Prairie High School in support of Breast Cancer Awareness Month.

Macomb High School Donates \$1,177 to Linda's Fund



Macomb High School volleyball team presented a \$1,177 donation for Linda's Fund at MDH. The team raised money at its annual Pink Night game, held October 9, at Washington Street Gym in support of Breast Cancer Awareness Month.



Grateful Patient Program

Recently both **Jen Wagoner**, MPT,CVR and **Sandy Theis**, RN were recognized by grateful patients.

A recent patient stated, "Jen has the perfect combination of professionalism and personal touch. Her enthusiasm for treatment and recovery is contagious and encouraging." The donation will be used to benefit Vestibular Rehabilitation at MDH.

Theis earned this recognition by showing genuine concern and taking time to explain questions in a clear and understanding manner. The donation will be used to benefit the Dolores Kator Switzer Women's Center at MDH.

For more information on the program, call the MDH Foundation at (309) 836-1757.



Reverse Umbrella added to the PROS store

\$15/each

Black with MDH logo

Hands-free, non-slip handle



Recognition for Outstanding Customer Service

For the month of October, the Service Excellence department at McDonough District Hospital would like to recognize and say thank you to **employees and physicians** for their outstanding customer service to patients.

The Press Ganey, Deyta (Hospice) and Patient Satisfaction surveys call attention to employees who demonstrate excellent customer service, according to Vice President of Quality and Innovation Maggie Dubil. Individuals recognized receive a customer service *Thank You Certificate* for their outstanding hard work.

Recognition for outstanding customer service goes to the following professionals:

Advocacy: **Angela Rohlffing**, Social Services Assistant

Behavioral Health Services: **Josie Bauer**, Counselor

Emergency Services: **Kaylie Duesenberg**, RN; **Dr. Teng**, Agency Physician

Home Health: **Myrna Hayes**, COTA; **Jeanne Meehan**, Occupational Therapist; **Kayla Anderson**, RN

Hospice: **Anna Klenk**, RN

Laboratory: **Carley Brown**, Phlebotomist; **Jean Shelly**, Phlebotomist; **Matt Kessler**, Lab Assistant

MDH Clinics: **Dr. Sparks**; **Dr. Minter**; **Dr. Urch**; **Dr. Smith**; **Dr. Card**; **Dr. Zhang & staff**; **Dr. Sarwar & staff**; **Dr. Gonzales**; **Jodi Heller**, NP-C

Obstetrics: **Dr. Smith**; **Mary Thompson**, CNM; **Shannon Jackson**, RN

Radiology: **Lynn Durso**, X-Ray Tech/RT; **Shawn Stranger**, MRI Tech

Registration: **Susan Lester**, Registration Clerk/Phlebotomist; **Cindy Thompson**, Registration Clerk/Phlebotomist

Surgical Services: **Dr. Trost**; **Dr. Biagini**; **Dr. Smith**; **Dr. Gonzales**; **Dr. Card**; **Jill Whiteside**, CRNA; **Sue Jennette**, CRNA; **Debbie Elsner**, RN; **Steven Rogers**, RN; **Andrea Sears**, Prep Aide; **Kim Rhoads**, RN

Congratulations to those recognized in this article and thank you for your ongoing commitment to providing an exceptional patient experience!



Welcome Daniel Murphy

Following a 22-year career working at Western Illinois University's Sodexo, Daniel Murphy joined MDH in October as the Leader of Food and Nutrition Services. He replaced Jason Robinson who left for another job within Morrison Healthcare food service.

"First I have to give credit to my predecessor Jason (Robinson) because the staff can operate on a day-to-day basis without my help. Also, I have to thank him because I feel like the management personnel at the hospital treat me more like a partner than a vendor. He built some good relationships," said Murphy. "What I really like, from the President/CEO down everyone is so cordial and helpful. When I raise my hand with a problem everyone has been extremely accommodating and trying to help get it resolved."

Murphy began working at WIU for Marriott as a sous chef before Sodexo bought out the operation. He worked his way up to Director of Residence Dining and Campus Executive Chef in 2002. That same year Murphy became a Certified Executive Chef through the American Culinary Federation, and still currently holds that title.

Originally from Sterling, Illinois, Murphy graduated from Western Illinois University with a bachelor's degree in psychology.

In his spare time, he enjoys cooking at home - anything Mediterranean, comfort foods, grilling, making his own bread, and cooking anything using local produce.



Teddy Bears

Get your teddy bear for the

Teddy Bear T "Ladies Night Out"

Monday, November 26th, 5:00-7:00pm
Old Macomb Dining Company

Large selection of stuffed animals available in The Gift Gallery.

APPLE Winner October 2018



Nornil Barnes

Please join in congratulating **Nornil Barnes**, Clinic Supervisor, on being named the recipient of the MDH APPLE Award for October 2018. APPLE stands for “Achieving outstanding Performance in Patient care, Leadership, Loyalty and Enthusiasm for MDH”.

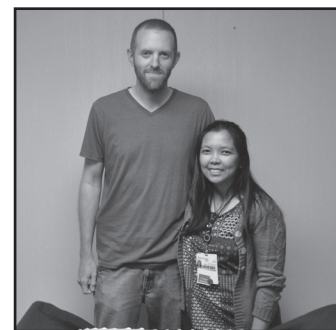
Nornil earned her Associate’s degree in Health Services Management from Community College of the Air Force in Biloxi, Mississippi in December of 2010. She received a Bachelor’s of Science degree in Health Service Management in December of 2014 from Western Illinois University and also received her Master’s degree in Business Administration from Western Illinois University in May of 2017. Nornil started her employment in Information Systems as a Clinical Analyst on June 27, 2016. She began working as a Clinic Supervisor on September 4, 2018.

Nornil exemplifies a positive attitude at all times by having a constant smile on her face. She is always willing take initiative to work on projects. She is good at identifying issues and suggesting solutions, all while accommodating the needs of her peers by going with the flow. Nornil uses humor on a regular basis to keep things light and help to encourage a positive attitude amongst others.

It is evident that Nornil has incredible knowledge about Cerner. She took the initiative to learn more about Cerner so she could assist others with any questions and issues. When she doesn’t have an answer, she is quick to find it. Nornil displays excellent customer service by being respectful and having great communication skills. She displays teamwork by assisting when needed and being adaptive to change or shift demands.

Her nominator explains that Nornil is the epitome of the Apple Award. Her nominator states, “Nornil’s character is the reason we wanted her at MMG. She dove right in to teaching herself Cerner by reading manuals and watching instructional videos. Not only does Nornil have incredible knowledge of Cerner, she knows every aspect of registration and clinical duties. She continually strives to make MDH/MMG better by ensuring we all have knowledge in regards to Cerner.”

Nornil is married to Justin. In her spare time, Nornil enjoys sewing, crafting, and jigsaw puzzles.



Caught You Caring
mdh



Congratulations to all of the Caught You Caring recipients in October!

Below are the winners of the \$25 Gift Certificates!

Nora Valdez—Acute Care
Christy Savage—Laboratory
Robin Cramer—Food & Nutrition Services
Suzanne Huston—Registration

December Meetings Calendar

Monday, December 3

Department of Surgery, 12 p.m., Auditorium B

Tuesday, December 11

Credentials & Bylaws, 7 a.m., PDR

Wednesday, December 12

- Planning/Recruitment & Administrative Committee, 7 a.m., TFBR
- PHO Office Managers, 12 p.m., PDR

Thursday, December 13

- Finance Committee, 7 a.m., TFBR
- MMG Governance Council (Board Members Only), 5:30 p.m., TFBR

Friday, December 14

- MMG All Providers, 7 a.m., Auditoriums A/B
- Exec Committee, 12 p.m., PDR

Monday, December 17

Board of Directors, 5:30 p.m., TFBR

Tuesday, December 18

Department Leaders, 2 p.m., Auditoriums A/B

Wednesday, December 19

PHO Board of Directors, 12 p.m., PDR

Thursday, December 20

Tumor Board, 12 p.m., Auditorium A/B

...Benefit Break...

Take a minute to learn more about your benefits and other HR issues.

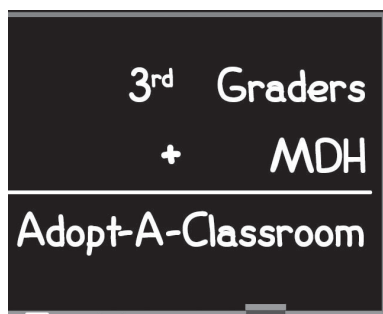
YMCA Membership

As a MDH employee, you are able to receive a discount for YMCA memberships and have it conveniently payroll deducted. The YMCA rates for MDH reflect a 15% discount by the YMCA and a \$20 annual payment made by the hospital.

The memberships are valid January 1, 2019 to December 31, 2019. A variety of memberships are available to fit the needs of you and your family. Human Resources has a complete list of the membership plans and the costs for each plan.

Sign up in Human Resources for your YMCA membership before December 19, 2018. Current MDH employees with YMCA memberships will remain enrolled in the same plan for 2019 unless Human Resources is contacted and paperwork is completed prior to the end of open enrollment.

If you have questions concerning this topic or any suggestions for future Benefit Breaks, please contact Human Resources at extension 13492.



Each month during the school year McDonough District Hospital participates in the Adopt-A-Classroom program. This year MDH has adopted Mrs. Linda Poore's 3rd grade students at Lincoln School. A representative from MDH visits the classroom to educate students about various departments at the hospital.

Surgical Services

Amber Depoy, RN in Surgical Services, visited our Adopt-A-Classroom students in November. She showed a brief PowerPoint on the many different roles involved in operating room procedures. She also demonstrated how laparoscopic surgery is done by using the doc camera in the classroom. She focused on gall bladder and appendix removal and explained where those are in the body and what they do for you. The students received MDH mini flashlights for being a great audience!



December Calendar of Events

Chronic Pain Management Group

Mondays

1-2 p.m., Health Services Building 1 Auditorium

Pre-registration and screening required. 8-week group.

Contact Behavioral Health Services at (309) 836-1582.

Anger Management

Tuesdays (No session on Tuesday, December 25)

3:30-5 p.m., Health Services Building 1 Auditorium

Pre-registration required.

Contact Behavioral Health Services at (309) 836-1582.

Festival of Trees

Saturday, December 1, 9-5 p.m.

Sunday, December 2, 12-5 p.m.

Monday, December 3, 9-4 p.m.

West Central Illinois Arts Center, 25 E Side Square

Admission: \$3.00, 10 & under free

Contact the MDH Foundation at (309) 836-1757.

Childbirth & Infant Care: 8 Hour "L.A.T.E." Class

Saturday, December 1

8-4:30 p.m., Auditoriums A & B

Free. Pre-registration is required. For more

information or to register call the MDH Obstetrics

Department at (309) 836-1570.

MDH Breast Cancer Support Group

Monday, December 3

5:30 p.m., Auditorium B

For more information contact the Outreach Services

Department at (309) 836-1584.

Forget-Me-Not Support Group

Monday, December 3 | 6-7 p.m.

Health Services Building 2 Multipurpose Room

Free. Support group for anyone affected by loss

during pregnancy or the loss of an infant. For more

information call MDH Public Relations (309) 836-1557.

Suicide Support Group

Monday, December 3

7-8 p.m., Health Services Building 1 Auditorium

Contact Behavioral Health Services at (309) 836-1582.

Community and Seniors' Day at Citizens

Thursday, December 6

8:30-10:30 a.m., Citizens Bank, Downtown Macomb

Contact MDH Public Relations at (309) 836-1557.

Childbirth and Infant Care: Cesarean Section Class

Thursday, December 6

6-8 p.m., Auditorium B

Free. Pre-registration is required. For more

information or to register call the MDH Obstetrics

Department at (309) 836-1570.

Childbirth & Infant Care: Postpartum Care & Understanding Your Newborn

Thursday, December 13

6-8:15 p.m., Auditorium B

Free. Pre-registration is required. For more

information or to register call the MDH Obstetrics

Department at (309) 836-1570.

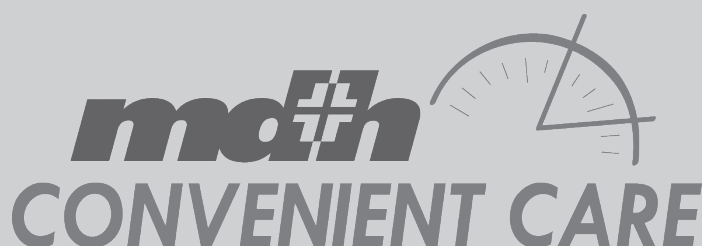
Bereavement Support Group-New Horizons

Monday, December 17

3-4 p.m., Private Dining Room

For more information, call the MDH Hospice at

(309) 836-1543.



Holiday Hours

Thanksgiving: 8 a.m.-NOON

Christmas Eve: 8 a.m.-4 p.m.

Christmas Day: CLOSED

New Year's Eve: 8 a.m.-4 p.m.

New Year's Day: 8 a.m.-4 p.m.

Holiday Festivities



**December
1 or 8**

FAMILY PARTY

MDH is inviting you and your family to join us at Rialto Cinemas to enjoy a private showing on December 1 and 8. Movies are TBD.

Two showings will be available based on participation levels required by the theater and may be subject to change.

This gift will include free admission, popcorn and soda for MDH employees, MDH Crothall, Morrison & Horizon employees, MDH volunteers, MDH physicians and their families.

Please stop by Human Resources to RSVP *after the movie selection has been determined* and claim your tickets before November 30. By providing a RSVP, we will help the theater determine staffing levels to accommodate the party and assure availability. Seats are limited, so make your reservation while tickets are still available. *All children must be accompanied by an adult.*

**December
12**

ANNUAL EMPLOYEE HOLIDAY RECEPTION

Come join in the Holiday Festivities at the Annual Employee Holiday Reception from 2-3:30 p.m. in Auditoriums A&B.

Night shift employees will receive snacks at their workstations around 11:30 p.m. on Tuesday, December 11.

MDH CARES FOR ALL

“MDH Cares for All” will be held in MDH this holiday season. Miscellaneous items can be donated in the MDH Cafeteria Monday, November 19, and conclude Friday, December 7, and will be given to various local agencies.

Ideas for items to donate include:

- New socks, gloves, coats, etc.
- Pet food and supplies
- School supplies and new books
- Food and toiletries

ANGEL TREE

The “angels” have the names of nursing home residents and Mosaic residents who have no one to remember them with a gift during the holidays. Gift suggestions for each person are included on the angel, so the perfect gift is easy to give.

To join in the giving, simply pick an angel from the choices in Human Resources, purchase a gift for that person, and return the wrapped gift by **Friday, December 7.**



All about Android Antivirus



Mobile devices are the next frontier of cybercrime. Cyberthreats for Android are much like cyberthreats for PCs. They sneak their way onto your device, often in the form of a shady download, then burrow themselves in the system in order to steal information, spy on you, or take control of the device.

Can Android devices get viruses?

Truth be told, most cybersecurity pros consider viruses to be more of a legacy threat for computers, and perhaps a complete misnomer when it comes to Android phone infections.

Technically, there is no such thing as an actual Android virus. The problem is that the term “virus” has become a catchall phrase for cyberthreats in general, even though it’s outdated.

This is not to say that you don’t need cybersecurity software on your Android phone or tablet.

Fortunately, there are a few unmistakable signs to look for if you suspect your Android phone is infected.

Here are the main ones:

- A sudden flood of pop-up ads.
- A puzzling increase in data usage.
- Bogus charges on your bill. This happens when malicious software makes calls and sends texts to premium numbers.
- A disappearing battery charge.
- People on your contact list report strange calls and texts from your phone.

Types of Android malware.

Although there are many types of Android malware, here are the top three:

- Adware is unwanted software designed to throw advertisements up on your screen, most often within a web browser.

- Spyware is malware that secretly observes your activities without permission and reports it to the software’s author.
- A Trojan, or Trojan horse, is a method of attack. It works by presenting itself as something useful like an app or attachment in order to trick you into downloading it.

Where does Android malware come from?

For the most part, Android infections come from your Internet browser or a downloaded application.

How do you remove Android malware?

If you suspect malware, or even just out of an abundance of caution, download a legitimate anti-malware program, such as Malwarebytes for Android.

How do you prevent Android malware?

A cybersecurity application is a great way to prevent infections, but basic safety tips can go a long way too:

- Watch out for unusual domain names on the Internet. URLs that end in letters other than .com, .org, .edu, .net, or .gov can be a sign of a risky site.
- Avoid clicking on pop-up ads while browsing the Internet.
- Keep your operating system, browsers, and plugins up to date. Updated software means attackers can’t exploit old bugs.
- Do not click on suspicious links in emails, texts, or social media, even if they’re from a friend.
- Download Android apps in the Google Play Store and avoid third-party sources.
- Read reviews before you download an app.
- Be careful about granting “permissions” when installing new apps for the first time. For example, a calculator app shouldn’t need access to your list of contacts.

13th Annual McDonough District Hospital

Sponsored by
Citizens Bank
A Division of Western Community Bank
Member FDIC

Festival of Trees

*West Central Illinois Arts Center,
25 East Side Square, Macomb*

Jingle 'n Mingle

Thursday, November 29, 6:30-8:30 PM

Ticketed event | \$40 per adult

Sneak Preview | Hors d'oeuvres | Live Auction

Entertainment: Dr. István Szabó
and Dr. Minjung Seo, WIU

Entertainment

Friday

4-8 PM - Popcorn & "I Spy"

Saturday

10-11 AM - Ukulele Macomb

11 AM-4 PM - Miss Margaret's Face Painting

4-5 PM - Sandra Mosley

Sunday

2-3 PM - Wesley Praise Band

Festival of Trees

Friday, November 30

4-9 PM

Saturday, December 1

9 AM-5 PM

Sunday, December 2

Noon-5 PM

Monday, December 3

9 AM-4 PM

Funds raised benefit the
Dolores Kator Switzer Women's Center.

For more information visit
www.MDH.org.

mdh
McDonough District Hospital

