



**McDonough District Hospital**  
Employee Newsletter

# Making Rounds



November 17, 2015 • [www.mdh.org](http://www.mdh.org)

## MDH Holiday Festivities

### Family Party

As a gift to employees, MDH is inviting you to attend a private movie showing at Rialto Cinemas in Macomb on December 5 or 12.

Two showings will be available based on participation levels required by the theater and may be subject to change.

The gift will include free admission, popcorn and soda for MDH employees, MDH Crothall, Morrison & Horizon employees, volunteers, physicians and their families.

**Saturday, December 5**

Movie | 8:00 AM

(Doors open | 7:30 AM)

Movies TBD

**Saturday, December 12**

Movie | 8:00 AM

(Doors open | 7:30 AM)

Movies TBD

Please stop by Human Resources to RSVP and claim your tickets before December 4. By providing a RSVP, we will help the theater determine staffing levels to accommodate the party and assure availability. Seats are limited, make your reservation while tickets are still available.

*All children must be accompanied by an adult.*



### Come join in the Holiday Festivities at the Annual Employee Holiday Reception!

The afternoon party will be  
**Thursday, December 17**

**2:30 — 4:00 PM**

**Cafeteria**

Night shift employees will receive snacks at their workstations around 11:30 PM on Wednesday, December 16.

A **Food Drive** will also be held at MDH this holiday season. Non-perishable goods and toiletry items can be dropped off in the MDH Cafeteria.

The drive will begin  
**Monday, November 23** and  
conclude **Friday, December 4**

### Ring a bell for the Salvation Army

The Salvation Army is looking for volunteers to ring bells during the holiday season. The Salvation Army is in dire need of monetary funds and this is their main fundraiser. Please contact The Salvation Army at 309-837-4824 for available times and locations.

*See page 18 for more Holiday Festivity information*

**MDH Core Values**

Honesty and Integrity • Respect • Exceptional Service • Commitment to Excellence • Teamwork

## MDH Hotline

Do you have a compliance concern you need to share confidentially? Remember the MDH Hotline is available at (309) 836-1630.

## Next Deadline

The next *Making Rounds* deadline is NOON on **Friday, December 18**. Please submit your information, articles, thank-you notes, recipes, achievements, etc., to Public Relations.

## MDH Says Goodbye

**Estefana Gonzalez**, Unit Secretary, Acute Care, 10/14/15

**Beth Griffin**, Medical Assistant, Family Clinic, 10/29/15

**Dawn Hardisty**, Phlebotomist, Lab, 11/12/15

**Heather Harrison**, Physician, Family Clinic, 10/31/15

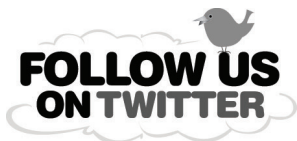
**Don Kindhart**, Maintenance IV, Plant Engineering, 11/6/15

**Dee Paul**, Technician, Sterile Processing, 10/23/15

**Lacey Remington**, Specialist, Behavioral Health Services, 11/4/15

**Ronald Wheeler**, Physician, MDH Orthopedic and Sports Medicine Clinic, 10/31/15

**Melanie Neuleib Zimmerman**, PT Assistant, Sports Medicine and Rehabilitation Services, 10/8/15



## Job Opportunities



<u>POSITIONS</u>	<u>DEPARTMENT</u>	<u>SHIFT</u>	<u>STATUS</u>
Unit Secretary	Acute Care	7p-7:30a	24 hrs/wk
Unit Secretary	Senior Behavioral Health	Days	24 hrs/wk
ER - CCC	Emergency Services	Days	Full-time
Infection Control RN	Quality & Innovation	7:30a-4p	24 hrs/wk
Nurse Practitioner	ENT Clinic	Days	Full-time
Nurse Practitioner	Psych Clinic	Days	Full-time
RN	Acute Care	7p-7:30a	Full-time
RN	Emergency Services	7p-7:30a	Full-time
RN	Emergency Services	Evenings	Full-time
RN	Hospice	8a-4:30p	Full-time
RN	Hospice	Evenings	24 hrs/wk
CNA	Senior Behavioral Health	7p-7:30a	24 hrs/wk
CNA	Acute Care	7p-7:30a	Full-time
Medical Assistant	Family Clinic	8a-5:00p	Full-time
Phlebotomist (Trained)	Laboratory	Days	Full-time
Phlebotomist (Trained)	Laboratory	Variable	24 hrs/wk
Valet Parking Attendant	Valet Parking Serv.	Days	24 hrs/wk
Valet Parking Attendant	Valet Parking Serv.	Days	24 hrs/wk
Valet Parking Attendant	Valet Parking Serv.	Days	24 hrs/wk
Valet Parking Attendant	Valet Parking Serv.	Days	24 hrs/wk
Bio-Med Tech	Plant Engineering	7a-3:30p	Full-time
Health Educator	Outreach Services	Days	Full-time
Medical Director	Hospitalist		Full-time
Physician	Family Clinic	Days	Full-time
Respiratory Therapist	Cardiopulmonary	10:30p-7a	24 hrs/wk

List also available online at [www.mdh.org](http://www.mdh.org)

As of November 10, 2015

## Moving Around

**Jodi Abernathy** is an Admit/Discharge RN after previously working as an ER RN.

**Cole Bavery** is an ER RN after working as an ICU RN.

**Nicholle Welch** is a Senior Behavioral Health CNA. She formerly worked in Acute Care as a CNA.

## Eye Spy

In this issue of *Making Rounds*, can you find how many times the following items appear?

Find the answer on page 19



## New Faces at MDH

### MDH Welcomes New Employees



#### Ashley Behymer

Ashley is an Obstetrics Registered Nurse. She is originally from Macomb. Ashley and her husband, Eric, have three children, Westen, Aeson and Aubryn.



#### Dawn Boston

Dawn is originally from Bloomfield, Iowa. She and her husband, Ryan, have three children, Taylor, Blair and Hunter. In her spare time, Dawn enjoys gardening, cooking, oil painting, exercising and attending her children's sporting events.



#### Meghan Cousins

Meghan is an Aide in Food Services. She is originally from Macomb and enjoys playing softball.



#### Sarah Gossage

Sarah is a Registered Nurse in Senior Behavioral Health.



#### Hayley Hudson

Hayley is an Unit Secretary in Acute Care. She is originally from Carbondale. In her spare time, Hayley enjoys running, yoga, spending time with her husband, George and two dogs, Beowulf and Grendel.



#### Dawn Knutson

Dawn is originally from Blandinsville. She has one daughter, Cameron. In her spare time, Dawn enjoys any outdoor activities.



#### Becky Luttrell

Becky is a Senior Behavioral Health Registered Nurse. She is originally from Huntsville and is married to Tom.



#### Becky Moon

Becky is a Maintenance III in Plant Engineering. She is originally from Industry. She and her husband, Ryan, have two children, Cheyanne and Dalton. In her spare time, Becky enjoys horseback riding, showing horses, hunting and being outdoors.



#### Corey Murfin

Corey is a Maintenance III in Plant Engineering. He is originally from Abingdon. Corey has three children, Tyson, Courtney and Megan. In his spare time, he enjoys motorcycles.



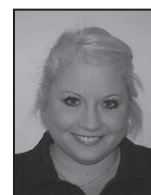
#### Tammy Sawyer

Tammy is an Aide in Environmental Services.



#### Megan Thompson

Megan is a Clinical Analyst for MMG. She is originally from Canton. Megan and her husband, Bradley, have one daughter, Aubree. In her spare time she enjoys working out, spending time with her family, hunting and shopping.



#### Emily Wearda

Emily is an EMT in Emergency Services. She is originally from Jacksonville, Florida and has two children, Ava and Jack.

### MDH Welcomes New Volunteers



#### Amber Knox

Amber is a Social Work Student at WIU. She is originally from Ottawa. She wants to become a Licensed Clinical Social Worker when she finishes school.



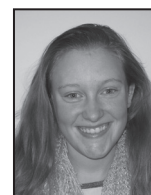
#### Marelyn Martinez

Marelyn is a high school student.



#### Marcia Moulden

Marcia is a retired administrator of the Everly House. She has lived in Macomb for 40 years and is married to Joe, they have two sons together.



#### Leah Rusher

Leah wants to be an OB nurse in the future. She is a Junior in High School currently and loves working with the elderly.



#### Gary Ziegler

Gary is retired from Western Illinois Regional Council. He has lived in Macomb for 40 years and is a WIU graduate. Gary enjoys golfing, fishing, biking and hiking.

## Stork Landings

Luke and **Kortney Burling** are the proud parents of a baby boy, Brooks Jacob. Brooks was born on October 19. Kortney is a Registered Nurse in Emergency Services.



Leesa and **Kelly Merrill** are the proud parents of a baby girl, Mykka Marie. Mykka was born on October 26. Kelly is a LAN Administrator in Information Systems.



## A+ Achievement

**Lori Fox**, PTA and **Amy Fansler Milas**, PTA attended a two-day lecture and hands-on laboratory course. It included the most recent evidence-based practice guidelines for examination, differential diagnosis and treatment interventions for running related injuries. Emphasis was on the utilization of video gait analysis as a key diagnostic and treatment tool.



## A new Rocky has arrived!

Thank you to Dr. Scott & Ann Urch for purchasing the Rocky on Parade dog. It is located outside of the Orthopedics & Sports Medicine office.

## Traveling Trophies Awarded!



### Congratulations Hospice Team

The Hospice staff was recognized for achieving the “highest” score on the October Interdepartmental Satisfaction Survey.

Pictured front, from left: *Kassie Streveler, Kelsie Ockinga, Lisa Hood, Richalee Doll.*

Back row: *Marcia McGrew, Julie Trulson, Elsie McFarland, Betty White and Kristie Nelson.*

Not pictured: *Dr. Roodhouse, Angela Gibbs and Stacie Miller.*



### Congratulations Orthopedic and Sports Medicine Clinic Team

The Orthopedic and Sports Medicine Clinic staff was recognized for achieving the “most improved” score on the October Interdepartmental Satisfaction Survey. They improved 22.1 points on their total score!

Pictured: *Abby Winter, Cathy Dean, Angela Martin, Dr. Urch, Bev McFadden and Debbie Orton*



## ...Benefit Break...

Take a minute to learn more about your benefits and other HR issues.

### ***2016 Flexible Benefit Spending Accounts***

The Flexible Benefit Accounts are used to pay healthcare and day care expenses with pretax earnings. If elected, a portion of your salary is set aside for these accounts and then deducted from your paycheck. After you have paid for the services and submitted the appropriate paperwork to Human Resources by the last Friday of the pay period, you are reimbursed for a tax-deductible medical expense not covered by your insurance or for daycare expenses for your children or dependent parents on your next paycheck.

The main benefit of this program is the tax advantage – you save approximately \$25 on every \$100 spent. Based on your need and the need of your family, you allocate a certain portion of your salary to be used for these accounts. This amount is then divided by 26 pay periods and deducted from your paycheck on a pretax basis. Please estimate conservatively since unused money is lost.

As a Status 1 or Status 7 employee, you are eligible to participate in the program and will need to sign an enrollment form if decide to participate. The annual enrollment period will be held in December 2015. Forms need returned to Human Resources by 12/31/15. More detailed information will come in the near future and will be available in Human Resources or on the Human Resources page of the intranet.

*If you have questions concerning this topic or any suggestions for future Benefit Breaks, please contact Human Resources at extension 13492.*

### **Reminders from Human Resources**

#### **Life Insurance and Long-Term Disability Open Enrollment**

Please remember additional life and long-term disability insurance coverage can only be purchased during open enrollment each year, so please complete the necessary forms by the end of November in Human Resources if you desire additional coverage.

#### **Don't forget your free benefits...**

MDH provides free vision insurance, life insurance and long-term disability insurance to all eligible employees working 24 hours or more a week. Vision insurance coverage and providers can be found at [vsp.com](http://vsp.com). Life insurance is valued at your yearly salary and is provided free of charge to you. Long-term disability is paid by MDH on your behalf and is valued at half of your monthly salary if you are off work more than six months due to an injury or illness and deemed disabled. Please contact Human Resources at ext. 13492 if you would like more information about these valuable benefits.

#### **YMCA Membership Open Enrollment**

As a MDH employee, you are able to receive a discount for YMCA memberships and have it conveniently payroll deducted. Pricing will be available in December, and memberships are valid January 1, 2016 to December 31, 2016. A variety of memberships are available to fit the needs of you and your family. Human Resources will have a complete list of the membership plans and the costs for each plan in December. Sign up, change, or cancel memberships in Human Resources in December during open enrollment. Current MDH employees with YMCA memberships will remain enrolled in the same plan for 2016 unless Human Resources is contacted prior to the end of open enrollment.



## Community Support

### Citizens Bank Pledges \$100,000 to MDH



Citizens Bank (A Division of Morton Community Bank Member FDIC) pledged \$100,000 toward the Dolores Kator Switzer Women's Center (DKSWC) at McDonough District Hospital. With this generous gift, both waiting rooms for Women's Imaging Center and Obstetrics will be named after Citizens and they will be recognized as "Presidential" in the MDH Business Honor Roll giving club.

Pictured are: (l-r) Alice Thorman, Citizens Senior Trust Officer; Laura Leezer, Citizens Senior Vice-President of Marketing; Todd Lester, Citizens President; Kenny Boyd, MDH President/CEO; Vicky Wallen, MDH Foundation Leader and Vicky Cox, Citizens Senior Vice-President.

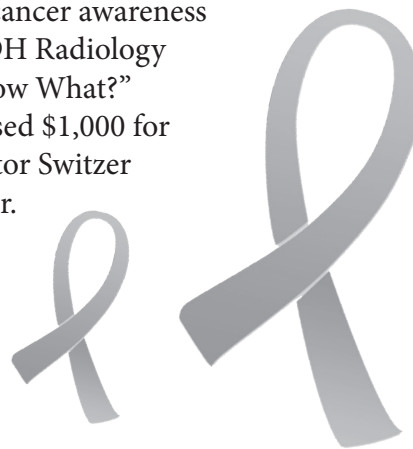
**Bushnell Pink Warriors** donated \$3,000 to Linda's Fund from their Drag Show Contest and t-shirt sales.

**WIU Leathernecks Softball** Home Run Derby raised \$353 for Linda's Fund.



### Breast Cancer Awareness Month

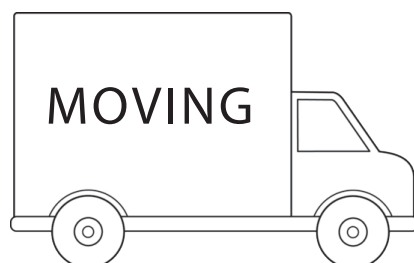
During breast cancer awareness month, the MDH Radiology "Think Pink Now What?" t-shirt sales raised \$1,000 for the Dolores Kator Switzer Women's Center.



### We've MOVED...

The MDH Foundation office has relocated to the old Sports Medicine and Rehabilitation reception area! Feel free to stop in and see our new space!

Kim, Patty and Vicky



## Out and About

**Dr. Weili Zhang** was the keynote speaker for the 16<sup>th</sup> Annual Retirement Learning Institute held at the Spoon River College Community Outreach Center on Friday, November 6. Dr. Zhang spoke on the "Integrative Approach to a Healthy Heart."

**Dr. Tamara Smith**, Obstetrician / Gynecologist provided an overview of McDonough District Hospital, entitled, *Where Miracles Happen – Local Medical Advancements* for the Learning Is Forever (L.I.F.E.) group, on November 2 at the Spoon River College Community Outreach Center.

Pediatrician, **Libby Balbort, MD** attended the 2015 American Academy of Pediatrics (AAP) National Conference and Exhibition in Washington, D.C. October 23-27 (along with over 10,000 other pediatricians). She attended several talks and procedure workshops. Her most memorable session was with Dr. Paul Offit, Chief of the Division of Infectious Diseases and Director of the Vaccine Education Center at The Children's Hospital of Philadelphia. He is a pediatric infectious disease physician and an expert on vaccines, immunology, and virology. He is the co-inventor of a rotavirus vaccine that has been credited with saving hundreds of lives every day. Libby states, "It was a wonderful experience with 5 days full of education and inspiration. It was also a great time to reconnect with friends from medical school and residency that share my joy of pediatrics!"

President/CEO **Kenny Boyd** and Foundation Leader **Vicky Wallen** presented *What's Happening at MDH* to members of the Centennial Morning Rotary Club on November 5. Boyd updated the group on physician recruitment, new services, and facility planning. Wallen shared the Dolores Kator Switzer story and plans for the future Women's Center including the \$5.5m capital campaign.



Behavioral Health counselor, **Angela Hoyt, MS, LPC**, participated in this year's Social Emotional Learning (SEL) Retreat at West Prairie High School November 13. The goal of the retreat was to meet the Child Mental Health Act mandates and address the Illinois Social Emotional Learning Standards. Hoyt presented on the topic *Assertive Communication in Bullying & Conflict Resolution*. The SEL Retreat aims to assist the youth in their quest for a healthy balanced lifestyle. This type of event will help to make a difference in the life of a young adult and provide valuable information that will last a lifetime in the student's lives.

## MVP Awards

Has someone done something special for you? Has this person gone above and beyond his or her normal duties to help you? Consider completing an MVP Thank You to show your appreciation.

### MVP Award - \$50

#### Alexa Shaw

Assistant / Graphic Designer  
Public Relations and Marketing



Alexa Shaw (Right)

### MVP Thank Yous - \$25

#### Brenda James

Secretary  
Sports Medicine & Rehabilitation Services

#### Mercedes Seats

Clerk / Phlebotomist  
Registration



Brenda James (Right)



Mercedes Seats (right)

# PROS PERKS

## GO GREEN

Reusable tumbler cups and mugs available in the New Foundation office starting Tuesday, November 17. Use your reusable cups in the cafeteria and receive \$0.10 off of your drink purchase!

Reusable Mug: \$22  
Tumbler Cup: \$10  
(cash or check only)



Show your MDH pride with apparel and accessories from our online store! Polos, fleeces, blankets and more are available and perfect for holiday gifts! Store link available on the Intranet or visit [www.landmarxwear.com/sites/mdh](http://www.landmarxwear.com/sites/mdh)

## Auxiliary Holiday Raffle

The Auxiliary Holiday Raffle will start on Monday, November 16 from 9AM – 5PM. Ticket prices are \$1.00 each or 6 for \$5.00. The tickets will be sold Monday-Friday in the lobby. During the week of Thanksgiving, the tickets will only be sold Monday – Wednesday. The drawing will be held Thursday, December 17 and the winners will be notified. Items to be raffled this year include; a Holiday Quilt, \$100.00 Gift Card and a stuffed bear.

## Pre- Christmas Sale at the Gift Gallery

Tuesday, November 17  
8 AM – 8 PM

Receive 20% off your purchase.\*

The first 25 customers will also receive a free gift.

(\*Exclusions include books, candy, cards, flowers, magazines and stamps.)

## Auxiliary Holiday Bake Sale

Thursday, December 10  
7AM – until we run out  
Front lobby of MDH

## Angel Tree

The Auxiliary to MDH is pleased to sponsor the popular Angel Tree again this year. This is a way to remember loved ones during the holidays. For each \$5.00 donation, a charming rustic angel in memory of a family member or friend will be placed on a special tree in Admitting at MDH. The tree may be viewed from December 9 through the New Year's holiday. The tree will also be displayed during the Festival of Trees, December 4-7 at the West Central Illinois Arts Center, located at 25 East Side of Square in Macomb. Forms may be picked up in the Auxiliary office or at The Gift Gallery.

Proceeds will support health careers loans and scholarships. For more information, please contact the Auxiliary/Volunteer office at 309-836-1579.

## APPLE Winner October 2015



**Crystal Carson**

Please join me in congratulating **Crystal Carson**, Laboratory Secretary, on being named the recipient of the MDH APPLE Award for October 2015. APPLE stands for "Achieving outstanding Performance in Patient care, Leadership, Loyalty and Enthusiasm for MDH."

Crystal began her employment on March 17, 2004 as a Nurse Assistant in Acute Care. She transferred to Sterile Processing and worked as a Technician from March 2006 to November 2012. On November 19, 2012, Crystal began working in her current role as a Laboratory Secretary.

Crystal has the innate ability to learn new tasks efficiently, which is one of the reasons special projects are delegated to her. She completes projects within the specified deadlines and multi-tasks like no other. Crystal is currently the Cerner Subject Matter Expert for registration and scheduling for all of these reasons.

Crystal never hesitates to take on new tasks or learn new things. She has cross-trained into Histology to help the department. During this transition, Crystal has given 110% to learning everything about Histology and has done it all with a smile. This is not an easy task considering she has no previous laboratory experience. Crystal is a true team player.

Crystal is always pleasant and personable to customers both on the telephone as well as in person. She is also eager to assist patients and co-workers at any time. She is extremely reliable. Crystal always goes above and beyond to help anyone in need. Her job knowledge and willingness to work with the team is appreciated.

Crystal's nominator states Crystal is an excellent asset to this organization and deserves the acknowledgement for her hard work. "Crystal has an excellent work ethic. She has the skill that when there is nothing obvious to do, she will find something that needs done to keep the laboratory running smoothly. She is a valuable employee in the laboratory and very deserving of the Apple Award."

Crystal has two children, Emma and Leah. In her spare time, Crystal enjoys softball. She is also an avid St. Louis Cardinal fan.



## It's now even faster and easier to pay bills online

### Just visit:

[www.mdh.org/billpay](http://www.mdh.org/billpay)

- Complete the required fields
- Review
- Submit Your Payment

We accept



## Recognition for Outstanding Customer Service – October

For the month of October, the Service Excellence department at McDonough District Hospital would like to recognize and say thank you to **46 employees and physicians** for their outstanding customer service to patients.

The Press Ganey and Deyta (Hospice) surveys call attention to employees who demonstrate excellent customer service, according to Administrative Leader of Quality and Innovation Maggie Goettsche. Individuals recognized receive a customer service Thank You Certificate and are nominated for the MVP award for their outstanding hard work.

### Recognition for outstanding customer service goes to the following professionals:

Acute Care: **Dr. Kenechukwu Nwafo; Heather Martin, RN**

Cardiopulmonary: **Jill Foster, CRTT, RDCS; Tracy Poffenbarger, RN**

Emergency Services: **Stephanie Lemus, PA; Brittany Cromer, RN**

Environmental Services: **Mona Smith**

Home Health: **Kayla Anderson, RN; Cara Sanderson, CNA; Etta McHone, CNA**

McDonough Medical Group: **Dr. Jeffrey Sparks; Tiffany Bentz, RN; Amanda Sullivan, Medical Asst.;**

**Mimi Pounders, FNP; Patty Irish, LPN; Dr. Yousaf Jalil; Dr. David Reem; Vicky Howard, RN;**

**Katie Barr, Medical Asst.; Dr. Noel Flores; Dr. Edwin Card; Dr. Scott Wright; Tammy Schmalshof, Medical Asst.; Dr. Liberty Balbort; Dr. Tamara Smith**

Obstetrics: **Sara Jones, RN; Dr. Troy Eckman; Sharie Harden, CNM; Mary Thompson, CNM; Nicole Carithers, RN; Ashley Kessler, RN; Crystal Dobbs, RN**

Sports Medicine & Rehabilitation Services: **Danelle Smith, PT; Jeanne Meehan, OT; Ashley Breeden, PT, Amy Fansler-Milas, PTA; Darci Heap, DPT, ATC**

Surgical Services: **Dr. Timothy Biagini; Dr. Shea Trost; Dr. Dan Ruiz; Jill Whiteside, CRNA; Holly Torrance, RN; Nakina Boyd, RN; Amber Sparrow, RN**

Wound Ostomy Clinic: **Marilyn Bricker; Carolyn Grove, RN, BSN, CWOCN**

The **ENT Clinic Team** was also recognized on a Press Ganey survey for being helpful, friendly and courteous.

The **MDH Hospice Team** was also recognized in a Deyta survey with words of recognition and acknowledgement for the compassionate and personal care provided to patients and their families.

**Congratulations** to those recognized in this article and thank you for your ongoing commitment to providing an exceptional patient experience!

Reminder

### Don't Forget...

Please pick up your direct deposit stub EACH pay period from Human Resources Monday-Friday, 7 AM - 5 PM. Paychecks will be mailed the Thursday of pay week.

Thanks for your cooperation.



## December Calendar of Events

### Post-Partum Care & Understanding Your Newborn

Thursday, December 3

7:00-9:00 PM, Auditorium B

Pre-registration required.

Call Obstetrics at (309) 836-1570.

### Seniors' Day at Citizens

Thursday, December 3

8:30 AM-4:30 PM, Citizens Bank, Downtown Macomb

Topic: Senior Behavioral Health Display

For more information, call Senior Behavioral Health at (309) 836-1568.

### Festival Illumination Gala

Thursday, December 3, 6:30-8:30 PM

West Central Illinois Arts Center, 25 E Side Square

Pre-registration required.

\$40 per person, black tie optional.

Contact the MDH Foundation at (309) 836-1757.

### Divorcing Parents Education Program

Friday, December 4

1:00-5:00 PM, HSB 1 Auditorium

Cost: \$60.00 payable at session, Pre-registration required.

Contact Behavioral Health Services (309) 836-1582.

### Festival of Trees

Friday, December 4, 4:00-8:00 PM

Saturday, December 5, 9:00 AM-5:00 PM

Sunday, December 6, Noon-5:00 PM

Monday, December 7, 9:00 AM-4:00 PM

West Central Illinois Arts Center

25 E. Side Square, Macomb.

Admission: \$3.00, 10 & under free

Contact the MDH Foundation at (309) 836-1757.

### Saturday "L.A.T.E." Childbirth Instruction Class

Saturday, December 5

8:00 AM-4:30 PM, Auditorium A & B

Pre-registration required.

Call Obstetrics at (309) 836-1570.

### Bereavement Support Group-New Horizons

Mondays, December 7 & 21

3:00-4:30 PM, Medical Arts Building, Conference Room

For more information, call Hospice at (309) 836-1543.

### Breast Cancer Support Group

Monday, December 7

Holiday Gathering

5:30 PM, The Old Bailey House

100 South Campbell, Macomb

Contact Outreach Services at (309) 836-1584.



### Risk Education

Monday-Thursday, December 7-10

1:00-4:00 PM, HSB 1 Auditorium

Pre-registration required.

Call Behavioral Health Services at (309) 836-1582.

Fee: \$150.00

### Caregiver Support Group

Wednesday, December 9

5:00-6:00 PM, Activity Room at Grand Prairie Assisted Living, 1307 East Meadowlark Rd

Topic: Surviving and Thriving through the Holidays

Free and open to the public.

Contact Senior Behavioral Health at (309) 836-1568.

### Childbirth and Infant Care: Breastfeeding

Thursday, December 10

7:00-9:00 PM, Auditorium B

Free. Pre-registration required.

Contact Obstetrics at (309) 836-1570.

**mdh**  
**CONVENIENT CARE**

*Quality care. Your health. Your schedule.*

### HOLIDAY HOURS

Thanksgiving: 9 AM - 5 PM

Christmas Eve: 9AM - 5 PM

Christmas Day: CLOSED

New Year's Eve: 9 AM - 5 PM

New Year's Day: 9 AM - 5 PM

Patients must be over 18 months old

# Family & Pediatric Clinic



Richard Minter, DO

McDonough Medical Group is pleased to announce the addition of Board Certified Family Practice physician **Richard Minter, DO** to the Family & Pediatric Clinic.

Dr. Minter graduated from Northeast Missouri State University in Kirksville, Missouri. He completed a Doctorate of Osteopathic Medicine from Kirksville College of Osteopathic Medicine in Kirksville, Missouri. Minter has spent the last 31 years practicing with Northeast Missouri Associates, Inc. in Lancaster, Missouri.

Minter has worked with all ages and has experience providing general medical care, diagnosis, care and treatment of simple fractures of the extremities, including casting, DOT physicals, Laceration repairs, OMT (Osteopathic Manipulative Therapy), X-rays and EKGs. He has also done minor surgery in his office including surgical removal of skin lesions, toenails and cryosurgery.

In his free time, he enjoys spending time with his family and watching WIU Women's Basketball games as his son, Seth Minter, is the Associate Head Coach. *He is accepting patients age 18 years and up.*



Sue Adams, FNP

**Sue Adams, FNP** is board certified as a Family Nurse Practitioner by the American Nurses Credentialing Center. Prior to joining the MMG Family & Pediatric Clinic, she is well known in the area through her role as an exceptional Family Nurse Practitioner at the MDH Convenient Care Clinic. She also provided primary care services with Dr. Arnold and Bushnell Family Practice.

Sue received her Bachelor of Science in Nursing degree from the University of Illinois in Chicago. She worked as a nurse for several years before continuing her education at the University of Illinois at Chicago/Peoria Regional Program in Peoria, Illinois, earning her Master of Science in Nursing degree.

Adams has over 20 years of nursing experience working on a medical-surgical unit, skilled care unit and as a public health nurse.

Adams was born and raised in the Macomb area. In her spare time she enjoys spending time with family and friends. *She is accepting patients age 18 years and up.*

*To schedule an appointment call (309) 833-1729 today!*



**McDonough  
Medical Group**

505 E. Grant St. | Macomb, IL | Suite 202 | [mdh.org](http://mdh.org)



## National Nurse Practitioner Week | November 8-14

McDonough Medical Group (MMG) would like to recognize and celebrate the contributions made by our Nurse Practitioners (NPs) and the other 205,000 NPs that have been providing high-quality comprehensive healthcare services to patients for 50 years. Nurse practitioners are skilled clinicians with a Master's or Doctorate degree in nursing and advanced clinical training who provide primary, acute and specialty health care. NPs provide a full range of services, such as ordering, performing and interpreting diagnostic tests; diagnosing and treating acute and chronic conditions; prescribing medications and treatments, and managing overall patient care. MMG recognizes the important contribution that Nurse Practitioners make in healthcare. MMG would like to thank and wish a Happy Nurse Practitioner Week to the following for their commitment to provide exceptional healthcare services to the community!

**Sue Adams • Kirsten Clerkin • Tammy Eckert • Michelle Hartman  
Carrie Helle • Jodi Melton • Mimi Pounders • Krystal Wagner**

## T'will be the Night Before Thanksgiving


The Spoon River College Student Nurses Association invites you to a fundraising evening at Buffalo Wild Wings in Macomb

**Wednesday, November 25 | 4:00 - 9:00 PM**

Ten percent, yes, **10%** of your total bill will go toward MDH Linda's Fund, to support local breast cancer patients and their families.

If you have prepped for "turkey day" and don't want to prepare dinner, come out to Buffalo Wild Wings. Together we can make a positive impact!





# EAT WINGS. RAISE FUNDS.

On the day listed below, present this ticket to your server and Buffalo Wild Wings® will donate 10% of your total bill (not including tax, gratuity, alcohol sales or promotional discounts) to our organization.

Buffalo Wild Wings strives to support our community and the organizations and sports teams within it. Together we can make a positive impact and help keep our community working and playing together.

(Show this ticket to your server on the date & time listed below)

**LINDA'S FUND (BREAST CANCER)**

Nov 25, 2015 • 4:00 PM - 9:00 PM

Macomb, IL  
1724 E Jackson  
309-833-5707

ADMIT ONE

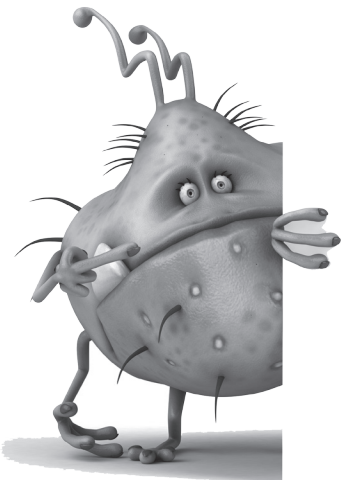
© 2015 Buffalo Wild Wings

## Flu Facts – Did you know?

- You may be able to infect others before any symptoms develop.
- Some people can be infected with the flu virus and never have symptoms, but may still spread the virus to others.
- The flu vaccine cannot cause flu illness.
- The most common flu vaccine side effect is soreness at the injection site.
- People with flu can spread it up to 6 feet away.

As of November 9, 77.1% of MDH employees are vaccinated. Many employees still have an unknown vaccination status. All employees must comply with one of the below options.

1. Flu vaccination through infection control or providing proof of vaccination elsewhere is due by December 15.
  - Employees with schedules that do not catch the mobile cart are welcome to contact Infection Control to set up an appointment.
2. Employees choosing NOT to be vaccinated must notify Infection Control by November 30. Staff Development will add a Flu Waiver CBL to be completed by December 15. (If you have already waived, but decided to get vaccinated, just let Infection Control know.)



### Flu Vaccination Incentive Drawing:

Our % vaccinated by December 15 will determine which drawing of eligible employees will take place.

98-100% = 3 - \$300 drawings PLUS a Powerball drawing for 1 - \$500 drawing!

95-97.9% = 3 - \$300 drawings!

92-94.9% = 3 - \$200 drawings!

88-91.9% = 3 - \$100 drawings!

0-87.9% = No Drawing

Infection Control can be contacted at ext. 13313 or e-mail [infectioncontrol@mdh.org](mailto:infectioncontrol@mdh.org). Thank you for protecting yourself and our patients!

O L D B S V R S S T K T L L R  
X F H K T L M E U K H C Y N E  
K L A E K I W R W A Z D A J B  
O I C A R S K I N O W P Q A M  
U N L G N E H K S G L M O E E  
D D L L Y T S M T H F F V E V  
C I G V H G U F W J B B Y C O  
P A M A I P O C U N R O C A N  
A N E V S T U F F I N G N Y M  
G S I D W R Y L I M A F T E X  
Y N O T A M Z I Y L T K S V W  
G K R P Y R F M I I M O A C Q  
F X R G O M A I E D S Y E S V  
I H H P Q P Z P W U K Y F W M  
S C G V F G H O V H V I R S Y

## Word Search!

Can you find the following words?

NOVEMBER	TURKEY
THANKSGIVING	WISHBONE
MAYFLOWER	CORNUCOPIA
PILGRIMS	FEAST
INDIANS	FAMILY
STUFFING	PARADE



## Looking for Advice?

Dear Lucy,

The holidays are right around the corner and I am determined to keep things simple. I'm limiting my commitments and downsizing my gift giving. My husband and I have implored both of our parents to not lavish our children with so many presents. Our two children are the only grandchildren on both sides and our parents insist on spoiling them. We appreciate their kindness but we really want to teach our children the lesson of gratefulness. Do you have any suggestions as to what we can say to our parents so they honor our wishes as well as ways we can remind our children that life is not just about material things?

Sincerely,

Trying to be Good Parents

Dear Parents,

You are to be commended for wanting to use the holiday season as an opportunity to remind your children about appreciation and to foster gratitude. However, you will need to accept you cannot control other people's behavior. Despite your request for restraint when it comes to gift giving, your parents get to do what they want. The holidays are a perfect time to teach your children about gratitude. Studies suggest showing gratitude is healthy for both kids and adults as it can increase levels of happiness, satisfaction, self-esteem and optimism. Grateful children are typically able to look beyond themselves and recognize that others have needs as well. Practicing good manners on a daily basis is a great way to start. This means having your children say please and thank you and role modeling similar behavior. Helping others and being generous are keys to encouraging your kids to look outside of themselves. Talking with your children about the importance of giving gifts, not just receiving them is a lesson you might want to teach. Have your children write out a list of people they plan to give gifts to and how they are going to do so. Also, have them choose names off an angel tree and have them pick out the gifts. Be sure to explain where their gifts are going and why. When you make holiday cookies have your children help bake and decide together if there is someone in your neighborhood who might love to be the recipient of your treats. Consider volunteering as a family at a local food pantry or ringing the Salvation Army bell for an hour. In today's world, children are bombarded by non-stop commercials and ideas from different media sources as to what toys and electronics they have to have to be happy. We know buying kids everything they want diminishes their appreciation for the gifts they are given. Some of the very best presents are things that cost very little or nothing at all. This year, set up individual dates with your children. Do art projects together or simply spend time together. Remember to count your blessings this holiday season and take time as a family to tell each other what you're thankful for. If you would like information about this topic or any mental health or substance abuse concern, please contact Behavioral Health Services at 836-1582.

Best regards,

Lucy

## President's Report

*The MDH Board of Directors met November 16, 2015. Here is Mr. Boyd's report to the Board for the accounting period of October 20 through November 16, 2015.*



## Quality and Innovation

### Service Excellence

MDH celebrated customer service week October 5 – 9 with various activities. This year's theme was Customer Service: Exceptional People, Extraordinary Care.

Activities included:

- Warm Kids, Warm Hearts campaign to collect new hats, mittens and gloves for area elementary and middle schools to help keep kids warm this winter. Over 60 items were donated.
- Fifteen units of blood were collected through the MVRBC, which provided up to 60 blood products for patients in need. We had four, first-time donors!
- The MDH traditional fall treats in honor of customer service week were enjoyed by staff. More than 300 pumpkin bars and 13 gallons of apple cider were served.
- MDH staff was challenged with the Time for Trivia game. Employees submitted their answers to trivia questions on "numbers" related to services at MDH. Winners were awarded chamber gift certificates.

### Infection Control

The Infection Control Team conducted the Infection Control Risk Assessment for the facility in October. Goals will target limiting transmission of infection by:

- process evaluation to identify and isolate multidrug resistant organisms
- reducing presence of shipping boxes in clean areas
- cleaning / disinfecting and standardizing equipment
- infection prevention education for patients
- screening total joint patients for staph
- increasing our hand hygiene compliance.

As of November 3rd, our employee flu vaccination rate is 74.6%.

## Physician Recruitment/Retention

Physician, Advance Practice Provider Recruitment & Outreach Services – Update:

### Outpatient Primary Care

We recently met with Dr. Minter to continue with on-boarding related activities, including IL licensure. Discussion continues with both Drs. Patel and Wehner. Dr. Wehner and her family will be returning this month to evaluate housing opportunities.

### Hospitalist Medicine

Following the recent interview with the Hospitalist Medical Director candidate presented by Eagle Hospitalist Group, we are continuing on in our search for this opening.

### Advanced Practice Provider

**Primary Care:** Recently, Adrian MacGregor as well as Chris Dace have met with several Nurse Practitioner candidates that will be available over the next month to 12 months. Each have expressed interest in primary care related opportunities and we are evaluating future practice options at this time.

**ENT:** Dr. Sparks and Adrian MacGregor recently met with a Nurse Practitioner candidate that will complete her training in the summer of 2016. This candidate has expressed interest in learning more about the practice.

**Psychiatry:** Dr. Sarwar and Adrian MacGregor are evaluating a Nurse Practitioner candidate at this time.

## Outreach Services

### Outreach/Provider Programming

Dr. Weili Zhang, Family Medicine was the key note speaker for the Retirement Learning Institute on November 6, 2015. Dr. Zhang spoke to a crowd of approximately 100 participants regarding, "Integrative Approach to a Healthy Heart."

## Occupational Health

Outreach Services continues in the employee wellness partnership with Macomb Schools. This month, Diane Tate and Kelly Shiraki, health educators, are providing employee wellness educational sessions on "Getting Enough ZZZ's"; a presentation regarding proper sleep habits.

## Information Systems

### Cerner Electronic Medical Record

Cerner Super User training is scheduled on-site the week of November 16<sup>th</sup>. The staff attending will be getting their first good look with hands on training in a test system to learn how the system functions. After the training week they will continue to develop work flow processes that will be put into place when we move to the Cerner system in June of 2016.

### Optimum Payroll and Time and Attendance

Instruction for setup of the Payroll and time and attendance system from Optimum is well underway. We are working to have the system up and running by the end of December for the new calendar year. Functionality review and discussions of the time clock replacement are also in consideration.

### Multiview General Financials

The implementation discussions for the Multiview General Financial applications are also underway. Training for the applications are to begin in early December. This will include the General Ledger and Accounts Payables systems.

## Financial Performance

### October 2015

This is the first month of the fiscal year where our activity didn't hit our budget target – down by 6.0% for the month. Revenue was negative compared to the fixed budget most notably in the areas of Inpatient and Swing Bed services as admissions in both of those areas were below budget. While Total Patient Revenue for the month was below the fixed budget, we did exceed our activity (flex) budget in most areas most notably in the Emergency Room.

Bad Debt and Charity Care combined

was positive to budget by 21.1% and Contractual Adjustments were below budget by 1.6% due to payor mix. Net Patient Revenue ended the month above the flex budget by 9.5% or \$621,918. Total Operating Expenses were below the flex budget by 2.0%.

We ended the month with a positive bottom line of \$742,791 – above both our fixed and flexed budgets.

## Facility Planning

### Renovation Project

Work is progressing well. We are currently installing mechanical, electrical, and plumbing, framing walls and installing sheet rock through acute care and the old ER area. The target for completion of this phase is still the end of February 2016. The final phase will be to complete the work on the North and South wings of 2<sup>nd</sup> and 3<sup>rd</sup> floor acute, with June 1, 2016 as the overall project completion date targeted.

### Behavioral Health

Angie Hoyt and Miriam Mindeman from Behavioral Health Services will assist West Prairie High School in hosting a SEL (Social Emotional Learning) Retreat for students in 9<sup>th</sup> through 12<sup>th</sup> grades on Friday, November 13<sup>th</sup>. The goal is to meet the Child Mental Health Act mandates and address the Illinois Social Emotional Learning Standards. Miriam and Angie will present on the topic: “Assertive Communication in Bullying & Conflict Resolution”.

### Public Relations Report

Public Relations & Marketing Report for Activities within the month of October 2015

### Website and Social Media

During October there were 18,257 home page visit (+900 from August), 3,138 career views and 9,473 calendar views.

The MDH Facebook page is now at over 1,120 likes, while Twitter has increased to over 230 followers. Information promoted in October on Social Media included; flu clinic schedule, breast cancer awareness month and MDH program and participation, job of the week, Sports Medicine & Rehabilitation Services, Apple

Award, Western Illinois Homecoming parade and Halloween safety tips.

### News media

October news included the promotion of the Breast Cancer program with speakers Dr. Ron Rigdon and Radiology Leader Tim Tyler, First Aid and CPR Class, Health-Full living program, Flu shot clinics provided by MDH Home Health, and Childbirth & Infant Care classes.

### Advertising/Marketing

New commercial spots are running for Sports Medicine & Rehabilitation Services in their new area on third floor and a general MDH spot was also shot. General MDH spot running at WIU football games on the video board. Orthopedics and Sports Medicine, radio spots running during all sporting events, high school and WIU. Other October advertising included; senior behavioral health, home health & hospice, orthopedics, breast cancer awareness, radiology mammography advertising, Dr. Smith and Dr. Zhang.

### Other

Participated in the Western Illinois Homecoming parade, throwing out footballs and sponsoring the Football game. Sold “Think Pink....Now What” t-shirts for employees to wear on Friday’s during October, money raised went to the Foundation’s capital campaign.

### Foundation Report

This report reflects activity held within the month of October.

### Annual Support

In October, \$25,201.94 was received and \$102,500.00 was pledged for a total of \$127,701.94 raised; 187 gifts and 19 memorials were processed. Some of the areas receiving support include: Dolores Kator Switzer (DKS) Women’s Center, Festival of Trees, Emergency Services Expansion, Golf Tournament, PROS and Carolyn J. Baumann Nursing Scholarship.

### Century Club (CC) Drive

A second renewal notice was mailed to the remaining 55 individuals who have yet to make their annual CC donation of \$100 to \$999. To date, nearly \$15,000 has been received in support of the DKSWC.

## PROS

Plans continue for the renovation of the Employee Fitness Center. The flooring has been chosen, layout/design complete, equipment ordered, and lighting/vent replacement requisitioned. A local contractor has evaluated the space and is working on a quote.

### Festival of Trees (Nov. 30/Dec. 3-7)

The Festival brochure and sponsorship materials were mailed and the special events liquor license approved by City Council. Items for the 15 themed gift baskets are being collected for the silent auction and 32 tree decorators have committed. To date, FOT has raised \$20,000 to benefit the future DKS Women’s Center. The next meeting is scheduled for November 5.

### Year End Appeal

An appeal letter was written and DKSWC campaign brochures and giving envelopes were printed. The year-end mailing to approximately 1,500 individuals is scheduled to be in homes the week of November 9. Funds raised will support the DKSWC.

### DKSWC Capital Campaign

To date, a total of \$3,070,000 has been raised for the DKSWC Campaign. Grants for Pella Rolscreen, DOT Foods and Fellheimer Trust were submitted. A total of 11 businesses and 12 individuals have been met with and asked to support the project with a potential naming opportunity. Citizens Bank has pledged \$100,000 to the DKSWC with naming rights to the OB Waiting Room and Imaging Center Waiting Room. During breast cancer awareness month, the MDH Radiology “Think Pink Now What?” t-shirt sales raised \$1,000. The next meeting is scheduled for January 13.

### Golden Apple Society

The committee met on October 8 and continues to recruit new members. A sub-committee was formed to plan for the February 4 Recognition Reception to be held at the Macomb Country Club.

## Planned Gifts

A meeting was held on October 7. Committee members brainstormed planned giving articles for the next issue of Generosity Inspires as well as decided to include gift options/explanations to accompany the article.

## Foundation Board

The Foundation Board met on October 14. Financial, investment and committee reports were given; and Conflict of Interest policy forms were approved and signed by all board members. The annual audit and federal/state tax returns were approved and filed with no discrepancies. The next Board meeting will be held on January 13.

## Community Support

Bushnell Pink Warriors donated \$3,000 to Linda's Fund from their Drag Show Contest and t-shirt sales. WIU Leathernecks Softball Home Run Derby raised \$353 for Linda's Fund.

## December Meetings Calendar

### Wednesday, December 2

Quality Council, 1:30 PM, TFBR

### Monday, December 7

Department of Surgery, 12:00 PM, Auditorium B

### Wednesday, December 9

PHO Office Managers, 12:00 PM, PDR

### Friday, December 11

Executive Committee, 12:00 PM, PDR

### Wednesday, December 16

PHO Board of Directors, 12:00 PM, PDR

### Thursday, December 17

Tumor Board, 12:00 PM, Auditorium A/B

### Friday, December 18

Medical Staff Quality Improvement, 12:00 PM, TFBR

### Monday, December 21

Board of Directors, 5:30 PM, TFBR

### Tuesday, December 22

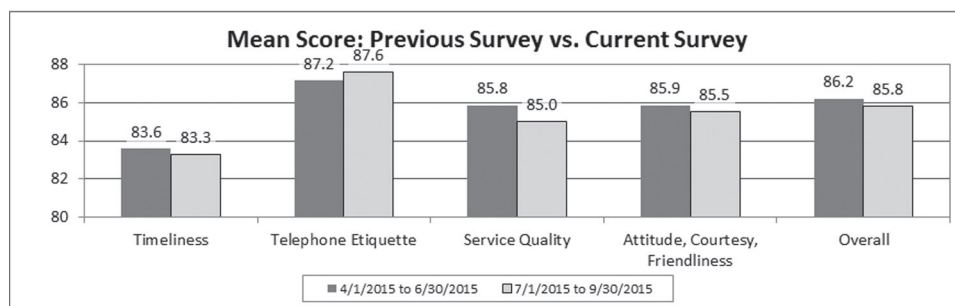
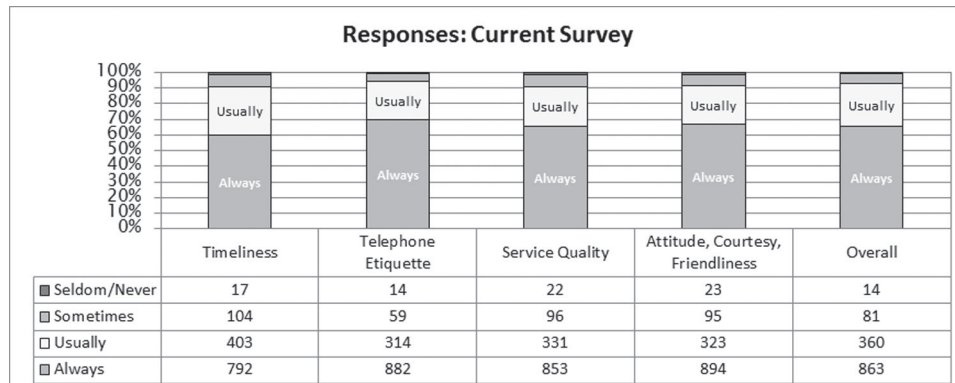
MMG Governance Council, 5:30 PM, TFBR

## Interdepartmental Satisfaction Survey

Organization-wide IDS Results  
268 Surveys Completed this Quarter!  
Overall Mean Score = 85.8

Department specific results and comments were distributed to department leaders October 26.

Survey Period: October 1 – 15, 2015  
Rating Period: July 1 – September 30, 2015



## Angel Tree

MDH is having an Angel Tree again this year. The "angels" have the names of nursing home residents and Mosaic residents who have no one to remember them with a gift during the holidays. Gift suggestions for each person are included on the angel.

To join in the giving, simply pick an angel from the choices in Human Resources, purchase a gift for that person and return the wrapped gift by Friday, December 4. This date ensures the gifts reach the residents' before the holiday parties.



## We want you to "Name the Cafeteria"

Step 1: Brainstorm for ideas

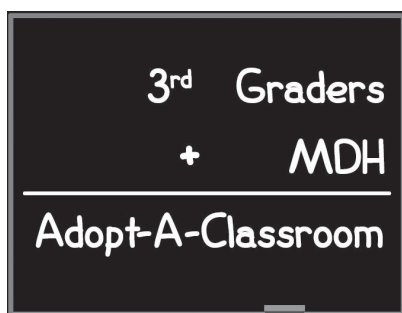
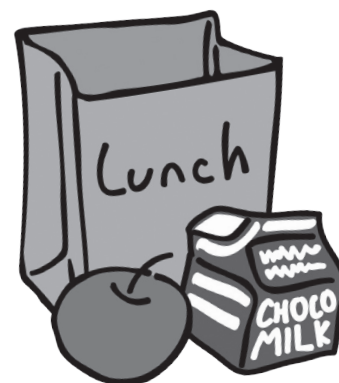
Step 2: Submit fun, creative suggestions

Step 3: Vote on your favorite submission

Go to the Intranet to submit your suggestion by November 20.

Top 5 submissions will be chosen. Vote for your favorite out of the top 5.

A link will be sent out for voting to take place November 30-December 7.

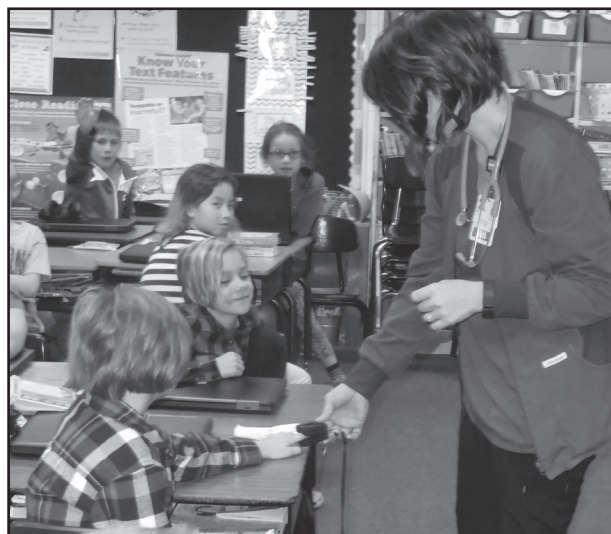


*Each month during the school year McDonough District Hospital participates in the Adopt-A-Classroom program. This year MDH has adopted Mrs. Linda Poore's 3<sup>rd</sup> grade students at Lincoln School. A representative from MDH visits the classroom to educate students about various departments at the hospital.*

### Acute Care

**Jessica Thorman**, RN with MDH Acute Care, talked with the students about the care a pediatric patient would get in Acute Care. She showed healthcare items such as a pediatric stethoscope, pulse oximeter, blood pressure cuffs and Buzzy the Bee. Buzzy is used to decrease pain from needle sticks through a combination of cold and vibration. The students asked many questions and shared personal experiences as a patient in the hospital.

The students received mini footballs as a souvenir.



Answer from eye spy is: 7 total

*10<sup>th</sup> Annual McDonough District Hospital*

# ***Festival of Trees***

## ***Teddy Bear T "Ladies Night Out"***

Monday, December 1, 5:00-7:00 PM  
Magnolia's, 130 N. Lafayette, Macomb  
\$15 per person and one new teddy bear  
(or stuffed animal)



## ***Festival of Trees Illumination Gala***

Thursday, December 3, 6:30-8:30 PM  
West Central Illinois Arts Center  
\$40 per person, ticketed event

## ***Festival of Trees***

Friday, December 4, 4:00-8:00 PM  
Saturday, December 5, 9:00 AM-5:00 PM  
Sunday, December 6, Noon-5:00 PM  
Monday, December 7, 9:00 AM-4:00 PM  
West Central Illinois Arts Center

## ***Entertainment***

Friday: 6:00-8:00 PM  
*Frosty the Snowman* Story Time  
Saturday:  
10:00 AM-Noon - Ukulele Macomb  
3:00-4:00 PM -Sondra Mosley, pianist

**Funds raised benefit the future Dolores Kator Switzer Women's Center.  
For more information visit [www.mdh.org](http://www.mdh.org)**



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