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McDonough District Hospital
Employee Newsletter

Making Rounds

May 30, 2018 • www.MDH.org



**MDH is proud to announce another
'A' grade for patient safety from
The Leapfrog Group**



CONGRATULATIONS TO OUR TEAM

"Earning The Leapfrog Group's 'A' grade for patient safety last fall demonstrated our entire hospital staff's focus and dedication to our patients. No one became complacent after receiving that honor. I'm extremely proud of our staff working even harder to make sure we repeated our 'A' grade this spring," said MDH President/CEO Kenny Boyd. "This is a prestigious recognition from The Leapfrog Group. A thorough evaluation of our entire health care unit, resulting in our second consecutive 'A' grade, is something every MDH employee should be proud to be associated with."

MDH Core Values

Honesty and Integrity • Respect • Exceptional Service • Commitment to Excellence • Teamwork

MDH Hotline

Do you have a compliance concern you need to share confidentially? Remember the MDH Hotline is available at (309) 836-1630.

Next Deadline

The next *Making Rounds* deadline is NOON on **Tuesday, June 19**. Please submit your information, articles, Thank You notes, recipes, achievements, etc., to Public Relations.

To view the May 2018 MDH Board Report, go to the Intranet and click on Departments → Administration

Moving Around

Loni Baker is an Office Assistant at Bushnell Family Clinic. Loni previously worked as a Behavioral Health Services Secretary.

Dominique Dickerson is a Communications Operator after previously working for Public Safety.

Danielle Jones-Koile transferred from a Home Health Registered Nurse to a Pain Management Clinic RN.

Stephanie Lotz will be working as a Laboratory Phlebotomist in addition to her role as a Cardiopulmonary Medical Assistant.

Katie Morrison is a Respiratory Therapist in Cardiopulmonary. Katie formerly worked as a Cardio Technician for the department.

Cheri Nichols is a Secretary in Behavioral Health Services after working as a Laboratory Secretary.

Christy Savage is a Laboratory Secretary after working as a Phlebotomist for the department.

Job Opportunities



<u>POSITIONS</u>	<u>DEPARTMENT</u>	<u>SHIFT</u>	<u>STATUS</u>
Accounting Assistant	Fiscal Services	8a-4:30p	Full-time
Clerk I	HIM	Days	Full-time
Office Assistant	Family Clinic	Days	Full-time
Unit Secretary	Acute Care	Variable	24 hrs/wk
RN	ICU	7a-7:30p	Full-time
RN	Post Anesthesia Recovery	7a-3:30p	24 hrs/wk
CNA	Senior Behavioral Health	7p-7:30a	Full-time
CNA	Senior Behavioral Health	7a-7:30p	Full-time
CNA	Acute Care	7p-7:30a	Full-time
CNA	Home Health Nurse Aide	8a-4:30p	24 hrs/wk
Medical Assistant	Convenient Care	Days	Full-time
Medical Assistant	Family Clinic	Days	Full-time
Medical Assistant	MMG	Days	Full-time
Medical Assistant	OB/GYN Clinic	Days	Full-time
OR Tech	Operating Room	7a-3:30p	Full-time
PBX Operator	Communications	Variable	Registry
Ambulatory Clinic Analyst	Information Systems	Days	Full-time
BHS Specialist	Behavioral Health Services	Evening	Registry
Gynecologist	OB/GYN Clinic		Full-time
Hospital Clinical Analyst	Information Systems	Days	Full-time
MT(ASCP)	Laboratory	Variable	Registry
Polysomnographic Tech	Cardiopulmonary	7p-7:30a	Registry
Respiratory Therapist	Cardiopulmonary	Variable	Registry
Social Services Associate	Advocacy Services	8a-4:30p	24 hrs/wk

Full list also available online at www.MDH.org

As of May 18, 2018

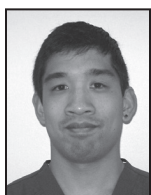
Out & About

President/CEO Kenny Boyd presented "What's Happening at MDH" followed by Q&A to 79 area business leaders and government officials on April 25/26 at Spoon River College Outreach Center.



New Faces at MDH

MDH Welcomes New Employees



Josh Adaya

Josh is a Registered Nurse for Emergency Services. He is originally from Oswego and enjoys working out and cars.



Nicole Campbell

Nicole is a Float Office Assistant for MMG Administration. She is from Oakdale, California and is married to James.

They have two children: Isabelle and Leonardo. Nicole enjoys grilling, reading and playing outside with her children.



Cammie Carlson

Cammie is a Housekeeping Aide in Environmental Services. She is from Iowa.



Toni Carson

Toni is a Patient Care Technician for Emergency Services. She is from Bushnell and is married to Brad. They have two

children: Tyler and Caitlin. Toni enjoys riding motorcycles and camping.



Donna Czulno

Donna is an Agency Registered Nurse for Intensive Care Unit. She is from Mapleton and has two children: Gabriel and

Miley.



Alan DelaRosa

Alan is an Agency MT(ASCP) for Laboratory Services. He is from Alaska and enjoys volleyball, running, and cooking.



Mackenzie Derry

Mackenzie is a Unit Secretary for Home Health. She is from Colchester and is married to Justin.

Mackenzie enjoys reading, puzzles and being outside.



Stephanie Ellis

Stephanie is an Aide in Food/Nutrition Services. She is from Macomb and has five children:

Kesi, Xavier, Evis,

Terryana and J-Ruth. Stephanie enjoys crocheting, reading and spending time with her children.



Randy Eyler

Randy is a Respiratory Therapist for Cardiopulmonary. He is from Monmouth and is married to Teresa. They

have two children: Kate and Jenny. Randy enjoys gardening and fantasy football.



Tenika Flowers-Uwalaka

Tenika is a Recreation Therapist in Senior Behavioral Health. She is from Chicago and

is married to Eze. They have three children: Ananda, Josiah and Adaeze. Tenika enjoys reading and watching movies.



Lee Ann Grafton

Lee Ann is a Catering Manager in Food/Nutrition Services.



Calaura Hockings

Calaura is a Food Service Aide in Food/Nutrition Services. She is from Manlius and enjoys music and spending time with family and friends.



Jami Kirkham

Jami is a Registered Nurse for Home Health. She is from Quincy and is married to Clint. They have five children: Kelsie,

Gage, Cayden, Cole and Caydee.

Jami enjoys kids' sports, crafting and watching her husband's races.



Michelle O'Hara

Michelle is an Agency Registered Nurse for Emergency Services. She is from California and has three children: Katie,

Roanan and Darby. Michelle enjoys traveling.



Dawn Oliver

Dawn is a Housekeeping Aide in Environmental Services. She enjoys helping people, fishing, camping and bonfires.



Kady Rehder

Kady is a Housekeeping Aide in Environmental Services. She is from California and enjoys reading, biking and

walking.



Michelle Males-Root

Michelle is a Food Service Aide in Food/Nutrition Services. She is from Arizona and is married to Thad. They

have two children: Vanessa and Joseph.



Sarah Skiles

Sarah is a Registered Nurse for Home Health. She is from Industry and has three children: Madelyn, Jackson and

Hudson. Sarah enjoys spending time outside, sporting events with her children, exercising and spending time with her family.

**Scott Stolle**

Scott is an Aide in Food/Nutrition Services. He is from Normal and enjoys jogging, reading and writing.

**Melissa Taylor**

Melissa is an Agency Registered Nurse for Intensive Care Unit. She is from Macomb and enjoys sports (GO CUBS), shopping and volunteering.

**Laura Vonder Haar**

Laura is an Agency Registered Nurse for Intensive Care Unit. She is from Bolingbrook and is married to Ben. Laura enjoys playing soccer and lacrosse, traveling and spending time with family.

**DeAnna Voss**

DeAnna is a Certified Nursing Assistant in Senior Behavioral Health. She is from Yorkville and enjoys the outdoors.

**Sarah Westfall**

Sarah is a Certified Medical Assistant for Convenient Care. She is from Oquawka and has two children: Aiden and Carter. Sarah enjoys "mom" hobbies, naps and laundry.

**Bob Zotto**

Bob is a Contractor for Bio Med. He is from Chicago.

MDH Welcomes New Students**Amber Granderson**

Amber is a Student in Sports Medicine and Rehabilitation Services.

**Octavio Huerta**

Octavio is a Student in Surgery. He is from Chicago and enjoys autocross, mechanics and traveling.

**Meagan Murk**

Meagan is a Student in Emergency Services.

**Lanre Oni**

Lanre is a Student in MMG Administration. He is from Nigeria and is married to Omotola. They have one child, Toluwani. Lanre enjoys reading and playing soccer.

**Danielle VanCure**

Danielle is a Student in Sports Medicine and Rehabilitation Services.

MDH Welcomes New Interns**Adel Aljarid**

Adel is an Intern in Nuclear Medicine. He is from Saudi Arabia and is married to Randa. They have two children: Nawat and Gaith. Adel enjoys football.

**Maryam Almajhad**

Maryam is an Intern in Nuclear Medicine. She is from Saudi Arabia and is married to Adnan. They have three children: Hawra, Mohammed and Ayat.

**Justine Anderson**

Justine is an Intern in Outreach Services. She is from Macomb and is married to Devin. They have three children:

Aubrey, Kolby and Lane.

**McKenzie Belden**

McKenzie is a Phlebotomy Intern in Laboratory Services. She is from Augusta and enjoys hunting and

softball.

**Kimberly Crook**

Kimberly is a Medical Assistant Intern in MMG Administration. She is from Rushville and has one child, Taylor. Kimberly enjoys boating, being outdoors and spending time with family.

**Morgan Weirather**

Morgan is a Speech Pathologist Intern in Sports Medicine and Rehabilitation Services.

MDH Welcomes New Volunteers**Norah Alhawil**

Norah is from Saudi Arabia and likes to experience different cultures.

**Marisa Bethel**

Marisa is from Peoria and is a Social Worker major at Western Illinois University. She has a two year old Yorkie.

**William Reynolds**

William is from Colorado Springs and enjoys music and the radio.

MDH Says Goodbye

Kristine Bouril, Certified Nurse Assistant, SBH, 5/5/18

Autumn Clary, Certified Nurse Assistant, SBH, 4/22/18

Jordan Green, Officer, Public Safety, 4/30/18

Allison Hicks, Certified Nurse Assistant, SBH, 4/17/18

Kimberly Ives-Green, Certified Medical Assistant, Family Clinic, 5/11/18

Audra Kerr, Certified Medical Assistant, Acute Care, 4/19/18

Tracey Mowen, Secretary/Receptionist, Radiology, 5/11/18

Rebecca Peterson, Registered Nurse, ICU, 4/13/18

Blake Severs, Patient Care Technician, Emergency Services, 4/13/18

Rachel Swift, Certified Nurse Assistant, Acute Care, 4/28/18

Vincent Trolia, Officer, Public Safety, 4/30/18

Bhrea Watson, Physical Therapy Assistant, Sports Medicine and Rehabilitation Services, 5/4/18

Just Married



Tashina Cunningham and Jesse Carter were married on April 14. Tashina is a Clinic LPN at Family Clinic.

Kaila Spahn and Justin Rhoads were married on April 28. Kaila is a Registered Nurse in Acute Care.

Stork Landings

William and **Ashley Parks** are the proud parents of a baby boy, Ryder William. Ryder was born on April 15. Ashley is a Clinic RN for Family Clinic.

Progressive Agriculture Safety Day

The McDonough County Ag Safety Coalition hosted the annual Progressive Agriculture Safety Day on April 26 at the 4-H Center in Macomb. Approximately 215 fourth grade students and their teachers from the Bushnell-Prairie City, Edison, and St. Paul schools attended the event. The McDonough County Farm Bureau, McDonough District Hospital, McDonough County University of Illinois Extension, FFA members from the area high schools, the Sigma Alpha Sorority and Alpha Gamma Sigma Fraternity from WIU, and many other ag-related businesses and organizations played a major role in the Safety Day.

The following are the sessions that the students attended: Animal Safety, Ag Chemical Safety, Grain Safety, First Aid, Lawn Equipment Safety, Tractor and PTO Safety, Electrical Hazards: Live Line Demonstration, Sun Safety, Farm Equipment Safety, Safety Around Utilities, Weather Safety, and 911 – Know Your Location. A new session was added this year – Fire Safety was presented by the Macomb and Bushnell Fire Departments and it was very popular with the children. Each student went home with a goody bag filled with safety information and first aid kits donated by the McDonough District Hospital PROS. A delicious lunch for the presenters, teachers, and volunteers was prepared by Morrison Healthcare Services.

The McDonough County Ag Safety Coalition extends a very big thank you to everyone who helped make the Progressive Ag Safety Day a huge success. We appreciated all the area businesses who donated items or time to this program. The students really enjoyed this event and learned valuable safety skills they will use for a lifetime.

If you would like to know more about the McDonough County Ag Safety Coalition please contact Sarah Grant at the McDonough County Farm Bureau.



MVP Awards

Has someone done something special for you? Has this person gone above and beyond his or her normal duties to help you? Consider completing an MVP Thank You to show your appreciation.

MVP Award - \$50



Carley Brown (left)

MVP Thank Yous - \$25



Bev McFadden



Melody Slater (right)

Recognition for Outstanding Customer Service

For the month of April, the Service Excellence department at McDonough District Hospital would like to recognize and say thank you to **employees and physicians** for their outstanding customer service to patients.

The Press Ganey, Deyta (Hospice) and Patient Satisfaction surveys call attention to employees who demonstrate excellent customer service, according to Administrative Leader of Quality and Innovation Maggie Dubil. Individuals recognized receive a customer service *Thank You Certificate* and are nominated for the MVP award for their outstanding hard work.

Recognition for outstanding customer service goes to the following professionals:

Acute Care: **Dr. McPherson; Dr. Card; Keith Engel, RN**

Convenient Care: **Krystal Wagner, NP-C; Robyn Kilburn, Receptionist; Renee Houser-Anderson, CMA; Sandy Lambert, Clinic LPN**

Home Health: **Andrea Sears, CNA**

Laboratory: **Matt Kessler, Lab Assistant; Rondell Brockley, Phlebotomist**

McDonough Medical Group: **Dr. Ali and staff; Dr. Brody; Dr. Smith; Dr. Sparks and staff; Sharie Harden, CNM; Sue Adams, FNP-BC; Carrie Helle, NP-C; Kamie McKee, NP-C**

OB/GYN: **Dr. Smith; Lynn Crowell, RN; Stephanie McCleery, RN; Ashley Behymer, RN; Linda Greene, RN; Julie Elliott, RN**

Radiology: **Theresa Anderson, X-Ray Technician-RT**

Senior Behavioral Health: **Sarah Gossage, RN**

Sports Medicine and Rehabilitation Services: **Ashley Breeden, PT; Lori Fox, PTA; Amy Gaule, Athletic Trainer; Kaity Vancil, PT**

Surgical Services: **Dr. Brody; Dr. Biagini; Dr. Trost; Dr. Mitchell; Dr. Gonzales**

The **MDH Hospice Team** was also recognized in four Deyta surveys with words of recognition and acknowledgement for the compassionate and professional care provided to patients and their families:

"We were completely satisfied with the care given; and have much admiration for all the work, comfort, etc., you give your patients and their family members."

"The care was absolutely personal, professional, and caring."

"All help was wonderful."

Congratulations to those recognized in this article and thank you for your ongoing commitment to providing an exceptional patient experience!

Mental Health

What is mental health and why is it important?

Most people believe mental health illnesses are uncommon and happen to “someone else” but in reality, they are very common. **One in five** adults in the United States has a mental health illness. Mental illness can happen to anyone, regardless of status and gender. According to the National Institute of Health, mental health includes a person’s emotional, psychological, and social well-being (2017). Mental health affects how a person thinks, feels, and acts. Individuals can either learn to live with their mental illness or recover from their mental illness with proper care and treatment.



Different types of mental health illness

Currently there are 200 classified forms of mental illness. Mental health illness is broken down into these categories:

- sleeping disorders • eating disorders • personality disorders • anxiety disorders • depression

Sleeping disorders such as insomnia and hypersomnia can greatly affect quality of life and can lead to other mental health illness. Insomnia occurs in 10% of all Americans. Eating disorders are serious and often-fatal illnesses that can cause disturbances to a person’s eating behavior. Most people think of anorexia and bulimia when talking about eating disorders, but in fact, the most prominent eating disorder is obesity. Obesity is becoming an epidemic in the United States with childhood obesity and type 2 diabetes on a continuous rise. Personality disorders are when a pattern of an unhealthy way of thinking, acting, and functioning occur. A person with a personality disorder often has trouble relating to situations and people. When thinking of mental health most people think of personality disorders for causes of distress. Anxiety is normal in certain situations but a person with anxiety disorder is always overwhelmed with anxiety and it does not go away. Depression is a common but serious mood disorder, which can lead to inactivity, mood changes, and changes in daily activities like eating and working. (NIH, 2017).

Signs of mental health illness

All mental health illnesses have different signs and symptoms. Some of the symptoms of mental illness may overlap with another type, while other symptoms are very specific to one type. Overlapping of some symptoms can make it hard to diagnose. The best way for a diagnosis is to make an appointment with a psychologist, psychiatrist, or other mental health professional trained to diagnose and treat mental illness.

Resources

National alliance of mental illness. (2017). 9 ways to fight mental stigma. Retrieved from:

<https://www.nami.org/Blogs/NAMI-Blog/October-2017/9-Ways-to-Fight-Mental-Health-Stigma>

National institute of health. (2017). National institute of mental health: mental illness. Retrieved from:

<https://www.nimh.nih.gov/health/statistics/mental-illness.shtml>



McDonough District Hospital

Wellness Solutions

For Optimal Health and Performance

APPLE Winner April 2018



Linda Cremer

Please join in congratulating **Linda Cremer**, Section Head in Laboratory, on being named the recipient of the MDH APPLE Award for April 2018. APPLE stands for “Achieving outstanding Performance in Patient care, Leadership, Loyalty and Enthusiasm for MDH”.

Linda earned an associate’s degree from Black Hawk Junior College in Moline and a bachelor’s degree from Western Illinois University in Macomb. She attended Methodist Medical Center in Peoria and attained her Medical Technologist (ASCP) certification. She began her employment as a Medical Technologist (ASCP) in MDH Laboratory on August 31, 1981. Linda began overseeing the blood bank as a Section Head on March 29, 1987.

Linda is instrumental in assuring compliance with regulatory agencies. Linda has actively participated during inspections, as either the inspector or the inspected party, on dozens of occasions and is vital to ensuring continued compliance of regulatory requirements. She is very self-motivated in all aspects related to her career, including but not limited to furthering her education and understanding in her field and maintaining an impeccable safety track record for our laboratory’s blood bank department. In Laboratory Science; topics, techniques, and methodologies continue to evolve and change and Linda works very hard to grow with the industry. Linda is also exceptionally organized and is proud to maintain her department immaculately.

Linda’s attention to detail is beyond compare. She is meticulous and thorough when coordinating the validity of results. She pays attention to all aspects of laboratory testing from the pre-analytical, analytical, and post-analytical stages to maintain the highest level of quality in patient testing. Linda performs her job with excellent customer service and paramount communication. She is also an advocate for patient satisfaction and education. When we have a patient who is uneasy about the transfusion process, Linda passionately explains the process, the safety features we employ in the laboratory as well as the improvements in transfusion science that have evolved in the past three decades. She has a delightful bedside manner that leaves her patients feeling at ease with the process as well as confident and comfortable with her expertise as a transfusion specialist.

Linda is described by one of her nominators as a person who is very precise, organized, and knowledgeable. She is a great listener, and her input and suggestions are always well thought out and greatly appreciated. Linda always has a smile on her face and an upbeat attitude to match it. Linda has the ability to remain calm in all situations and ensures the blood bank is running in top notch condition. “MDH is blessed and very fortunate to have Linda,” states a nominator.

Linda and her husband, Jay, have three children: Jessica, Jon, and Jordan. Linda enjoys gardening, decorating, traveling, and riding motorcycles. She also enjoys spending time with her grandchildren.



Grateful Patient Program Recipients

A recent Grateful Patient recognized the **Acute Care staff** for wonderful and attentive care. In the Grateful Patient's own words, "The entire staff was always caring, kind and compassionate, offering their time, patience and knowledge in whatever their job."



Congratulations **Stefany Kendrick, RN** and **Kortney Burling, RN**. A recent Grateful Patient thanked them for their quick response, professionalism and compassion in an emergency situation. The Grateful Patient stated, "the ER Staff truly worked as a team and I had confidence in everyone."

Another Grateful Patient thanked **Dr. Kalinowska** for her quick response, professionalism and compassion in an emergency situation.



Cardiac Rehabilitation recently purchased two new treadmills with the Healing Hand - Grateful Patient gift they received.

To learn more about the Grateful Patient Program at MDH, please contact the Foundation office at (309) 836-1757.



Clauson joins Foundation Board

In April, MDH Board Member Scott Clauson joined the MDH Foundation Board of Directors. Clauson replaced former member Matt Reynolds.

Foundation Board Members

Kenneth T. Wright, President	Linda Cremer
Cathy Early, Secretary	Beau Ingledue
Kenny Boyd, Treasurer	Pam Kelso
Tom Claudon	Dr. George Roodhouse
J. Scott Clauson	



J. Scott Clauson

Save the Dates!

PROS Summer Block Party/
Membership Drive
June 13

MDH Golf Outing
September 8

Teddy Bear T
November 26, 5-7 p.m.

Jingle 'n Mingle
November 29, 6:30-8:30 p.m.

Festival of Trees
November 30 - December 3

Dolores Kator Switzer Women's Center

McDonough District Hospital finalizes plans for expansion

The investment in the future of healthcare for McDonough County and the surrounding area is underway at MDH. After three years of fundraising, MDH begins construction on the much-anticipated Dolores Kator Switzer Women's Center (DKSWC).

The MDH Board of Directors approved the revised plans and initial survey work has already started.

"Our vision for a Women's Center initially began several years ago. Dick Switzer wanted to honor his late wife Dolores Kator Switzer, and his generous donation jumpstarted our project. Others have been inspired by his donation, and between money donated and pledged to the Dolores Kator Switzer Women's Center project we can now begin to make this dream a reality," said MDH President and CEO Kenny Boyd. "Our work though is just beginning. We still have fundraising goals to meet. But thanks to the generosity of Dick Switzer and other individuals and businesses around the area, we can work to improve the lives of all women – no matter what their Obstetrics, Gynecological or diagnostic needs are - throughout west-central Illinois and the entire tri-states region."

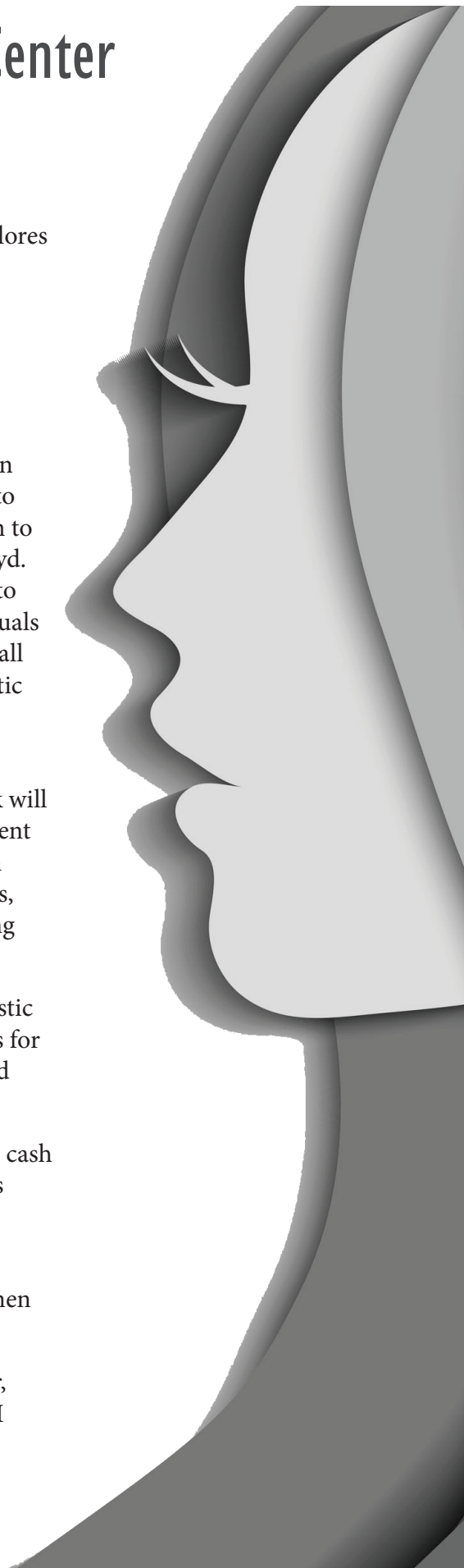
Currently, the OB and nursery area is located on the first floor. Work will begin on the second floor to temporarily accommodate the department during the renovation process then move back to the first floor upon completion. The plans will feature seven Obstetrics beds in six rooms, three Labor-Delivery-Recovery rooms, renovation to the OB/Imaging waiting rooms, Nursery area and Imaging center.

The Imaging component of the DKSWC expansion includes: diagnostic imaging, new waiting area, and expanding and remodeling the suites for 3-D digital mammography, stereotactic breast biopsy, ultrasound and bone density screenings.

Fundraising has already reached \$4.7 million, with \$3.6 million with cash on hand and another \$1.1 million in pledges. The total project cost is expected to run \$7.4 million.

"It's exciting to see the Women's Center project begin. Dick Switzer would be so proud to know Dolores is being honored to benefit women of all ages," said Vicky Kipling, Leader of the MDH Foundation.

For more information on the Dolores Kator Switzer Women's Center, or to donate to the project, log onto www.MDH.org or call the MDH Foundation Office at (309) 836-1757.



FLOOR WARS

RETURN OF THE PATIENT SCORES!



Get Your Quarterly Competition On!

- Unit with the highest “*Received Meals*” score at the end of each quarter wins!
- We will keep track and update floors weekly on how they are doing.
- Winning floor gets a pizza or ice cream party catered to their floor!

How can you help increase Meals scores?

- **Talk up your kitchen team.**
 - The Dietary team has great food and great options.
 - Stephanie will be by later to get your meals ordered, she is great!
 - Try the lasagna, I have had it and its great!
- **Help us keep our tray delivery times under 20.**
 - Have the patients sitting upright and trays out ready for meals.
 - Don't hold trays, if they are sleeping, giving birth, or just not ready, send it back, we will make them a fresh one!
- **Communicate everything you hear concerning diets and food.**
 - This helps us be in the know of what we should know.
 - Eliminates frustration from patients not getting what they want.

The meal scores are part of the overall MDH scores and higher scores from our department are directly correlated to happier patients and higher scores for your team!

June Calendar of Events



Chronic Pain Management Group

Mondays

1-2 p.m., Health Services Building 1 Auditorium

Pre-registration and screening required. 8-week group

Contact Behavioral Health Services at (309) 836-1582.

Anger Management

Tuesdays

3:30-5 p.m., Health Services Building 1 Auditorium

Pre-registration required.

Call Behavioral Health Services at (309) 836-1582.

Suicide Support Group

Monday, June 4

7-8 p.m., Health Services Building 1 Auditorium

Contact Behavioral Health Services at (309) 836-1582.

Community and Seniors' Day at Citizens

Thursday, June 7

8:30-10:30 a.m., Citizens Bank, Downtown Macomb

Topic: 60th Anniversary

Contact MDH Public Relations at (309) 836-1557.

Childbirth and Infant Care: Cesarean Section Class

Thursday, June 7

6-8 p.m., Auditorium B

Free. Pre-registration is required. For more information or to register call the MDH Obstetrics Department at (309) 836-1570.

Childbirth and Infant Care: Postpartum Care & Understanding Your Newborn

Thursday, June 14

6-8 p.m., Auditorium B

Pre-registration required. Call Obstetrics at (309) 836-1570.

Bereavement Support Group-New Horizons

Monday, June 18

3-4 p.m., Private Dining Room

For more information, call Hospice at (309) 836-1543.

Childbirth & Infant Care: 8 Hour "L.A.T.E." Class

Saturday, June 23

8 a.m.-4:30 p.m., Auditoriums A & B

Pre-registration required. Call Obstetrics at (309) 836-1570

June Meetings Calendar

Monday, June 4

Department of Surgery, 12 p.m., PDR

Tuesday, June 5

Credentials & Bylaws, 7 a.m., PDR

Friday, June 8

Executive Committee, 12 p.m., PDR

Monday, June 11

Special Board Meeting, 5 p.m., TFBR

Wednesday, June 13

PHO Office Managers, 12 p.m., PDR

Friday, June 15

Finance Committee, 7 a.m., TFBR

Monday, June 18

- Board of Directors, 5:30 p.m., TFBR
- Ethics Committee, 12 p.m., Auditorium B

Tuesday, June 19

MMG Governance Council, 5:30 p.m., TFBR

Wednesday, June 20

PHO Board of Directors, 12 p.m., PDR

Thursday, June 21

Tumor Board, 12 p.m., PDR

Wednesday, June 27

- PHO Physicians, 12 p.m., PDR
- Quality Council, 1:30 p.m., TFBR

Out of the Darkness Walk

Registration is now open for the 2018 Out of the Darkness Walk at www.macombwalk.org. Form or join a team, make a donation, or just save the date to save lives. This walk promotes positive mental health and supports survivors of suicide loss through the American Foundation for Suicide Prevention. Join us at Glenwood Park

Saturday, October 6, 2018
10:00 a.m.

...Benefit Break...

Take a minute to learn more about your benefits and other HR issues.

Pension Contributions for 2018

The 457B voluntary pension account has a maximum contribution amount that an employee can contribute in a calendar year.

According to the retirement plan regulations, the maximum contributions are:

\$18,500 for all contributors younger than 50 years old
 \$24,500 for contributors 50 or older
 \$37,000 for contributors within 3 years of retirement
 (some restrictions apply)

Please remember that these contributions can be on a pre-tax or post-tax basis. If you would like to increase your pension contribution to a new level and start saving more towards your retirement, please stop by Human Resources to complete a form.

If you have questions concerning this topic or any suggestions for future Benefit Breaks, please contact Human Resources at extension 13492.

A+ Achievement

Amber Depoy, RN in Surgical Services is being inducted into the Sigma Theta Tau International Honor Society of Nursing.

Membership is by invitation to baccalaureate and graduate nursing students, who demonstrate excellence in scholarship, and to nurse leaders exhibiting exceptional achievements. 61% of active members hold master's and/or doctoral degrees; 56% have a specialty certification; 48% are clinicians; and 40% have more than 15 years of work experience. More than 360,000 nurse scholars have been inducted into Sigma, making it the second largest nursing organization in the world with 530 chapters located on more than 700 college and university campuses in the United States and various countries.

Cassandra Wilcox, Scrub Tech in Surgical Services, passed the Certified Surgical Technologist examination.

The Surgical Technologist is an allied health professional responsible for various tasks pre, intra, and post operatively. They maintain asepsis during surgery, anticipating the surgeon's needs while remaining attentive to all aspects of the surgical procedure to ensure a safe environment for the patient. The certification requires continuing education and must be renewed every four years.



FATHER'S DAY

SALE
JUNE 15-17



TREAT DAD WITH GOODIES FROM THE GIFT GALLERY!
 ASSORTMENT OF GIFT ITEMS TO CHOOSE FROM.....

Receive 20% off
 Father's Day Items!

(Excludes fresh flowers, candy, greeting cards, magazines, newspapers, used books and stamps.)



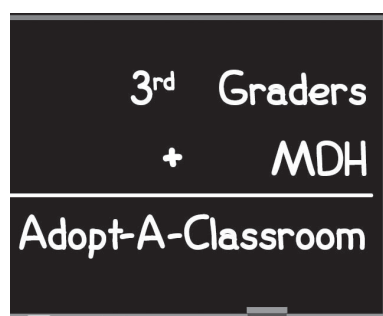
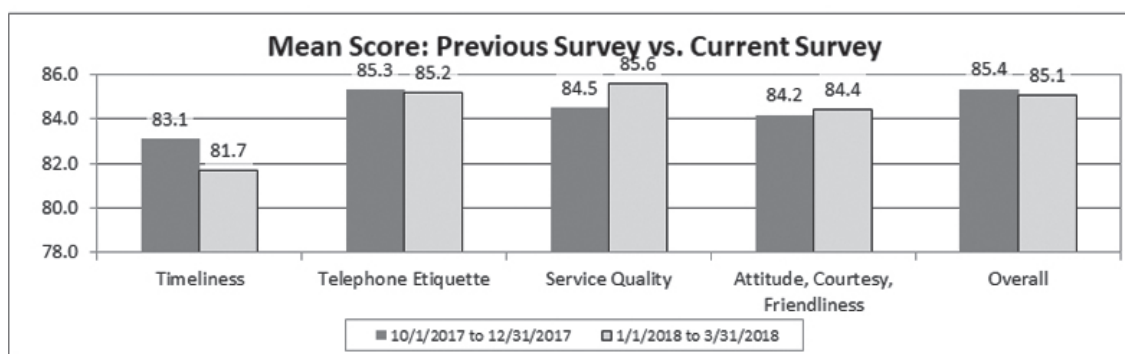
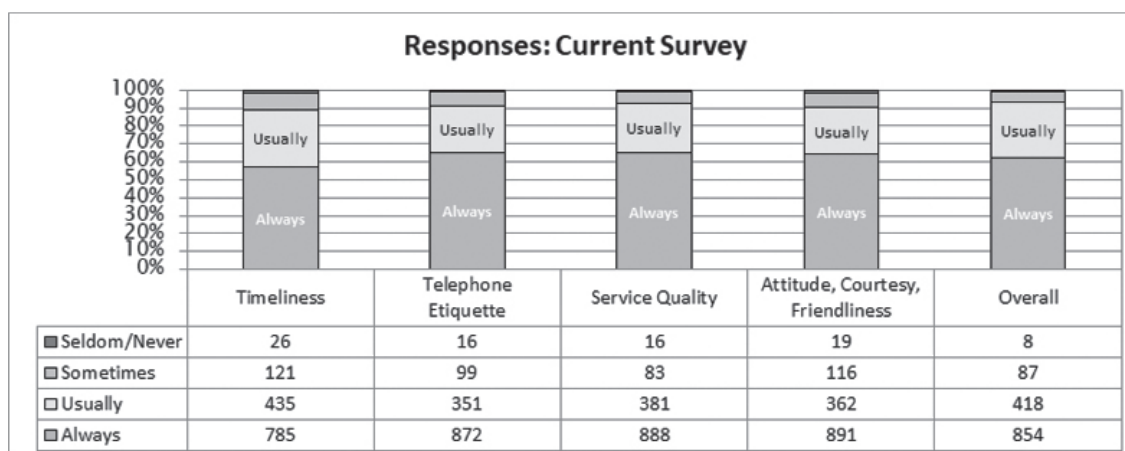
Interdepartmental Satisfaction Survey

Organization-wide IDS Results | 288 surveys were completed this quarter!

Overall mean score = 85.1

Interdepartmental Satisfaction Survey (IDS)

Survey Completion Period: 4/2/2018 to 4/16/2018 Rating Period: 1/1/2018 to 3/31/2018



Each month during the school year McDonough District Hospital participates in the Adopt-A-Classroom program. This year MDH has adopted Mrs. Linda Poore's 3rd grade students at Lincoln School. A representative from MDH visits the classroom to educate students about various departments at the hospital.

Outreach Services

Outreach Services Intern **Molly Cockerham** visited our Adopt-A-Classroom students in April. She presented a hand-washing demonstration so students learned the importance of proper hand hygiene. The students enjoyed seeing just how many germs our hands can accumulate, and how to properly wash them away. The class received a MDH mini flashlight for being a great audience!



National Hospital Week 2018 Highlights

MDH celebrated National Hospital Week May 6-12 with several activities. Employee festivities included: a cookout catered by Morrison; tasty cookies, cupcakes, and brownies; a successful Employee Blood Drive which surpassed our drive goal; over 500 scrumptious cinnamon rolls; and several guessing games. Free t-shirts were also given out in celebration of MDH's 60th Anniversary. Thank you to all who volunteered their time and service to make National Hospital Week special for employees. Also thank you to all employees who make this hospital as special as it is!



PROS DINER

Summer Block Party

**Wednesday
June 13**

11:00AM - 1:30PM

AUDITORIUMS A & B

5:00PM

TRAVELING CART

11:00PM

TRAVELING CART

*50's
Style*



Menu

**Steam Burgers
Chips
Veggie Cups
Root Beer Floats
Assorted Soda
Water**

Gifts

PROS

**Century
Club**

Food | Fun

Music

Brought to you by:

PROS

math

Raffle

This event is *free* to all MDH employees; physicians & staff; Morrison, Horizon and Crothall employees; board members and auxiliary/volunteers.

