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McDonough District Hospital
Employee Newsletter

Making Rounds

March 21, 2017 • www.mdh.org



Doctor's Day

March 30, 2017

Would you like to thank your provider for something special?

Here's your chance to tell them why!

- Visit www.mdh.org
- Click on the "Admire Your Provider" image on the homepage
- Fill out the form with your message
- Hit submit!



Colorectal Cancer

While Traveling with My Scope One Day – I'll Tell You What I Saw if I May?

Wednesday, March 29 | 6:00 PM

Auditoriums A & B, MDH



Timothy Biagini, MD*
Gastroenterology
GastroIllinoisHealth

James Gonzales, MD
General Surgery
McDonough Medical Group

Learn about:

- Diagnoses & treatment
- Preparing for a Colonoscopy
- Importance of a high-fiber diet
- Tour the MDH Endoscopy Suite

*Independent provider partnering with MDH

RSVP to MDH Outreach Services at (309) 836-1584.

Healthy hors d'oeuvres will be served.
Free Hemoccult-ICT test kits are available March 1 - April 28.

MDH Core Values

Honesty and Integrity • Respect • Exceptional Service • Commitment to Excellence • Teamwork

MDH Hotline

Do you have a compliance concern you need to share confidentially? Remember the MDH Hotline is available at (309) 836-1630.

Next Deadline

The next *Making Rounds* deadline is NOON on **Tuesday, April 11**. Please submit your information, articles, thank-you notes, recipes, achievements, etc., to Public Relations.

Moving Around

Susan Briggs is an Administrative Care Manager in Home Health after previously working as a Wound Care RN.

Bobbi Ellsworth is a Clinic Registered Nurse in Internal Medicine in addition to her role as Anti-Coagulation RN.

Tracy Iversen is a RN in Senior Behavioral Health after previously working as a Certified Nurse Assistant for the department.

MDH Says Goodbye

Larry Roberts, Aide, Day Health/ Volunteers, 3/6/17



Job Opportunities

<u>POSITIONS</u>	<u>DEPARTMENT</u>	<u>SHIFT</u>	<u>STATUS</u>
Scheduler	Centralized Scheduling	11a-7:30p	24 hrs/wk
Secretary/Receptionist	OB/GYN Clinic	8a-5p	Full-time
Unit Secretary	Acute Care	7p-7:30a	Full-time
Department Leader	Information Systems	Days	Full-time
Department Leader	Laboratory	Days	Full-time
Clinic LPN or RN	Internal Medicine	8a-5p	Full-time
Clinic LPN	OB/GYN Clinic	8a-5p	Full-time
House Supervisor Nonex	Nursing Support	7p-7:30a	Registry
RN	Intensive Care Unit	7a-7:30p	Full-time
RN	Intensive Care Unit	7p-7:30a	Full-time
Infection Control RN	Quality & Innovation	7:30a-4p	24 hrs/wk
Informatics RN	Information Systems	7a-3:30p	Full-time
Nurse Practitioner	Psychiatry Clinic	Days	Full-time
RN	Senior Behavioral Health	7p-7:30a	24 hrs/wk
RN	Senior Behavioral Health	7p-7:30a	Full-time
RN	Senior Behavioral Health	7p-7:30a	Full-time
RN	Senior Behavioral Health	7p-7:30a	Full-time
RN	Senior Behavioral Health	7a-7:30p	24 hrs/wk
RN	Acute Care	7p-7:30a	Full-time
RN	Emergency Department	Days	24 hrs/wk
RN	Emergency Department	7p-7:30a	Full-time
RN	Obstetrics	Variable	24 hrs/wk
RN	Utilization Review	7a-4:30p	Full-time
RN	Utilization Review	Days	Registry
RN	Wound Care	Days	Full-time
CNA	Acute Care	Variable	Registry
Medical Assistant	ENT Clinic	Days	Full-time
Paramedic	Ambulance	Variable	Registry
Paramedic	Ambulance	Variable	Full-time
Appl/Security Analyst	Information Systems	8:30a-5p	Full-time
Clinic Supervisor	McDonough Med Group	8a-5p	Full-time
LAN Administrator	Information Systems	Days	Full-time
MT(ASCP)	Laboratory	Variable	Full-time
Occupational Therapist	Sports Medicine and Rehabilitation Services	Days	Full-time
Pharmacist	Pharmacy	10:30a-7p	Full-time
Pharmacist	Pharmacy	Variable	Registry
Physician-Family Practice	Pediatric Clinic	Days	Full-time
Speech Pathologist Nonex	Sports Medicine and Rehabilitation Services	Days	Full-time

Full list also available online at www.mdh.org

As of March 14, 2017

Easter Sale

April 13, 14 & 15

Pick an Egg and Receive
10%, 20% or 30%
off final purchase!

Excludes fresh flowers, candy,
greeting cards, magazines,
newspapers, used books and stamps.

New Faces at MDH

MDH Welcomes New Employees



Lorie Buchanan

Lorie is a Registered Nurse in Senior Behavioral Health. She is originally from Brown County and has two

children; Leeann and Lauren. She enjoys gardening and motorcycles.



Carmela Morris

Carmela is a Registered Nurse for Senior Behavioral Health. She is originally from Prairie City and is married to

Michal. She has two children; Ian and Ivan.



Sara Parker

Sara is a Certified Nurse Assistant for Acute Care. She is originally from Colchester and has a daughter, Brooklyn.



Angie Taylor

Angie is an Agency Registered Nurse for Senior Behavioral Health.



Dalton Taylor

Dalton is a Registered Nurse in Emergency Services. He is originally from Astoria and has one son, Aidan.



Desiray Taylor

Desiray is a Registered Nurse for Home Health Care. She is originally from Macomb and is married to Jason. They

have two children, Hayden and Braylen.



Haley VanDyke

Haley is an Account Assistant for Fiscal Services. She is originally from Ipava. She is married to Jesse

and they have one child, Isaac.

Haley enjoys spending time with family and being outdoors.

MDH Welcomes New Volunteers



Paul Gast

Paul is interested in Electric Engineering, Circuit Design, Programming, Art/Drawing and

composing music.



Ayat Al-Jubran

Ayat is originally from Saudi Arabia. She is currently enrolled at Western Illinois University obtaining

her masters in biology. She enjoys reading, exercise and walking outside.



Roy Johlfs

Roy is retired from Pella Window in Macomb. He is a former Allstate Agent and is a graduate of

Western Illinois University. He is also a U.S. Navy Veteran. Roy enjoys tennis, pickleball, landscaping and handyman work.



Edward Peters

Ed graduated from Macomb High School and is retired from Western Illinois University and the U.S.

Army.



Julia Rasmussen

Julia is originally from Rockford and is attending Western Illinois University, pursuing a Master's

Degree in Kinesiology. Julia was a previous student athlete for Western Illinois Swim Team. In her spare time, she enjoys swimming and working out.



Terry Standard

Terry retired from MDH after 40+ years. He is a St. Louis Cardinals fan. In his spare time, he enjoys working with wood.

MDH Welcomes New Interns



Andrew Surro

Andrew is an Intern with Nuclear Medicine/Pathology.

A+ Achievement

Monique Ramsay, Clinical Assessment Coordinator in Senior Behavioral Health recently met all the requirements to become a Licensed Social Worker. Congratulations Monique!

Voluntary Benefits TV

The winner of the TV donated by the insurance company is **Jill Cook**, Foundation. Congratulations, Jill!



Hand Hygiene

Is There Such a Thing as Too Clean?



Germes are everywhere. They are within and on our bodies and on every surface you touch, but not all germs are bad. We need some of these germs to keep us healthy and our immune system strong. Your hands have good germs on them that your body needs to stay healthy. These germs live under the deeper layers of the skin.

Your hands can also have bad germs on them that make you and others sick. These germs live on the surface and are easily killed by the alcohol-based hand sanitizer or washed away by soap and water. Alcohol-based hand sanitizers are the most effective products for reducing the number of germs on the hands of healthcare providers. Antiseptic soaps and detergents are the next most effective and non-antimicrobial soaps are the least effective.

Wash with soap and water:

- When hands are visibly dirty
- After contact with blood or bodily fluids
- After known or suspected exposure to *Clostridium difficile* if your facility is experiencing an outbreak or higher endemic rates
- After known or suspected exposure to patients with infectious diarrhea during norovirus outbreaks
- If exposure to *Bacillus anthracis* is suspected or proven
- Before eating
- After using a restroom

Use an Alcohol-based hand sanitizer for everything else.

April Meetings Calendar

Monday, April 3

Department of Surgery, 12:00 PM, Auditorium B

Wednesday, April 5

Department of Obstetrics & Gynecology, 12:00 PM, Auditorium B

Tuesday, April 11

Credentials & Bylaws, 7:00 AM, PDR

Wednesday, April 12

PHO Office Managers, 12:00 PM, PDR

Thursday, April 13

Planning/Recruitment & Administrative Committee, 7:00 AM, TFBR

Friday, April 14

- Finance Committee, 7:00 AM, TFBR
- Exec Committee, 12:00 PM, PDR

Monday, April 17

Board of Directors, 5:30 PM, TFBR

Tuesday, April 18

Employed Physicians/MMG Governance Council, 5:30 PM, Auditorium A/B

Thursday, April 20

Tumor Board, 12:00 PM, Auditorium A/B

Friday, April 21

Medical Staff, 12:00 PM, Auditorium A/B

Wednesday, April 26

- PHO Physicians, 12:00 PM, PDR
- Quality Council, 1:30 PM, TFBR

Friday, April 28

Medical Staff Quality Improvement, 12:00 PM, TFBR

Traveling Trophy Awarded

Congratulations to Meagan Wohlfeil in Volunteer Services!

She was recognized for achieving the “highest” score on the January Interdepartmental Satisfaction Survey. Scoring 100% in all categories!

Pictured are (l-r): Sue Dexter and Meagan Wohlfeil



LifeSteps

MDH LifeSteps Employee Wellness Program is currently looking to hear from you! We want to get some feedback from you on what you would like to see from the program in the upcoming fiscal year:

- What wellness activities do you want to see points for?
- What kind of wellness challenges would you like to do?
- What type of topics would you like to see for our Lunch & Learn Programs?
- Any other comments

All feedback can be sent to Stephanie Crockett, via email at slcrockett@mdh.org or by phone at extension 13803.

Don't Forget!

Your LifeSteps points must be entered into the New LifeSteps Portal (Manage Well) by the end of the day on April 14. Anything entered after that date will not be paid out! You only get paid for what you enter in by that quarter's deadline.

You will receive payment on the April 20 paycheck as long as you enter them in by the end of the day April 14.

The Cerner Advantage

We know electronic health records, EHR's, improve the quality, safety and efficiency of health care.

We want staff to have confirmation of how this is happening at MDH through our partnership with Cerner.

Therefore, each month in Making Rounds, the MDH/MMG Cerner resident experts will provide examples of information and data to help us all see the advantages of Cerner and a networked EHR.

Concurrent monitoring of core measure compliance was instituted in 2013 for the purpose of real time feedback to clinicians in order to increase patient safety and improve the quality of care for every patient, every time. Prior to Cerner, this data had to be retrieved manually.

Cerner has adopted this practice of concurrent monitoring in an electronic format. The Quality Tracking Board within Cerner has allowed MDH to efficiently and effortlessly track several core measures including VTE, Sepsis, and Immunizations in real time with a few simple clicks!



...Benefit Break...

Take a minute to learn more about your benefits and other HR issues.



College Savings Plan

Start saving for your children or grandchildren's education or even expenses for your own education conveniently through payroll deduction. MDH currently offers the BrightDirections program to employees. There are tax advantages to enrolling in a college savings plan.

To learn more about the savings fund, please schedule an appointment with the VALIC representative by contacting Human Resources at extension 13492.

For more general information about different options for saving for college, please refer to the following websites:

- www.savingforcollege.com
- www.collegesavings.org

If you have questions concerning this topic or any suggestions for future Benefit Breaks, please contact Human Resources at extension 13492.

APPLE Winner February 2017



Please join me in congratulating **Nichole Hyde**, Prep Aide in Post Anesthesia Recovery, on being named the recipient of the MDH APPLE Award for February 2017. APPLE stands for “Achieving outstanding Performance in Patient care, Leadership, Loyalty and Enthusiasm for MDH.”

Nichole has an Associates of Arts degree from Spoon River College in Canton and a Bachelor’s degree in Exercise Science from Western Illinois University. Nichole began working at McDonough District Hospital as a Prep Aide in Post Anesthesia Recovery on March 3, 2014.

Nichole Hyde

Nichole fulfills her prep aide expectations very well. She handles transporting patients, turning rooms over for the next patient, phone duties, paperwork and assisting RNs all with great ease.

She is always willing to help with projects and changes her schedule based on the hospital and patient needs. Nichole has also crosstrained to learn computer charges. She is very efficient and not scared to try new things. She is willing to do all that is asked of her. Nichole is well-liked by peers and is a good fit in the department. She is valued for her on-going contribution to the team and is always pleasant and willing to lend a hand.

Nichole is an active listener and very professional. She is courteous and kind to patients. She demonstrates a positive attitude and is respectful to others. Nichole does an exceptional job interacting with patients. She is a welcoming personality to patients and families. She is always cheerful and carries a smile.

Nichole has been an outstanding addition to the department and the hospital since day one. Her nominator explains that Nichole’s co-workers appreciate her respect for patients and their families and appreciate the caring demeanor that she has. “Nichole always has a smile on her face as well as a great sense of humor. You always know it’s going to be a good day when she is here!”

Nichole enjoys camping and being outdoors. She is a St. Louis Cardinal fan. She also enjoys Illinois basketball.



Stories from the Heart

It's the little things that count...

Recently our food and nutrition staff had the honor of taking care of a patient on our acute care floor that was bravely fighting cancer. The patient had little appetite and our food services staff inquired of the patient, “what sounds good? If you were at home what would you have to eat?” The patient said that stuffed mushrooms sounded great and so that is what the patient got. After the patient was discharged, one of the patient’s daughters returned and let the food services staff know how much the special service was appreciated. At that time, food service inquired on how the patient was doing and found out the patient had been transferred to hospice care. Food service then made up some stuffed mushrooms to take to the patient, but found out the patient had passed. The staff took the stuffed mushrooms to the patient’s family to serve to guests. The patient’s spouse let food service know how much this gesture was appreciated and how it was the talk of the group that this had been done. It’s the little things that count...

April Calendar of Events



Saturday "L.A.T.E." Childbirth Instruction Class

Saturday, April 1

8:00 AM-4:30 PM, Auditorium A & B

Pre-registration required. Call Obstetrics at (309) 836-1570.

Suicide Support Group

Monday, April 3

7:00-8:00 PM, Health Services Building 1 Auditorium

Contact Behavioral Health Services at (309) 836-1582.

Bereavement Support Group-New Horizons

Mondays, April 3 & 17

3:00-4:00 PM, Medical Arts Building, Conference Room

For more information, call Hospice at (309) 836-1543.

Chronic Pain Management Group

Mondays, 8 week session begins April 3

11:00 AM - 12:00 PM, Health Services Building 1,

Group Room, Lower level

Participants will explore how they have been affected by chronic pain and how they can deal more effectively with it.

Contact Behavioral Health Services at (309) 836-1582.

Breast Cancer Support Group

Tuesday, April 4

5:30 PM, Auditorium B

Topic: Breast Cancer Survivorship with Tammy Daily, APN with Illinois Cancer Care

Contact Outreach Services at (309) 836-1584.

Anger Management

Tuesdays

3:30-5:00 PM Health Services Building 1 Auditorium

Pre-registration required.

Call Behavioral Health Services at (309) 836-1582.

Community First Aid

Tuesday, April 4

6:00 PM, Auditorium A

Cost: \$32.00, Pre-registration required.

Contact Outreach Services at (309) 836-1584.

Seniors' Day at Citizens

Thursday, April 6

8:30-11:30 AM, Citizens Bank, Downtown Macomb

Topic: Care Coordination Services

Contact the MDH Family Clinic at (309) 837-6937.

Postpartum Care & Understanding Your Newborn

Thursday, April 6

7:00-9:00 PM, Auditorium B

Pre-registration required. Call Obstetrics at (309) 836-1570.

Divorcing Parents Education Program

Friday, April 7

1:00-5:00 PM, HSB 1 Auditorium

Cost: \$60.00 payable at session, Pre-registration required.

Contact Behavioral Health Services (309) 836-1582.

Community CPR Class

Tuesday, April 11

6:00 PM, Auditoriums A & B, Auxiliary workroom & conference room

Fee: \$32. Pre-registration required.

Contact MDH Outreach Services at (309) 836-1584.

Childbirth and Infant Care: Breastfeeding

Thursday, April 13

7:00-9:00 PM, Auditorium B

Pre-registration required. Call Obstetrics at (309) 836-1570.

LIFE Course: A Path to Balance

Wednesday, April 19

5:00 - 6:30 PM, MDH Sports Medicine & Rehabilitation Services, Third Floor; MDH

Focus on causes and disease processes related to balance loss, and review of treatment options and fall prevention tips. A second session, on the principles of stability-developing exercises and programs, will be held April 26 at Free Range Yoga and Community Wellness Center.

Cost \$10. Pre-registration required.

For more information or to register call (309) 298-1911.

Advanced Cardiac Life Support (ACLS) - Renewal

Tuesday, April 25

8:30 AM - 3:00 PM, Auditoriums A & B, Lower Level

Pre-registration is required. Fee: \$100 plus \$37 for the book. MDH employees may take the class for free with approval from their department leader.

Contact Staff Development at (309) 836-1654.

Auxiliary Book Fair

Thursday, April 27 8:00 AM - 5:00 PM, Auditoriums A & B

Friday, April 28 7:00 AM - 3:00 PM, Auditoriums A & B

Cash, checks, credit cards and payroll deduction accepted. All proceeds go to the Auxiliary Loans/Scholarship program.

Contact MDH Auxiliary at (309) 836-1579.

Childbirth & Infant Care: 4-Week "L.A.T.E." Class

Thursdays, April 27; May 4, 11 & 18

7:00-9:15 PM, Auditorium B, MDH

Class will meet one night a week for four weeks.

Pre-registration required. Call Obstetrics at (309) 836-1570.

Looking for Advice?

Dear Lucy,

I feel like I'm in a rut. I'm not very interested in much and I'm bored with my day-to-day life. When the kids are around I feel more upbeat, but lately they seem more interested in doing things with friends instead of spending time with me. When they're busy, I'm stuck at home and can't get motivated to do much. I spend a lot of time thinking about things I wish I had done differently and about opportunities I let slip by. Do you think I might be experiencing depression and could I benefit from medication?

Sincerely,

Stuck

Dear Stuck,

As winter winds down and spring hasn't quite sprung, it's not unusual for people to feel blah. I'm not sure if your symptoms reflect depression, but if this current state is much different than your usual self I would encourage you to have a conversation with your health care provider. Medication can be a helpful tool in coping with depression, but it's not a solution if what you're going through is simply a time of discouragement. Try implementing some changes in your life to see if things can improve. First, consider what you would be doing if you were feeling happy. If you would be involved with friends, community activities or a hobby, consider connecting with one of these things. I would also strongly urge you to remember to live in the here and now. Yesterday is gone so make the best of what we have now.

Adding exercise to your daily routine is very smart. Movement is like a natural antidepressant and it's free. Try to take a daily 15 minute brisk walk to bolster your mood.

Surround yourself with positive people. You can do this in person (consider an exercise buddy) or you can connect with friends on social media and also delete friends who tend to harp on the negative. Consider the act of giving to others with your time. There are numerous local agencies and charities looking for someone to volunteer. Simply sending kind messages to friends often makes us feel good as well. As for spending time with your children, appreciate the opportunities you have with them, but don't view them as responsible for your entertainment.

You also need to look at your way of thinking. If you view life with the belief the glass is half empty, that's how things will play out. The reality is life is not always fair and you can't always be in control, but this doesn't mean we can't feel positive. See the glass as half full. Remember no one is in charge of your happiness but you. Burn the candles, use the nice sheets and wear the fancy lingerie. Don't save these for a special occasion. Today is special.

Should you have more questions about this issue or any other mental health or addiction concern, please contact Behavioral Health Services at 836-1582.

Best regards,

Lucy

Recognition for Outstanding Customer Service

For the month of February the Service Excellence department at McDonough District Hospital would like to recognize and say thank you to **employees and physicians** for their outstanding customer service to patients.

The Press Ganey, Deyta (Hospice) and Senior Behavioral Health surveys call attention to employees who demonstrate excellent customer service, according to Administrative Leader of Quality and Innovation Maggie Goettsche. Individuals recognized receive a customer service *Thank You Certificate* and are nominated for the MVP award for their outstanding hard work.

Recognition for outstanding customer service goes to the following professionals:

Home Health: **Kathy Burton, RN; Darlene Row, RN**

McDonough Medical Group: **Dr. Card; Kamie McKee, NP-C; Dr. Jalil; Dr. Minter; Dr. Gonzales; Dr. Flores; Casey Roberts**, Certified Medical Assistant; **Dr. Ali; Sue Adams, FNP-BC**

Radiology: **Sue Hodges, RN**

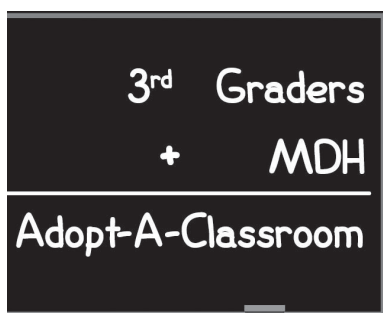
Sports Medicine and Rehabilitation Services: **Danelle Smith, PT**

Surgical Services: **Ashley Kessler, RN; Dr. Card; Dr. Ruiz**

The **MDH Hospice Clinical Team** was also recognized in two Deyta surveys with words of recognition and acknowledgement for the compassionate and professional care provided to patients and their families. Here is one comment:

“I want to thank every single person of hospice who cared for him. They did an outstanding job! Thank you!”

***Congratulations** to those recognized in this article and thank you for your ongoing commitment to providing an exceptional patient experience!*



Each month during the school year McDonough District Hospital participates in the Adopt-A-Classroom program. This year MDH has adopted Mrs. Linda Poore's 3rd grade students at Lincoln School. A representative from MDH visits the classroom to educate students about various departments at the hospital.

Sports Medicine and Rehabilitation Services/Cardiac Rehab

Alicia Ladd, Exercise Physiologist, visited the students to talk about heart health and how to prevent heart disease. The students learned that caring for your heart through a healthy diet and regular physical activity is the secret weapon to preventing heart disease. The class also learned how to find their pulse and how important it is to keep active. Alicia always enjoys this time of year because she loves working with kids and teaching them how important it is to take care of your body.

The students received MDH mini basketballs as a souvenir.



JOIN US!

Book Fair

Thursday and Friday, April 27 and 28

8:00AM - 5:00PM Thursday

7:00AM - 3:00PM Friday

McDonough District Hospital
Auditoriums A & B

Sponsored By:
McDonough District Hospital Auxiliary

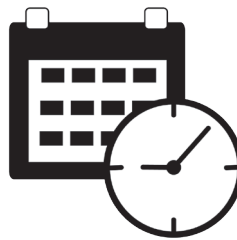
cash, checks, debit and credit
cards and payroll deduction for
employees accepted



Books Are Fun is now



Collective
Goods



*Effective
Monday, April 3*

NEW REGISTRATION HOURS

Monday – Friday 6:30AM - 6:00PM

Saturday 6:30AM - 12:30PM

Sunday Closed

Holidays 6:30 - 10:30AM

(Closed Thanksgiving and Christmas)

After regular hours patients should report to the
Emergency Room registration desk for assistance.

Your health is our first priority!

H	G	B	A	F	Q	E	S	O	W	I	R	T	A	A
K	G	S	O	M	L	H	F	W	F	P	A	Y	G	K
C	J	O	O	A	O	O	V	Q	M	A	I	R	S	S
N	E	O	O	W	K	V	W	E	B	K	N	S	B	V
B	L	F	E	U	N	S	D	E	M	G	B	L	K	G
B	F	R	X	I	E	U	I	Z	R	P	O	O	C	I
N	S	Y	Z	J	D	O	X	W	H	S	W	U	Q	Z
K	B	A	Z	K	S	P	A	N	C	H	S	L	K	H
S	S	Y	T	E	T	J	S	U	N	S	H	I	N	E
G	H	D	F	U	E	V	J	R	N	E	I	W	J	D
R	J	N	X	A	L	R	T	Q	B	R	E	S	O	A
G	N	I	R	P	S	I	B	L	W	F	Q	K	J	R
B	I	R	D	S	M	L	P	E	Z	P	E	A	Q	Q
N	T	G	Q	E	X	N	R	W	Y	N	N	V	P	J
Z	R	O	B	A	I	R	U	I	J	T	A	I	M	K

Word Search!

Can you find the following words?

SPRING

SUNSHINE

FRESH

SHOWERS

FLOWERS

BIRDS

BLOOM

TULIP

RAINBOW

BREEZY

Community Support



The WIU Big Pink volleyball competition held in October raised \$2,542.04 in support of the DKSWC project.

➤➤ MDH Hospice receives a \$30,006.37 bequest from Nelda L. Smith of Macomb.

DKSWC Support Continues

MTC Communications Pledges \$10,000 to MDH



MTC Communications has pledged \$10,000.00 toward the DKSWC at MDH. With this generous commitment, MTC will be recognized as Golden Apple level of the MDH Business Honor Roll giving club.

Pictured are (l-r): Bill Buchanan, MTC President; Jay Griswold, MTC CEO; Kenny Boyd, MDH President/CEO; Lanny Carson, MTC Board Chairman; and Jill Cook, MDH Foundation Assistant

Bounce for Breast Cancer Awareness



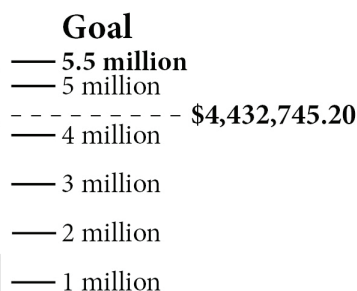
Linda's Fund received \$2,500 from the "Bounce for Breast Cancer Awareness" in October. The fundraiser hosted by the WIU Marketing Club challenged the campus and Macomb communities to bounce in commercial-sized bounce houses on the WIU campus. For nine hours, 70 four-person teams bounced with music, games and Chubby's food truck.

Linda's Fund was created in memory of Linda Bainter in October 2008 by her son, Vice President for Advancement and Public Services Brad Bainter and his wife WIU Alumni Programs Director Amy Spelman. Linda's Fund offers financial support to women in west central Illinois who are diagnosed with breast cancer and are using the services of McDonough District Hospital.

Grants Received

Leighty Foundation	\$10,000
Russell R. Dohner Foundation	\$10,000

DKSWC



President's Report

The MDH Board of Directors met March 20. Here is Mr. Boyd's report to the Board for the accounting period of February 21 - March 20, 2017.



Quality

Service Excellence

Service Excellence developed and presented patient experience and satisfaction performance improvement plans for the Emergency Department and Convenient Care Clinic. Kenny introduced the improvement plans during staff meetings and explained the necessity of improving how we relate and communicate with patients by focusing on caring behaviors, empathy, teamwork and department culture.

Service Excellence will be leading the performance improvement initiatives, which include one-to-one feedback sessions with staff, simulation training for cultivating compassion and empathy with the prevailing theme of Every Patient, Every Time. Additional training is planned over the next several months related to teamwork, crucial conversations, and stress management.

Infection Control

Infection Control is kicking off refresher education on the "It Takes Two" hand hygiene program that began in 2015. Education includes Making Rounds articles, posting on bulletin board and attendance at staff meetings. The hand hygiene program promotes staff taking an active part in helping each remember to wash their hands, by saying "It Takes Two". Promoting this culture of safety will further protect our patients and staff by stopping transmission of pathogens carried on the hands of healthcare workers.

Patient Safety

As a member of the Midwest Alliance

for Patient Safety (MAPS) Patient Safety Organization (PSO), MDH has been provided with educational information to improve patient safety through learning events and tools. MDH attended the Falls Safe Table in March which showcased the work of Dr. Patricia Dykes and her team. Additionally, MDH was provided with a performance report to help identify areas of opportunity to enhance patient safety throughout the organization.

- MDH has joined the Michigan, Illinois and Wisconsin Hospitals Partner for Quality Improvement Program: Hospital Improvement Innovation Network (HIIN). The HIIN Starter Packs are now available and intended to meet our immediate needs by jumpstarting our current improvement efforts. Gap analyses have been conducted to identify areas of opportunity related to falls and pressure ulcers. MRSA, CDI and post-operative sepsis gap analyses are scheduled to take place over the next four to six weeks.
- The Pressure Ulcer Prevention team is leveraging the resources from the HIIN to improve patient safety related to hospital acquired pressure ulcers. The implementation of a new rule was added to the electronic health record so that all patients who have a low Braden automatically receive a wound care nurse referral on admission. Additionally, the utilization of sacral Mepilex dressings were discussed as a preventative method for patients who are on prolonged bed rest and are at increased risk as evident by their Braden score.

Projects

- Phlebotomy Wait Times: The project is moving to document the process changes into the standard procedures for the lab and registration. Final wait time results will be obtained before the project

closes. Monitoring of the wait times will continue for several months after the project closes.

- Report Processes: The goal is to accomplish two things by April 30, 2017: (1) verify charges for services rendered are accurate and complete and (2) establish standards for reports in Cerner. A standard List of Charges report was established. A few leaders were trained to audit the report with Excel. A draft report of audit findings was developed. Out of the 25 issues evaluated, 14 issues were attributed to Cerner configuration of ComWx; 6, MDH configuration of ComWx; 4, MDH workflow; and 1, Non-issue.
- Outpatient Lung Cancer Screening With Low Dose CT: By April 30, 2017, the goal is to implement and promote lung cancer screening so that three screenings occur monthly. Initial meeting occurred with established team. Cerner charging setup is underway.

Physician Recruitment/Retention

Physician, Advance Practice Provider Recruitment and Outreach Services - Update:

Hospitalist: We are currently in discussions with a practicing hospitalist candidate that is interested in a part-time opportunity. She is originally from the Chicago area and performed well as a locum tenens provider in January 2017. Our desire is to finalize the recruitment discussion by the end of March 2017.

OB/GYN: As we await final confirmation of Dr. Amerson's IL medical licensure, Dr. Amerson has been moving forward with several key community outreach activities, including meeting with medical staff members of Culbertson Memorial hospital in Rushville, IL, in addition to

orientation within several key areas of MDH. Our goal is having Dr. Amerson seeing patients beginning in April.

Pediatrics: Recently, CompHealth, one of our contingency recruitment firms, forwarded a practicing Pediatric candidate for consideration. Upon further review, we have decided to pass on this candidate. We are continuing to market this opportunity through in-house sourcing efforts and external recruiters at this time.

Psychiatry Nurse Practitioner:

Upon further follow up with a Psychiatric Nurse Practitioner candidate, we have decided to continue with the search. We are sourcing this opportunity through various web-site marketing as well as utilizing an outside recruitment firm.

Outreach Services

Community Outreach

Teepa Snow and Sonja Jones program(s) were received very well within the community. Participant feedback for both presenters has been very positive. We look forward to the upcoming Colorectal Cancer Prevention program, "While Traveling with My Scope One Day – I'll Tell You What I Saw if I May?" – with Drs. Tim Biagini and James Gonzales. This program is scheduled for Wednesday, March 29th at 6PM in Auditoriums A & B, Lower Level. Please RSVP by March 24 to MDH Outreach Services at 309/836-1584. Free Hemocult-ICT test kits are available until April 28, 2017 through MDH Outreach Services.

Provider Outreach

Drs. Smith and Amerson, as well as Dr. Wehner were some of the MDH highlighted key note speakers for the Macomb Rotary Club in February. Drs. Wehner & Zhang, as well as Jodi Heller, FNP represented MMG Family Clinic at the WIU Ag Mech Show.

Employer Outreach

Our partnership continues to grow with NTN Bower Corporation. Rehabilitation Services, Outreach Services, and MMG are working with representatives from NTN as they prepare to hire more employees. Adrian MacGregor and Chris Dace are working together on branding as well as growing the service offerings to NTN Bower and other future employers.

Information Systems

Cerner Update

The contract agreement with Cerner to move Dr. Mitchell on to our version of Cerner has been signed. We are working with Cerner implementation to get an appropriate timeline for the setup and cut over.

Dictation Speech Recognition Update

We are in a pilot review of the front end speech recognition application by Nuance called Dragon Medical One. This application would replace our current application by the name of iScribe. The providers participating in the pilot have all reported improved performance in the applications ability to accurately transcribe their notes and findings. We are in contract discussions with Cerner for the integration of this functionality with their application services as they are the local business partner to Nuance for this application.

Meaningful Use Attestation

The hospital has successfully completed the CMS Meaningful Use Attestation process for 2016.

Behavioral Health

A Suicide Survivor Support Group meets the first Monday of every month at 7PM, lower level HSB I.

Financial Performance

February 2017

We ended the month with a positive bottom line, \$37,828. The largest

dollar variance was in Emergency Services – down \$742K due to a 17.3% decrease in visits for the month and further exacerbated by a decline in the volume of CT procedures done through the ED. We are also working through some process issues with clinical documentation queries but are making some progress. Inpatient volumes (including OB) were generally negative. On the bright side, Swing Bed admissions continue to be positive and we had a really good month with Senior Behavioral Health Admissions at 21 compared to our 17 budget. Surgery volumes though were down due to some provider vacations. Deductions from revenue were down in response to our lower volumes. Expenses were above budget by 8.0% with the largest variance in employee benefits due to health insurance claims and in interest expense as we are now expensing the interest due to completion of the ED expansion project.

Public Relations Report

Public Relations & Marketing Report for Activities within the month of February 2017.

Website and Social Media

During February there were 18,427 home page visits, 3,320 career views and 8,432 calendar views.

The MDH Facebook page is now at over 1,586 likes, gaining 29 likes in February. Twitter has increased to over 320 followers. Information promoted on Social Media included: WIU Women's Basketball Think Pink game, Teepa Snow program, welcome reception for Dr. Amerson, Ag Mech show, Heart Program, Home Health and Hospice saluted as local heroes, Pain Management, MDH rated Top 100 Rural and Community Hospital, Sports Medicine & Rehabilitation Services, job of the week, Apple Award and more.

News media

February news included the following:

Continuing education programs with Teepa Snow, First Aid and CPR classes offered, MDH Recognized as "Top 100 Rural and Community Hospital", and free Colorectal Cancer test kits available throughout March.

Advertising/Marketing

Commercial spots are running for MMG Family Clinic, Sports Medicine & Rehabilitation Services, Home Health and general MDH spot. General radio spots include; Obstetrics & Gynecology Clinic, Pain Management Center, Orthopedics & Sports Medicine, Home Health and Family Clinic. Other February advertising included, Senior Behavioral Health, Home Health & Hospice, Orthopedics, Obstetrics & Gynecology Clinic, Pain Management Center, Family Clinic and Dr. Ali.

Other

Work began on the Spring issue of Vital Signs, which will be in homes the end of March. Public Relations, Outreach and MMG Family Clinic providers attended the Ag Mech show on February 11 & 12.

Foundation Report

This report reflects activity held within the month of February 2017.

Annual Support

In February, \$66,049.53 was received in cash and \$60,000 pledged for a total of \$126,049.53 raised; 238 gifts and 13 honor/memorials were processed. Some of the areas receiving support included: Acute Care, Hospice, Indigent Care, Linda's Fund, Pediatrics, and Surgery.

DKSWC Capital Campaign

As of the end of February, a total of \$4,411,502.20 had been raised toward the DKSWC Campaign goal of \$5.5M. A committee meeting was held on February 8. Brad Bainter and Amy Spelman pledged \$50,000 to reserve the Mammography Suite #1 in memory of Linda Bainter (Linda's Fund). NTN Bower Corporation pledged \$50,000 to reserve the Mammography Suite #2.

A \$10,000 grant was received from the Russell R. Dohner Foundation. The next meeting is April 12.

Business Honor Roll (BHR):

MTC Communications pledged \$10,000 and VALIC Financial Advisors donated \$5,000 to the DKSWC. Plans are underway for the BHR Recognition Reception on May 4.

Planned Gifts

A bequest was received from Nelda L. Smith for \$30,006.37 to Hospice.

Golden Apple Society

New Platinum level (\$20,000) members are Mark and Jill Whiteside! A meeting was held February 9 and the next is scheduled for April 6. The annual Recognition Reception held on February 2 at the Macomb Country Club hosted 76 members and recognized 22 new members in 2016.

PROS

Over 400 meals were served for the Big Game Party on February 3. A big thanks to Morrison Food Service for catering the event and to our many servers and volunteers! First Aid Kits were purchased for all 4th grade students attending the Farm Safety Day Camp in April. A meeting is scheduled for April 5.

Foundation Board

The next meeting is scheduled for April 12.

Community Support

Linda's Fund received \$2,500 from the "Bounce for Breast Cancer Awareness" fund-raiser hosted by the WIU Marketing Club.

MVP Awards

Has someone done something special for you? Has this person gone above and beyond his or her normal duties to help you? Consider completing an MVP Thank You to show your appreciation.

MVP Award - \$50

Casey Wilcox
Surgical Tech/Surgery



Casey Wilcox (Left)

MVP Thank Yous - \$25

Josie Bauer
Specialist/Behavioral Health



Josie Bauer

Mindy Pilat
RN/Acute Care



Mindy Pilat

Interdepartmental Satisfaction Survey

Organization-wide IDS Results

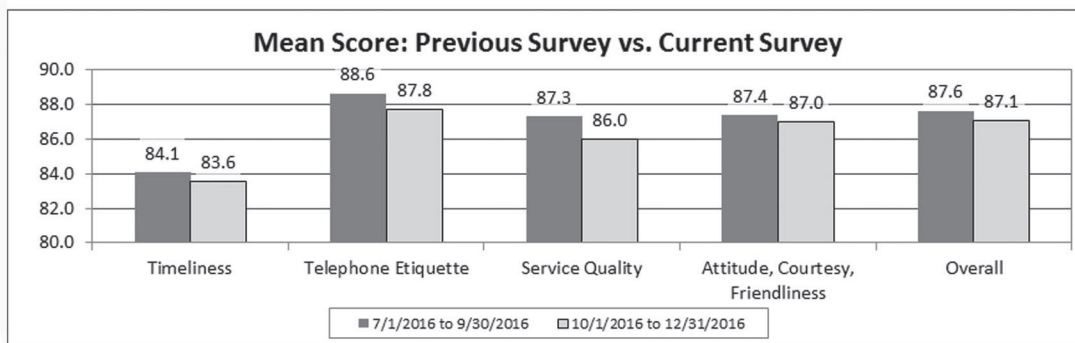
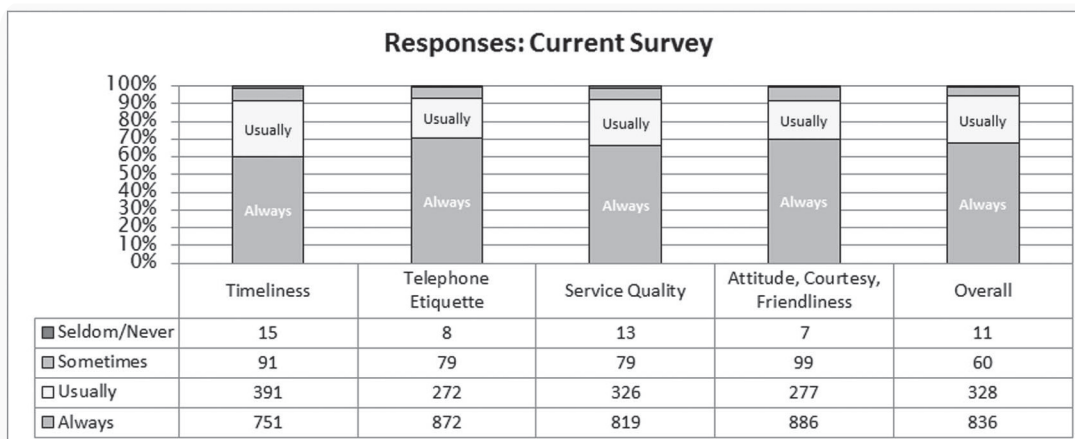
249 surveys were completed this quarter!

Overall mean score = 87.1

Individual department results and comments were distributed to department leaders February 10, 2017

Interdepartmental Satisfaction Survey (IDS)

Survey Completion Period: 1/16/2017 to 1/30/2017 Rating Period: 10/1/2016 to 12/31/2016



The athletic training team at MDH provides coverage for high school and middle school athletic programs in the area including;

**Astoria, Bushnell-Prairie City,
La Harpe, Macomb, VIT and West Prairie**

To learn more or to schedule your free injury screening call (309)836-1601 or (309)836-1616

NATIONAL ATHLETIC TRAINING MONTH

YOUR PROTECTION IS OUR PRIORITY

MARCH 2017



McDonough Medical Group

FAMILY CLINIC

Brianne Wehner, DO

Dr. Wehner completed a Doctorate of Osteopathy from A.T. Still University, Kirksville College of Osteopathic Medicine.

Dr. Wehner completed a four year post graduate residency in Family Medicine and Neuromuscular Manipulative Medicine at Northeast Regional Medical Center in Kirksville, Missouri. She is Board Certified in Family Medicine and Neuromusculoskeletal Medicine.



What is Osteopathic Manipulative Treatment?

Osteopathic manipulative treatment (OMT) is an advanced form of hands-on care. Using OMT, your osteopathic physician will move your muscles and joints using techniques that may incorporate stretching, gentle pressure and resistance.

OMT can help people of all ages:

- ✓ ease pain
- ✓ promote healing
- ✓ increase mobility

OMT is often used to treat patients for muscle pain and back pain. It can also help patients with other health problems, among them:

- ✓ asthma
- ✓ sinus disorders
- ✓ carpal tunnel syndrome
- ✓ migraines
- ✓ menstrual pain

When appropriate, OMT can compliment and even replace medication or surgery.

