

Making Rounds

July 25, 2018 * www.MDH.org







Golden Apple Society Summer Social

The Golden Apple Society Summer Social held on July 19, hosted 94 Society members and guests at the Old Macomb Dining Co. Sodexo catered the annual event. A big thank you to those attending and volunteering. A fun time was had by all!

A commitment of \$1,000 per year or \$38.47 per p/p (if payroll deduction is an option) will qualify you to become a Society member. Call the Foundation office today!































MDH Hotline

Do you have a compliance concern you need to share confidentially? Remember the MDH Hotline is available at (309) 836-1630.

Next Deadline

The next *Making Rounds* deadline is Noon on **Tuesday**, **August 21**. Please submit your information, articles, Thank You notes, recipes, achievements, etc., to Public Relations.

Moving Around

Christina Brown is a Recruiter in Human Resources and Assistant in Staff Development after previously working as a Human Resources Specialist.

Grace Laktas is a Patient Care Representative in Patient Financial Services after working as an Internal Medicine Office Assistant.

Rondelle Lawson was a Phlebotomist in Lab and is now a MMG Office Assistant.

Nancy Morrison is an Internal Medicine Office Assistant after previously working as an Office Assistant for MMG.

Stephanie Pahlke is a Medical Assistant for Convenient Care. Stephanie previously worked as a Certified Nurse Assistant in Senior Behavioral Health.

Tobie Richey is a Benefits Coordinator in Human Resources after previously working as a Recruiter for the department.

Job Opportunities



POSITIONS	DEPARTMENT	SHIFT	STATUS
President/CEO	Administration	Days	Full-time
Supervisor	Quality and Innovation	Days	Full-time
Pediatrician	Pediatric Clinic	Days	Full-time
Physical Therapist	Sports Medicine and Rehabilitation Services	Days	Full-time
Clinic Coder	MMG Patient Financial	Days	Full-time
Medical Staff Coordinator	r Quality and Innovation	Days	24 hrs/wk
MMG Instructor RN	Staff Development	Days	Full-time
RN	Emergency Services	7p-7:30a	Full-time
RN	Emergency Services	Variable	Full-time
RN	Surgery-Operating Room	7a-3:30p	24 hrs/wk
CNA	Senior Behavioral Health	7a-7:30p	Full-time
CNA	Senior Behavioral Health	7a-7:30p	Full-time
CNA	Acute Care	7a-7:30p	Full-time
Medical Assistant	Cardiopulmonary	Days	24 hrs/wk
Medical Assistant	MMG Family Clinic	Days	Full-time
Medical Assistant	MMG Family Clinic	Days	Full-time
Medical Assistant	OB/GYN Clinic	Days	Full-time
OR Tech	Surgery-Operating Room	7a-3:30p	Full-time
Phlebotomist	Laboratory	5a-1:30p	24 hrs/wk
PBX Operator	Communications	Variable	Registry
BHS Specialist	Behavioral Health Services	Evenings	Registry
Cardiovascular Sonographer	Cardiopulmonary	7a-4:30p	Registry
Clinic Supervisor	MMG	Days	Full-time
Foundation Coordinator	Foundation	Days	Full-time
Gynecologist	OB/GYN Clinic		Full-time
HR Specialist	Human Resources	Days	Full-time

Full list also available online at www.MDH.org

As of July 23, 2018

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Word Search!

BACKPACK	LOCKER
BINDER	NOTEBOOK
BUS	PENCIL
CLASSROOM	PHYSICALS
GRADES	RECESS
GYM	STUDENT
HOMEWORK	TEACHER
LEARNING	

New Faces at MDH

MDH Welcomes New Employees



Erica Adkins
Erica is a Laboratory
Assistant in Lab. She is
from Astoria and enjoys
camping, boating, and
gardening.



Jesse Beach
Jesse is a Social Services
Associate for Advocacy.
She is from Dallas City.



Caitlin Carson
Caitlin is a Licensed
Practical Nurse for
Acute Care. She is from
Colchester and enjoys
spending time with her
family.



Mackenzie Coulter
Mackenzie is a Certified
Nursing Assistant in
Home Health. She is from
Carthage and enjoys being
outside and playing with
her puppy.



Kimberly Crook
Kimberly is a Medical
Assistant for Family
Clinic. She is from
Rushville and has one
child, Taylor. Kimberly

enjoys boating, being outdoors, and spending time with family.



Taylor Getz
Taylor is a Hospital
Clinical Analyst for
Information Systems.
She is from Carthage
and is married to Dylan.

Taylor enjoys spending time with family and friends, shopping, and spending time outdoors.



Emily Gold
Emily is an Accounting
Assistant for Fiscal
Services. She is from
Dallas City.



Derek Powell
Derek is a Phlebotomist
for Laboratory. He is
from Cuba and enjoys
fishing, football, baseball,
bowling, and going out.



Pamela Ratajczyk
Pamela is an Agency
Registered Nurse for
Emergency Services. She
is married to Timothy
and they have five

children: Mindy, Rachelle, Tabitha, TJ, and Jennifer. Pamela enjoys sports, music, and ministry.



Emily Rudolph
Emily is an Agency
Registered Nurse for
Emergency Services. She
is from Burlington, Iowa
and enjoys reading and

playing guitar.



Kayla Twidwell
Kayla is a Licensed
Practical Nurse for
Acute Care. She is from
Plymouth and enjoys
reading books and

playing with her dog.



Jeremy Williams
Jeremy is a Technician
in BioMed. He is from
Turner, Michigan and
has one child, Kaysen.
Jeremy enjoys fishing,

kayaking, and watching football.



Kathy Wyatt
Kathy is a Unit Secretary
for Home Health/
Hospice. She is from
Good Hope and is
married to Jim. They

have three children: Elizabeth, Dan, and Matt. Kathy enjoys gardening, reading, and knitting.

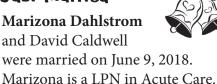
MDH Welcomes New Students Emily Phillips



Emily Phillips
Emily is a Student in
Sports Medicine and
Rehabilitation Services.
She is from Colchester
and enjoys competitive

weight lifting and being a Barista at Sullivan Taylor.

Just Married



MDH Says Goodbye

Liberty Balbort, Physician, Pediatrics, 7/13/18

Corina Kitch, Certified Nurse Assistant, Acute Care, 7/3/18

Kellie McKinley, Certified Nurse Assistant, Senior Behavioral Health, 7/5/18

Julia Mindeman, Office Assistant, MMG, 7/11/18

Kelsie Schoonover, Clerk, Registration, 6/22/18

Donna Shirey, Registered Nurse, Intensive Care Unit, 6/27/18

2D18WA 9VM

MVP Award - \$50 Anthony Walters

MVP Thank Yous - \$25

Megan Carter and Cara Erude

Recognition for Outstanding Customer Service

For the month of June, the Service Excellence department at McDonough District Hospital would like to recognize and say thank you to **employees and physicians** for their outstanding customer service to patients.

The Press Ganey, Deyta (Hospice) and Patient Satisfaction surveys call attention to employees who demonstrate excellent customer service, according to Vice President of Quality and Innovation Maggie Dubil. Individuals recognized receive a customer service *Thank You Certificate*.

Recognition for outstanding customer service goes to the following professionals:

Convenient Care: **Krystal Wagner**, FNP-BC; **Sandy Lambert**, LPN; **Sarah Westfall**, MA

Emergency Services: **Dr. Galloway**; **Rachelle Zaborac**, RN

Food and Nutrition Services: **Yagonda Stewart-Hall**, Aide; **Stephanie Courtois**, Nutrition Services Coordinator

Laboratory: Jean Shelly, Phlebotomist

McDonough Medical Group: **Dr. Zhang**; **Dr. Wright**; **Dr. Card**; **Dr. Wehner**; **Dr. Arnold**; **Janelle Friday**, Office Assistant

Obstetrics: Dr. Smith; Sharie Harden, CNM; Stephanie McCleery, RN; Julie Elliott, RN; Lynn Crowell, RN; Jennifer Olson, RN; Alicia Napier, RN; Sara Jones, RN; Shawna Sprinkle, RN; Ashley Behymer, RN; Shannon Jackson, RN

Radiology: Gwynne Worthington, RT

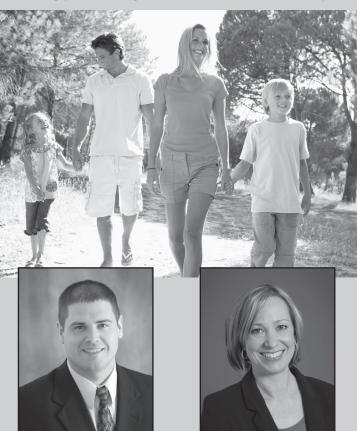
Sports Medicine and Rehabilitation Services: **Lori Fox**, PTA

Surgical Services: **Dr. Trost**; **Dr. Biagini**; **Sue Jeanette**, CRNA; **Ashley Kessler**, RN

Congratulations to those recognized in this article and thank you for your ongoing commitment to providing an exceptional patient experience!

Need Allergy Relief? Let us help.

Now scheduling appointments for Allergy Testing and Immunotherapy.



Jeffrey Sparks, DO

Kamie McKee, NP-C

"We are excited to offer this new service to the residents of west-central Illinois. This service has not been readily available to area residents in the past," said Dr. Sparks. "We offer allergy testing and immunotherapy treatments for people suffering from allergies on a daily basis."

(309) 833-6937

V#VG McDonough Medical Group

Ear, Nose & Throat Clinic



New Foundation Leader

Jill Cook became the new Foundation Leader at MDH effective July 23. She joined the MDH Foundation team in 2015 and was previously a Foundation Coordinator.

Jill holds a Bachelor of Science degree in Interdisciplinary Studies from Western Illinois University.

She has established great relationships with volunteers, board members, physicians, employees, and donors. Jill is actively recruiting and retaining memberships for our Golden

Apple Society and has built and improved donor relations. Jill established the Grateful Patient Program and the Healing Hand Award. She also coordinates events such as the Big Game Party, Summer Block Membership Drive, the MDH Golf Tournament, Jingle 'n Mingle, and Festival of Trees. Jill has also assisted with the Golden Apple Society Recognition Reception and the Summer Social recruitment event.

Jill is actively involved with community groups such as Macomb Centennial Morning Rotary Club, West Prairie FFA Alumni Board and Scholarship Committee, Dickens on the Square Committee, and Macomb Downtown Development Committees. Jill demonstrates commitment and dedication to MDH, our employees, donors, and to the community.

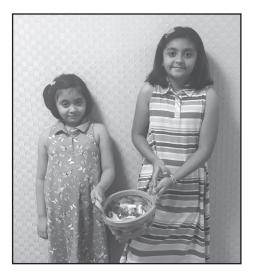
Dolores Kator Switzer Women's Center

Project Update – On July 9, the MDH Board of Directors voted to move forward with the full project versus phasing. Estimated timeline is August 2018 - Spring 2020. Once the area is approved by IDPH, OB will temporarily move to second floor so construction doesn't interfere with patient care.

Naming Reserved - LDR 1 in honor of Drs. Edward and Molly Baker - \$50,000.

Thank You

Many thanks to our newest donors, daughters of our own Dr. Sarwar! We are honored by your generous gift!





August Meetings Calendar

Monday, August 6

Department of Surgery, 12 p.m., Auditorium B

Tuesday, August 7

Credentials & Bylaws, 7 a.m., PDR

Wednesday, August 8

PHO Office Managers, 12 p.m., PDR

Friday, August 10

Exec Committee, 12 p.m., PDR

Thursday, August 16

Tumor Board, 12 p.m., Auditorium A/B

Friday, August 17

- Finance Committee, 7 a.m., TFBR
- Medical Staff, 12 p.m., Auditorium A/B

Monday, August 20

Board of Directors, 5:30 p.m., TFBR

Tuesday, August 21

MMG Quarterly All Providers Meeting, 5:30 p.m., Auditoriums A/B

Wednesday, August 22

- Quality Council, 10 a.m., TFBR
- PHO Physicians, 12 p.m., PDR

Friday, August 31

Medical Staff Quality Improvement, 12 p.m., TFBR

...Benefit Break...

Take a minute to learn more about your benefits and other HR issues.

Tuition Reimbursement

McDonough District Hospital encourages employees to pursue college course(s) which will improve their job knowledge and skills, broaden their scope of health care understanding and contribute to higher levels of overall competency throughout MDH.

An employee who has completed six months of employment at MDH may apply for tuition reimbursement. The course content will be directly related to the enhancement of the employee's present job or related to a position staffed at MDH that the employee plans to pursue.

Employees are eligible for reimbursement out-of-pocket costs for tuition only. Books, fees, and materials will be paid by the employee. Annual tuition is for classes taken from fall semester through summer semester. The limit per year per employee is:

Status 1 \$3000 per year Status 7 \$2000 per year Status 2 \$1000 per year

More details along with the Tuition Request and Reimbursement forms can be requested from Human Resources. Forms are also available via the Human Resources page of the MDH Intranet.

If you have questions concerning this topic or any suggestions for future Benefit Breaks, please contact Human Resources at extension 13492.

Gift Gallery Dog Days of Summer Sale

ALL SALE ITEMS ARE ON THE TALL TOWER & CART! (LOCATED NEAR THE GIFT GALLERY DOOR)









Biometric Screenings

Screening Dates for Surgery/PAR/PASS, ER, Radiology, OB, Acute Care, Cardiopulmonary, Communications, Intensive Care, Pharmacy, Registration, Lab, & Senior Behavioral Health (if these dates do not work for you, you may sign up for either of the other dates below):

Cardiopulmonary Department (1st Floor Hospital)

- August 15 6 a.m. 9:30 a.m.
- September 12 6 a.m. 9:30 a.m.
- September 19 6 a.m. 9:30 a.m.

Screening Dates for ALL other departments (you are not allowed to register for above dates):

Basement of HSB 1

- August 14 6 a.m. 9:30 a.m.
- September 18 6 a.m. 9:30 a.m.

To sign up for screenings, you will need to login to the MDH LifeSteps Portal (Manage Well), complete the Required Participation (Doctor's Information request), then you will be prompted to sign up for a screening time.

Visit the LifeSteps Intranet page for more detailed sign up instructions. If you have additional questions about the screening, or trouble scheduling your screening time, contact MDH Wellness Solutions at x13415.



Screening includes:

- Weight
- Blood Pressure
- Waist and Hip Measurements
- Body Fat Analysis/BMI
- Grip Strength
- Lipid Profile (including: total cholesterol, HDL, LDL, & triglycerides)*
- Blood Glucose*
- * 12 hour fast required (i.e nothing except water 12 hours prior to your screening)

Day off with Pay is only offered during these screening dates. It will NOT be offered during Winter Biometric Screenings.

Award Winners

Congratulations to the **Obstetrics Department** on winning Floor Wars for Patient Scores and to **Robin Cramer**, GEM Quarterly award winner.





Out and About

Marc Kessler recently attended the National Athletic Trainers' Association Clinical Symposium in New Orleans, June 26-29. He attended many courses including: evidence-based courses for returning student athletes to the classroom following a concussion and the shoulder exam. He also participated in learning labs covering the most upto-date concussion standard of care and advanced immobilization techniques in the prehospital setting.

Leah Rybakowski and **Susan Denecke** have been trained by the American Foundation for Suicide Prevention to present the programs *Talk Saves Lives* and *More Than Sad*. The programs are aimed at community and school based suicide awareness and prevention.

APPLE Winner June 2018



Sue Dexter

Please join in congratulating **Sue Dexter**, Human Resources, on being named the recipient of the MDH **APPLE** Award for June 2018. APPLE stands for "Achieving outstanding Performance in Patient care, Leadership, Loyalty and Enthusiasm for MDH".

Sue graduated from Western Illinois University with a Bachelor of Business degree and a Masters of Business Administration degree. Sue began her employment as a Human Resources Assistant on July 26, 1982. She was named Administrative Leader/Human Resources on January 1, 1989, and has been a valuable member of the Senior Leadership Team throughout the years. Sue also served the community as a Macomb Kiwanis member, a Society of Human Resource Management Association member, a Central Illinois Society for Healthcare Human

Resource Administration member, and President of Work Investment Board of Western Illinois.

Throughout her employment, Sue has been a steadfast advocate for employees. Sue has been instrumental in providing competitive salaries and a robust benefit package. She maintains that the hospital meets all regulatory requirements and stays abreast of never-ending legislative changes.

Sue's focus during her tenure was always on what was best for the hospital, its employees, and its patients. Sue provided leadership to many departments throughout the years and currently oversees Human Resources, Staff Development and Auxiliary/Volunteers. She has positively impacted so many people during her employment. Sue has mentored many employees and has provided them with the tools they needed to succeed. Her loyalty, dedication, and generosity are unsurpassed.

Her nominators describe Sue as the face of MDH. "Sue welcomes new employees on their first day and wishes them years of success at MDH. She is there to congratulate them as each life event occurs from graduation to marriage to the birth of a child. Sue is there to provide comfort when a family member passes. She is there when the employee is battling their own serious illness and has concerns about their future. And Sue is also there as the employee's biggest cheerleader when he or she is taking the next step and retiring. Sue has continually made MDH, its employees and its patients a priority in her life. She has provided great value to the organization throughout her tenure."

Sue has three daughters: Mischa (Landon), Torie (Ryan), and Maggie. In her spare time, Sue enjoys reading, gardening, knitting, collecting cookbooks, kayaking, and being with her dogs and cats. Sue enjoys spending time with her grandchildren: Rylan, Reagan, Landon, and Kailyn.







Whether you or your child are sick, due for a routine check-up, need a school/sport physical or physical therapy, the team at Bushnell Family Practice are close by with experienced, compassionate care.



A division of McDonough District Hospital

Bushnell Family Practice

1150 N. Cole Street | Bushnell, IL 61422 | MDH.org

Primary Care: (309) 772-9444 Monday - Friday 8 a.m. - 5 p.m.

Physical Therapy: (309) 772-2255

Monday, Tuesday, Wednesday, Friday 7 a.m. - 5:30 p.m.

Thursday 7 a.m. - 12 p.m.



August Calendar of Events



Mondays

1-2 p.m., Health Services Building 1 Auditorium Pre-registration and screening required. 8-week group. Contact Behavioral Health Services at (309) 836-1582.

Anger Management

Tuesdays

3:30-5 p.m., Health Services Building 1 Auditorium Pre-registration required.

Call Behavioral Health Services at (309) 836-1582.

Community and Seniors' Day at Citizens

Thursday, August 2

8:30-10:30 a.m., Citizens Bank, Downtown Macomb Topic: Vestibular Rehabilitation

Contact MDH Public Relations at (309) 836-1557.

Childbirth and Infant Care: Breastfeeding

Thursday, August 2

7-9 p.m., Auditorium B

Registration required. Call Obstetrics at (309) 836-1570.

Childbirth and Infant Care: Sibling Class

Saturday, August 4

10-11 a.m., MDH Auxiliary Workroom Registration required.

Contact Obstetrics at (309) 836-1570.

Forget-Me-Not Support Group

Monday, August 6

6-7 p.m., Health Services Building 2 Multipurpose Room Free. Support group for anyone affected by loss during pregnancy or the loss of an infant. For more information call Advocacy (309) 836-1636.

Suicide Support Group

Monday, August 6

7-8 p.m., Health Services Building 1 Auditorium Contact Behavioral Health Services at (309) 836-1582.

Childbirth and Infant Care: Cesarean Section Class

Thursday, August 9

6-8 p.m., Auditorium B

Free. Registration is required. For more information or to register call the MDH Obstetrics Department at (309) 836-1570.

Childbirth and Infant Care: Postpartum Care & Understanding Your Newborn

Thursday, August 16

6-8 p.m., Auditorium B

Registration required. Call Obstetrics at (309) 836-1570.

Bereavement Support Group-New Horizons

Monday, August 20

3-4 p.m., Private Dining Room

For more information, call Hospice at (309) 836-1543.

Pediatric Advanced Life Support (PALS)

Monday and Tuesday, August 20-21

8:30 a.m.-3 p.m. (Day 1) and 8:30 a.m.-1 p.m. (Day 2), Auditoriums A & B

Pre-registration is required. Fee: \$110 plus \$35 for the book. MDH employees may take the class for free with approval from their department leader. Contact Staff Development at (309) 836-1654.

Childbirth & Infant Care: 8 Hour "L.A.T.E." Class

Saturday, August 25

8 a.m.-4:30 p.m., Auditoriums A & B

Registration required. Call Obstetrics at (309) 836-1570.

Community CPR Class

Tuesday, August 28

6 p.m., Auditoriums A & B, Auxiliary workroom & conference room

Fee: \$40. Pre-registration required.

Contact MDH Outreach Services at (309) 836-1584.

Childbirth & Infant Care: 4-Week "L.A.T.E." Class

Thursdays, August 30; September 6, 13, 20

6-8:15 p.m., Auditorium B

Class will meet one night a week for four weeks.

Registration required. Call Obstetrics at (309) 836-1570.

FY 19 LifeSteps Employee Wellness Incentives

Employees can get a MAXIMUM PAYOUT OF 250 POINTS PER FISCAL YEAR!

UNDERSTANDING YOUR HEALTH*

Earn Up to 50 points for health screening and health risk assessment

Complete health screening

McDonough District Hospital

health risk assessment Complete the online

*You must complete both steps in any points pay out for this Fiscal section or you will NOT receive the Understanding Your Health

IMPROVE YOUR HEALTH

Earn up to 220 points for achieving health metrics

Health Metric: Tobacco Free

Wellness Coaching/Primary Care Follow-up

Health Metric: BMI

PARTNER FOR YOUR HEALTH

Earn additional points for completing any of these

Wellness Challenges

Registered Dietitian **Educationals Rehab Services**

Educationals

EAP Educationals

Personal Wellness

It's never too early to schedule your

School and Sport Physicals

"It's important to meet with your regular primary care provider annually, and school and sports physicals provide this opportunity to reconnect with parents and discuss how their child is developing."

-Julie Bartlow, Pediatrics





John Arnold, MD Bushnell Family Practice (309) 772-9444



Carrie Helle, NP-C Bushnell Family Practice (309) 772-9444



Julie Bartlow, CPNP-PC, NNP-BC Pediatrics (309) 833-1729



Richard Minter, DO Family Clinic (309) 837-6937



Prayag Patel, MD Family Clinic (309) 837-6937



Brianne Wehner, DO Family Clinic (309) 837-6937



Weili Zhang, DO Family Clinic (309) 837-6937



Jodi Heller, NP–C Family Clinic (309) 837-6937



Sue Adams, FNP–BC Family Clinic (309) 837-6937

McDonough Medical Group (MMG), a division of McDonough District Hospital (MDH), is a multi-specialty group of physicians and advanced practice providers who are members of the MDH medical staff.

MMG offers an extensive array of services for your family, neighbors and friends. Our clinicians and office staff are committed to helping you live well and feel your best. Our goal is to serve as many of your health care needs as possible while achieving the best possible outcomes and highest level of service.

Many of our providers are currently accepting new patients. For more information on providers, services or specialties call (309) 833-4101 or visit www.MDH.org.

> >>> Did You Know? School physicals are required before Kindergarten, 6th and 9th grade.



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