

MR

Making Rounds



McDonough District Hospital
Employee Newsletter



July 28, 2015 • www.mdh.org

Heritage Days Parade

On Saturday, June 27, MDH representatives participated in the Heritage Days parade. Mini frisbees were given to the crowd that lined the streets while participants walked through the parade with the MDH ambulance. Thank you to the MDH participants.



MDH Core Values

Honesty and Integrity • Respect • Exceptional Service • Commitment to Excellence • Teamwork

MDH Hotline

Do you have a compliance concern you need to share confidentially? Remember the MDH Hotline is available at (309) 836-1630.

Next Deadline

The next *Making Rounds* deadline is NOON on **Tuesday, August 18, 2015**. Please submit your information, articles, thank-you notes, recipes, achievements, etc., to Public Relations.

MDH Says Goodbye

Tamra Chipman, LPN, Acute Care, 6/8/15

Caroline Edgar, Patient Care Tech, Emergency Services, 6/26/15

Dylan Ferguson, EMS Coordinator, EMS, 6/19/15

Ryan McCarty, Physical Therapist, Rehabilitation Services, 7/17/15

Cindy McDaniel, Clinic RN, Family Clinic, 6/12/15

Nikki Miller, Admit/Discharge RN, Acute Care, 7/6/15

Samantha Prins, Clinic LPN, MMG, 7/20/15

Tim Sheffler, Biomed Tech., Plant Engineering, 7/14/15

Bridget Sikes, Nurse Assistant, Acute Care, 6/6/15

Eye Spy

In this issue of *Making Rounds*, can you find how many times the following item appears?



Answer on page 15

Job Opportunities



<u>POSITIONS</u>	<u>DEPARTMENT</u>	<u>SHIFT</u>	<u>STATUS</u>
Unit Secretary	OB/GYN Clinic	Days	Full-time
Unit Secretary	Bushnell Family Practice	Days	Full-time
Assistant	Service Excellence	Days	Full-time
Leader	Radiology	Days	Full-time
RN	Acute Care	7a-7:30p	Full-time
RN	Internal Medicine	Days	Full-time
RN	Senior Behavioral Health	7p-7:30a	Full-time
RN	Senior Behavioral Health	7a-7:30p	24 hrs/wk
RN	Acute Care	7p-7:30a	Full-time
RN	Emergency Services	7p-7:30a	Full-time
RN	Emergency Services	7p-7:30a	Full-time
RN	Emergency Services	7p-7:30a	24 hrs/wk
RN	Home Health	Days	24 hrs/wk
RN	Hospice	Days	Full-time
EMS Coordinator	Ambulance	Variable	Full-time
EMS Coordinator	Ambulance	Variable	Full-time
EMT	Ambulance	7p-7:30a	Full-time
ER Technician	Emergency Services	7p-7:30a	24 hrs/wk
Paramedic	Ambulance	7p-7:30a	Full-time
Van Driver/Assistant	Day Health	Variable	24 hrs/wk
Maintenance III	Plant Engineering	Variable	Full-time
Physician/Fam Practice	Family Clinic		Full-time
Physician Assistant	Emergency Services		Full-time

List also available online at www.mdh.org

As of July 21, 2015

Out and About

President/CEO **Kenny Boyd** and Foundation Leader **Vicky Wallen** presented to members of the noon Rotary Club of Macomb in June. Boyd gave an update on what's happening at MDH and Wallen shared information about the \$5.5m campaign to raise funds for the Dolores Kator Switzer Women's Center.



MMG Pediatrician/Internal Medicine physician, **Dr. Heather Harrison** was the guest reader for the Children's Summer Reading Program at the Macomb Public Library on Friday, July 10. She read, *Oh, The Things You Can Do That Are Good for You* to a group of summer readers and answered general health related questions from the children in attendance.

New Faces at MDH

MDH Welcomes New Employees



Hannah Bryant
Hannah is a CNA in Acute Care. She is originally from Macomb and is a nursing student at WIU.



Katie Burgard
Katie is a Physical Therapy Assistant in Sports Medicine and Rehabilitation Services. She is originally from Cuba and enjoys showing horses in her spare time.



Emily Byrne
Emily is a CNA in Senior Behavioral Health. She enjoys reading and hiking.



Aron Durant
Aron is an Operator in Communications. He is originally from Joliet and enjoys track and field, ballet and cooking.



Camilla Fowler
Camilla is an Environmental Services Aide.



Amy Gaule
Amy is an Athletic Trainer in Sports Medicine and Rehabilitation Services. She is originally from Athens and is married to Karolis. Amy enjoys four-wheeling and hiking.



Steph Gonzalez
Steph is a Unit Secretary in Acute Care. She enjoys soccer and movies.



Mohanad Mahmoud
Mohanad is an Environmental Services Aide.



Janell McGruder
Janell is a Specialist in Behavioral Health Services. She is originally from Macomb and enjoys traveling.



Kelly Merrill
Kelly is a LAN Administrator in Information Systems. He is originally from Rushville. Kelly and

his wife, Leesa, have one daughter, Kallie. In his spare time, he enjoys painting, woodworking, hunting and gaming.



Nicole Miller
Nicole is a Registered Nurse in Acute Care. She is originally from Avon. She and her significant other, Justin

Collins, have four children, Shayla, Kylee, Emilee and Blayne. In her spare time, Nicole enjoys outdoor activities.



Miriam Mindeman
Miriam is a Specialist II in Behavioral Health Services. She is originally from Geneva. She and her husband, John, have two children, Stuart and Julia. Miriam enjoys traveling, reading, gardening and music.



Darci Renken
Darci is a Physical Therapist in Sports Medicine and Rehabilitation Services. She is originally from Stronghurst. Darci is planning to marry Chase Heap later this summer.



Linda Roberts
Linda is a CNA in Acute Care. She is originally from Plymouth and is married to Mike. She has three children, Nicole, Kyle and Dillon.



John Sanchez
John is a Registered Nurse in Senior Behavioral Health. He is originally from Quincy and has three children, Tyler, Andrew and Quentin.



Heather Uppinghouse
Heather is a Program Secretary in Senior Behavioral Health. She is originally from Plymouth and is married to Will.

Stork Landings

Patrick and **Jamie Draughan** are the proud parents of a baby boy, Dax Franklin. Dax was born on June 28, 2015. Jamie is a Social Service Associate in Advocacy Services.



Jim and **Krystal Wagner** are the proud parents of a baby girl, Madison Leigh. Madison was born on July 9, 2015. Krystal is a Nurse Practitioner for Convenient Care.



Weili Zhang, DO

McDonough District Hospital is pleased to announce the addition of Family Medicine physician Weili Zhang, DO to the McDonough Medical Group (MMG). Zhang joins Drs. Flores and Jalil inside the MMG Internal

Medicine office September 28.

Dr. Zhang received a Bachelor’s degree in Biochemistry from Bates College in Lewiston, Maine prior to her medical training. She completed a Doctorate of Osteopathic Medicine from Western University of Health Sciences in Pomona, California. Zhang finished a Family Medicine residency from Good Samaritan Regional Medical Center in Corvallis, Oregon in 2014. She is completing a two-year Integrative Medicine Fellowship from the University of Arizona, exploring alternative medicines that complement traditional practices for optimal health. Zhang has also been studying Clinical Homeopathic Medicine from the Center for Education and Development of Homeopathy in Chicago, Illinois.

Zhang has been practicing Family Medicine at Whole Family Integrative Health in Yorkville, IL since August 2014, integrating alternative medicine with conventional medicine. She is board certified in Osteopathic Family Medicine.

In her spare time she enjoys anime, renaissance fairs and spending time with her cat, Jenny. Her office will be located in Health Services Building 2, Suite 111. For more information or to schedule an appointment call (309) 837-9926.



Tammy Eckert, FNP

Tammy Eckert is a Family Nurse Practitioner working with the hospitalists in providing coverage for patient care in the Acute Care and Intensive Care units.

Tammy received her Master of Science in Nursing degree from the University of Cincinnati in Ohio. She completed a Family Nurse Practitioner practicum from Rosebud Health Care Center in Forsyth, Montana. Prior to becoming a Nurse Practitioner, Tammy worked as a registered nurse in the Robert H. Lurie Comprehensive Cancer Center at Northwestern University in Chicago, Illinois.

She is certified as a Family Nurse Practitioner by the American Nurses Credentialing Center. Tammy is a member of the American Nurses Association.

Tammy enjoys spending time with family and outdoor activities including; hiking, kayaking, fishing and camping.

You’re Invited

Welcome Reception for Dr. Zhang
Tuesday, September 29
2:00 – 4:00 PM in Auditoriums A & B
Stop by to greet Dr. Zhang!

➔ Paystubs/Paycheck Changes

The Communications Department (Switchboard) will be moving to their new location on the 1st floor in the new Emergency entrance. This will bring an end to the distribution of pay checks and stubs through the Communications Department starting August 16.

Any remaining pay stubs will be taken to Human Resources on Monday, August 17 and remaining pay checks will be mailed on Monday, August 17.

Future pay checks will be mailed on the Thursday of pay week. Pay stubs will be available at Human Resources Monday-Friday, 7:00AM to 5:00PM

For employees who currently have a paper pay check, contact Human Resources for a direct deposit form if you would like to make the change to direct deposit.

Please remember to keep a current address on file with Human Resources.

APPLE Winner June 2015



Josh Connor

Please join me in congratulating **Josh Connor**, Operator in Communications, on being named the recipient of the MDH APPLE Award for June 2015. APPLE stands for “Achieving outstanding Performance in Patient care, Leadership, Loyalty and Enthusiasm for MDH.”

Josh began his employment at MDH as an Operator in Communications on November 17, 2010. During his employment, Josh attended Western Illinois University. In May 2014, Josh graduated from WIU with a Bachelor’s degree in Social Work.

Josh is an outstanding employee. He has excellent communication skills and is very good about letting the next shift know what is necessary for them to do their job well. He is organized and has a great service voice. He strives diligently to provide the correct information to callers and to connect them to the appropriate location. Josh exhibits a wonderful attitude and is always positive.

Josh is kind and very caring to his co-workers and others. He is always ready to lend a hand and help his co-worker. He is loved by his peers and gives quality service to his customers. He is loyal and trustworthy. He is courteous, conscientious, pleasant and calm. Even in high stress situations, Josh handles the event with calmness and composure while keeping a smile on his face. Josh is a joy to have in the department.

His nominators explain Josh is very personable and conscientious. He is an asset to the department. Another nominator states, “Josh is an excellent person to work with. He’s a perfectionist at his job. When he does something, you can always count on it being done right.”

Josh enjoys many hobbies including reading, genealogy, hiking, gardening and traveling.



MVP Awards

Has someone done something special for you? Has this person gone above and beyond his or her normal duties to help you? Consider completing an MVP Thank You to show your appreciation.

MVP Award - \$50

Harlan Reedy
LAN Administrator
Information Systems



Harlan Reedy

MVP Thank You - \$25

Tiffany Bentz
Registered Nurse
Family Clinic



Tiffany Bentz

Neda Swanson
Patient Account Rep
Patient Financial



Neda Swanson

GOLF FOR THE GIRLS supports Linda's Fund

On June 16, more than 60 ladies participated in Golf for the Girls at the Macomb Country Club. The event raised \$1,550 for Linda's Fund at MDH.



Team MDH: Vicky Wallen, Linda Sampson, Anna Bradt & Angie Schauble



Best Team Spirit: Ann Urch, Jamie Cumbie, Margaret Taylor & Anne Ingersoll

Memory Matters Raises over \$12,000 for MDH

On June 4 & 5, 72 lady golfers took part in the Memory Matters (MM) Ladies Golf Classic to benefit Alzheimer's Services at MDH. Participants enjoyed a cocktail party/caddy auction and 18 holes of golf followed by lunch & awards at the Macomb Country Club.

A special thanks to the committee, donors, sponsors, watering hole bartenders, golfers and caddies; Gary Sutton (PGA Professional) for organizing the tournament; Kristin Conrad for warm-ups; Miss Macomb Kaitlin Karr for escorting the caddies; Steve Silberer for his IOU cakes; Outreach Services Kelly Shiraki for taking pictures and educating participants about Alzheimer's disease.



Championship Flight

1st Place: *First Investment Services* ~ Connie Garner, Sheri Crandell, Amanda Silberer, Janet Nave

2nd Place: *I Like Big Putts and I Cannot Lie* ~ Linda Sampson, Vicky Wallen, Angie Schauble, Kelsey Laverdiere

First Flight

1st Place: *No Place Like Home* ~ Pam Kelso, Diane Mayhew, Libby Heaton, Molly McWard

2nd Place: *Tee Party* ~ Jessica Butcher, Miranda Jones, Milly McDonell, Mimi Pounders



Spirit Award: *That's a Gimmee* ~ Joanne Curtis, Martha Mitchell, Lois Iversen, Linda Engel

Longest Drive: Angie Schauble

Closest to the Pin: Meredith Gravina

Longest Putt: Cari Sheets

A big high-five to the Celebrity Caddies who catered to the ladies!

Dr. Tim Biagini, Kenny Boyd, Mick Cumbie, Ryan Brownlee, Gary Sutton, AJ Balzek, Brian Mohnsen

The MM committee did an outstanding job coordinating this successful event!

Ann Comerford

Jami Minter

Jamie Cumbie

Terri Nielson

Cathy Early

Kathy Orban

Kelly Hamm

Amber Patrick

Lois McMahan

Margaret Taylor

Event Sponsor  **State Farm**[™]
Cathy Early

See back cover for more highlights!

A+ Achievements

Courtenay Ring, BSN, RN in Quality and Innovation, recently passed an exam by the Certification Board of Infection Control & Epidemiology, Inc. (CBIC) to achieve the nationally recognized Certification in Infection Control (CIC). The passing rate for applicants for the CIC examination is approximately 65% in recent years and only 59.4% in 2014. The CIC credential reflects a commitment to best practices in infection prevention and control.

On June 10, **Myrna Hayes**, COTA; **Shannon Van Vleet**, PT; and **Jen Wagoner**, PT from MDH Sports Medicine and Rehabilitation Services attended a continuing education course on Evaluation and Intervention of Shoulder Complex Pathologies in Peoria, IL. The course covered the anatomy and biomechanics of the shoulder complex, rotator cuff pathologies, shoulder impingement syndrome, shoulder instability, adhesive capsulitis (frozen shoulder) and other musculoskeletal injuries of the shoulder. The course focused on evaluation and treatment of the shoulder to increase range of motion, reduce pain and to restore normal function to the shoulder complex.

Terri McHugh, Service Excellence Leader attended the Press Ganey Regional Education Symposium titled At the Center of Care in Chicago on June 11 and 12. The symposium was designed with innovative educational sessions and networking opportunities to provide attendees with best practices and resources to drive lasting change within organizations. Areas of focus for the symposium were creating compassionate connected care, engaging caregivers to reduce suffering, fostering transparency, Press Ganey immersion and reporting insights.

Harlan Baker, **Maggie Goettsche**, **Wanda Foster**, **Peggy Jones**, and **Amanda Chambers** attended Leadership Boot Camp in Kansas City, MO June 24 & 25 to kick off the “Cerner EMR Implementation.” Valuable skills were taught to keep the project on track for a go live date of June 6, 2016, along with the strategic approach Cerner uses for EMR implementations. The next event, Leadership Alignment, will take place at MDH on August 3-5.

Carrie Helle, Family Nurse Practitioner at the MMG Bushnell Clinic recently attended a 2 ½ half day continuing education course in Indianapolis, IN. The course was a review of both pediatric and adult primary care.

Cardiopulmonary received reaccreditation for the Adult Transthoracic Echocardiography by the Intersocietal Accreditation Commission (IAC). The accreditation is good through April 30, 2018.

...Benefit Break...

Take a minute to learn more about your benefits and other HR issues.

Roth 457(b) Account

(After-Tax Retirement Account)

Want to boost your retirement savings or reduce your taxable income during retirement?

MDH offers a Roth 457(b) account. Like a Roth IRA, a Roth 457(b) offers a way to set aside after-tax money, and when you retire, make tax-free withdrawals of principal, interest and earnings if certain conditions are met.

The Roth 457(b) account is provided through our current retirement provider, Valic. If interested in learning more about the advantages of the account, schedule an appointment with Vicki Whitsitt, our Valic representative, by contacting Human Resources at ext. 13492.

If you have questions concerning this topic or any suggestions for future Benefit Breaks, please contact Human Resources at extension 13492.

August Calendar of Events

Saturday “L.A.T.E.” Childbirth Instruction Class

Saturday, August 1
8:00 AM-4:30 PM, Auditorium A & B
Pre-registration required, call Obstetrics at (309) 836-1570.

Bereavement Support Group-New Horizons

Mondays, August 3 & 17
3:00-4:30 PM, Medical Arts Building, Conference Room
For more information, call Hospice at (309) 836-1543.

Seniors’ Day at Citizens

Thursday, August 6
8:30 AM-4:30 PM, Citizens Bank, Downtown Macomb
Topic: Osteo Screenings, 8:30-10:00 AM
For more information, call Outreach at (309) 836-1584.

Post-Partum Care & Understanding Your Newborn

Thursday, August 6
7:00-9:00 PM, Auditorium B
Pre-registration required.
Call Obstetrics at (309) 836-1570.

Divorcing Parents Education Program

Friday, August 14
1:00 - 5:00 PM, HSB 1 Auditorium
Cost: \$50.00 payable at session, Pre-registration required.
Contact Behavioral Health Services (309) 836-1582.

Risk Education

Monday-Thursday, August 10-13
1:00-4:00 PM, HSB 1 Auditorium
Pre-registration required.
Call Behavioral Health at (309) 836-1582.
Fee: \$150.00

TEEN Group

Wednesdays, August 12-September 30
4:00-5:30 PM, HSB 1 Auditorium
Pre-registration and screening required.
Call Behavioral Health at (309) 836-1582.

Childbirth and Infant Care: Breastfeeding

Thursday, August 13
7:00-9:00 PM, Auditorium B
Free. Pre-registration required.
Contact Obstetrics at (309) 836-1570.

Childbirth and Infant Care: Sibling Class

Saturday, August 15
10:00-11:00 AM, MDH Auxiliary Workroom
Pre-registration required.
Contact Obstetrics at (309) 836-1570.

Community CPR Class

Tuesday, August 25
6:00 PM, Auditoriums A & B, Auxiliary workroom & conference room, MDH.
Fee: \$30. Pre-registration required.
Contact MDH Outreach Services at (309) 836-1584.

Childbirth & Infant Care: 4-Week “L.A.T.E.” Class

Thursdays, August 27; September 3, 10 & 17
7:00-9:15 PM, Auditorium B, MDH
Free. Pre-registration is required.
Call Obstetrics at (309) 836-1570.



Visit the Training & Tutorial website on the Intranet

Answer your questions about:

- HMS, Java, Exitcare
- Libra/Open Office
- Microsoft Office Word, Outlook, Excel
- Hand hygiene, phone training, new hire information
- Downtime labels, voice mail & phone instructions
- And much more!

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Equipment Manuals

Looking for Advice?

Dear Lucy,

I'm considering retiring from my job where I've worked for the past 32 years, but I'm not certain it's the right choice for me. My husband retired last year and he's nudging me to do the same. He tells me there are many things we could do together if I was home, although he can't tell me what those things would be. I've always loved what I do. It gives me a sense of pride that I've been able to help people for so many years. I also enjoy being with my co-workers, many of whom are much younger than I am, so they keep me in touch with what the younger generation enjoys doing. Financially we have saved well over the years and I am finding myself running out of energy by the end of my shift, but I'm just not sure this is a good idea. Should I continue working until I no longer can or is it time to say my goodbyes?

Sincerely,

Approaching Retirement

Dear Approaching Retirement,

Your question is a good one and one that has a definite impact on the quality of life. You're to be commended for being diligent about building an adequate nest egg, but it's just as important to prepare for the non-financial aspects of your future. Having a purpose and contributing are key components of maintaining good feelings about ourselves. Work helps to accomplish these things and it sounds like for you, your career has done that. The reality is you're not getting any younger and you want to take advantage of still feeling youthful if you hope to live an active retirement life. There are many activities which could become more challenging as you age.

If you still receive great satisfaction from working, is it possible to scale back what you're doing? Would working part-time be a possibility? Another consideration is volunteering at a community social service agency or at McDonough District Hospital where there are a variety of opportunities that would continue to provide meaning to your life.

If you do decide to retire, have you given consideration to what you would like to do with your time? Many people have been defined by their careers and upon retirement find they don't know what to do or how to relax. If you don't have any hobbies, are you open to pursuing ideas that stimulate your creative side? Remember it's important to consider hobbies that fit for all seasons. Taking a class at the YMCA or at the local community college may be an option. Being more available to family and friends can also serve as a source of fulfillment. Not having a place to go or something to do can lead to boredom and stagnation. You also mentioned your husband has retired. This means you will be spending much more time together if you retire, you will want to be sure this won't lead to resentment. Be sure you are on the same page for plans you may have.

The changes that come with different phases of our lives can certainly be a source of great angst. If you would like to explore this decision further, you may wish to speak with a counselor at Behavioral Health Services. They can be reached at 836-1582. Good luck with your decision.

Best regards,

Lucy



Recognition for Outstanding Customer Service – June

For the month of June, the Service Excellence Department at McDonough District Hospital would like to recognize and say thank you to 50 employees and physicians for their outstanding customer service to patients.

The Press Ganey surveys call attention to employees who demonstrate excellent customer service, according to Administrative Leader of Quality and Innovation Maggie Goettsche. Individuals recognized receive a customer service Thank You Certificate and are nominated for the MVP award for their outstanding hard work.

Recognition for outstanding customer service goes to the following professionals:

Acute Care: **Emily Kelly, RN; Dr. Mathia Karingada**

Cardiopulmonary: **Jill Foster, CRTT, RDCS; Jeff Teal, RRT, RPSGT**

Emergency Services: **Stefany Myers, RN; Dr. Ravi Masih**

Environmental Services: **Cindi Thompson**

McDonough Medical Group: **Dr. Liberty Balbort; Dr. Noel Flores; Dr. Jeffrey Sparks; Melissa Pounders, FNP; Tiffany Bentz, RN; Dixie Bisby, Reception; Dr. Dan Ruiz; Dr. Tamara Smith; Kristen Finely, RN; Amber Heitz, Medical Assistant; Amanda Sullivan, Medical Assistant; Dr. David Reed; Dr. Yousaf Jalil; Carrie Helle, FNP; Amy Jones, LPN; Mary Crater, Medical Assistant; Danielle Knowles, RN**

Obstetrics: **Wendy Cameron, RN; Sara Jones, RN; Janet Sullivan, RN; Sharie Harden, CNM; Kristen Jackson, RN; Nicole Carithers, RN; Linda Greene, RN; Stephanie McCleery, RN; Mary Thompson, CNM; Dr. Troy Eckman; June Sapp, RN**

Radiology/MRI Services: **Shawn Stranger, RT (R) (MR) (ARRT)**

Sports Medicine & Rehabilitation Services: **Bruce Schellhammer, PT; Ryan Tournear, PT Aide; Ryan McCarty, PT; Melanie Neuleib, PTA**

Surgical Services: **Julie Justice, RN; Holly Torrance, RN; Tracy Thome, RN; Jill Whiteside, CRNA; Dr. Shea Trost; Dr. Dan Ruiz; Dr. Edwin Card**

Wound Ostomy Clinic: **Carolyn Grove, RN, BSN, CWOCN; LaDawna Royer, RN**

Congratulations to those recognized in this article and thank you for your ongoing commitment to providing an exceptional patient experience!

Reminder from Human Resources

Health Alliance In-Network Provider Verification

Please verify the out-of-pocket expenses before services are performed to avoid any surprises in health insurance coverage. Do not rely on your provider to give you accurate coverage levels or to provide you with physicians who are in-network for our plan.

It is difficult for providers to quote coverage levels for each Health Alliance plan accurately. It is always best to call Health Alliance directly to make sure you have accurate information. Please ask if your provider is in-network, if the facility is in-network, if the services are covered by the plan and at what level of coverage and if pre-authorization or a referral is needed.

The same applies to prescription benefits. To know accurately what your co-payment for your prescription will be prior to having the prescription filled, you can call Health Alliance to see if the drug is on the Health Alliance formulary and what the co-payment will be.

To assure you accurately know what the cost of healthcare services will be to you, please contact Health Alliance at (800) 322-7451 before services are rendered.



Emergency Services

The emergency services department is scheduled to open in the new location Tuesday, August 18, barring any unforeseeable setbacks. Please be patient and flexible with the many changes in the transition between the current ER and the new ER. Patients and visitors will need assistance in finding where they need to go for the new locations.

Sports Medicine & Rehabilitation Services

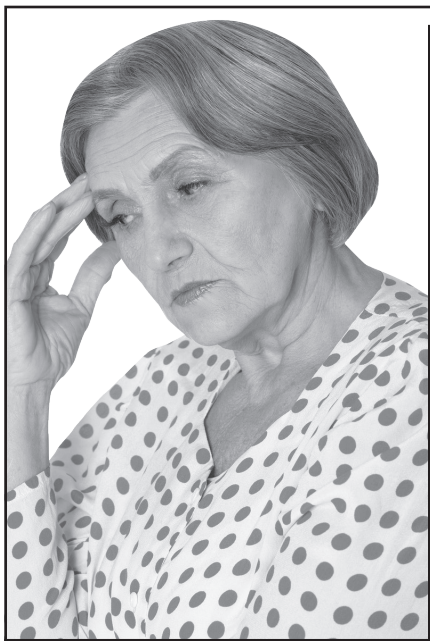
The spacious 3rd floor location will open on Monday, August 24. We encourage patients and visitors of this area to enter through the new Emergency Services entrance, West of the current main entrance. Once they enter the first set of doors, go right and head down the corridor. The elevator will be on their left. Take the elevator up to the 3rd floor and exit the elevator to the right. The reception area will be waiting to assist them.



ER Nurses Station



3rd Floor Rehabilitation Gym



Senior Behavioral Health

The unit is designed as a 12 bed, short-term inpatient treatment program for adults 65 & over who are experiencing severe behavioral and/or emotional symptoms.

The Program Includes:

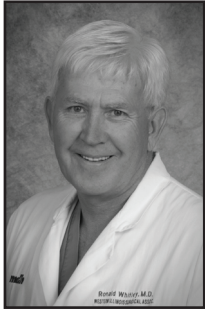
- Psychiatric assessment, diagnosis and symptom stabilization
- Medical management of secondary medical conditions
- 24-hour nursing care
- Family education and support
- Individual, group, music, exercise and art therapies
- Follow-up care coordination

Call MDH Senior Behavioral Health for assistance. Our team is available 24 hours a day to help you with referrals, admissions & information.

Accepting Patients

309-836-1568

MMG Retirements



Dr. Ronald Whitley will be retiring from MDH/MMG as of July 31. We are sad to see him leave MDH Surgical Clinic (Western Illinois Surgical Associates), but wish him the best of luck in his next adventures. Thank you, Dr. Whitley, for your time and service to the patients of MDH/MMG!



Dr. David Reem has announced his retirement from the MDH Internal Medicine Clinic on December 31, 2015. Dr. Reem has been a huge asset to the Macomb community and MDH/MMG and will be greatly missed by his patients and all of us at MMG. Dr. Zhang, starting on September 28, will assist in the transition as Dr. Reem prepares to retire. Dr. Zhang will be assuming the bulk of Dr. Reem's patients.



Dr. Tamara Smith Obstetrics/Gynecology

Dedicated to meeting the healthcare needs of women of all ages by providing comprehensive, high quality, personalized healthcare services.

Providing personalized care for women of all ages

- comprehensive obstetrical/prenatal care
- gynecological care for all stages of life
- routine tests and ultrasounds
- minimally invasive surgery
- annual exams
- and much more

*Now providing outpatient services
the 1st and 3^d Tuesday of each
month in Rushville!*



All the Information You Need on FITBITS!

Every MDH employee has the opportunity to receive a free Fitbit. The Fitbit models and their different features are listed below. You can find more information on <http://fitbit.com>. To get a Fitbit you simply need to:

1. Call Outreach Services at x13415 and sign up for a biometric screening.
2. Get your bio-metric screening.
3. Fill out your online Health Risk Assessment on the LifeSteps website.
4. Call Outreach Services at x13415 and let us know which Fitbit you want!



Zip \$59.95	One \$99.95	Flex \$99.95	Charge \$129.95	Charge HR \$149.95	
✓	✓	✓	✓	✓	Steps, Calories, Distance
✓	✓	—	✓	✓	Clock
—	✓	✓	✓	✓	Sleep Tracking
—	—	—	✓	✓	Auto Sleep Detection
—	✓	✓	✓	✓	Silent Wake Alarm
—	✓	—	✓	✓	Floors Climbed
✓	✓	✓	✓	✓	Active Minutes
—	—	—	—	—	Multi-Sport
—	—	—	—	✓	Continuous Heart Rate
—	—	—	✓	✓	Caller ID
\$0	\$35.00	\$35.00	\$60.50	\$77.45	Incentive Program Price

If you want to know more about Fitbit Services, a member of the Outreach Services team can come to a staff meeting or huddle and answer any questions employees in your department have!

Word Search!

G E L C I S P O P D D N
 N D Z Q N V B N K E C R
 I A W G D J W R N I W O
 M Y M Z E G X I N A V C
 M A I Q P F H C T V L T
 I O Q G E S I E G A Q E
 W F I B N P R F U C Y E
 S G S U D M K G E A P W
 P V S B E A C H X T S S
 X O J L N C Y W Q I A H
 W U O G C R R W U O B W
 L N X L E I N O R N B G

Can you find the following words?

- | | |
|--------------|------------|
| BEACH | SUNSHINE |
| INDEPENDENCE | SWEETCORN |
| DAY | SWIMMING |
| PICNIC | VACATION |
| POOL | WATERMELON |
| POPSICLE | |

Cerner Update

We are beginning the process of the migration from our hospital and office practice systems to the Cerner EMR systems. If you have any questions along the way – please reach out to anyone on the project management team for clarification.

The core project management team consists of: Harlan Baker, Amanda Chambers, Maggie Goettsche, Wanda Foster, Linda Dace and Peggy Jones.

We have a timeline for the key events taking place from now up until our go live date of June 6, 2016.

Cerner Project Intranet Page:

- A Cerner page has been added to our Intranet under the Departments. Watch this location for key information throughout the project process and links to resources.
- Check email for update. You will be responsible for knowing the information sent out through email and Intranet page.

Time Line Update:

- Leadership Alignment Meeting to be held at MDH August 3 - 5. A detailed agenda will soon be available on the Cerner Intranet site Links.
- Includes: MDH Leadership, Cerner's team, Subject Matter Experts (SME's) & Super Users (SU's)

Upcoming Training Update:

- Dates to be determined

Tips:

- Familiarize yourself with windows based computers and typing skills (vital before beginning Cerner software training).
- Visit the Cerner Intranet page for links to training
- On your desktop, there is an Application folder with an icon for Typing Tutor

Reminder:

- It's not just our job, it's an adventure into our future!

Theme Selection: Cerner Safari

Congratulations
Emily Kelly!

The iPad Mini will be awarded to Emily on
Tuesday August 4 by Cerner.



Improved Laboratory Communication for off-hours customers

The lab office is open Monday-Friday, 7:00AM - 5:00PM. All other hours the lab is locked for security purposes.

A phone has been installed outside the lab back door. It is an in-house extension only. This phone is for anyone who is locked out of the lab and needs to contact a lab employee.

When the hand set is picked up out of the cradle, it will automatically ring the lab's main extension. No dialing is necessary.

If the lab is unattended, the call will roll over to the lab's mobile phone. Please communicate to the lab staff what is needed. If they are out of the lab, they will give you an approximate time until they expect to return to the lab.

MDH employees will still be able to enter the back door using their badge.

Clean Hands In & Clean Hands Out

Our hand hygiene observations are starting again! The focus will be hand hygiene when entering and leaving a patient's room. Use of alcohol hand sanitizer or hand washing is acceptable. Our goal is to get at least 80% (that would double our baseline percentage).

You can help promote hand hygiene and safeguard our patients by using the reminder "It takes two" when opportunities might be missed by your fellow healthcare workers.



Reminder

Don't Forget...

Please pick up your paycheck or direct deposit stub EACH pay period.

Thanks for your cooperation.

August Meetings Calendar

Monday, August 3

Dept of Surgery, 12:00 PM, Auditorium B

Tuesday, August 4

- Physician IT Advisory Committee, 7:00 PM, TFBR
- Medical Staff Meeting, 12:00 PM, TFBR

Monday, August 10

Ethics Committee, 12:00 PM, Auditorium B

Wednesday, August 12

PHO Office Managers, 12:00 PM, PDR

Thursday, August 13

Planning/Recruitment/Admin Committee, 7:00 AM, TFBR

Friday, August 14

- Finance Committee, 7:00 AM, TFBR
- Executive Committee, 12:00 PM, PDR

Monday, August 17

Board of Directors, 5:30 PM, TFBR

Tuesday, August 18

Employed Physicians/MMG Governance Council, 5:30 PM, Auditorium A/B

Thursday, August 20

Tumor Board, 12:00 PM, Auditorium A/B

Tuesday, August 25

OB-Gyn Dept., 12:00 PM, Auditorium B

Wednesday, August 26

- PHO Physician Meeting, 12:00 PM, PDR
- Quality Council, 1:30 PM, TFBR

Friday, August 28

Medical Staff Quality Improvement, 12:00 PM, TFBR



Save the dates

**MDH Foundation
Golf Tournament**

September 12

Teddy Bear T

November 30

Festival of Trees Gala

December 3

Festival of Trees

December 4-7