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McDonough District Hospital
Employee Newsletter

Making Rounds

January 21, 2020 • www.MDH.org



Welcome

McDonough District Hospital is pleased to announce the addition of Sarah Skiles, FNP-C to MDH Family Clinic and Walk-In Services.

Sarah recently received her Master of Science in Nursing degree from Walden University in Minneapolis, MN.

Sarah has seven years of nursing experience at MDH and the McDonough County Health Department in both the clinic setting and MDH Home Health Care.

She enjoys spending time with family, traveling to new places, and is looking forward to providing quality health care to the members of our community.

(309) 837-6937

**515 East Grant St.
Health Service Building 2**



MDH Core Values

Honesty and Integrity • Respect • Exceptional Service • Commitment to Excellence • Teamwork

MDH Hotline

Do you have a compliance concern you need to share confidentially? Remember the MDH Hotline is available at (309) 836-1630.

Next Deadline

The next *Making Rounds* deadline is NOON on **Tuesday, February 11**. Please submit your information, articles, Thank You notes, recipes, achievements, etc., to Public Relations.

To view the January 2020 MDH Board Report, go to the Intranet and click on **Departments → Administration**

DKSWC naming opportunities and wish list still available:

- Obstetrics: \$250,000
- Imaging Center: \$250,000
- OB Patient Private Suites: \$50,000 each (7 left)
- OB Education Room: \$50,000
- Lactation Suite: \$20,000
- Beds: \$15,000 each (7 left)
- Sofas: \$1,500 each
- Chairs: \$1,000 each
- Tables: \$500 each
- Robes/Gowns: \$100 each

Job Opportunities



<u>POSITIONS</u>	<u>DEPARTMENT</u>	<u>SHIFT</u>	<u>STATUS</u>
Office Assistant	MDH Obstetrics and Gynecology	Days	24 hrs/wk
Registration CL-NONPHLEB	Registration	Evenings	24 hrs/wk
Director	Information Systems	Days	Full-time
Sitter	Emergency Department	Variable	Registry
CNA	Acute Care	7p-7:30a	Full-time
Clinic LPN	MDH Family Clinic	Days	Full-time
Hospitalist Nurse Coordinator	Hospitalist	Days	Full-time
RN	Intensive Care Unit	7p-7:30a	24 hrs/wk
RN	Emergency Department	7a-7:30p	Full-time
RN	Emergency Department	7a-7:30p	Full-time
RN	Emergency Department	7p-7:30a	Full-time
Specialist	Behavioral Health Services	Variable	Registry
Midwife	MDH Obstetrics and Gynecology	Variable	Full-time
Obstetrician/Gynecologist	MDH Obstetrics and Gynecology	Days	Full-time
Orthopedic Surgeon	MDH Orthopedics and Sports Medicine	Days	Full-time
PBX Operator	Communications	Variable	Registry
Pediatrician	MDH Pediatrics	Days	Full-time
Physical Therapist	MDH Sports Medicine and Rehabilitation	Days	Full-time
Programmer/Analyst	Information Systems	Days	Full-time
Registered Cardiac/ Vascular Sonographer	Cardiopulmonary	Days	Full-time
RN	Case Management	Variable	Full-time
RN	Case Management	Variable	24 hrs/wk
Speech Pathologist	MDH Sports Medicine and Rehabilitation	Days	Registry
Surgeon	MDH General Surgery	Days	Full-time

Full list also available online at www.MDH.org

As of January 16, 2020



New Faces at MDH

MDH Welcomes New Employees



Lindsay Fisher

Lindsay is a Clerk in Plant Engineering. She is from Macomb and is married to Jeremy. They have two children: Madison and Kalissa.



Shaun Moeller

Shaun is a Respiratory Therapist in Cardiopulmonary. He is from Mt. Pleasant, IA.



Becky Seward

Becky is a Clerk in Registration. She is from Lewistown and is married to Alfred. Becky enjoys reading, walking,

and movies.



Haley Waller

Haley is an Office Assistant in MDH Family Clinic. She enjoys cooking, hunting, and being

outdoors.



Calie Welker

Calie is a Registered Nurse for Home Health. She is from Canton and has four children: Nick, Mikayla, Meagan, and

Whyatt. Calie enjoys reading and outdoor activities with her kids.

MDH Welcomes A New Intern



Hannah Biggs

Hannah is an Intern in Case Management.

MDH Welcomes A New Student



Grace Zanger

Grace is a student in Surgery. She is from Mendon and enjoys hanging out with friends, biking, and hiking.

Moving Around

Jake Bartels is working as the Financial Analyst for MDH Medical Group. He previously worked as an Ambulatory Clinic Analyst in Information Systems.

Hannah Feld is working as a Float Medical Assistant. She previously worked in Internal Medicine.

Heather Logsdon is a Clinic RN in Family Clinic after previously working in Internal Medicine.

Sherry Lotz was a Certified Medical Assistant in Internal Medicine Clinic. She is now working in Family Clinic.

Nancy Morrison is working as an Office Assistant in Family Clinic. She previously worked in Internal Medicine.

Just Married

Angela Martin

married Troy Simpson on January 14. Angela is a Medical Assistant in MDH Medical Group. Congratulations!



MDH Says Goodbye

Dr. Haseena Ali, Physician, MDH Internal Medicine, 1/8/20

Samantha Belless, Outpatient Coder, HIM, 1/3/20

Lori Bennett, Outpatient Coder, HIM, 1/3/20

Ashley Chambers, Clerk, Registration, 1/6/20

Debbie Corzatt, Outpatient Coder, HIM, 1/3/20

Cari Collins, Specialist, Behavioral Health Services, 12/31/19

Cynthia Greer, Office Assistant, MDH Internal Medicine, 1/8/20

Jordan Hepburn, CNA, Acute Care, 1/3/20

Dr. Yousaf Jalil, Physician, MDH Internal Medicine, 1/8/20

Kay Lee, Director, Behavioral Health Services, 1/10/20

Kymberly Lockard, RN, Obstetrics, 1/5/20

Jacob Maclean, CNA, Acute Care, 12/28/19

Vicki Mershon, Clerk, Plant Engineering, 1/10/20

Austin Montgomery, RN, Emergency Room, 12/28/19

Sara Robertson, VP, Human Resources, 12/27/19

Dr. George Roodhouse, Physician, Hospice, 1/7/20

Chelsey Stuart, Clinic LPN, MDH Family Clinic and Walk-In Services, 1/6/20

Leanne Stuekerjuergen, Outpatient Coder, HIM, 1/2/20

Welcome



Craig Fields Director of Human Resources

Craig Fields began January 2 as the Director of Human Resources. Fields joins the MDH Senior Leadership Team, bringing 20-plus years of experience to the organization.

Most recently, Fields worked for seven years as the Director of Human Resources at MSA Professional Services. His HR experience in health care includes four years with Genesis Health System and seven years with Iowa Health Home Care. Fields also spent time with the Principal Financial Group in Human Resources.

Fields earned his Bachelor's degree in Business Management from Central College in Pella, Iowa.



Jimmy Rogers Director of Plant Engineering

Jimmy Rogers took over as the Director of Plant Engineering, effective January 13. After a brief stint outside of health care for the past year, Rogers brings experience in facility management, security, life safety measures, and working with The Joint Commission.

He served as the Director of Facilities/Security at Mercy Medical Center in Clinton, Iowa, in charge of a 149 licensed bed hospital and oversight of the daily operations. Rogers also worked in a supervisory role during his time with the Capital Region Medical Center in Jefferson City, Missouri.

Rogers received his Certification of Electrical Distribution from Linn State Technical College and holds a Universal HCAC/R License.



Kim Laird Director of Behavioral Health Services

MDH announced the promotion of Kim Laird, MS, LCPC to Director of Behavioral Health Services/ Psychiatry Clinic. She steps into the role following the retirement of Kay Lee, MDEd, CSA DC, LCPC who worked nearly 32 years at the hospital. Lee will remain on registry with the organization.

Laird, having spent her entire professional career working in the area, joined MDH in May 2007 as a Counselor within Behavioral Health Services. She also worked at the North Central Behavioral Health System, Bridgeway, and the Community Mental Health Center of McDonough and Fulton County.

Laird received her Bachelor's degree from Southern Illinois University in Social Work and a Master's from Western Illinois University in Counselor Education.

Albert Ferrabone Director of Quality

Albert Ferrabone joins MDH as the Director of Quality. During the past three years he worked in Grand Rapids, Michigan, at the University of Michigan Health – a 208-bed general acute teaching hospital and ambulatory care. As the Director of System Quality, Ferrabone oversaw a staff of 12 full-time in quality improvements.

For three years he worked in the Chicago Health System, which followed 11 years at the SwedishAmerica Health System all in quality management and medical analytics roles. Ferrabone brings additional experience in quality improvement and data analysis in health care related organizations.

Ferrabone earned a Bachelor's degree in Communications from Northern Illinois University and a Master of Public Health degree from New York Medical College.

Grateful Patient

Katie Ruebush Receives Healing Hand Award

McDonough District Hospital congratulates **Katie Ruebush, DPT** for receiving a Healing Hand award, an honor within the Grateful Patient Program at MDH.

Grateful Patients Virginia Diehl and Cathy Early recognized Ruebush for her dedication to her patients.

Diehl and Early shared, *“Cathy went to Katie for a bicep injury, and Virginia after a hip and shoulder replacement. Katie took the time to make sure she understood our concerns. She was willing to think outside the box in order to facilitate each of our recoveries. Her interest, her sense of humor, and her positivity were motivating.”*

The Grateful Patient Program provides an opportunity for patients and/or families to show their gratitude and appreciation in honor of the excellent care received. In addition to recognizing a Healing Hand, patients and/or families may make a financial contribution to support an area of care or direct their gift to a more specific cause. This gift was designated to the Sports Medicine & Rehabilitation Department.

To learn more about the Grateful Patient Program at MDH, please contact the Foundation office at (309) 836-1757 or visit MDH.org.



Community Support

Bushnell's Pink Warriors Donate \$4,500 to MDH Linda's Fund



Bushnell's Pink Warriors recently presented a \$4,500 donation for Linda's Fund at McDonough District Hospital. Funds were raised from various events including: Randy's Ride, Jeep "Hers" Country Crawl, and Cancer's a Drag events, along with other community donations from: Farmer's and Merchants State Bank of Bushnell, Your CBD Store, Bae's Creations, and East Main Treasures & More. Since 2013, the Warriors have raised \$24,000 in support of Linda's Fund.

Good Hope United Methodist Church | \$100 to DKSWC

#Giving Tuesday | \$165 to Reach Out and Read

Reliable Termite and Pest Control | \$500 to DKSWC

WIU Campus Recreation Center | Big Pink Volleyball | \$909.52 to Linda's Fund

Anonymous | \$5,000 to Behavioral Health Services | Honoring Kay Lee

Heritage Circle:

Helen A. Short estate | \$100,000 DKSWC & \$100,000 Undesignated

New Golden Apple Society Members:

Gold: Tom and Gayle Carper

Gold: Bronson and LaDawna Royer

Thank You, Dr. Roodhouse

In recognition and celebration of your dedicated service since 1978 to your patients throughout west-central Illinois. Honoring your work as a dedicated member of the McDonough District Hospital Medical Staff.

We say Thank You to Dr. George Roodhouse for your steadfast commitment to quality patient care and as a role model within MDH.



Vice-President/CNO Wanda Foster and President/CEO Brian E. Dietz, FACHE present Dr. George Roodhouse with a plaque at a MDH Medical Staff event.



New Signage

MDH has new signage in both the ER and main hallway, near Radiology, stating our policy on aggressive behavior.



Each month during the school year McDonough District Hospital participates in the Adopt-A-Classroom program. This year MDH has adopted Mrs. Linda Poore's 3rd grade students at Lincoln School. A representative from MDH visits the classroom to educate students about various departments at the hospital.

Surgery Department

Kaylie Becket, RN, visited Mrs. Poore's class to discuss the importance of when and how to properly wash your hands, and when to use hand sanitizer. The students had a chance to try on surgical attire.

The students received bubbles for being good participants.



Benefit Break...

Take a minute to learn more about your benefits and other HR issues.

Performance Evaluation Rate Increases

Salary increases are based on individual productivity and performance as outlined by the individual's job description. Increases are effective the first day of the last pay period that begins in the month. The effective date for each month will vary depending on how the pay period falls.

Example: January 2020 Evaluations

The first day of the last pay period beginning in January is Sunday, January 19, 2020. That pay period ends Saturday, February 1, 2020. The rate increase is effective for that entire pay period and will be reflected on the February 6, 2020 paycheck.

2020 Pay Increase Effective Dates	Reflected on Paycheck Dated
Sunday, January 19, 2020	Thursday, February 6, 2020
Sunday, February 16, 2020	Thursday, March 5, 2020
Sunday, March 29, 2020	Thursday, April 16, 2020
Sunday, April 26, 2020	Thursday, May 16, 2020
Sunday, May 24, 2020	Thursday, June 11, 2020
Sunday, June 21, 2020	Thursday, July 9, 2020
Sunday, July 19, 2020	Thursday, August 6, 2020
Sunday, August 30, 2020	Thursday, September 17, 2020
Sunday, September 27, 2020	Thursday, October 15, 2020
Sunday, October 25, 2020	Thursday, November 12, 2020
Sunday, November 22, 2020	Thursday, December 10, 2020
Sunday, December 20, 2020	Thursday, January 7, 2021

If you have questions concerning this topic or any suggestions for future Benefit Breaks, please contact Human Resources at extension 13492.

Caught You Caring
mdh



Congratulations to all of the Caught You Caring recipients in December.

To the right are the winners of the \$25 Gift Certificates:



Crystal Dobbs



Lois Kissinger



Erin Sinnott



Jamie Weiss

APPLE Winner December 2019



Jessica Prather

Please join in congratulating **Jessica Prather**, Medical Group Registered Nurse Instructor in Staff Development, on being named the recipient of the MDH **APPLE** Award for December. **APPLE** stands for “Achieving outstanding Performance in Patient care, Leadership, Loyalty and Enthusiasm for MDH”.

Jessica received her Diploma in Nursing from Graham Hospital School of Nursing in May 2010. She is currently working towards a Bachelor’s degree in nursing through Western Governors University. Jessica started with McDonough District Hospital in August 2018 as a Clinic Instructor in Staff Development.

Jessica brought a lot of clinic experience with her. This experience has helped over the past year while the clinic staff complete competencies. She is great at communicating updates with peers and leaders while working on her projects. She quickly learns employees’ names, makes strong connections with the staff, and with the new employees that go through her orientation.

She is always willing to learn more and take on more tasks. Jessica is self-motivated, very reliable, and a great team player. She has tried very hard to adapt to the differences she encounters and streamline the processes at the clinics. Jessica displays a friendly attitude and builds relationships with co-workers easily.

Her nominator explains that Jessica is not afraid to jump in when needed to help staff. She does an amazing job leading new hires and getting them trained and feeling comfortable. She shows a love for education and being a nurse, which shows through her smile and positive attitude. Her first and last thought is always about the end user and how things will affect them. She is very team oriented and always wants what is best for MDH and all staff. She is the perfect example of what an **APPLE** recipient represents.

Jessica is married to Derek and they have one son, Noah. She enjoys making scented candles and sewing.



MDH Staff are Taking the Pledge

When someone tells you they were raped or sexually assaulted, knowing how to respond is critical. A negative response can worsen the trauma and foster an environment where perpetrators face no consequences for their crimes.

Start by Believing stops this cycle by improving our personal and professional reactions. It all starts with you. Make your personal commitment to Start by Believing.

We must all show that we support these brave individuals for reporting and seeking our help. They come forward, trusting us. Let’s respect them and uplift them with “Start By Believing.”

For more information visit: www.startbybelieving.org/pledge



Emergency Services



Obstetrics

February Calendar of Events



Chronic Pain Management Group

Mondays | 1-2 p.m., Health Services Building 1, Auditorium
Sessions run through an 8-week course. For a free screening or more information, call MDH Behavioral Health Services at (309) 836-1582.

Anger Management

Wednesdays | 3-4:30 p.m., Health Services Building 1, Group Room

Pre-registration is required. Insurance and financial assistance may cover costs depending on coverage. For more information or to register, call MDH Behavioral Health Services at (309) 836-1582.

Childbirth and Infant Care: Sibling Class

Saturday, February 1 | 10-11 a.m., MDH Auditorium
This is a one-hour class designed to help the “big brother” or “big sister” understand what it will be like to have a new baby in the family. Free. For more information or to register, call MDH OB at (309) 836-1570.

Suicide Support Group

Monday, February 3 | 7-8 p.m.
Health Services Building 1, Auditorium
This open discussion support group is for anyone who has been affected by suicide. For more information, call the MDH Behavioral Health Services at (309) 836-1582.

Community First Aid Class

Tuesday, February 4 | 6 p.m., MDH Auditorium
The First Aid course covers injury assessment, various medical situations, and safety and injury prevention. For more information or to register, contact MDH Outreach Services at (309) 836-1584. Fee: \$50

Childbirth and Infant Care: Breastfeeding Class

Thursday, February 6 | 6:30-8:30 p.m., MDH Auditorium
Free. For more information or to register, call MDH OB at (309) 836-1570.

Childbirth and Infant Care: Saturday “L.A.T.E”

Childbirth Instruction Class

Saturday, February 8 | 8 a.m.-4:30 p.m., MDH Auditorium
This one-day class will explain the stages of labor, offer breathing and relaxation techniques, and a tour of the OB department. Free.
For more information or to register, call MDH OB at (309) 836-1570.

Community CPR Class

Tuesday, February 11 | 6 p.m., MDH Auditorium
A life-saving technique to be used if someone would choke, stop breathing or experience cardiac arrest. This class offers adult, child and infant techniques for American Heart Association CPR and an obstructed airway. Instruction for the Automated External Defibrillator (AED) will also be covered. For more information or to register, contact MDH Outreach Services at (309) 836-1584.

Childbirth and Infant Care: Cesarean Section Class

Thursday, February 13 | 6:30-8 p.m., MDH Auditorium
This class is strongly recommended for those who wish to have their support person join them in the operating room. Free. To register, contact MDH OB at (309) 836-1570.

Bereavement Support Group - New Horizons

Monday, February 17 | 3-4 p.m., Private Dining Room
This open discussion support group is for adults who have experienced the loss of a family member or significant other. For more information, call The MDH Hospice at (309) 836-1543.

Childbirth and Infant Care: Postpartum Care and Understanding Your Newborn

Thursday, February 20 | 6:30-8:45 p.m., MDH Auditorium
This class discusses what to expect after baby is born, including: emotional and physical changes for mothers, the importance of rest and proper nutrition, family planning, normal characteristics of newborns, and when to call your health care provider. Free. For more information or to register, call MDH OB at (309) 836-1570.

Your Heart. Your Health. Close to Home.

Tuesday, February 25 | 5:30 p.m.
Spoon River College Outreach Center, 2500 East Jackson St.
Hear from Blessing Cardiologists Dr. Steven Krause and Dr. Jeffrey Cook; MDH Cardiopulmonary Peggy Jones, NP-C; and MDH Cardiac Rehabilitation.
Free and open to the public. A heart healthy dinner will be provided, doors will open at 5 p.m. For more information or to register, contact MDH Outreach Services at (309) 836-1584.

February Meetings Calendar

Monday, February 3

Department of Surgery, 12 p.m., MDH Auditorium

Tuesday, February 4

Credentials Committee, 7 a.m., PDR

Monday, February 10

Medical Exec Committee, 12 p.m., PDR

Monday, February 17

- Finance Committee, 4 p.m., TFBR
- Board of Directors, 5:30 p.m., TFBR

Tuesday, February 18

Department Directors, 2 p.m., MDH Auditorium

Monday, February 24

Medical Staff Quality Improvement Committee,
12 p.m., TFBR

Tuesday, February 25

MGOC, 5:30 p.m., TFBR

Wednesday, February 26

Quality Council, 1:30 p.m., MDH Auditorium



SPRING BOOK FAIR
March 26-27
MDH Auditorium

Recognition for Outstanding Customer Service

For the month of December, the Customer Service department would like to recognize and say thank you to **employees and physicians** for their outstanding customer service to patients.

The Press Ganey, Deyta (Hospice) and Patient Satisfaction surveys call attention to employees who demonstrate excellent customer service. Individuals recognized receive a customer service *Thank You Certificate* for their outstanding hard work.

Recognition for outstanding customer service goes to the following professionals:

Emergency Services: **Dr. Jennifer Withers; Mattie Randol, RN**

MDH Ear, Nose and Throat: **Kamie McKee, NP-C**

MDH Family Clinic: **Casey Roberts, CMA**

MDH General Surgery: **Dr. Gonzales**

MDH Obstetrics and Gynecology: **Brenda Powell Allen, WHNP**

Radiology: **Lynn Durso, RT; Sarah Green, Tech**

Registration: **Sarah Stehl, Phlebotomist; Cindy Thompson, Phlebotomist**

Sports Medicine and Rehabilitation: **Patrick Smith, PT**

Surgical Services: **Dr. Trost; Kayla Smith, RN; Kim Williams, RN**

Congratulations to those recognized in this article and thank you for your ongoing commitment to providing an exceptional patient experience!

Out and About

Leah Rybakowski and **Susan Denecke** from Behavioral Health Services presented *Talk Saves Lives* to first responders in Quincy on January 14. *Talk Saves Lives* is a community presentation created by the American Foundation for Suicide Prevention that presents basic suicide awareness and prevention information. Susan and Leah are available to schedule presentations to other groups which last about 30-45 minutes. For more information call extension 13270.

Have you enrolled in the HealtheLife PORTAL?

Connect to your health 24/7.

To get started, ask the front desk staff to send you an email invitation. Once you receive your invite, sign in. This will allow you to view, store and share health information with your healthcare provider. All information is private and secure, and it doesn't cost a penny to enroll.

Take control of your health - anytime, anywhere.

Manage your health more easily.

Whether you want to renew a prescription, see results from a recent test or ask a question, you can get the answers you need on your computer or smart phone. Sign in with HealtheLife PORTAL to:

- Request an appointment.
- Message your doctor for health advice and receive a timely response.
- View specific lab results online rather than waiting for them in the mail.
- Request a prescription refill from the comfort of your home.
- Access your personal health records in one place, such as procedures, immunizations, medications and allergies.
- Download your personal health records to easily share with other doctors.

Put your health in your hands. Register today.

You are three steps away from the time saving benefits that empower you to take control of your health. Sign up at your next clinic visit during registration/check in process.

1. Staff will ask for your email address and a secret code you will need to enter when you complete the registration.
2. You will receive an email invitation from McDonough District Hospital. You need to follow the instructions in the invitation in order to activate your account.

Website: <https://MDH.IQHealth.com>



**You shop online. You bank online.
Now you can manage your health online.**

mdh
McDonough District Hospital

525 East Grant Street | Macomb, IL 61455
(309) 836-1580 | www.mdh.org

Big Game Kick-Off Party

Friday, January 31

11:00AM – 1:30PM

The Stadium (MDH Auditorium)

Traveling cart will make rounds at 8:00PM

**Extra Point Pork
Sliders**

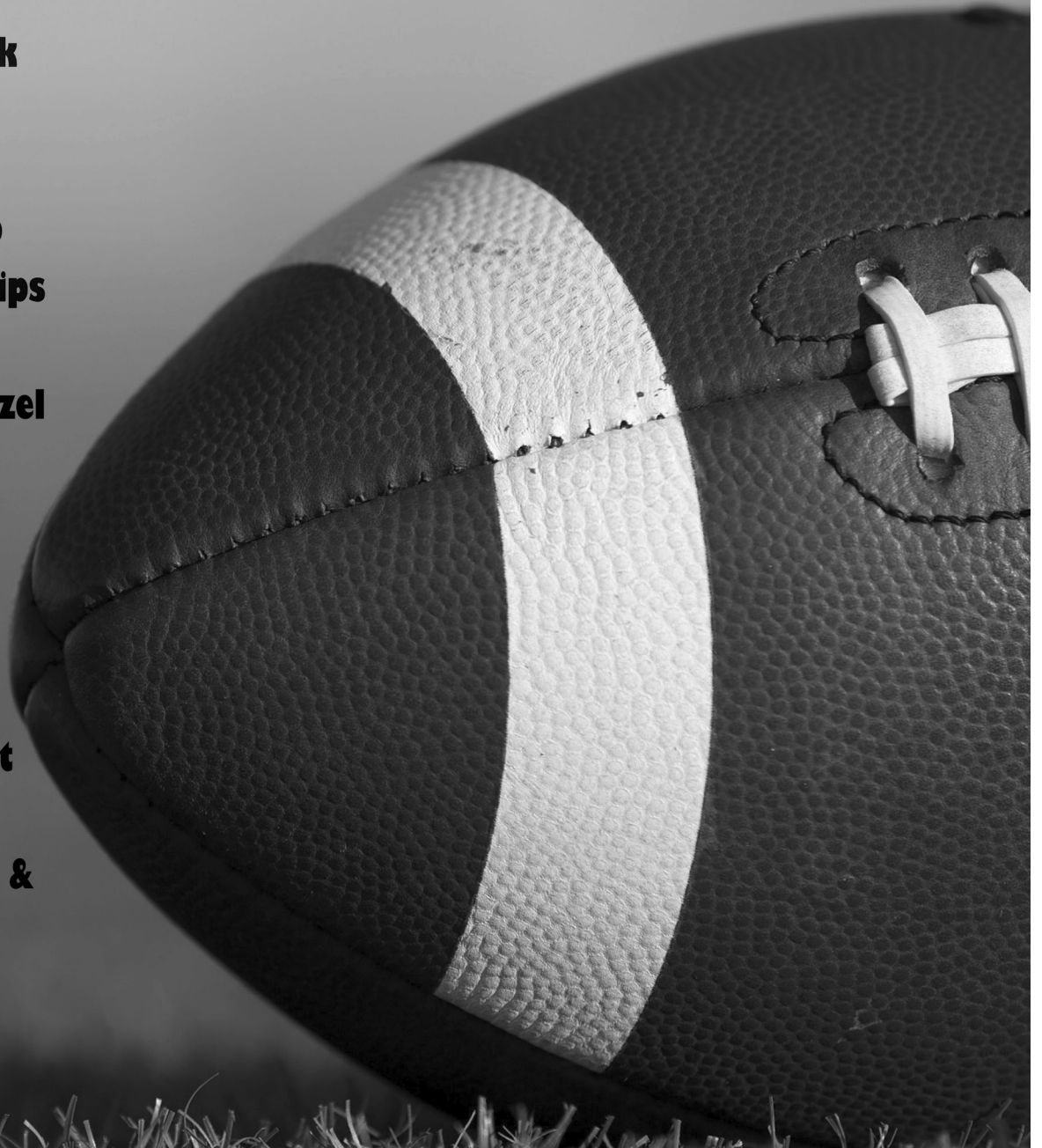
**Kickoff Buffalo
Chicken Dip & Chips**

**Interception Pretzel
Bites & Cheese**

**Snap Veggies &
Ranch**

Touchdown Fruit

**Super Bowl Soda &
Water**



Brought to you by: PR  S

**“Quarterback Sack”
To-Go containers will
be available**