

Welcome

New Board of Directors Members

Curtis Farr, MD

Dan O'Neill



Farr



O'Neill

Thank You

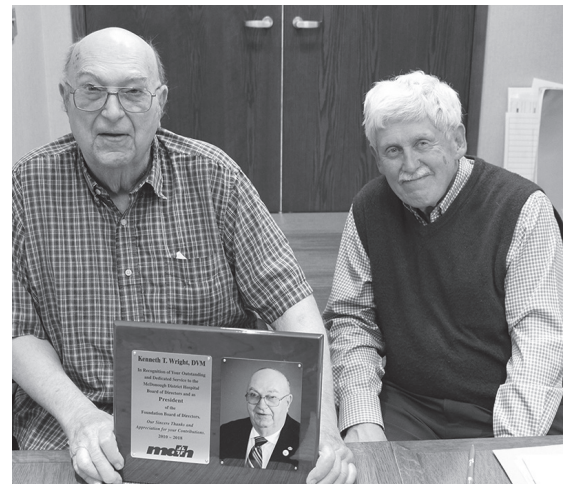
Kent Slater, MDH Board of Directors 2007-2018

"I'll miss the comradery that I developed with fellow Board members and with hospital staff. People who have been on this Board are significant contributors to McDonough County and to the Macomb community. I am proud to have had the opportunity to have served," said Slater.



Kenneth T. Wright, DVM, MDH Board of Directors 2010-2018

"It has been an eventful nine years on the Board. I've certainly enjoyed serving, met many nice people associated and employed by MDH... I've been fortunate to have served with three very able Chairs of the Board. I will miss the opportunity to meet with those other members. In addition to being fellow Directors, the majority of them are pretty good friends," said Dr. Wright.



MDH Hotline

Do you have a compliance concern you need to share confidentially? Call the MDH Hotline at (309) 836-1630.

Next Deadline

The next *Making Rounds* deadline is NOON on **Tuesday, February 12.**

To view the January 2019 MDH Board Report, go to the Intranet and click on Departments → Administration

MDH Says Goodbye

Tiffany Bigsby, CNA, Acute Care, 12/27/18

Marsha Bowen, CNA, Acute Care, 12/27/18

Chevonne Kennelly, Occupational Therapist, Sports Medicine and Rehabilitation Services, 12/27/18

Victor Lidaywa, Physical Therapist, Sports Medicine and Rehabilitation Services, 12/27/18

Rachelle McCoy, Clinic RN, Psychiatry Clinic, 1/3/19

Krystal Nelson, Nurse Practitioner, Convenient Care, 1/4/19

Brooklin Schmalshof, PT Secretary, Sports Medicine and Rehabilitation Services, 1/2/19

Ashley Short, RN, Surgery, 12/14/18

Rachelle Zaborac, RN, Emergency Services, 1/3/19

Just Married

Caitlin Carson married Evan Schmalshof on November 10. Caitlin is a RN for Acute Care.

Job Opportunities



| <u>POSITIONS</u> | <u>DEPARTMENT</u> | <u>SHIFT</u> | <u>STATUS</u> |
|--|---|--------------|---------------|
| PT Secretary | Sports Medicine and Rehabilitation Services | Days | Full-time |
| Leader | Health Information Mgmt | Days | Full-time |
| Supervisor | Quality and Innovation | Days | Full-time |
| VP/Finance | Fiscal Services | Days | Full-time |
| LPN | MDH Clinic | Days | Full-time |
| LPN | MDH Clinic | Days | Full-time |
| LPN | OB/GYN Clinic | Days | Full-time |
| RN | Family Clinic | Days | Full-time |
| RN | OB/GYN Clinic | Days | Full-time |
| Clinical Quality Improvement Coordinator | Quality and Innovation | Days | Full-time |
| RN | Acute Care | 7p-7:30a | Full-time |
| RN | Emergency Department | 7p-7:30a | Full-time |
| RN | Emergency Department | 7p-7:30a | Full-time |
| RN | Emergency Department | 7p-7:30a | Full-time |
| RN | Operating Room | 7a-3:30p | Full-time |
| CNA | Acute Care | 7p-7:30a | Full-time |
| Medical Assistant | Cardiopulmonary | 8a-4:30p | 24 hrs/wk |
| Medical Assistant | Family Clinic | Variable | Full-time |
| Medical Assistant | MDH Clinic | Days | Full-time |
| Medical Assistant | OB/GYN Clinic | Days | Full-time |
| OR Tech | Operating Room | 7a-3:30p | Full-time |
| Accounts Payable Clerk | Fiscal Services | Variable | 24 hrs/wk |
| Ambulatory Informatics Supervisor | Information Systems | Days | Full-time |
| Athletic Trainer | Sports Medicine and Rehabilitation Services | Variable | Full-time |
| Cardiovascular Sonographer | Cardiopulmonary | Days | Registry |
| Gynecologist | OB/GYN Clinic | | Full-time |
| Nuclear Med Tech | Lab-Nuclear Medicine | 7a-3:30p | Full-time |
| Occupational Therapist | Sports Medicine and Rehabilitation Services | Days | Full-time |
| Pediatrician | Pediatric Clinic | Days | Full-time |
| Pharmacist | Pharmacy | Variable | Registry |
| Polysomnographic Tech | Cardiopulmonary | 7p-6:30a | Registry |
| Respiratory Therapist | Cardiopulmonary | 7p-6:30a | Full-time |
| Social Worker | Senior Behavioral Health | Days | 24 hrs/wk |

Full list also available online at www.MDH.org

As of January 15, 2019

New Faces at MDH

MDH Welcomes New Employees



Brodie Cernich

Brodie is a Certified Nurse Assistant for Acute Care. She is from Plymouth and has one child, Colt. Brodie enjoys crocheting and teaching her son new things.



Cara Erude

Cara is a Registration Clerk in Registration. She is from Monmouth and is married to Silvester. They have two children, Imani and Nia. Cara enjoys cooking, baking, gardening, listening to music, and watching movies.



Thomas Franklin

Thomas is a Food Service Aide for Food and Nutrition Services. He is from Hazel Crest and enjoys hanging out with friends, anime, and writing.



Holly Gloodt

Holly is a Recreation Therapist in Senior Behavioral Health. She is from Orland Park and enjoys music, crocheting, and watching Netflix.



Rick Hall

Rick is a Public Safety Officer for Public Safety. He is from Bushnell and is married to Andrea. They have one child, Dawson. Rick enjoys fishing, hunting, and spending time with his wife, family, and dogs.



Kaeleigh Prier

Kaeleigh is a Registration Clerk in Registration and she enjoys reading.



Armish Raza

Armish is a Medical Staff Coordinator for the Medical Staff Office. She is originally from Pakistan.



Patti Smyth

Patti is an Office Assistant for the OB/GYN clinic. She is from Cape Girardeau, MO.

MDH Welcomes New Interns



Raeva Farris

Raeva is an Intern in Outreach Services. She is from Chicago and enjoys singing.



Georges Messan

Georges is an Intern for Sports Medicine and Rehabilitation Services. He is from Togo and enjoys working out.



Rachel Shive

Rachel is an Intern in Sports Medicine and Rehabilitation Services. She is from Roodhouse and enjoys cooking and working out.



Danielle VanCura

Danielle is an Intern in Sports Medicine and Rehabilitation Services. She is from Coal City and enjoys soccer and working out.



James Ventrella

James is an Intern in Sports Medicine and Rehabilitation Services. He is from Lake Zurich and enjoys lifting weights and skateboarding.

MDH Welcomes a New Volunteer



Pam Chance

Pam is a truck dispatcher and is originally from Jacksonville, FL.

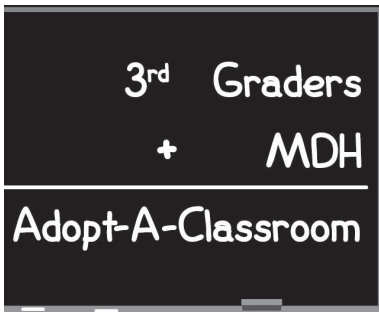
Moving Around

Kaylie Duesenberg was an Emergency Room RN and is now working in Surgery as a RN.

Kaitlyn Fleetwood was a Certified Medical Assistant for OB/GYN Clinic, now she is a Float Certified Medical Assistant for MDH Clinics.

Erin Heaton was Float Clinic RN for MDH Clinics, now Clinic RN for Internal Medicine.

Kayla Twidwell was an Acute Care RN, she is now a RN for Surgery.



Each month during the school year McDonough District Hospital participates in the Adopt-A-Classroom program. This year MDH has adopted Mrs. Linda Poore's 3rd grade students at Lincoln School. A representative from MDH visits the classroom to educate students about various departments at the hospital.

Pediatric Clinic

In January, **Julie Bartlow, CPNP-PC, NNP-BC**, visited our Adopt-A-Classroom students. She discussed her job as a healthcare provider, gave tips on how to stay both physically and mentally healthy, and demonstrated how to use a stethoscope and otoscope. Students even got to practice using those tools.

The class received MDH footballs for being great listeners.



Think Pink Game

MDH is sponsoring the Western Illinois University Men's and Women's Basketball Think Pink games at Western Hall on Saturday, February 16.

The Think Pink game is dedicated to promoting breast cancer awareness and education. Money raised from t-shirt sales and other activities at the game will go towards Linda's Fund at MDH, which supports women with breast cancer and their families in our community.

An email will be sent out once t-shirts become available for sale in the Public Relations and Marketing office.

Appalachian Trail Walktober Challenge

In October, MDH LifeSteps hosted the Annual Walktober Team Challenge! Walking the entire Appalachian Trail (2,181 miles long) from October 1- October 28. Each member of the team had to walk a minimum of 154,000 steps to get to the end of the trail. This was the first year running the challenge through the online wellness portal, and it caused competition to heat up. There was a total of 82 people who participated in the challenge, and together they walked 10,921,191 steps.

One team finished the challenge in one week, and there were several teams that finished in 14 days or less.

These are the top four teams from the challenge:

- **Team Thompson:** Mary Thompson, Dale Thompson, Matthew Thompson, and Michael Thompson finished the entire challenges in seven days!
- **Lab Team:** Matthew Kessler, Trisin Ramon (not pictured), Crystal Carson, and Jackolyn Wibbell finished the entire challenge in 10 days.
- **Team Rehab:** Amy Gaule (not pictured), Amy Fansler-Milas, Marc Kessler, and Heather Tyson, finished the entire challenge in 12 days.
- **Behavioral Beasts:** Cathy Peters, Kim Laird, Jo Eidson, and Susan Denecke finished the entire challenge.

We had several other teams that completed the challenge as well:

- Walking Wonders
- Billers with Blisters
- Baby Steps
- Wellness Crew
- Team Nuc Med
- Chafing the Dream
- Maintaining Life Balances
- Acute Cuties
- Miles & Martini's
- The Holy Walkamolies
- Chicks with Kicks
- Emergency Room

Thank you to all who participated in the challenge! If you have other challenge ideas, please submit them to lifesteps@mdh.org.



Team Thompson



Lab Team



Team Rehab



Behavioral Beasts

Recognition for Outstanding Customer Service

For the month of December, the Service Excellence department at McDonough District Hospital would like to recognize and say thank you to **employees and physicians** for their outstanding customer service to patients.

The Press Ganey, Deyta (Hospice) and Patient Satisfaction surveys call attention to employees who demonstrate excellent customer service, according to Vice President of Quality and Innovation Maggie Dubil. Individuals recognized receive a customer service *Thank You Certificate* for their outstanding hard work.

Recognition for outstanding customer service goes to the following professionals:

Acute Care: **Dr. Arnold; Dr. Miller; Dr. Patel**

Food and Nutrition Services: **Yagonda Stewart-Hall**, Certified Diet Technician

Home Health: **Megan Carter**, RN

Laboratory: **Carley Brown**, Phlebotomist; **Kory Harman**, Lab Assistant; **Derek Powell**, Phlebotomist; **Paul Copeland**, Phlebotomist

MDH Clinics: **Dr. Minter; Dr. Urch; Dr. Mitchell; Dr. Ali; Dr. Patel; Jodi Heller**, NP-C; **Kamie McKee**, NP-C

Obstetrics: **Dr. Smith; June Sapp**, RN; **Shawna Sprinkle**, RN; **Sara Jones**, RN; **Julie Elliott**, RN

Radiology: **Lynn Durso**, X-Ray Technician; **Theresa Anderson**, Technician

Sports Medicine and Rehabilitation Services: **Patrick Smith**, PT

Surgical Services: **Dr. Trost; Dr. Biagini; Kim Rhoads**, RN

Congratulations to those recognized in this article and thank you for your ongoing commitment to providing an exceptional patient experience!

...Benefit Break...

Take a minute to learn more about your benefits and other HR issues.

Performance Evaluation Rate Increases

Salary increases are based on individual productivity and performance as outlined by the individual's job description. Increases are effective the first day of the last pay period that begins in the month. The effective date for each month will vary depending on how the pay period falls.

Example:

January 2019 Evaluations

The first day of the last pay period beginning in January is Sunday, January 20, 2019. That pay period ends Saturday, February 2, 2019. The rate increase is effective for that entire pay period and will be reflected on the February 7, 2019 paycheck.

If you have questions concerning this topic or any suggestions for future Benefit Breaks, please contact Human Resources at extension 13492.

| 2019 Pay Increase Effective Dates | Reflected on Paycheck |
|-----------------------------------|----------------------------|
| Sunday, January 20, 2019 | Thursday, February 7, 2019 |
| Sunday, February 17 | Thursday, March 7 |
| Sunday, March 31 | Thursday, April 18 |
| Sunday, April 28 | Thursday, May 16 |
| Sunday, May 26 | Thursday, June 13 |
| Sunday, June 23 | Thursday, July 11 |
| Sunday, July 21 | Thursday, August 8 |
| Sunday, August 25 | Thursday, September 5 |
| Sunday, September 29 | Thursday, October 17 |
| Sunday, October 27 | Thursday, November 14 |
| Sunday, November 24 | Thursday, December 12 |
| Sunday, December 22 | Thursday, January 9, 2020 |

APPLE Winner December 2018



Ashley Hager

Please join in congratulating **Ashley Hager**, Physical Therapist in Rehabilitation Services, on being named the recipient of the MDH APPLE Award for December 2018. APPLE stands for “Achieving outstanding Performance in Patient care, Leadership, Loyalty and Enthusiasm for MDH”.

Ashley attended Northern Illinois University and graduated with a Bachelors in Health Sciences in May 2010. She then attended Washington University in St. Louis and graduated with a Doctorate in Physical Therapy in May 2013. Ashley started at MDH in her current position on July 29, 2013.

Ashley has excellent communication skills among staff and referring providers. She provides exceptional documentation of patient status and progression. Ashley is always communicating well with her patients and making sure they are comfortable, as well as informing the staff on treatment. She has a positive attitude and is very professional. Ashley continues to grow professionally through self-study and continuing education, as well as seeking the opinion of her coworkers.

Ashley has served as a primary resource for the conversion to the Cerner system in the department. She continues to be a resource and help with issues or problems that arise. Ashley goes above and beyond for her patients. She shovels snow and spreads salt to ensure their safety; she also adapts to what schedule works best for her patients. At all times, Ashley displays a positive attitude.

Her nominator explains Ashley is an excellent therapist and always has been. Recently, she has stepped up to unbelievable expectations. She has taken on many extra caseloads to help out when short staffed. She always remains professional and goes the extra mile. The quality of care her patients receive is never less than excellent.

In May of last year, Ashley married Dustin. In her spare time she enjoys crafting, hiking, and playing sports.



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SUPERFOODS

VEGETABLE
VITAMINS
WATER
WEIGHT
WHOLEGRAIN

Caught You Caring



Congratulations to all of the Caught You Caring recipients in December!

Below are the winners of the \$25 Gift Certificates!

Marcia Hollenback - Acute Care

Dawn Knutson (not pictured) - ER

Casey Roberts - Internal Medicine

Sarah Stehl - Admitting/Registration



February Meetings Calendar

Monday, February 4

Department of Surgery, 12 p.m., Auditorium B

Tuesday, February 5

Credentials & Bylaws, 7 a.m., PDR

Department of Emergency Medicine, 12 p.m., PDR

Friday, February 8

Exec Committee, 12 p.m., PDR

Thursday, February 14

Finance Committee, 7 a.m., TFBR

Monday, February 18

Board of Directors, 5:30 p.m., TFBR

Tuesday, February 19

Department Leaders, 2 p.m., Auditoriums A/B

Medical Group Operations Council, 5:30 p.m., TFBR

Thursday, February 21

Tumor Board, 12 p.m., Auditorium A/B

Friday, February 22

Medical Staff Quality Improvement, 12 p.m., TFBR

Monday, February 25

Ethics Committee, 12 p.m., TFBR

Wednesday, February 27

Quality Council, 2:30 p.m., TFBR

Thank You

On December 16, eight of my family members were hit head on and my grandmother was killed instantly. Six of the passengers, five of which were children ages 12 months - 8 years, were brought by ambulance to MDH. My uncle and one of the four-year-old triplets were life-flighted out once stabilized. I wanted to take a moment to let my MDH family know how very blessed and grateful I am that you were some of the first people on the scene, and were able to treat and comfort my uncle and the children that had just experienced the most horrific event of their young lives. I am unsure of the names of EMTs, paramedics, physicians, nurses, and ER staff that were working, but know you made a HUGE impact and difference in all of our lives and we can't express how very thankful we are for your care and compassion during such a tragic event. I also want to thank **Shawna Sprinkle, RN**, for being one of the nurses that lent a hand with comforting and soothing the baby and kids while family were being notified. It is such a blessing to know I work at a hospital that has such big hearted, compassionate people. I would also like to thank **Connie Starbuck**, nursing supervisor, for all the support and care she gave to the kids, my family, and to me when I called to let her know I would not be available for my next shift. I am truly blessed by all of you, and appreciate the family feel and quality care MDH gives.

Thank you from the bottom of my heart,
Danielle Jones-Koile, RN

February Calendar of Events

Chronic Pain Management Group

Mondays

1-2 p.m., Health Services Building 1 Auditorium

Pre-registration and screening required. 8-week group.

Contact Behavioral Health Services at (309) 836-1582.

Anger Management

Tuesdays

3-4:30 p.m., Health Services Building 1 Auditorium

Pre-registration required.

Contact Behavioral Health Services at (309) 836-1582.

Childbirth and Infant Care: Sibling Class

Saturday, February 2

10-11 a.m., MDH Auxiliary Workroom

Pre-registration required. Call OB at (309) 836-1570.

Forget-Me-Not Support Group - Free

Monday, February 4

6-7 p.m., Health Services Building 2 Multipurpose Room

Support group for anyone affected by loss during

pregnancy or the loss of an infant. For more

information call Public Relations (309) 836-1557.

Suicide Support Group

Monday, February 4

7-8 p.m., Health Services Building 1 Auditorium

Contact Behavioral Health Services at (309) 836-1582.

Community First Aid

Tuesday, February 5

6 p.m., Auditorium A

Cost: \$40. Pre-registration required.

Contact Outreach Services at (309) 836-1584.

Childbirth and Infant Care: Breastfeeding

Thursday, February 7

6:30-8:30 p.m., Auditorium B

Pre-registration required. Call OB at (309) 836-1570.

Childbirth and Infant Care: Saturday "L.A.T.E."

Childbirth Instruction Class - Free

Saturday, February 9

8 a.m.-4:30 p.m., Auditoriums A & B

This one-day class will explain the stages of labor, offer breathing and relaxation techniques, and a tour of the OB department.

Pre-registration is required. Call OB at (309) 836-1570.

Community CPR Class

Tuesday, February 12

6 p.m., Auditoriums A & B, Auxiliary workroom & conference room

Fee: \$40. Pre-registration required.

Contact MDH Outreach Services at (309) 836-1584.

Childbirth and Infant Care: C-Section Class - Free

Thursday, February 14

6:30-8 p.m., Auditorium B

A one-evening class providing information about some common reasons for cesarean birth. This class is highly recommended for anyone who wishes to have their support person in the operating room.

Pre-registration is required. Call OB at (309) 836-1570.

Bereavement Support Group - New Horizons

Monday, February 18

3-4 p.m., Private Dining Room

For more information, call Hospice at (309) 836-1543.

Heart Program - Free

Wednesday, February 20

6:30 p.m., Sports Medicine and Rehabilitation Center, Third Floor, heart healthy snacks will be provided and is open to the public.

Contact Outreach Services at (309) 836-1584.

Childbirth & Infant Care: Postpartum Care and Understanding Your Newborn Class - Free

Thursday, February 21

6:30-8:45 p.m., Auditorium B

Pre-registration is required. For more information or to register, call OB at (309) 836-1570.



Gift Gallery

Sweetheart Sale
February 12-14

All Jewelry & Accessories on Sale!

Sale Includes: Jewelry, purses, keychains, travel bags, wallets, bags, socks, hats, gloves, hair accessories, and more)

Excludes fresh flowers, candy, greeting cards, newspapers, used books, MDH items, and stamps.

Community Support

Compeer Financial Team Member Match | \$325 to Linda's Fund

First Presbyterian Church of Macomb Peace and Global Witness

Fund | \$188.75 to Indigent Care for rehabilitation patients

LuLaRoe Fundraiser | \$289 from retailer Devin Dean with a match from LuLaRoe Company for \$239 to DKSWC

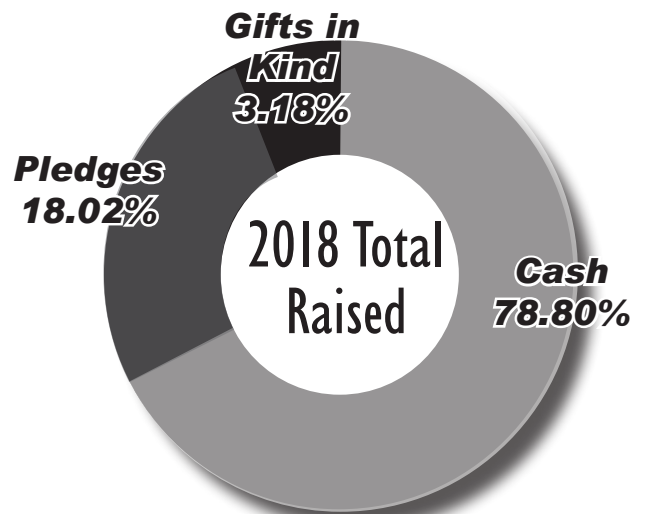
Reliable Termite and Pest Control giving back to communities served | \$500 to DKSWC

Macomb Kiwanis Club | \$1,000 to the Reach Out and Read program at the MDH Pediatric Clinic



Pictured: Kiwanis Club of Macomb members with MDH Foundation Leader Jill Cook (right)

The Impact of Generous Donors



Gifts in Kind\$19,725.03

Pledges\$111,601.90

Cash\$488,065.07

Total **\$619,392.00**

DKSWC Naming Rights Reserved By:

Dolores Kator Switzer Women's Center: \$2,651,819.26 Dick Switzer

Nursery: \$250,000 Charlene Callison and Larry Balsamo in memory of Marion P. Callison

LDR #1: \$50,000 Drs. Edward and Molly Baker

LDR #2: \$50,000 Dr. Richard and Monica Iverson

LDR #3: \$50,000 Dr. Jack and Kathy McPherson

OB Waiting: \$45,000 Citizens Bank (A Division of Morton Community Bank Member FDIC)

Imaging Center Waiting: \$55,000 Citizens Bank (A Division of Morton Community Bank Member FDIC)

Mammography Suite: \$50,000 Brad Bainter and Amy Spelman in memory of Linda Bainter

Stereotactic Breast Biopsy Suite: \$50,000 NTN Bower Corporation

Ultrasound Suite: \$50,000 Pella Corporation

DEXA Bone Density Suite: \$40,000 MDH PROS (Professionals Reach Out in Service)

Obstetrics Art Sponsor: \$10,000 Jill Brody, MD and R. William Lambert, PhD



Sophos Mobile Security

Just about everyone these days has a smartphone. Keeping it safe is an ongoing task. But why would you need to do this?

What is Sophos?

Sophos is a provider of antivirus tools that scans for security risks, removes viruses, and protects networks.

Sophos' suite of products includes Sophos Home for PCs and Macs, which uses the same antivirus, malware protection, and web filtering technology trusted by businesses worldwide.

This provider has Mobile Security solutions for both Android and iOS devices to ensure protection without compromising performance or battery life. For example, HitmanPro – Malware Removal Tool scans Windows-powered computers for any issues and offers immediate resolution.

Overview of Sophos Features

If you're not running some kind of anti-malware app on your Android smartphone or tablet, then you're putting yourself at risk of infection from corrupted apps and other kinds of malware.

The key features of Sophos solutions are as follows:

Sophos Home for PCs and Macs

- Stop malware, viruses, ransomware, and malicious apps
- Block unwanted web content, phishing attacks
- Easily manage computers located everywhere from anywhere
- Works on both Windows PCs and Macs

Sophos Mobile Security for Android

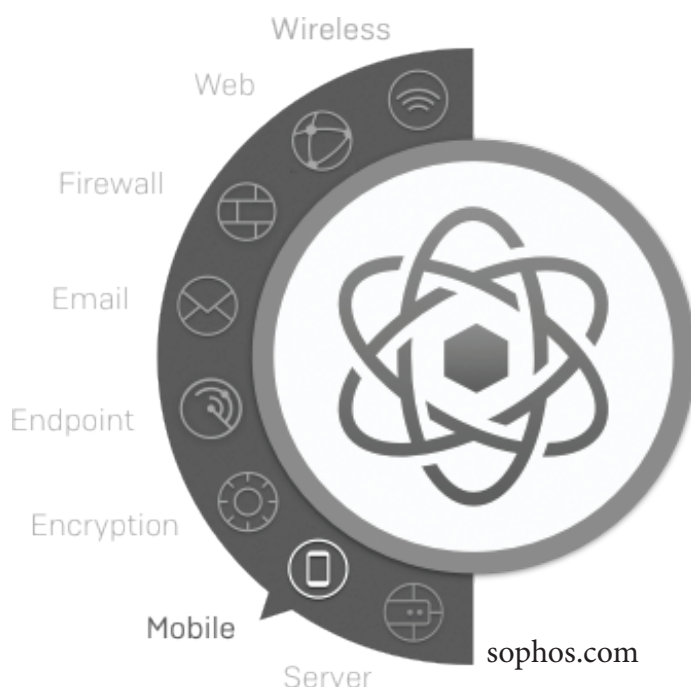
- Detects malware and blocks potentially unwanted apps and online threats
- Protects against loss and theft with remote lock, wipe, and locate
- Privacy and Security Advisors help make your device even more secure
- Authenticator manages one-time passwords for multi-factor authentication
- Secure QR Code Scanner blocks malicious content that may be hiding in QR codes

HitmanPro – Malware Removal Tool

- Removes viruses, Trojans, rootkits, spyware, and other malware
- No setup or install needed
- Free second opinion scanner tells you what was missed

Sophos Mobile Security for iOS

- OS Version Advisor explains the security benefits of the latest iOS upgrade
- Authenticator to manage one-time passwords for multi-factor authentication
- Secure QR Code Scanner blocks malicious content that may be hiding in QR codes



Big Game Kick-Off Party

Friday, February 1

11:00AM - 1:30PM

The Stadium (Aud. A & B)

Traveling cart will make rounds at 8:00PM

Extra Point BBQ

Pork Sliders

Kickoff Buffalo

Chicken Dip & Chips

Interception Pretzel

Bites & Cheese

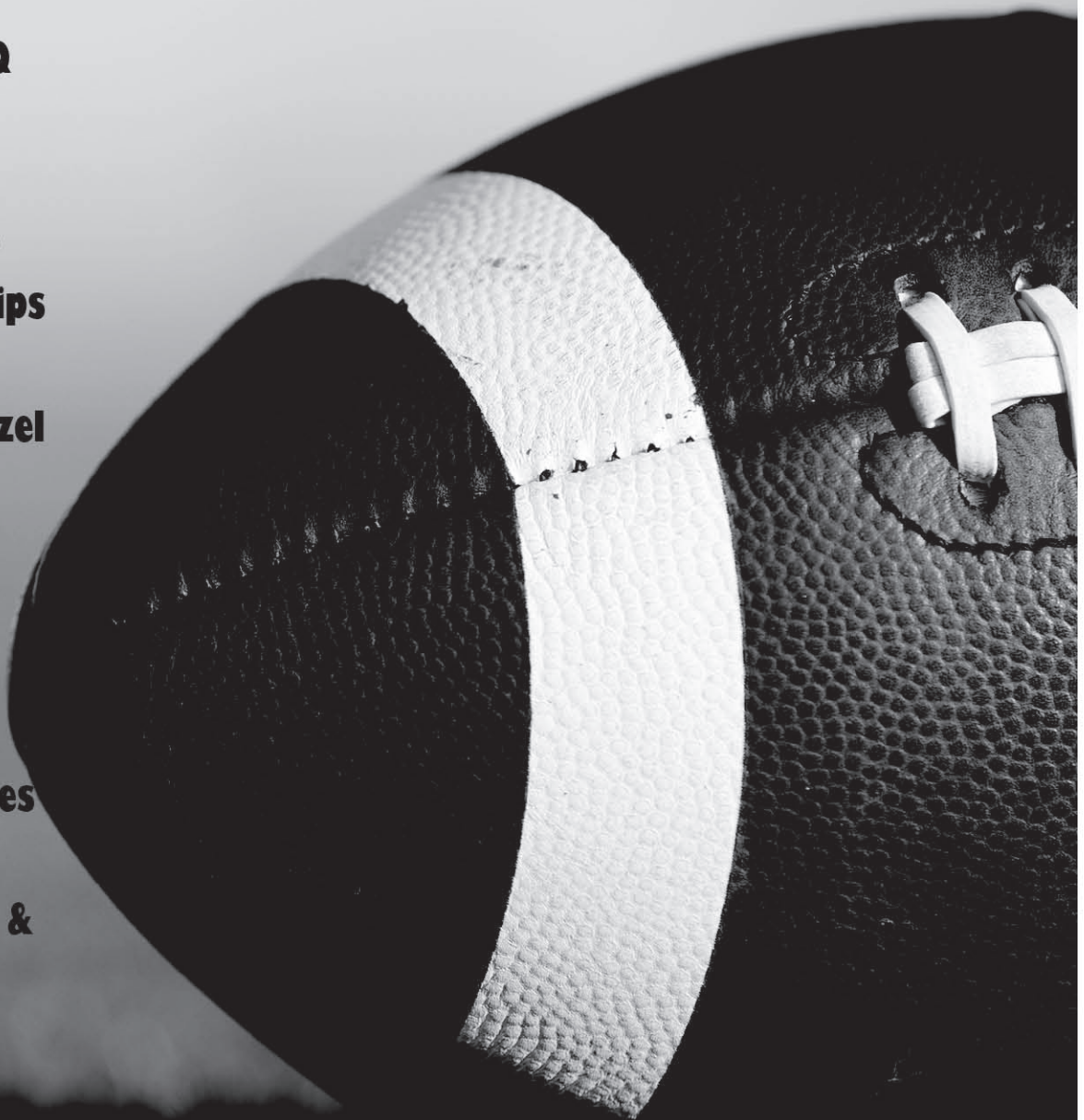
Snap Veggies &

Ranch

Touchdown Cookies

Super Bowl Soda &

Water



Brought to you by: PR  S

**"Quarterback Sack"
To-Go containers will
be available**