

Pella Pledges \$50,000

The Pella Rolscreen Foundation pledged \$50,000 and presented their first installment of \$16,667.00 toward the Dolores Kator Switzer Women's Center (DKSWC) at McDonough District Hospital. With this generous commitment, the Ultrasound Room in the Women's Imaging Center will be named after Pella and they will be recognized as "Partners" in the MDH Business Honor Roll giving club.



Pictured are (l-r): *Cathy Early, MDH Foundation Board Secretary; John Finn, Pella Plant Manager; Kenny Boyd, MDH President/CEO; Kenneth (KT) Wright, MDH Foundation Board President; and Vicky Wallen, MDH Foundation Leader.*

See page 6 for more DKSWC updates

Visit MDH at the Ag Mech Show

Stop by the MDH booths at the 46th Annual Agriculture Mechanization Show on Saturday, February 6 from 9:00 AM – 5:00 PM or Sunday, February 7 from 10:00 AM – 4:00 PM in Western Hall on the Western Illinois University campus.

MDH representatives from Diabetes Education Center will be at the expo giving free Blood Glucose screenings from 9:00-11:00 AM on Saturday and 10:00 AM-12:00 PM on Sunday. Home Health & Hospice will be there offering Blood Pressure checks on Saturday from 12:00-3:00 PM and Sunday from 12:30-2:30 PM. Outreach Services will provide heart health educational information and MMG providers will be there to "meet and greet" visitors at the booth.



MDH booth at Ag Mech Show 2015

MDH Hotline

Do you have a compliance concern you need to share confidentially? Remember the MDH Hotline is available at (309) 836-1630.

Next Deadline

The next *Making Rounds* deadline is NOON on **Tuesday, February 16**. Please submit your information, articles, thank-you notes, recipes, achievements, etc., to Public Relations.

MDH Says Goodbye

Chris Beaupre, EMT, Ambulance, 12/24/15

Lori Bennett, Registered Nurse, Acute Care, 1/6/16

Kathy Caraway, Secretary, Convenient Care, 12/17/15

Margaret Donovan, Credit/Collection Agent, Patient Financial, 1/15/16

Whitney Fretueg, Registered Nurse, Emergency Services, 1/12/16

Vicky Howard, Clinic Registered Nurse, Acute Care, 1/12/16

Don Mathis, Registered Nurse, Senior Behavioral Health, 1/6/16

Mimi Pounders, Nurse Practitioner, Family Clinic, 12/23/15

David Reem, Physician, Internal Medicine, 12/31/15

Amanda Sullivan, Medical Assistant, Family Clinic, 12/23/15

Denise Thomas, Registered Nurse, Obstetrics, 12/31/15

Richard Watson, Pathologist, Pathology, 12/31/15

Job Opportunities



<u>POSITIONS</u>	<u>DEPARTMENT</u>	<u>SHIFT</u>	<u>STATUS</u>
PT Acct Rep-Biller	Patient Financial	7:30a-4p	Full-time
ER - CCC	Emergency Services	Days	Full-time
ICU RN	Intensive Care Unit	7p-7:30a	24 hrs/wk
ICU RN	Intensive Care Unit	7p-7:30a	Full-time
ICU RN	Intensive Care Unit	7p-7:30a	Full-time
Nurse Practitioner	Convenient Care		Full-time
Nurse Practitioner	ENT Clinic	Days	Full-time
Nurse Practitioner	Psych Clinic	Days	Full-time
RN	Senior Behavioral Health	7p-7:30a	Full-time
RN	Senior Behavioral Health	7a-7:30p	24 hrs/wk
RN	Senior Behavioral Health	7p-7:30a	24 hrs/wk
RN	Acute Care	7p-7:30a	Full-time
RN	Emergency Room	Evenings	Full-time
RN	Hospice	Evenings	24 hrs/wk
RN	Hospice	Days	Full-time
RN	Surgery	Days	24 hrs/wk
RN	Utilization Review	Days	Full-time
CNA	Senior Behavioral Health	7p-7:30a	Full-time
CNA	Senior Behavioral Health	7a-7:30p	Full-time
CNA	Acute Care	7a-7:30p	Full-time
Medical Assistant	MMG	Days	Full-time
Medical Assistant	MMG	Days	Full-time
Paramedic	Ambulance	Variable	Registry
PBX Operator	Communications	Variable	Registry
Sterile Processing Tech	Sterile Processing	Days	Full-time
BHS Specialist	Behavioral Health	Variable	Registry
Bio-Med Tech	Plant Engineering	Days	Full-time
Medical Director	Hospitalist		Full-time
Respiratory Therapist	Cardiopulmonary	10:30p-7a	24 hrs/wk
Social Serv Associate/BS	Advocacy Services	Variable	24 hrs/wk

List also available online at www.mdh.org

As of January 19, 2016

Eye Spy

In this issue of *Making Rounds*, can you find the following items?



New Faces at MDH

MDH Welcomes New Employees



Reilly Dunne

Reilly is a Valet Parking Attendant. She is originally from Bartonville. She enjoys fishing, swimming and volleyball.



Kelly Holesinger

Kelly is a Registered Nurse in Emergency Services. She is originally from Barrington and enjoys snowboarding and running.



Carrie Kearns

Carrie is a CNA in Acute Care. She is originally from Beardstown and enjoys music, movies and collecting Asian art.



Heather Sizemore

Heather is a Catering Manager in Food Services.



Blain Smith

Blain is a Valet Parking Attendant. He is originally from Columbus, Ohio.

Moving Around

Sue Adams, Nurse Practitioner, will be working in Family Clinic after previously working in Convenient Care.

Kim Flanagan is a Registered Nurse in Acute Care. Kim previously worked as a Nurse Assistant in Acute Care.

Dick Ford is a Valet Parking Attendant. Dick previously was an Aide in Environmental Services.

Amy Hart is now a CNA in Senior Behavioral Health. She transferred from Acute Care.

Amy Hodgkins previously worked as a Medical Assistant in Convenient Care and now works as a Lab Phlebotomist.

Sandy Lambert is a Medical Assistant in Convenient Care. Sandy was a Clinic LPN for MMG.

Katelyn Mason is an Acute Care LPN after previously working as an Unit Secretary in the department.

Holly Torrance will be the Clinical Care Coordinator in Surgery. Holly was formerly a Registered Nurse for the department.

Stork Landings



Tim and **Holly Feldmann** are the proud parents of a baby girl, Kennedy Elise. Kennedy was born on January 19, 2016. Holly is a Patient Account Representative in Patient Financial Services.

Joe and **Sara Myers** are the proud parents of a baby girl, Peyton Grace. Peyton was born on December 9, 2015. Sara is a Social Services Associate in Advocacy Services.

Jeremiah and **Jessica Teeter** are the proud parents of a baby girl, Lena Lynn. Lena was born on January 14, 2016. Jessica is a Respiratory Therapist in Cardiopulmonary.

Andrea and **Matt Thompson** are the proud parents of a baby boy, Emmett Matthew. Emmett was born on January 5, 2016. Matt is a MT(ASCP) in Lab.

Just Married



Amber Fowler and TJ Depoy were married on January 8, 2016. Amber is a Registered Nurse in Surgery.

A+ Achievement

Rebecca Watson, C.O.T.A/L in Sports Medicine & Rehabilitation Services recently received her Bachelors in Rehab Science and is currently working on a Masters of Occupational Therapy at Concordia University Wisconsin.



Medical Staff Officers



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Staff Member at Large
Mary Kathleen Lockard, MD



Staff Member at Large
Jeffrey Sparks, DO

Valet Services



MDH Valet Services has expanded!

MDH Valet Services now includes coverage at the Emergency Department entrance and a Valet Services shuttle cart to assist patients and employees with transportation from the parking lots.

Coverage is currently as follows:

Main Hospital Entrance: 8:00AM – 2:00PM
309-252-2816

Emergency Department Entrance: 8:00AM – 2:00PM
309-252-2850

***Valet Services Shuttle Cart: 6:45AM – 2:30PM**
309-252-2795

Times listed above for the new service areas are tentative and may be adjusted upon usage.

**The Valet Services Shuttle will not run in the event of extreme weather conditions or maintenance downtime.*

Randy John continues to cover the main entrance and three new Valet Services employees will be covering the Emergency entrance and running the shuttle service. The new employees are **Dick Ford, Reilly Dunne** and **Blain Smith**.

Please contact Terri McHugh with any questions at extension 13397.

...Benefit Break...

Take a minute to learn more about your benefits and other HR issues.



Performance Evaluation Rate Increases

Salary increases are based on individual productivity and performance as outlined by the individual's job description. Increases are effective the first day of the last pay period that begins in the month. The effective date for each month will vary depending on how the pay period falls.

Example:

January Evaluations

The first day of the last pay period beginning in January is Sunday, January 24, 2016. That pay period ends Saturday, February 6, 2016. The rate increase is effective for that entire pay period and will be reflected on the February 11, 2016 paycheck.

2016 Pay Increase Effective Dates

Sunday, January 24, 2016
 Sunday, February 21, 2016
 Sunday, March 20, 2016
 Sunday, April 17, 2016
 Sunday, May 29, 2016
 Sunday, June 26, 2016
 Sunday, July 24, 2016
 Sunday, August 21, 2016
 Sunday, September 18, 2016
 Sunday, October 30, 2016
 Sunday, November 27, 2016
 Sunday, December 25, 2016

Reflected on Paycheck Dated

Thursday, February 11, 2016
 Thursday, March 10, 2016
 Thursday, April 7, 2016
 Thursday, May 5, 2016
 Thursday, June 16, 2016
 Thursday, July 14, 2016
 Thursday, August 11, 2016
 Thursday, September 8, 2016
 Thursday, October 6, 2016
 Thursday, November 17, 2016
 Thursday, December 15, 2016
 Thursday, January 12, 2017

If you have questions concerning this topic or any suggestions for future Benefit Breaks, please contact Human Resources at extension 13492.

MVP Awards

Has someone done something special for you? Has this person gone above and beyond his or her normal duties to help you? Consider completing an MVP Thank You to show your appreciation.

MVP Award - \$50

Hollie Rhoads
 Secretary/Registration



Hollie Rhoads (Right)

MVP Thank You - \$25

Al Black
 Plant Engineering



Al Black (Left)

Lara Lafary
 CNA/Home Health and Hospice



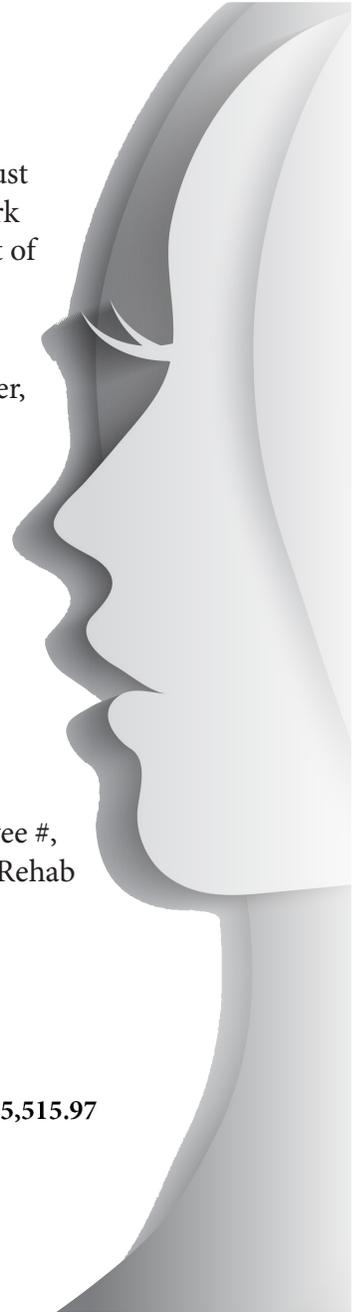
Lara Lafary

DKSWC Campaign Update

As of January 21, over \$3.2M has been raised in support of the Dolores Kator Switzer Women's Center. Recent large donations and pledges include: Citizens Bank \$100,000, Pella Rolscreen Foundation \$50,000, MDH PROS (employees) \$40,000, Fellheimer Trust of Wesley United Methodist Church \$20,000 and Table Grove State Bank \$15,000. Work continues to write grants as well as meeting with individuals and businesses in support of the project.

We need your help to reach our goal of \$5.5! Payroll deduction is available including one time donations! Donations will be recognized in the Foundation's annual newsletter, *Generosity Inspires*, as well as on the donor board within the Women's Center. All donations of any amount are appreciated! If you're interested in giving clubs, specific levels are listed below for your convenience.

<u>Annual</u>	=	<u>Payroll Deduction Per Pay Period</u>
\$100	=	\$3.85 Century Club Centurion
\$250	=	\$9.62 Century Club Supporter
\$500	=	\$19.24 Century Club Friend
\$1,000	=	\$38.47 Golden Apple Society



Please remove the form below, complete designated amount/signature/date/employee #, and return to the **Foundation Office**, located in the lower level of the hospital (old Rehab Reception office).



McDonough District Hospital PAYROLL DEDUCTION FORM

#46

One time donation Each pay period

Please deduct \$ _____ from my pay check for the **Dolores Kator Switzer Women's Center.**

Effective Date: _____

Signature: _____ Employee # _____

Please return to the Foundation office



Community Support

WIU Campus Recreation hosted a BIG Pink Volleyball tournament in October which raised \$4,337 for Linda's Fund and Cancer Education & Screening at MDH.

Recognition for Outstanding Customer Service – December

For the month of December, the Service Excellence department at McDonough District Hospital would like to recognize and say thank you to **34 employees and physicians** for their outstanding customer service to patients.

The Press Ganey, Deyta (Hospice) and Senior Behavioral Health surveys call attention to employees who demonstrate excellent customer service, according to Administrative Leader of Quality and Innovation Maggie Goettsche. Individuals recognized receive a customer service Thank You Certificate and are nominated for the MVP award for their outstanding hard work.

Recognition for outstanding customer service goes to the following professionals:

Admitting/Registration: **Hollie Rhoads**, Reception

Emergency Services: **Dr. John Pieniasek**

Environmental Services: **Randi Moore**

Home Health: **Kathy Burton, RN; Shelby Divan, RN; Megan Carter, RN**

Hospice: **Stacie Miller, RN; Richalee Doll, RN; Dr. George Roodhouse**

McDonough Medical Group: **Dr. Libby Balbort; Dr. Dan Ruiz; Dr. Jeffrey Sparks; Dr. James Gonzales; Dr. Yousaf Jalil; Kristen Finley, RN; Dr. Tamara Smith; Amber Heitz, Medical Asst.; Tracy Daniels, Medical Asst.; Mary Crater, Medical Asst.**

Obstetrics: **Dr. Troy Eckman; Mary Thompson, CNM; Wendy Cameron, RN; Janet Sullivan, RN; Linda Greene, RN; Crystal Dobbs, RN**

Radiology: **Lisa Pennington, RT, (R)(M)**

Senior Behavioral Health: **Monique Ramsay, MSW; Lynn Allen, CEM; Rhonda Briney, RN**

Sports Medicine & Rehabilitation Services: **Cathy Borst, OT; Myrna Hayes, COTA; Connie Duffy, COTA**

Surgical Services: **Jen Prater, RN; Dr. Shea Trost**

The MDH **Senior Behavioral Health** Staff was recognized in a referral satisfaction survey from another facility highlighting the ease of admitting and the excellent customer service they received from the senior behavioral health staff.

Congratulations to those recognized in this article and thank you for your ongoing commitment to providing an exceptional patient experience!

Straight Talk!

Approximately 260 students spent the day at the Western Illinois University Union as part of the Straight Talk program on January 8. Sixth grade students from Macomb, Bushnell-Prairie City, West Prairie and St. Paul schools took a day out of the classroom to hear some straight talk about a variety of issues, including body image and health, bullying, internet safety, stress management, time management, nutrition and fitness. The boys and girls were divided into separate groups and attended a series of breakout sessions.

Speakers and the topics they covered include the following:

Tim Biagini, MD and Sue Adams, FNP

“Between You and Me”

Trooper Dan Hill

“Netsmartz”

Angie Hoyt

“Stop Stressing”

Tessa Hobbs-Curly

“Bullying”

Marc Kessler and Amy Gaule

“Garbage In/Garbage Out”

Jami Minter – MHS Counselor and

Angie Schauble – MJHS counselor

“Time Management”

Committee members and volunteers include the following:

Lisa Fulkerson, U of I Extension, Chair

Stephanie Crockett, MDH Outreach Services

Kelly Shiraki, MDH Outreach Services

Diane Tate, MDH Outreach Services

MDH has held the Straight Talk program annually since 2006, with help from the University of Illinois Extension educators, and members of the MDH Outreach Committee. Funding is provided by Citizens (A Division of Morton Community Bank).

Reminders from Human Resources

Don't forget your free benefits...

MDH provides free vision insurance, life insurance and long-term disability insurance to all eligible employees working 24 hours or more a week. Vision insurance coverage and providers can be found at vsp.com. Life insurance is valued at your yearly salary and is provided free of charge to you. Long-term disability is paid by MDH on your behalf and is valued at half of your monthly salary if you are off work more than six months due to an injury or illness and deemed disabled.

Health Alliance In-Network Provider Verification

Please verify the out-of-pocket expenses before services are performed to avoid any surprises in health insurance coverage. Do not rely on your provider to give you accurate coverage levels or to provide you with physicians who are in-network for our plan.

It is difficult for providers to quote coverage levels for each Health Alliance plan accurately. It is always best to call Health Alliance directly to make sure you have accurate information. Please ask if your provider is in-network, if the facility is in-network, if the services are covered by the plan and at what level of coverage, and if pre-authorization or a referral is needed.

The same applies to prescription benefits. To know accurately what your co-payment for your prescription will be prior to having the prescription filled, you can call Health Alliance to see if the drug is on the Health Alliance formulary and what the copayment will be.

To assure you accurately know what the cost of healthcare services will be to you, please contact Health Alliance at (800) 322-7451 before services are rendered.

APPLE Winner December 2015



Christen Parks

Please join me in congratulating **Christen Parks**, Pharmacist, on being named the recipient of the MDH APPLE Award for December 2015. APPLE stands for “Achieving outstanding Performance in Patient care, Leadership, Loyalty and Enthusiasm for MDH.”

Christen attended Drake University, graduating with a Doctorate of Pharmacy degree in May 2011. Christen began her employment at MDH as a Pharmacist on May 31, 2011.

Christen does an excellent job interacting with patients, families, physicians and co-workers. She quickly establishes relationships with patients to make them feel more at ease. She provides outstanding patient education and strives to find opportunities to help patients through additional patient contact. She always treats patients and families with respect and kindness.

Christen has a great skill set and makes sound clinical decisions. She often investigates areas that she wants to learn more about, reports to the leader what she has learned and then shares the information within the department. She is extremely thorough and sees a project through from start to finish. Christen is always concerned how a process will affect the patient and makes appropriate interventions on the patients’ behalf as necessary.

Christen always functions in the best interest of the team. She is a fabulous example to others about what it means to be a team player. She is committed to being the best person and professional that she can be. Christen proactively seeks ways to help others and always asks how she can be of assistance. She has been a Service Excellence Advisor and also takes on a strong role in orienting new employees.

Christen is passionate about her job. According to her nominator, Christen is extremely driven and completes all tasks assigned to her with enthusiasm and tenacity. “Christen truly cares about the wellbeing of our patients and goes above and beyond to provide the best care for them.” She always has a smile on her face followed by a kind word. She is a very considerate, selfless and hardworking employee of MDH.

Christen and her husband, Brian, are currently renovating a country farmhouse. Christen is a very active member of her church. In her spare time, she enjoys cooking. Christen also enjoys taking care of her animals, including horses, a dog and cats.



Reminder

Don't Forget...

Please pick up your direct deposit stub EACH pay period from Human Resources Monday-Friday, 7 AM - 5 PM. Paychecks will be mailed the Thursday of pay week.

Thanks for your cooperation.

February Calendar of Events

Breast Cancer Support Group

Monday, February 1
5:30 PM, Auditorium B
Contact Outreach Services at (309) 836-1584.

Bereavement Support Group-New Horizons

Mondays, February 1 & 15
3:00-4:00 PM, Medical Arts Building, Conference Room
For more information, call Hospice at (309) 836-1543.

Community First Aid

Tuesday, February 2
6:00 PM, Auditorium A
Cost: \$32.00, Pre-registration required.
Contact Outreach Services at (309) 836-1584.

Anger Management

Tuesdays
3:30 PM-5:00 PM Health Services Building 1 Auditorium
Pre-registration required.
Call Behavioral Health Services at (309) 836-1582.

Cesarean Section Class

Thursday, February 4
7:00-9:00 PM, Auditorium B
Pre-registration required.
Call Obstetrics at (309) 836-1570.

Seniors' Day at Citizens

Thursday, February 4
8:30 AM-4:30 PM, Citizens Bank, Downtown Macomb
Topic: Anxiety Display - Behavioral Health Services
Senior Behavioral Health Display
For more information, call Behavioral Health at
(309) 836-1582 or Senior Behavioral Health (309) 836-1568.

Divorcing Parents Education Program

Friday, February 5
1:00-5:00 PM, HSB 1 Auditorium
Cost: \$60.00 payable at session, Pre-registration required.
Contact Behavioral Health Services (309) 836-1582.

Risk Education

Monday-Thursday, February 8-11
1:00-4:00 PM, HSB 1 Auditorium
Fee: \$150.00 Pre-registration required.
Call Behavioral Health Services at (309) 836-1582.

Community CPR Class

Tuesday, February 9
6:00 PM, Auditoriums A & B, Auxiliary workroom & conference room, MDH.
Fee: \$32. Pre-registration required.
Contact MDH Outreach Services at (309) 836-1584.

Caregiver Support Group

Wednesday, February 10
5:00-6:00 PM, Activity Room at Grand Prairie Assisted Living, 1307 East Meadowlark Rd
Topic: Fall Prevention
Free and open to all seniors and caregivers.
Contact Senior Behavioral Health at (309) 836-1568.

Postpartum Care & Understanding Your Newborn

Thursday, February 11
7:00-9:00 PM, Auditorium B
Pre-registration required.
Call Obstetrics at (309) 836-1570.

Saturday "L.A.T.E." Childbirth Instruction Class

Saturday, February 13
8:00 AM-4:30 PM, Auditorium A & B
Pre-registration required. Call Obstetrics at (309) 836-1570.

Childbirth and Infant Care: Breastfeeding

Thursday, February 18
7:00-9:00 PM, Auditorium B
Free. Pre-registration required.
Contact Obstetrics at (309) 836-1570.

Childbirth and Infant Care: Sibling Class

Saturday, February 20
10:00-11:00 AM, MDH Auxiliary Workroom
Pre-registration required.
Contact Obstetrics at (309) 836-1570.



Looking for Advice?

Dear Lucy,

I'm concerned about my wife's drinking. We've been going out for pizza and beer with friends for years. She was the one who had one drink and would tell me how one of us needed to stay sober to be sure everyone's kids got home safely. Now when we're out, she is the one ordering another pitcher and we're the last ones leaving. She used to have an occasional glass of wine with dinner, now it's a drink or two when she gets home from work and then another glass at dinner. She tells me it helps her unwind. Most concerning is her behavior when she joins the neighborhood women for their monthly game night. They seem to drink a lot and last week she called in sick to work the next morning. I know she was hung over. Should I be worried my wife is turning into an alcoholic?

Worried Husband

Dear Worried Husband,

I don't know that your wife meets the criteria for alcohol dependence, but it's clear she's drinking more than she used to and this could lead to problems. Studies have shown that drinking has been on the rise for women for the past few generations. Low risk drinking for women is defined as no more than one drink per day. Also on the increase is the number of women participating in heavy drinking, defined as four or more drinks at one setting or more than eight drinks in a week.

It's important for women to know alcohol affects them differently than it does men. There are unique biological factors that make a woman's body process alcohol differently than a man's. These include a woman's weight, which is generally less than a man's and the fact that her body contains less water and more fatty tissue than a man's. Fat retains alcohol while water dilutes it. Consequently alcohol remains in a woman's body longer, exposing her brain and other organs to more alcohol. Also a change in hormone levels during her menstrual cycle can affect how quickly alcohol is metabolized in the body. These factors explain why women become more intoxicated than men, despite drinking less.

Culturally it is far more acceptable for women to drink alcohol compared to the mid 20th century. Excess drinking by a woman may have been scandalous several years ago, while over imbibing has become somewhat of a habit today. Advertisers seem to target women with the introduction of flavored vodkas, catchy names for wines and margarita flavored beers.

Questions a woman may ask herself to assess if she has a problem with alcohol use include:

Do you regularly drink more than 7 drinks per week? Are you drinking alone more often? Do you need more alcohol than you previously did to get the same pleasurable feeling? Have you missed work because of your drinking? Has someone who cares about you expressed a concern about your usage?

A positive response to any of these questions may be a reason for concern.

If you would like more information about this topic or any mental health concern, please contact Behavioral Health Services at 836-1582.

Respectfully submitted,

Lucy

President's Report

The MDH Board of Directors met January 18, 2016. Here is Mr. Boyd's report to the Board for the accounting period of December 22, 2015 through January 18, 2016.



Quality and Innovation

Service Excellence

Efforts to address opportunities identified through the results of the Employee Partnership Survey continue as departments work with their staff to brainstorm ideas and develop action plans.

As a way for Senior Leadership to facilitate improvements at the organization-wide level, department leaders were asked to select two opportunities from a list of five identified by Senior Leadership as priorities from the results. Leaders selected the following at the December department leader meeting:

1. Employees who work here are seldom distracted from their work.
2. I have opportunities to influence policies and decisions that affect my work.

Leaders will continue work on these two areas through brainstorming ways to improve and by creating action plans to monitor progress and ensure timely follow through.

Projects

PATIENT PORTAL

The project is closing with documenting procedures for the portal.

HOME TO STAY

Reducing 30 day readmissions is our team's goal. The team is registered to participate on the readmission collaborative sponsored by the Hospital Engagement Network.

Infection Control

- Infection Control will be presenting education on personal protective equipment for Ebola preparedness at the January McDonough County Health Department meeting.
- Employee influenza vaccination incentive program ended at 86.9% of employees vaccinated. This was only 7 vaccinated employees away from the low target of 88%. All active employees either were vaccinated or waive vaccination.

Physician Recruitment/Retention

Physician, Advance Practice Provider Recruitment & Outreach Services – Update:

Outpatient Primary Care

Dr. Minter began seeing patients on Tuesday, January 12th, 2016. Dr. Patel had a positive return visit during the last week of December 2015 for the purpose of exploring housing opportunities. We are working with Dr. Wehner regarding several on-boarding activities including licensure. On January 8th, 2016, we interviewed an Internist that will be completing her residency in June of 2016 with ties to the area. We are actively working with this candidate and discussing a draft recruitment proposal at this time.

Hospitalist Medicine

A lead has been provided to us of a practicing hospitalist within the region and follow up is taking place at this time. Wanda Foster and Adrian MacGregor are developing additional strategies to enhance our search efforts.

Medical Student

Olivia White, a third year medical student with the University of Illinois School of Medicine – Peoria is currently with us over the next several months for a rural medicine

rotation. Thank you to Drs. Balbort, Card, Farr, Smith, the hospitalists, as well as Drs. Wright and Sarwar for their investment of their time for this initiative.

Advanced Practice Provider

Primary Care: We are working with Jodi Abernathy at this time on on-boarding related items with the anticipation of her starting with Dr. Zhang towards the end of January 2016. At this time we are in active discussions with several nurse practitioners in training, with ties to the area, that have expressed interest in working with us upon completion of their programs in late spring of 2016.

ENT: A nurse practitioner candidate will be spending time with Dr. Sparks in January to further evaluate the practice opportunity.

Psychiatry: Adrian MacGregor and Dr. Sarwar are evaluating two Nurse Practitioner candidates at this time that have recently expressed interest in the practice opportunity.

Outreach Services

Outreach & Provider Programming
Sue Adams, FNP and Dr. Tim Biagini provided excellent presentation(s) to area 6th grade boys and girls on January 8th, 2016 for the Straight Talk program. Outreach Services health educators, Stephanie Crockett, Kelly Shiraki, and Diane Tate are conducting the biometric screening program for MDH employees during the month of January 2016.

Occupational Health

Year 2 of our employee wellness partnership with Macomb Schools began this month. Outreach Services and Laboratory staff were on-site several days during the first week of January 2016. The overall feedback from Macomb Schools has been positive with this initiative. Adrian MacGregor, Diane Tate, and Stephanie

Crocket will be meeting with the leadership of District #185 to discuss the summary report and engagement strategies in February 2016.

Outreach Staff will be providing a health screening program for McDonough Power Cooperative on January 15th, 2016.

Information Systems

Cerner Electronic Medical Record

The first round of Physician training for the Cerner applications will begin in late January and a second round in early February. Additional training times will be scheduled in the May and June time period closer to the go-live time of June 6th.

Departments are working through training scripts for use with the first integrated testing week of February 15th. The testing scripts will be used to walk through all the step of each work flow process from registration to discharge in all areas of the organization. This will be the initial process for determining where we have issues in the system setup and gaps in departmental work flow processes. There will be a second integrated testing week in April that will help to test the system and processes to its limits before all staff will start their final training processes.

Optimum Payroll and Time and Attendance

The new time clocks are on site and will soon be installed for testing purposes. We will be using them for employees to double punch in both the current system and the new system for comparison and to insure that the system is setup correctly as a side by side process before the change to the new system only. We anticipate that the change will happen in March.

Financial Performance

December 2015

Activity was up for the month by 4.2% which helped make up some of the negative activity over the last two months. Year to Date activity is down just 0.9. Revenue was positive to the fixed budget in most all areas with the only notable negative variance in Swing Beds revenue as admissions were 63% below budget with revenue below the fixed budget by \$206K for the month. It is important to note, we did see an improvement in admissions in this area compared to last month – 9 admission compared to 5. Total Patient Revenue for the month was above the fixed budget by \$884K. The activity generated from our increased surgery volumes was the prime source of the increase.

Bad Debt and Charity Care combined was positive to budget. Though Contractual Adjustments were above the fixed budget by \$389K – it was better than expected when looking at the detail volume and payor mix for the month. Net Patient Revenue ended the month above the fixed budget by \$592K. Total Operating Expenses were below the flex budget by 3.3% and below our fixed budget by \$29K.

We ended the month with a positive bottom line of \$686,316 – above both the fixed and flexed budgets.

Facility Planning

MDH Renovation

Work on 2nd and third floor acute is progressing well overall, however we have encountered a couple of items (hopefully minor) which may delay our target occupancy of January 30th. Work in the former ER space is progressing well and should be completed by the end of June.

HSB II Renovation

We are still awaiting pricing from the General Contractor for the finish out of HSB II second floor space.

Public Relations Report

Public Relations & Marketing Report for Activities within the month of December 2015.

Website and Social Media

During December there were 16,951 home page visit (-227 from November), 2,481 career views and 8,270 calendar views.

The MDH Facebook page is now at over 1,170 likes, while Twitter has increased to over 240 followers. Information promoted in December on Social Media included; Festival of Trees promotion and highlights, job of the week, Dear Lucy column provided by Behavioral Health Services, Convenient Care holiday hours, Caregivers Support Group provided by Senior Behavioral Health Services, Apple Award, holiday message and welcome reception for Dr. Minter.

News media

December news included the announcement of Dr. Minter joining McDonough Medical Group and his welcome reception, MDH participating in the Hospital Engagement Network (HEN) 2.0, MDH Calendar of Events for December and January, Parenting Class offered by Behavioral Health Services, CPR and First Aid Classes and the Caregiver Support Group held at Grand Prairie Assisted Living put on by MDH Senior Behavioral Health Services.

Advertising/Marketing

Commercial spots are running for Sports Medicine & Rehabilitation Services, Home Health and general MDH spot. Orthopedics and Sports Medicine, radio spots running during all sporting events, high school and WIU. New billboards have been updated for an Orthopedics and Sports Medicine board and a Sports Medicine & Rehabilitation Services board. Other December advertising included; senior behavioral health, home health

& hospice, orthopedics, Dr. Zhang, Dr. Minter and Festival of Trees. Vital Signs, the MDH community newsletter, was distributed to homes highlighting, MDH Obstetrics and Gynecology Clinic, new providers coming, New Year's Resolution tips and Cold and Flu facts.

Other

Final changes and review of redesigned website have been completed, will launch new "look" to mdh.org in January.

Foundation Report

This report reflects activity held within the month of December 2015.

Annual Support

In December, \$75,234.55 was received and \$22,000.00 pledged for a total of \$97,234.55 raised; 454 gifts and 30 memorials were processed. Some of the areas receiving support include: Dolores Kator Switzer Women's Center (DKSWC), Festival of Trees, Emergency Services, Permanent Endowment, Linda's Fund, Hospice, PROS, Peterson/Baumann Nursing Scholarships, and Cancer Education/Screening.

PROS

The annual appreciation committee meeting was held on December 16. A total of \$34,667.73 was raised in calendar year 2015. The annual Big Game party is set for Friday, February 5, and is free to all employees (MDH, Morrison, Crothall), physicians & staff, and volunteers. Plans continue for the employee Fitness Room.

Century Club (CC)

A total of \$16,364.74 from the 2015 CC Drive was raised for the DKSWC.

Festival of Trees

This year's event raised exactly \$36,000 with a profit of \$29,500 toward the DKSWC campaign. A total of 42 decorated trees were displayed and 22 themed baskets were in the silent

auction. Attendance was up this year with a total of 1,425 attending the festivities: 1150 Festival; 174 Gala; and 101 Teddy Bear T. A wrap up meeting will be held on January 28.

Year End Appeal

A total of \$4,070 was received in support of the DKSWC.

DKSWC Capital Campaign

More than \$3.1 million has been raised for the DKSWC Campaign. Grants for Ameren and McGraw were completed and submitted. A notification was received from the Pella Rolscreen Foundation that a grant was approved and the amount will be announced in January. Dot Foods grant is still pending. The next meeting is scheduled for January 13.

Golden Apple Society

Robert Baumann joined the Society in memory of his wife Carolyn J. Baumann. Robert & Sandy Collier and Mac Torgerson pledged a second \$10,000 to become Platinum members of the Society. A sub-committee meeting was held on December 15 to choose menu & décor for the Recognition Reception at the Macomb Country Club on February 4. The next meeting is scheduled for January 14.

Foundation Board

The next Board meeting will be held on January 13.

Community Support

A gift of \$4,337 was received from WIU Big Pink Volleyball for Linda's Fund and Cancer Education & Screening.

Other

Work has begun to produce the Foundation's annual community report Generosity Inspires. This publication will recognize the community's support of MDH in 2015 and is scheduled to be in homes at the end of February.

February Meetings Calendar

Tuesday, February 2

Department of Surgery, 12:00 PM, Auditorium B

Wednesday, February 10

PHO Office Managers, 12:00 PM, PDR

Thursday, February 11

Tumor Board, 12:00 PM, Auditorium A/B

Friday, February 12

Executive Committee, 12:00 PM, PDR

Monday, February 15

Board of Directors, 5:30 PM, TFBR

Tuesday, February 16

MMG Governance Council, 5:30 PM, TFBR

Wednesday, February 24

- Quality Council, 1:30 PM, TFBR
- PHO Physicians, 12:00 PM, PDR

Friday, February 26

Medical Staff Quality Improvement, 12:00 PM, TFBR

Monday, February 29

Ethics Committee, 12:00 PM, Auditorium B

"Life's most persistent and urgent question is, What are you doing for others?"

-Martin Luther King, Jr.



Word Search!

Can you find the following words?

- | | |
|-----------|-----------|
| CHOCOLATE | PENGUIN |
| FRIGID | SCARF |
| FROST | SHOVEL |
| HAT | SLEDDING |
| HOT | SNOWFLAKE |
| ICICLES | SNOWMAN |
| JANUARY | WINTER |
| MITTENS | |



R M F M R L P T T T N Q H X D C
 J M D G U Z P D I U H Y A N L N
 E Y Q Y K M L V F D A Y I P L W
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Each month during the school year McDonough District Hospital participates in the Adopt-A-Classroom program. This year MDH has adopted Mrs. Linda Poore's 3rd grade students at Lincoln School. A representative from MDH visits the classroom to educate students about various departments at the hospital.

General Surgery

James Gonzales, MD talked with the students about what he does in surgery. The students all received surgical caps and masks and were able to try on a surgical gown to know how surgeons dress in the operating room. He had a full surgical tray for them to explore the various instruments used in surgery. Also available was a stethoscope, blood pressure cuffs, otoscope and ophthalmoscope. With all the tools to explore, they were able to perform a mock surgery.

The students received hand sanitizer as a souvenir.



Are you ready for some football . . .

You're invited to

The "Big Game" Kick-Off Party



Friday, February 5

11:00AM - 1:30PM

Replay from 5:00-7:00PM

Concession Stand (Cafeteria)

4TH & Goal traveling cart to make rounds at 11PM



First-Down Appetizers

**boneless wings w/ ranch & blue cheese
celery sticks w/ ranch**

Touchdown Italian Express Subs

Overtime KC Potato Chips

Penalty Popcorn

End Zone Cookies

Hail Mary Soda



**"Quarterback Sack"
To-Go containers will
be available.**



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PROS