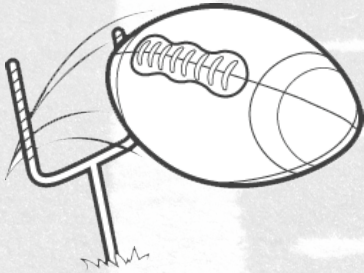


MR

McDonough District Hospital
Employee Newsletter

Making Rounds

February 21, 2017 • www.mdh.org



Touchdown!!

PROS

Over 400 meals were served at the Big Game Party on Friday, February 3!

Thank you to the fantastic servers and to Morrison for catering.



Top 100 Rural and Community Hospital



TOP 100

Rural and Community Hospitals

Becker's Hospital Review



MDH has been named to the "Top 100 Rural and Community Hospital" list by Becker's Hospital Review. MDH was one of three Illinois hospitals to be named to the list. Hospitals receiving this recognition are top performers in managing risk, achieving higher quality, securing better outcomes, increasing patient satisfaction and operating at a lower cost than their peers, according to the report done by the National Rural Health Association's Rural Health Policy Institute, iVantage Health Analytics and the Chartis Center for Rural Health.

MDH Core Values

Honesty and Integrity • Respect • Exceptional Service • Commitment to Excellence • Teamwork



MDH Hotline

Do you have a compliance concern you need to share confidentially? Remember the MDH Hotline is available at (309) 836-1630.

Next Deadline

The next *Making Rounds* deadline is NOON on **Tuesday, March 14**. Please submit your information, articles, thank-you notes, recipes, achievements, etc., to Public Relations.

Stork Landings



Hannah Bryant and **Aaron Jones** are the proud parents of a baby girl, Valerie Erin. Valerie was born on February 4. Hannah is a Registered Nurse in Acute Care, and Aaron is a Registered Nurse in Intensive Care.

Brian and **Christen Parks** are the proud parents of a baby girl, Delaney. Delaney was born on February 8. Christen is a Pharmacist in Pharmacy.

Jake and **Mia Rhodes** are the proud parents of a baby boy, Camden Michael. Camden was born on January 31. Mia is a Registered Nurse in Emergency Services.

Eye Spy

In this issue of *Making Rounds*, can you find how many times the heart appears?



Find the answer on page 15.

Job Opportunities



<u>POSITIONS</u>	<u>DEPARTMENT</u>	<u>SHIFT</u>	<u>STATUS</u>
Secretary/Receptionist	Family Clinic	Days	Full-time
Secretary/Receptionist	OB/GYN Clinic	8a-5p	Full-time
Unit Secretary	Acute Care	7p-7:30a	Full-time
Department Leader	Information Systems	Days	Full-time
Clinic LPN or RN	Internal Medicine	8a-5p	Full-time
Clinic LPN	OB/GYN Clinic	8a-5p	Full-time
Clinic RN	Family Clinic	Days	Full-time
LPN	Day Health	7:30a-4p	24 hrs/wk
House Supervisor Nonex	Nursing Support	7p-7:30a	Registry
RN	Intensive Care Unit	7a-7:30p	Full-time
RN	Intensive Care Unit	7p-7:30a	Full-time
Infection Control RN	Quality & Innovation	7:30a-4p	24 hrs/wk
Informatics RN	Information Systems	7a-3:30p	Full-time
Nurse Practitioner	Psychiatry Clinic	Days	Full-time
RN	Senior Behavioral Health	7p-7:30a	Full-time
RN	Senior Behavioral Health	7a-7:30p	24 hrs/wk
RN	Senior Behavioral Health	7p-7:30a	24 hrs/wk
RN	Senior Behavioral Health	7p-7:30a	Full-time
RN	Acute Care	7p-7:30a	Full-time
RN	Emergency Department	7p-7:30a	Full-time
RN	Obstetrics	Variable	24 hrs/wk
RN	Utilization Review	11a-7:30p	Full-time
RN	Utilization Review	Days	Registry
RN	Wound Care	Days	Full-time
CNA	Acute Care	Variable	Registry
Medical Assistant	ENT Clinic	Days	Full-time
Paramedic	Ambulance	Variable	Registry
Paramedic	Ambulance	Variable	Full-time
Appl/Security Analyst	Information Systems	8:30a-5p	Full-time
Clinic Coder	McDonough Med Group	Days	Full-time
Clinic Coder	McDonough Med Group	Days	Full-time
Clinic Supervisor	McDonough Med Group	8a-5p	Full-time
LAN Administrator	Information Systems	8:30a-5p	Full-time
MT(ASCP)	Laboratory	Variable	Full-time
Occupational Therapist	Sports Medicine and Rehabilitation Services	Days	Full-time
Physician-Family Practice	Pediatric Clinic	Days	Full-time
Speech Pathologist Nonex	Sports Medicine and Rehabilitation Services	Days	Full-time

Full list also available online at www.mdh.org

As of February 14, 2017

New Faces at MDH

MDH Welcomes New Employees



Shelli Akers

Shelli is a Registered Nurse for Acute Care. She is originally from Eaglesville, Missouri and is married to Austin. They have two children; Alex and Logan.



Rikki Bolen

Rikki is a Certified Nurse Assistant in Acute Care. She is originally from Astoria. She has one child, Remington.

In her spare time, Rikki enjoys four-wheeling, fishing and sewing.



Jessica Chadow

Jessica is an Aide for Environmental Services. She is originally from Springfield and Champaign. In her spare

time, she enjoys jewelry making, sewing, reading and video games.



Amber Cousins

Amber is an Aide for Food and Nutrition Services. She is originally from Macomb and has one son named Hudson.



Carol Deweese

Carol is a Registered Nurse for Hospice. She is originally from Vermont and has two children, Zach and Ashley.



Joanna Garcia

Joanna is a Housekeeping Aide for Environmental Services. She is originally from Houston, Texas. She is

married to Milo and her children are Arleen, Haley, Xiemna, Milo and Leonardo. In her spare time, she enjoys fishing.



Tanner Hein

Tanner is a Public Safety Officer for Public Safety. She is originally from Kewanee. In her spare time, Tanner

enjoys cooking, drawing and trying to stay awake during lecture.



Angie Roe

Angie is an Aide for Environmental Services. She is originally from Bushnell and has three

children; Blaine, Logan and Trenton. Angie enjoys cleaning and poetry.



Kaity Vancil

Kaity is a Physical Therapy Specialist for Sports Medicine and Rehabilitation Services. She is originally

from Bushnell and enjoys biking, gardening and volleyball.

MDH Welcomes New Volunteers



Jake Blakey

He is originally from Mundelein. Jake is currently a RPTA major with an emphasis in recreational therapy.

He is interested in attending Occupational Therapy School. He loves jobs that are rewarding. In his spare time, Jake enjoys baseball, football and watching the Cubs.



Jasmine Branch

She is originally from Chicago. She is currently attending Western Illinois University, majoring in

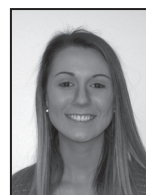
Medical Services. She is a member of Zeta Phi Beta Sorority.



Logan Brown

She is originally from Bushnell and is currently attending Western Illinois

University, majoring in Medical Science. She enjoys reading and running.



Amanda De Avila

She is originally from Plainfield. She is currently a psychology major with a minor in sociology. Her family

owns a bakery. Amanda enjoys baking. She currently works two part-time jobs as well as participating on two executive boards on campus.



Peggy Ericson

She is originally from Colorado. Peggy is married to Michael and they have two children, Kristin and

Katie. Peggy enjoys traveling, reading and bike riding.



Meih Huddleston

She is originally from Edwardsville. Meih is currently attending Western Illinois

University majoring in Exercise Science with a minor in Nutrition. Her future career goal is to become a Physicians Assistant. Meih enjoys reading a good book.



Karen Iversen

She and her husband have been married for 45 years. She enjoys reading and is a member of Altrusa and Trinity Lutheran Church.



**Laurie Myers**

She is originally from the Roseville/LaHarpe area. In her spare time, Laurie enjoys golf. She has an interest

in Golden Retrievers and horses. She is also retired from Western Illinois University as an Elementary Education teacher and coach.

**Bradley Murray**

He is originally from Crystal Lake and is currently a Law Enforcement major with a minor in

Spanish. He lived in Costa Rica for five months last year. In his spare time, he enjoys working out and hanging out with friends.

**Jeanne Nehls**

She is a retired teacher and interested in Child Development. She enjoys gardening, reading and is

committed to local and organic food.

**Madeline Stolinski**

She is originally from Orland Park. She is currently attending Western Illinois

University, majoring in Therapeutic Recreation. Madeline is a Crew Captain for WIU Love Your Melon. In her spare time, she enjoys spending time with her family, friends and her three Labrador Retrievers.

**Sara Sullivan**

She is originally from Macomb. Sara is currently attending Western Illinois University, majoring

in Psychology. In her spare time, she enjoys reading and listening to music.

**Jasmine Wilson**

She is majoring in Therapeutic Recreation. In her spare time, she is involved with SRS Club and watching Netflix.

MDH Welcomes New Interns**Allante Brooks**

Allante is an Intern for Senior Behavioral Health.

**Kevin Lee**

Kevin is an Intern for Pharmacy. He is originally from Canton and enjoys fishing.

**Sophie Peterson**

Sophie is a Music Intern for Acute Care and Senior Behavioral Health.

**Paul Rich**

Paul is and Music Intern for Acute Care and Senior Behavioral Health.

**Bria Thurman**

Bria is an Intern for Sports Medicine and Rehabilitation Services.

A+ Achievement

Paula Duncan, BSN, RN-BC recently became board certified in Nursing Professional Development (NPD). NPD specializes in orientation/onboarding, competency management, education, role development, collaborative partnerships, research/evidence-based practice/quality improvement and fosters an atmosphere of life-long learning.

Moving Around

Christine Curtis is a Scheduler in Centralized Scheduling. Christine previously worked a Day Health LPN.

Andrea Lawrence is a Staff Development Nurse Instructor. Andrea will continue to work as a ICU RN.

Mariah Maiman is a Clerk in Registration after working as an Acute Care Unit Secretary.

Amy Reynolds is a PT Secretary at the Rehab Clinic after previously working as a Registration Clerk.

Kelly Shiraki is the Interim Day Health Coordinator. Kelly is also a Health Educator for Outreach Services.

MDH Says Goodbye

Jamie R. Bainter, Registration Clerk, Registration, 2/1/17

Devin Carrigan, EMT, Ambulance, 1/13/17

Hannah Ellis, CNA, Acute Care, 1/20/17

Tom Gates, Shipping/Receiving Clerk, Inventory Control, 2/3/17

Amanda Hurst, EMT, Ambulance, 1/17/17

John Jensen, Admin. Leader, Support Services, 1/13/17

Kayla Mountain, Cash Posting Clerk, Patient Financial Services, 1/18/17

Mike Vansteel, Leader, Emergency Services, 2/9/17

Kathy Wyatt, Leader, Day Health, 2/3/17





New Leader of Emergency Services



Kelsi Cunningham, RN, BSN has been named the Leader of Emergency Services effective February 10.

Kelsi holds a Bachelor of Science in Nursing from Southern Illinois University – Edwardsville and is currently pursuing a Master of Science FNP through Maryville University.

Kelsi began her career at MDH in 2012 as an RN in the Emergency Department and most recently has been the ER Clinical Improvement Specialist since 2015. Kelsi holds the Trauma Nurse Core Course (TNCC) certification as well as Emergency Communications RN (ECRN), PALS and ACLS.

Kelsi has been instrumental in MDH receiving “Acute Stroke Ready” certification for the Emergency Department and our “Emergency Department Approved for Pediatrics” (EDAP) re-designation. Kelsi also leads the Code Blue team.

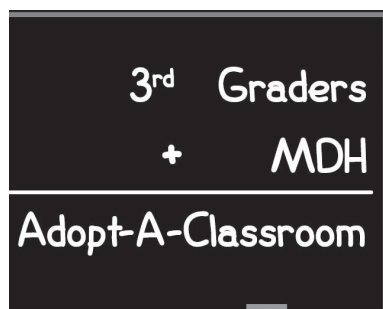


Hand Hygiene

Promote a Culture of Safety with a Simple Phrase “IT TAKES TWO”

Hand hygiene takes only a few seconds, but can have a profound effect on the safety of our patients. In healthcare, we may sometimes wash our hands hundreds of times throughout a shift. During the busy hustle of the day, have you ever thought of how many opportunities of hand hygiene we missed? Even when we do our best, we can miss opportunities and put our patients and ourselves at risk. We do not see the immediate consequences of our missed hand hygiene moments, but it does not change the impact those missed opportunities may have. We need teamwork in order for us as a healthcare facility to successfully treat our patients and keep them safe from harm while they are under our care.

The “**It Takes Two**” phrase is a simple reminder to your co-worker to perform hand hygiene. It could be our family, friends, loved ones or ourselves we find on the receiving end of our care. Think of this with each patient encounter to help avoid drift in hand hygiene. Build a culture of safety by speaking up for our patients and remind each other to perform hand hygiene.



Each month during the school year McDonough District Hospital participates in the Adopt-A-Classroom program. This year MDH has adopted Mrs. Linda Poore's 3rd grade students at Lincoln School. A representative from MDH visits the classroom to educate students about various departments at the hospital.

Obstetrics

Lisa Patton, RN from the Obstetrics department visited the classroom in January. She informed the class the OB is where they take care of new moms and babies. She told students babies are 7-8 lbs and approximately 20-21 inches long. Lisa discussed how babies are fed when inside mom and after they are born. She demonstrated how to handle a newborn as well as how to swaddle a baby. The students were able to practice on a doll.

The students received MDH teddy bears as a souvenir.



APPLE Winner January 2017



Renee

Please join me in congratulating **Renee Houser-Anderson**, McDonough Medical Group Float Certified Medical Assistant, on being named the recipient of the MDH APPLE Award for January 2017. APPLE stands for “Achieving outstanding Performance in Patient care, Leadership, Loyalty and Enthusiasm for MDH.”

Renee attended Vatterott College in Quincy and earned a Medical Assistant diploma in March 2010. In September 2010, Renee became a Certified Medical Assistant. Renee began her employment as a Medical Assistant in Convenient Care on July 30, 2013 and has since transitioned to Float Certified Medical Assistant for all the clinics in the McDonough Medical Group.

Houser-Anderson Renee’s priority is patient satisfaction. She gives thorough explanation to patients and provides various choices to them when appropriate. She greets everyone with her friendly, outgoing demeanor. She attempts to anticipate patient needs ahead of time. Renee is kind and courteous to patients and the public and sets a positive example of cooperation. Renee has strong clinical skills and adapts well to various patient care areas. She works swiftly to avoid a delay for her patients.

Renee is well-liked and respected by the clinic staff. She is very knowledgeable in what she does and seems to always be willing to assist wherever she can. Her co-workers are proud to work beside her and trust her skill level. Co-workers enjoy working with her because of her hardworking attitude and her desire to find solutions to issues as they arise. Renee offers help to others freely and works until the job is done or until it can be handed off to the next employee.

Her nominator explains Renee was an excellent preceptor for her when beginning her employment at MDH. “Renee friended me right off the bat, and made me feel comfortable. I have observed her professionalism, compassion for patients and her willingness to help co-workers.” The nominator explains Renee would routinely check in to make sure she was doing okay and then asked the other co-workers if there was anything that she could help with before leaving. As a new employee learning the ropes, the nominator states that Renee stands out among the rest. She always has a smile on her face, is willing to jump in and help and remains calm and collected.

Renee is married to Levi Anderson. She enjoys art, horses and roller derby. Renee loves her dog, Link. She is a volunteer with Horses with Wings.



MDH Sponsors WIU Basketball

MDH sponsored the Western Illinois University Men’s Basketball game (January 28) and the Women’s Basketball “Think Pink” game (February 4) at Western Hall. Money raised from the “Think Pink” game will go to Linda’s Fund at MDH.



MMG Orthopedics & Sports Medicine physician Dr. Scott Urch (right) accepted the sponsorship ball from WIU Director of Athletics Matt Tanney (left) at the Men’s game.



MDH President/CEO Kenny Boyd (center) accepted the sponsorship ball from WIU Director of Athletics Matt Tanney (left) and WIU President Jack Thomas (right) at the Women’s “Think Pink” game.

March Calendar of Events

Community First Aid

Wednesday, March 1

6:00 PM, Auditorium A

Cost: \$32.00, Pre-registration required.

Contact Outreach Services at (309) 836-1584.



Seniors' Day at Citizens

Thursday, March 2

8:30-11:30 AM, Citizens Bank, Downtown Macomb

Topic: Anticoagulation Clinic promotes DVT Awareness and Outreach Services will be giving away free ICT Hemoccult Kits to promote Colorectal Cancer Awareness. Contact the Anticoagulation Clinic at (309) 836-1659 or Outreach Services at (309) 836-1584.

Childbirth & Infant Care: 4-Week "L.A.T.E." Class

Thursdays, March 2, 9, 16 & 23

7:00-9:15 PM, Auditorium B, MDH

Class will meet one night a week for four weeks.

Pre-registration required.

Call Obstetrics at (309) 836-1570.

Divorcing Parents Education Program

Friday, March 3

1:00-5:00 PM, HSB 1 Auditorium

Cost: \$60.00 payable at session, Pre-registration required.

Contact Behavioral Health Services (309) 836-1582.

Suicide Support Group

Monday, March 6

7:00-8:00 PM, Health Services Building 1 Auditorium

Topic: The Stigma of Suicide

For more information, call Behavioral Health Services at (309) 836-1582.

Bereavement Support Group-New Horizons

Mondays, March 6 & 20

3:00-4:00 PM, Medical Arts Building, Conference Room

For more information, call Hospice at (309) 836-1543.

Breast Cancer Support Group

Monday, March 6

5:30 PM, Auditorium B

Contact Outreach Services at (309) 836-1584.

Community CPR Class

Tuesday, March 7

6:00 PM, Auditoriums A & B, Auxiliary conference room

Fee: \$32. Pre-registration required.

Contact MDH Outreach Services at (309) 836-1584.

Anger Management

Tuesdays

3:30-5:00 PM Health Services Building 1 Auditorium

Pre-registration required.

Call Behavioral Health Services at (309) 836-1582.

Pediatric Advanced Emergency Assessment (PEARS)

Tuesday, March 14

8:30 AM-4:00 PM, Auditoriums A & B

Pre-registration required. Fee \$110 plus \$35 book

Free for MDH employees with leader approval.

Call Staff Development at (309) 836-1654.

Look Good Feel Better

Monday, March 27

4:00-6:00 PM, Auxiliary Workroom

Pre-registration required.

To register contact Outreach Services at (309) 836-1584.

LIFE Course: Preparing for Emergencies

Tuesday, March 28

2:00 - 3:00 PM, Spoon River College Community

Outreach Center, 2500 E. Jackson St., Macomb

Information about advance directives, living wills, medical power of attorney and organ donation.

Cost \$5. Pre-registration required.

For more information or to register call (309) 298-1911.

Colorectal Cancer Program

Wednesday, March 29

6:00 PM, Auditoriums A & B

Speakers: Drs. Tim Biagini and James Gonzales

Learn more about Colorectal Cancer Diagnosis and

Treatment plus take a tour of the MDH Endoscopy Suite.

Free and open to the public. Free Hemoccult-ICT kits.

Contact Outreach Services at (309) 836-1584.

Cesarean Section Class

Thursday, March 30

7:00-9:00 PM, Auditorium B

Pre-registration required. Call Obstetrics at (309) 836-1570.



Looking for Advice?

Dear Lucy,

I'm dreading my upcoming spring break time. What has been a joyful experience in the past is sure to turn into a week of discomfort this year. Each year my parents treat me and my brother and our families to a week at Walt Disney World. What's different this year is politics. Their view points are polar opposite and there's been email and Facebook exchanges between them that have been bitter and mean. I'm not sure they can be civil to one another when we get together. In general I keep my political views to myself as I don't like conflict. How in the world can I get through seven days of tension?

Sincerely,

Had Enough of It

Dear Had Enough,

Welcome to the new version of Family Feud. Actually, extreme divisiveness has been present in American politics for decades. Consider taking a trip to the fabulous Lincoln Museum in Springfield where numerous satirical cartoons are on display showing the mudslinging between Lincoln and Douglas supporters during the campaign of 1858. What's different nowadays is we receive news as it happens and are able to respond almost immediately via social media. When we respond quickly we tend to be more emotional; we don't stop to think through what we want to say nor the repercussions of our words.

If it's possible, ask that there be a truce on political talk during your vacation. Remind everyone of the true purpose of getting together; to be with family, to relax and to have fun. If you don't think such a suggestion will be well received, there are a few different tactics you may wish to use. Scripting responses ahead of time so you feel prepared to respond thoughtfully might help. Come up with ways you might subtly change the topic or be able to offer a diplomatic comment such as, "I hope he does well" since failing doesn't seem like a good option for any of us. If necessary, step away from bickering between others as it's not your issue to battle.

If you do choose to enter the conversation, it's important to remain civil and avoid making belittling or demeaning comments. Take time to listen to what others have to say; remember they feel as passionately as you do, perhaps just in different ways. It's about demonstrating mutual respect. Discussions aren't about correcting positions you perceive as wrong and it's unlikely you're going to change someone else's values. Sometimes we simply need to take the stance to agree to disagree on certain subjects. You might also bring up a topic you know you all do agree on as a way to remind one another you hold some common beliefs.

I hope you have a great vacation. If you would like more information about this topic or any mental health or substance abuse concern, please call Behavioral Health Services at 836-1582.

Best regards,

Lucy



Recognition for Outstanding Customer Service

For the month of January the Service Excellence department at McDonough District Hospital would like to recognize and say thank you to **employees and physicians** for their outstanding customer service to patients.

The Press Ganey, Deyta (Hospice) and Senior Behavioral Health surveys call attention to employees who demonstrate excellent customer service, according to Administrative Leader of Quality and Innovation Maggie Goettsche. Individuals recognized receive a customer service *Thank You Certificate* and are nominated for the MVP award for their outstanding hard work.

Recognition for outstanding customer service goes to the following professionals:

Acute Care/ICU: **Melody McGrew, RN; Keith Engel, RN; Emily Kelly, RN; Karen Peters, LPN; Brenda Gibson, RN**
Emergency Services: **Andrew Bryant, PA; Dr. Brown**

McDonough Medical Group: **Layne Stambaugh, MPHNP-BC; Carrie Helle, NP-C; Dr. Sparks; Dr. Smith; Nicole Wetterling, Secretary/Receptionist; Tiffany Bentz, RN; Dr. Balbort; Dr. Gonzales; Dr. Flores Staff**

Obstetrics: **Dr. Smith; June Sapp, RN; Ashley Behymer, RN; Lynn Crowell, RN**

Sports Medicine and Rehabilitation Services: **Jeanne Meehan, OT; Danelle Smith, PT**

Surgical Services: **Steven Rodgers, RN; Dr. Trost; Dr. Card**

The **MDH Hospice Clinical Team** was also recognized in three Deyta surveys with words of recognition and acknowledgement for the compassionate and professional care provided to patients and their families. Here is one comment:

“McDonough District Hospital Hospice Staff provided excellent care. They were kind and genuinely cared!”

Congratulations to those recognized in this article and thank you for your ongoing commitment to providing an exceptional patient experience!

...Benefit Break...

Take a minute to learn more about your benefits and other HR issues.



Changing Your Tax Withholdings

Now that tax season is among us, you may want to adjust your tax withholdings or change tax exemptions. To make these changes, complete a Federal and/or Illinois W-4 form. Human Resources has these forms available to employees.

An alternative way to reduce your taxable income is by increasing your pre-tax pension contribution. Your retirement contributions can be deducted from your paycheck on a pre-tax basis for federal and state withholdings.

If you have questions concerning this topic or any suggestions for future Benefit Breaks, please contact Human Resources at extension 13492.

The Cerner Advantage

We know electronic health records, EHR's, improve the quality, safety and efficiency of health care.

We want staff to have confirmation of how this is happening at MDH through our partnership with Cerner.

Therefore, each month in Making Rounds, the MDH/MMG Cerner resident experts will provide examples of information and data to help us all see the advantages of Cerner and a networked EHR.

Since go-live, nursing has decreased their time in chart per patient by 29%, while providers have had a 43% decrease.





MDH welcomes Afriye Amerson, MD

McDonough District Hospital is pleased to announce the addition of Afriye Amerson, MD to the McDonough Medical Group. She has joined Tamara Smith, DO; Sharie Harden, CNM; Brenda Powell Allen,

WHNP; and Mary Thompson, CNM in the MDH Obstetrics and Gynecology Clinic.

Dr. Amerson attended medical school at George Washington University in Washington, DC. She completed an Internship and Residency in the Department of Obstetrics and Gynecology at St. Luke's Roosevelt Hospital of Columbia College of Physicians and Surgeons in New York, NY.

Dr. Amerson had been an OB/Gyn physician since 2001 in the New Jersey area. Most recently she has worked as a telemedicine consultant with Health Advisors, U.S.A. She has been the Assistant Attending in the Department of Obstetrics and Gynecology at Hackensack University Medical Center in Hackensack, NJ since July 2001.

She enjoys educating on women's health issues by participating in speaking engagements. She has participated as a women's health expert on numerous radio shows, television shows and conferences. Various speaking topics include women's heart health, vaginal health, pregnancy and postpartum depression.

Dr. Amerson's office is located in Health Services Building 1, Suite 102. For more information or to schedule an appointment call (309) 836-6937.



Congratulations to Julie Bartlow, CPNP-PC, NNP-BC, for passing her Pediatric Nursing Certification Board in January. We are excited to have her on board as a certified neonatal and pediatric nurse practitioner.

Care Coordination

McDonough Medical Group is pleased to be offering Care Coordination Services for patients with two or more chronic conditions. As part of the primary care team, they work closely with individuals, their family and providers to help coordinate care and improve patient's overall health and quality of life.

Services offered include:

- Education and coaching on disease process
- Development of a person-centered care plan
- 24/7 access to care management services
- Medication education and management
- Help dealing with lifestyle barriers
- Regular monitoring calls
- Referrals to community services
- Developing self-management skills
- Linking into preventative care services
- Coordination of care between different providers and during hospitalizations
- Provide reminders for appointments, screenings and tests

Call our Care Coordinators, Lindsey Woodford, RN or Patti Kessel, RN, for more information at 309-837-6937 (MYDR)

Out and About

On February 11 & 12 MDH and MMG attended the Ag Mech show at Western Hall to promote the many services we offer to the communities we serve. MMG providers, **Drs. Wehner & Zhang** offered Osteopathic Manipulations; **Jodi Heller, NP-C; Patti Kessel, RN; and Lindsey Woodford, RN** provided blood pressure screenings and hearing testing. Outreach services attended the two-day event and offered grip strength testing. Pill cutters were handed out and balloons for kids were given.



Naming rights reserved by

- **Dolores Kator Switzer Women's Center:** \$2.6 million
Dick Switzer
- **Nursery:** \$250,000 Charlene Callison and Larry
Balsamo in memory of Marion P. Callison
- **Imaging Center Waiting:** \$55,000 Citizens Bank (A
Division of Morton Community Bank Member FDIC)
- **OB Waiting:** \$40,000 Citizens Bank (A Division of
Morton Community Bank Member FDIC)
- **Mammo Suite 1:** \$50,000 Brad Bainter and Amy
Spellman in memory of Linda Bainter
- **Mammo Suite 2:** \$50,000 NTN Bower Corporation
- **Ultrasound Room:** \$50,000 Pella Corporation

Naming opportunities available...

Imaging Center: \$500,000

DEXA Room: \$50,000

Stereotactic Breast Biopsy Room: \$50,000

Labor/Deliver/Recovery Room #1: \$60,000

Labor/Deliver/Recovery Room #2 & #3: \$50,000 each

OB Patient Private Suites (8): \$125,000 each

2016 Gift Summary

3,356 gifts

\$1,179,825.92 cash donations

\$10,095.40 stocks

\$506,772.05 pledges

\$21,956.32 gifts-in-kind

\$1,718,649.69 total raised



DKSWWC

Goal



President's Report

The MDH Board of Directors met February 20. Here is Mr. Boyd's report to the Board for the accounting period of January 17 - February 20, 2017.



Quality and Innovation

Service Excellence

Service Excellence worked together with MDH and MMG Cerner resident experts along with Public Relations, to compose articles for the upcoming editions of Vital Signs and Health Connection to promote the advantages of an electronic health record.

The article will highlight the benefits of working with an innovative partner such as Cerner, as well as the advantages to the patient in the areas of safety, quality, coordination of care and convenience.

By reaching out to the general public via these publications and emphasizing the advantages, it is believed the level of understanding and confidence in the EHR system will improve.

Projects

- **Phlebotomy Wait Times:** The project is moving to document the process changes into the standard procedures for the lab and registration. Final wait time results will be obtained before the project closes. Monitoring of the wait times will continue for several months after the project closes.
- **New Project: Low dose CT lung cancer screening**
 - Goal for go live = May 1, 2017
- **New Project: Report Processes**
 - Goal 1: Charge data to leaders

- **Goal 2:** Develop standard work for DA2 reports

Patient Safety

- MDH submitted a project entitled "Reducing Bacteria in the Nose" for the second annual Quality Advocacy Showcase on Wednesday, April 5, 2017 at the Capital in Springfield, IL. The event offers IHA members the opportunity to engage legislators in discussions about the key quality issues addressed in the Illinois General Assembly while highlighting performance achievements. Collectively, the showcase aims to actively demonstrate our healthcare community's contribution to advancing quality care and patient safety across the state.
- As a member of the Midwest Alliance for Patient Safety (MAPS) Patient Safety Organization (PSO), MDH has been provided with educational information to improve patient safety through learning events and tools. Currently, MDH is collecting and reporting fall data in preparation for the Falls Safe Table in March.
- MDH has joined the Michigan, Illinois and Wisconsin Hospitals Partner for Quality Improvement Program: Hospital Improvement Innovation Network (HIIN). The HIIN Starter Packs are now available and intended to meet our immediate needs by jumpstarting our current improvement efforts. Gap analyses have been conducted to identify areas of opportunity related to the HACs.

Infection Control

- A new tagging process for patient care equipment was implemented in January that identifies whether patient care equipment is clean or needs disinfected. The new Stage

TAG color coded process tracks the usage cycle of equipment from "Clean" to "In Use" to "Soiled". The new process improves patient safety by clearly identifying properly disinfected equipment.

Physician Recruitment/Retention

Physician and Provider Recruitment Update:

OB/GYN: Dr. Amerson began with MDH on Monday, February 13, 2017. She is currently working through orientation activities at this time. We are continuing to work on credentialing as well as finalizing her licensure. A practicing candidate from Kansas has tentatively agreed to a site visit in March 2017.

Hospitalist: We have extended a draft, part-time, proposal to a recent interim provider that performed well during their time with us in January. The candidate is settling into a full-time practice opportunity within the Chicago area. We hope to have a final decision on working for us part-time by the end of February 2017.

Pediatrician: The search continues for this specialty. We are utilizing a variety of contingency as well as in-house recruitment resources for this search. Within the past two weeks, a 2000 plus direct mail campaign to Pediatricians training or practicing within the midwest region was completed.

Psychiatry Nurse Practitioner: We recently received an expression of interest for a candidate that will be completing her Psychiatry Nurse Practitioner training program this summer. Initial phone interviews are being coordinated at this time.

Outreach Services

Community Outreach

Response from the community has

been positive, in terms of registrations, for the upcoming Teepa Snow Dementia Program(s) and Sonja Jones personal wellness journey program. Registration is full for Teepa Snow programming. For more information, please contact MDH Outreach Services at 309-836-1584.

Provider Outreach

Drs. Wehner and Zhang attended the Ag Mech Show at WIU in February 2017. Both physicians provided complimentary, osteopathic manipulations for interested participants. Other services included Care Coordinators providing blood pressure checks in addition to Outreach health educators providing grip strength assessments.

Employer Outreach

The Regional Office of Education has chosen to utilize MMG Family Clinic and its providers for new teacher, substitute teachers and bus driver physicals. In March, Adrian MacGregor will be speaking with area school principals at the R.O. E. office regarding the process and cost structure. Hiring continues at NTN Bower. Krystal Wagner and Kaye Stone are providing pre-employment physicals at Convenient Care clinic. Rehabilitation Services is finalizing the necessary steps to incorporate a pre-placement screening for certain NTN Bower positions.

Information Systems

Cerner Update

The additional training sessions with physicians and the Power Chart Maternity demonstration were completed in Early February. Feedback for both training and the Maternity demonstration were positive.

We continue to work with Cerner on the transition plan for Dr. Mitchell's

office to our Cerner configuration. We are awaiting a contract language update from Cerner to provide the appropriate transition for Dr. Mitchell's office setup in our version of Cerner.

In review of the time it takes for nursing and physicians using Cerner to perform their charting. We have seen a decrease in the nurse charting time of 29% and a decrease in the charting time for physicians of 43%. This should show that staff are becoming more familiar with the applications and increasing their efficiency in performing their tasks. There are still improvements to be made in this area, but does show that we are making progress.

Financial Performance

January 2017

We ended the month with a positive bottom line, \$1,786,889 primarily from lower deductions from revenue (or discounts) and some strengthening of the revenues as we catchup backlogs from our Cerner transition. Volumes are still mixed. Inpatient volumes, with the exception of Swing Beds, generally remain down. While ED visits have generally been below budget for the year, January numbers were similar to December running about 21.9% below budget and impacting other key departments like Radiology as well. Expenses were a bit over budget in total most notable in Employee Benefits, Professional Fees and Insurance Expense. Though a nice change from the first six months of the fiscal year, we are still at a \$1.4M loss year to date.

Public Relations Report

Public Relations & Marketing Report for Activities within the month of January 2017.

Website and Social Media

During January there were 24,159

home page visits, 3,546 career views and 6,918 calendar views.

The MDH Facebook page is now at over 1,557 likes, gaining 25 likes in January. Twitter has increased to over 317 followers. Information promoted on Social Media included: the New Year Baby, Suicide Support Group, Teepa Snow program, Pain Management Clinic, MMG, Join the Journey Heart program, Diabetes Education Center, job of the week, Apple Award and more.

News media

January news included the following: New Year Baby, Dementia Educator Teepa Snow, Joint Commission accreditation, CPR, First Aid and Childbirth classes, Join the Journey Heart program and Breast Cancer support group.

Advertising/Marketing

Commercial spots are running for MMG Family Clinic, Sports Medicine & Rehabilitation Services, Home Health and general MDH spot. General radio spots include; Obstetrics & Gynecology Clinic, Pain Management Center, Orthopedics & Sports Medicine, Home Health and Family Clinic. Other January advertising included, Senior Behavioral Health, Home Health & Hospice, Orthopedics, Obstetrics & Gynecology Clinic, Pain Management Center, Family Clinic and Dr. Ali.

Other

The McDonough County Voice reporter came and interviewed the parents of the MDH New Year Baby and gave them a gift basket.

Foundation Report

This report reflects activity held within the month of January 2017.

Annual Support

In January, \$34,768.18 was received in cash and \$10,000 pledged for a total of \$44,768.18 raised; 222 gifts and 26 honor/memorials were processed. Some of the areas receiving support included: Dolores Kator Switzer Women's Center (DKSWC), Hospice, PROS, Landscaping and Carolyn J. Baumann Nursing Scholarship.

DKSWC Capital Campaign

To date, \$4,381,691.55 has been raised toward the DKSWC Campaign goal of \$5.5M. A committee meeting was held on January 11. A \$10,000 grant was received from the Leighty Foundation. Grants pending are Ameren, American Family, BNSF, Gladys Brooks, McDonough Power, Niemann Foods, Springfield Clinic, Verizon, Walgreens and Waste Management. A grant application was submitted to Pfizer and several others are in progress. The next meeting is February 8.

Golden Apple Society

New Gold level (\$10,000) members are Andy and Julie Bartlow! RSVP's are still rolling in for the February 2 Recognition Reception at the Macomb Country Club. The next meeting is set for February 9.

PROS

Plans are complete for the Big Game Party on February 3!

Festival of Trees

A wrap up meeting was held on January 26 to celebrate a successful event and gather suggestions for the 2017 event. Ann Urch will lead the way as chair again this year.

Foundation Board

Both the quarterly and annual finance meetings were held on January 11. The finance committee re-evaluated and assigned new investment objectives. The next meeting is scheduled for April 12.

March Meetings Calendar

Tuesday, March 7

Credentials/Bylaws, 7:00 AM, Auxiliary Conference Room

Wednesday, March 8

PHO Office Managers, 12:00 PM, PDR

Thursday, March 9

Department of Medicine, 12:00 PM, Auditoriums A/B

Friday, March 10

Executive Committee, 12:00 PM, PDR

Wednesday, March 15

PHO Board of Directors, 12:00 PM, PDR

Thursday, March 16

Tumor Board, 12:00 PM, Auditoriums A/B

Friday, March 17

Finance Committee, 7:00 AM, TFBR

Monday, March 20

Board of Directors, 5:30 PM, TFBR

Tuesday, March 21

MMG Governance Council, 5:30 PM, TFBR

Wednesday, March 22

- PHO Physicians, 12:00 PM, PDR
- Quality Council, 1:30 PM, TFBR

Friday, March 31

Medical Staff Quality Improvement, 12:00 PM, TFBR



Continuing Education Opportunities

Join **Lynn Allen**, Community Education Manager at MDH Senior Behavioral Health for 2017 Clinical Teleconferences. Each class attended will earn 1 CEU for RN/LPNs. All classes will be held from 12:00-1:00 PM in HSB 1 Auditorium. Lunch will be included. Please RSVP to **Heather Uppinghouse** by calling (309) 836-1568 or email hjuppinghouse@mdh.org.

March 15 - Achieving a Life in Balance

Jay Thomas, RN, Program Director
Fayette Regional Care Pavillion Geri-Psych
Connersville, Indiana

April 19 - HBIPS/IPFQR Update 2017

Mental Health Outcomes National Support Center (Horizon Health)

May 17 - Falls and the Elderly

Ann Evens, MSN, RN, Senior Program Director
Senior Behavioral Medicine
Dr. Valerie L. DeCamp, DNP, RN, AGNP, NP-C, NE-BC
Director of Nursing Inpatient Services and Accreditation
Southern Ohio Medical Center

2017 Voluntary Benefits Enrollment....It's Here!

We are pleased to announce our voluntary benefits enrollment will be held from **Tuesday, February 28 - Friday, March 10**. This is your opportunity to evaluate your benefit options and make elections for the coming year. This year, each benefit eligible employee will have the opportunity to speak with a professional Benefits Counselor. The appointments should take no more than 20 minutes, please make the time.

New Scheduling Option

You will be able to go online to choose your site locations and the most convenient date and time for your individual appointment with a Benefits Counselor.

New Voluntary Benefit Options

This year we will be offering many voluntary benefits through UNUM.

- Life Insurance for you and your family
 - Option to increase and or add coverage for you and your family members
 - Update your beneficiaries
- Long Term Disability Insurance
 - Base coverage provided at no cost with option to purchase additional coverage
- Critical Illness Insurance
 - Lump sum benefits to cover unexpected illnesses like Strokes, Heart Attacks & Cancer
- Accident Insurance
 - Financial protection if you are hurt in an accident at home or at play
- Identity Theft
 - Monitor, Protect and Recover your Identity at No Cost
- World Wide Travel Assistance Program
 - On the road emergency help at No Cost
- Employee Assistance Program
 - Free professional help to improve your work-life balance



Be on the lookout for more information, including the link for the online self-scheduling option.

MVP Awards

Has someone done something special for you? Has this person gone above and beyond his or her normal duties to help you? Consider completing an MVP Thank You to show your appreciation.

MVP Award - \$50

Katie Webb

Sports Medicine and Rehabilitation



Katie Webb

MVP Thank Yous - \$25

Mary Fisher

Sterile Processing/Day Health



Mary Fisher (Right)

Nancy Drummond

Information Systems



Nancy Drummond



Dr. Tim Biagini*



Dr. James Gonzales

Colorectal Cancer Program

While Traveling With My Scope One Day - I'll Tell You What I Saw If I May

Date: Wednesday, March 29

Time: 6:00 PM (Doors open at 5:30 PM)

Location: MDH Auditoriums A & B

Presenters: Dr. Tim Biagini* and Dr. James Gonzales
Kim Rhoads, RN - Information on Prep for a Colonoscopy
WIU Dietary Students - Presentation on a High Fiber Diet

Learn more about Colorectal Cancer Diagnosis and Treatment plus take a tour of the MDH Endoscopy Suite. See the rooms where procedures and surgery are done and view the equipment they use.

Free Hemoccult Test Kits

March is Colorectal Cancer Awareness month. Excluding skin cancers, colorectal cancer is the third most common cancer diagnosed both in men and women in this country.

Hemoccult-ICT test kits are the first step in detecting colorectal cancer. This kit only detects bleeding from the lower GI tract and is superior in detecting colorectal cancer. The Hemoccult-ICT is a screening, not a diagnosis for colorectal cancer. Free test kits are available from March 1 to April 28. Simply stop by Outreach Services in HSB1, Suite 302 to pick up a kit. Office hours are Monday through Friday, 8:00 AM to 12:00 PM and 1:00 PM to 4:30 PM. Before or after hours, test kits can be obtained from the MDH Admitting/Registration Department.

The Hemoccult-ICT test kit checks for blood in your bowel movement (stool) and is completed in the privacy of your home. There are NO dietary restrictions and instructions will be included with the kit. The completed kit may be mailed back in the envelope provided to the MDH Lab, which will conduct a free analysis if the kit is returned by Friday, April 28. For more information, please contact MDH Outreach Services at 309-836-1584 or Ext. 13415.

*Independent provider
partnering with MDH

February 28 starting @ **5:00 PM**

Join the
JOURNEY

Spoon River College
Community Outreach Center
2500 E. Jackson St., Macomb

Meet & greet @ 5:00 PM | Presentation @ 6:00 PM

mdh
McDonough
District Hospital

 **Prairie**
HEART INSTITUTE
of Illinois

A variety of Heart Healthy food stations provided.

Please RSVP by February 23 to MDH Outreach Services at (309) 836-1584.



SONYA JONES
NBC's Biggest Loser Finalist &
HSHS Medical Group
Outreach Representative