

## Doctor's Day 2016



McDonough District Hospital joins the nationwide Doctor's Day (March 30) celebration to recognize providers who meet the healthcare needs of our community.

Would you like to thank your provider for something special?  
Here's your chance to tell them why!



- Visit [www.mdh.org](http://www.mdh.org)
- Click on the "Admire Your Provider" image on the homepage
- Fill out the form with your message
- Hit submit!

»» Give a donation in honor of your provider!

## BIG Game – BIG Time!

Over 400 employees were served at the Big Game Party on Friday, February 5! Thank you to our wonderful PROS servers and Morrison for catering. The event was sponsored by MDH PROS.



# PROS



MDH Core Values

Honesty and Integrity • Respect • Exceptional Service • Commitment to Excellence • Teamwork

## MDH Hotline

Do you have a compliance concern you need to share confidentially? Remember the MDH Hotline is available at (309) 836-1630.

## Next Deadline

The next *Making Rounds* deadline is NOON on **Tuesday, March 15**. Please submit your information, articles, thank-you notes, recipes, achievements, etc., to Public Relations.

## MDH Says Goodbye

**Courtney Comstock**, Registered Nurse, Acute Care, 2/19/16

**Reilly Dunne**, Valet Parking Attendant, Valet Parking, 2/1/16

**Terri Freesmeyer**, Section Head, Lab, 1/29/16

**Jacki Lee**, Registered Nurse, Acute Care, 2/10/16

**Kim Myers**, Unit Secretary, Acute Care, 1/28/16

**Marlise Rittenhouse**, Registered Nurse, Utilization Review, 2/12/16

**Linda Roberts**, CNA, Acute Care, 1/28/16

**Megan Shafer**, Clerk/Phlebotomist, Registration, 2/12/16

## Moving Around

**Linda Dixon** is an ICU Registered Nurse. Linda previously worked as an Anti-Coagulation RN.

**Shannon Jackson** is a Registered Nurse in Obstetrics after previously working in Acute Care.

**Aaron Jones** is a Registered Nurse in Intensive Care after previously working in Acute Care.

## Job Opportunities



<u>POSITIONS</u>	<u>DEPARTMENT</u>	<u>SHIFT</u>	<u>STATUS</u>
Sec/Recp	Pain Management Clinic	Days	Full-time
Secretary-Float	MMG	Days	Full-time
Secretary-Float	MMG	Days	Full-time
Nurse Educator	Emergency Room	Variable	Full-time
House Supervisor	Nursing Support	7p-7:30a	Registry
Nurse Practitioner	Convenient Care		Full-time
Nurse Practitioner	ENT Clinic	Days	Full-time
RN	Senior Behavioral Health	7p-7:30a	Full-time
RN	Senior Behavioral Health	7a-7:30p	24 hrs/wk
RN	Senior Behavioral Health	7p-7:30a	24 hrs/wk
RN	Anti-Coagulation	Days	24 hrs/wk
RN	Acute Care	7p-7:30a	Full-time
RN	Emergency Room	Evenings	Full-time
RN	Emergency Room	7p-7:30a	Full-time
RN	Emergency Room	Days	Full-time
RN	Hospice	Evenings	24 hrs/wk
RN	Hospice	Days	Full-time
RN	Intensive Care Unit	7p-7:30a	Full-time
RN	Pain Management Clinic	Days	Full-time
RN	Pain Management Clinic	Days	Full-time
CNA	Senior Behavioral Health	7p-7:30a	Full-time
CNA	Senior Behavioral Health	7a-7:30p	Full-time
CNA	Senior Behavioral Health	7a-7:30p	Full-time
CNA	Senior Behavioral Health	7p-7:30a	Full-time
Technician	Emergency Room	7a-7:30p	Full-time
Technician	Emergency Room	7p-7:30a	24 hrs/wk
Medical Assistant	MMG	Days	Full-time
Medical Assistant	MMG	Days	Full-time
Medical Assistant	MMG	Days	Full-time
Medical Assistant	Pain Management Clinic	Days	24 hrs/wk
Paramedic	Ambulance	Variable	Registry
Paramedic	Ambulance	Variable	Full-time
Paramedic	Ambulance	Variable	24 hrs/wk
PBX Operator	Communications	Variable	Registry
Valet Parking Attendant	Valet Parking Service	Days	24 hrs/wk
BHS Specialist	Behavioral Health	Variable	Registry
Medical Director	Hospitalist		Full-time
Respiratory Therapist	Cardiopulmonary	10:30p-7a	Full-time

List also available online at [www.mdh.org](http://www.mdh.org)

As of February 16, 2016

## New Faces at MDH

### MDH Welcomes New Employees



#### **Sarah Abercrombie**

Sarah is an EMT in Emergency Services. She is originally from Joliet. In her spare time she enjoys running and being an Illinois National Guard.



#### **Stacey Banks**

Stacey is a Catering Manager. She is originally from Macomb and has two children, Alyssa and D.J.



#### **Abbie Bowen**

Abbie is a Clinic LPN in MMG. She has three children, Logan, Mariah and Nicole.

Abbie enjoys fishing, camping and riding motorcycles.



#### **Terrie Campbell**

Terrie is a CNA in Acute Care. She is originally from Taylorville and has three children, Tim,

Kody and Brandon. In her spare time, Terrie enjoys shopping and fishing.



#### **Devin Carrigan**

Devin is an EMT in Emergency Services. She is originally from Bremerton,

Washington. In her spare time, Devin enjoys music, playing with her dog and spending time with friends and family.



#### **Tracie Fross**

Tracie is an EMT in Emergency Services. She is originally from Colchester.



#### **Tracy Iversen**

Tracy is a CNA in Senior Behavioral Health. She is originally from Quincy. She and her husband,

Kirk, have two children, Dawson and Alyssa. Tracy enjoys singing and reading.



#### **Amanda Logan**

Amanda is a MLT in Lab. She is originally from Loami. She and her husband, Deron, have one son, Cooper.



#### **Mindy Pilat**

Mindy is a LPN in Acute Care. She is originally from Macomb and has been married to her

husband, Mike, for 5 years. They have four children, Austin, Elliot, Nicholas and Makenzie.



#### **Erica Rost**

Erica is a Medical Assistant in Family Clinic. She is originally from Quincy. She and her husband, Chad,

have two children, Gage and Kade. In her spare time, Erica enjoys crafts and reading.



#### **Sharee Santorineos**

Sharee is a Housekeeping Aide.



#### **Katie Todd**

Katie is a Housekeeping Aide. She is originally from La Harpe. She has two children, Brysen and Ragain.



#### **Bill Weedman**

Bill is a BHS Specialist in Behavioral Health. He is originally from Rock Falls. Bill and his wife, Shayla, have one

daughter, Emily. He enjoys reading and history.

## Stork Landings



TJ and Amber Depoy are the proud parents of a baby boy, Beckham Bryant. Beckham was born on February 1. Amber is a Surgery Registered Nurse.

Dan and McKinzie Parlier are the proud parents of a baby girl, Eleanor Lindy. Eleanor was born on January 15. McKinzie is a Paramedic in Emergency Services.

## Thank you

In June 2015 I was admitted and received emergency surgery. During the four days I was in the hospital I was given constant and caring attention. From the doctors to the people who keep the ward antiseptic, I was given stellar attention. I was astonished by my treatment.



MDH Patient

## Eye Spy

In this issue of Making Rounds, can you find how many times the following item appears?

Find the answer on pg. 15.





## Out and About

On Wednesday, February 3, **Becky Derry**, Counselor II with Behavioral Health Services, gave a presentation on PTSD in the Military to a Veteran support group at the YMCA in Macomb. The group is called YMCA Checkpoints, they meet the first Wednesday of each month from 7:00 – 8:00PM at the YMCA Senior Center. The group is open to all veterans and their families. For more information, please contact the McDonough County YMCA.



On February 6 & 7, **Dr. Richard Minter** and **Sue Adams, FNP** attended the Ag Mech show at Western Hall meeting and greeting visitors and answering questions as stopped by the MDH booth. MDH **Outreach Services, Home Health, Diabetes Education, Foundation and Public Relations & Marketing** also all attended the two-day event, promoting the hospital services, the Dolores Kator Switzer Women's Center and providing helpful tips for heart health.

## Retirement



**Vicky Howard, RN**, retired from McDonough Medical Group January 12.

Vicky began working for MDH in the 1960's. She was a high school student and worked as a nurse's aide. Vicky graduated from Cottage School of Nursing in

Galesburg, IL. Over the next 40+ years, Vicky worked for Dr. D. Dexter, Dr. S. Gines, Dr. Goncher, Drs. TK and Gloria Cheng and finally, Dr. Reem.

Vicky will be greatly missed. She was extremely knowledgeable and empathetic and knew each of her patients very well. Her coworkers adored her.

Vicky will enjoy time with her grandchildren, working on home projects and participating in church activities.

## Meet Jodi Abernathy, FNP



McDonough District Hospital is pleased to announce the addition of Family Nurse Practitioner Jodi Abernathy to the McDonough Medical Group Internal Medicine office working with Dr. Zhang.

Jodi has recently completed the Post Graduate Family Nurse Practitioner Certificate

Program at Saint Francis School of Nursing in Peoria. Previously, she had earned a Master's of Science in Nursing with a focus in Healthcare Administration from Walden University in Minneapolis, MN.

Jodi has 15 years of nursing experience at MDH serving in the Medical/Surgical, Intensive Care and Emergency Services Departments. She also has critical care nursing and leadership experience. Most recently she had served as the Admit-Discharge Nurse on the Medical-Surgical Unit.

While at MDH, Jodi assisted with the orientation and implementation of the hospitalist program as well as the implementation and education of the electronic health record and electronic medication administration systems. She has a strong interest in primary care and preventative medicine.

In her spare time, she enjoys spending time with her fiancé, Faron, and her four children as well as attending their extra-curricular activities and reading.

Her office is located in Health Services Building 2, Suite 111. For more information or to schedule an appointment call (309) 837-9926.

## Book Fair

Wednesday, March 2 | 7:00 AM – 5:00 PM

Thursday, March 3 | 7:00 AM – 1:00 PM

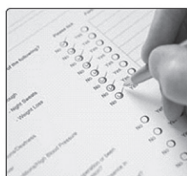
Payroll deduction | All proceeds go to Auxiliary Loans /Scholarships



## Auxiliary Annual Meeting

March 22 from 6:30-8:30 PM in Auditorium A/B  
Dessert and Social Time at 6:30

## Hospital Survey on Patient Safety



### What:

The leadership of MDH will be conducting a survey that was designed by the Agency for Healthcare Research and Quality (AHRQ) and examines patient safety culture from the perspective of healthcare professionals and others involved in the delivery of care at various sites within the organization.

### How:

Those employees targeted to be surveyed will receive a paper survey packet. The survey will take about 10-15 minutes to complete and contains a self addressed business reply envelope to assure anonymity.

### Why:

The results of this survey will be used to ensure our hospital is as safe as possible and, as a result, will help us to achieve the vision we all share—a hospital in which patients are never harmed in the course of receiving care.

### Who:

The survey is being distributed to

- Hospital staff who have direct contact or interaction with patients (clinical staff or nonclinical staff, such as nurses and unit secretaries)
- Hospital staff who may not have direct contact or interaction with patients but whose work directly affects patient care (staff in units such as pharmacy, laboratory/pathology)
- Hospital-employed physicians
- Hospital supervisors, managers and administrators

### When:

March 2016

## Recognition for Outstanding Customer Service – January

For the month of January, the Service Excellence department at McDonough District Hospital would like to recognize and say thank you to **34 employees and physicians** for their outstanding customer service to patients.

The Press Ganey, Deyta (Hospice) and Senior Behavioral Health surveys call attention to employees who demonstrate excellent customer service, according to Administrative Leader of Quality and Innovation Maggie Goettsche. Individuals recognized receive a customer service *Thank You Certificate* and are nominated for the MVP award for their outstanding hard work.

### Recognition for outstanding customer service goes to the following professionals:

Acute/ICU: **Dr. Jack McPherson; Dr. Sahail Hanif; Dr. Edwin Card**

Anticoagulation Clinic: **Karen Bucholtz, RN; Linda Dixon, RN**

Cardiopulmonary: **Tracy Poffenbarger, RN**

Emergency Services: **Dr. Kelly Cox**

Food and Nutrition Services: **Amber Cousins; Lynn Henderson, Dietician**

Infusion Services: **Emily Kelly, RN**

Laboratory: **Melanie Brierton, Phlebotomist**

McDonough Medical Group: **Dr. Libby Balbort; Dr. Jeffrey Sparks; Dr. James Gonzales; Dr. Noel Flores; Dr. Tamara Smith; Patty Irish, LPN; Tiffany Bentz, RN; Rachelle McCoy, RN; Dr. Scott Wright; Dr. Edwin Card**

Obstetrics: **Janet Sullivan, RN; Dr. Troy Eckman; Ashley Behymer, RN; Dr. Tamara Smith**

Orthopedics: **Dr. Drake White**

Surgical Services: **Debbie Bainter, RN; Julie Justice, RN; Larry Bartels, CRNA; Dr. Timothy Biagini; Dr. Jeffrey Sparks; Mary Frederick, OR Tech; Tracy Thome, RN; Kathy Taylor, RN**

**Congratulations** to those recognized in this article and thank you for your ongoing commitment to providing an exceptional patient experience!

# DKSWC Support Continues...

The Dolores Kator Switzer Women's Center will benefit thousands of women with its modernized private OB/GYN suites, state-of-the-art labor/deliver/recovery rooms, new nursery and imaging center.

## MidAmerica Donates \$10,000 to MDH



MidAmerica National Bank presented \$10,000 to the Dolores Kator Switzer Women's Center (DKSWC) at MDH. With this generous gift, MidAmerica will be recognized as a "Partner" in the MDH Business Honor Roll giving club. "MidAmerica continues to be a strong supporter of McDonough District Hospital and understands the importance of excellent healthcare in our community," said MDH President/CEO, Kenny Boyd.

Pictured are (l-r): Vicky Wallen, MDH Foundation Leader; Kenny Boyd, MDH President/CEO; and Tom Claudon, MidAmerica President.

## Ameren Illinois Donates \$10,000 to MDH



Ameren Illinois has generously donated \$10,000 to the Dolores Kator Switzer Women's Center at MDH. The mission of Ameren Illinois is to "Power the Quality of Life" and they are a proud supporter of MDH and the vital services provided to the community.

## Community Support

Linda's Fund received \$1,808.00 from *Paint West Prairie (WP) Pink Night* on January 21. Together, the WP girls volleyball and basketball teams have donated a total of \$22,519.00 to MDH since 2011!



## You asked for it....you got it!

Show your MDH pride with apparel and accessories available for purchase (exact cash or check only) in the Foundation office! While supplies last!

Insulated mug: \$20

Tumbler: \$10

Mega Cooler: \$30 (available in Grey and Royal)

Fleece Blanket with Strap: \$25 (available in Midnight Heather and Navy)

T-Shirt: \$5

Use your MDH mug/tumbler in the cafeteria and receive \$0.10 off your drink purchase!

\$25



\$5



\$30



\$10



\$20



## ...Benefit Break...

Take a minute to learn more about your benefits and other HR issues.



### Changing Your Tax Withholdings

Now that tax season is among us, you may want to adjust your tax withholdings or change tax exemptions. To make these changes, complete a Federal and/or Illinois W-4 form. Human Resources has these forms available to employees.

An alternative way to reduce your taxable income is by increasing your pre-tax pension contribution. Your retirement contributions can be deducted from your paycheck on a pre-tax basis for federal and state withholdings.

*If you have questions concerning this topic or any suggestions for future Benefit Breaks, please contact Human Resources at extension 13492.*

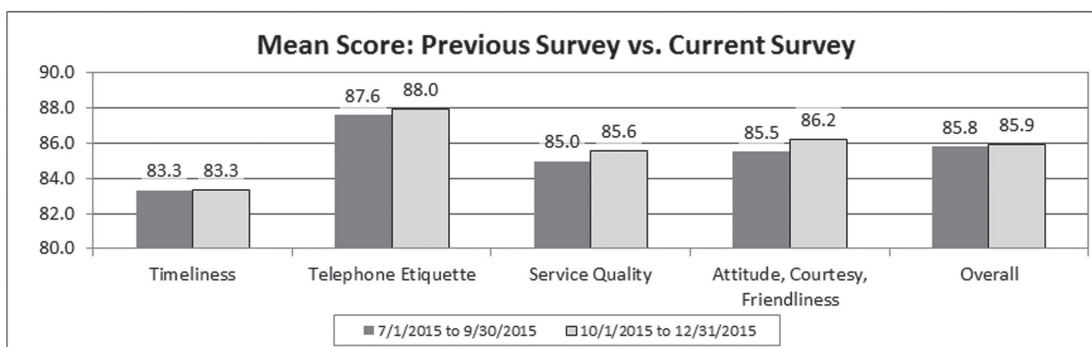
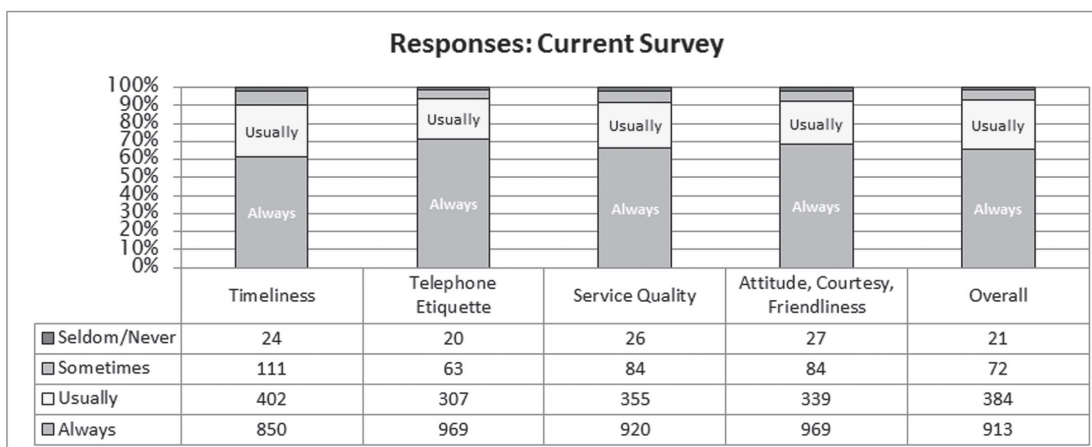
## Interdepartmental Satisfaction Survey

Organization-wide IDS Results  
293 surveys were completed this quarter!  
Overall mean score = 85.9

Individual department results and comments were distributed to department leaders February 1.

### Interdepartmental Satisfaction Survey (IDS)

Survey Period: 01/04/2016 to 01/18/2016      Rating Period: 10/01/2015 to 12/31/2015



## APPLE Winner January 2016



**Lori Ackman**

Please join me in congratulating **Lori Ackman**, Registered Nurse in Acute Care, on being named the recipient of the MDH APPLE Award for January 2016. APPLE stands for “Achieving outstanding Performance in Patient care, Leadership, Loyalty and Enthusiasm for MDH.”

Lori began working at MDH as a LPN in Acute Care in August 2012 as she was earning her nursing degree. In May 2013, Lori graduated from the Registered Nurse program at Carl Sandburg College. She began working in her current role as a Registered Nurse in Acute Care in July 2013.

Lori is a patient advocate. She takes the time to include the family when explaining information. She makes requests on behalf of the patient to try and get them what they desire. She demonstrates respect for others. Lori has a phenomenal bedside manner and is great to work with. She is a very compassionate nurse who promotes a positive environment while wearing a smile.

Lori is a strong team player and a terrific preceptor. She is outstanding with new employees and gives them her full attention. She embraces the opportunity to teach them. She enjoys giving them positive interaction and experiences while they are learning. She doesn't let the hectic part of the day change how she treats people and always remains strong in her customer service focus.

Lori's nominator states Lori is very compassionate and customer-focused. She spends time with her patients and makes each patient's care personal and individualized. She often is caught doing random acts of kindness for patients and their families. “Lori is kind and supportive to her co-workers and has been an outstanding mentor to new employees,” states her nominator. Lori promotes teamwork and works hard to get the job done. “One of Lori's strengths is a positive sense of humor. She always has a warm smile on her face and brightens everyone's day.”

Lori enjoys spending time with her significant other, Scott Dexter, and their family, Christopher (Mira), Mika (Ryan), and Scott's son, Jarred (Shannon). Lori also loves spending quality time with her granddaughter, Brette, and her twin grandsons, Garret and Carter. She enjoys jigsaw puzzles, movies and deer hunting.



## March Meetings Calendar

### Wednesday, March 9

PHO Office Managers, 12:00 PM, PDR

### Thursday, March 10

Department of Medicine, 12:00 PM, Auditorium B

### Friday, March 11

Executive Committee, 12:00 PM, PDR

### Wednesday, March 16

PHO Board of Directors, 12:00 PM, PDR

### Thursday, March 17

Tumor Board, 12:00 PM, Auditorium A/B

### Monday, March 21

Board of Directors, 5:30 PM, TFBR

### Tuesday, March 22

MMG Governance Council, 5:30 PM, TFBR

### Wednesday, March 23

- Quality Council, 1:30 PM, TFBR
- PHO Physicians, 12:00 PM, PDR

### Friday, March 25

Medical Staff Quality Improvement, 12:00 PM, TFBR

### Tuesday, March 29

OB-Gyn Department, 12:00 PM, Auditorium B



## McDonough District Hospital Joins Innovative Health and Wellness Program

*Macomb, IL, McDonough District Hospital has joined the National Rural Accountable Care Consortium to improve the health and well-being of the community*

Macomb, February 16, 2016– McDonough District Hospital (MDH) is pleased to announce its participation in the National Rural Accountable Care Consortium – a program designed to help rural Medicare patients live long, healthy lives.

As part of the new program, MDH will hire and train a Care Coordinator to work closely with patients – helping seniors stay healthy, get great care when needed and avoid costly and wasteful repetitive tests. MDH will also have access to important information which will help community physicians evaluate the services of distant specialists, hospitals and other healthcare providers to make the best recommendations for patients.

MDH President/CEO, Kenny Boyd states, “When our patients want support, they can come to us for advice and assistance. We will help them find the right healthcare providers, coordinate their care and help them get the best results. Our mission is to serve the community’s healthcare needs, and this program will help us do that better than ever.” Initially, MDH will introduce these new programs for Medicare patients, but hopes to expand to other types of insurance as well.

“MDH is doing its part, but the community can play an even larger role in promoting health,” Boyd added. “As a community, we need to take responsibility for our health and for each other, and encourage each other to stop smoking, eat healthful foods and get regular exercise. We need to work together for a better future for our friends and neighbors. For example, if you are a Medicare patient, we urge you to get your free Annual Wellness Visit to prevent disease and maintain your health.”

The National Rural Accountable Care Consortium includes over 250 rural community health systems in 40 states, dedicated to helping rural providers achieve the highest level of healthcare quality, efficiency and customer service.

For more information please contact McDonough Medical Group at (309) 836-1584. You also can call 1-800-MEDICARE and tell the representative you’re calling to learn more about ACOs, or visit [Medicare.gov/acos.html](http://Medicare.gov/acos.html).

## MVP Awards

Has someone done something special for you? Has this person gone above and beyond his or her normal duties to help you? Consider completing an MVP Thank You to show your appreciation.

### MVP Award - \$50

**Kelly Merrill**

LAN Administrator - IS



Kelly Merrill

### MVP Thank Yous - \$25

**Anna Denny**

RN - Surgery



Anna Denny (Left)

**Sarah Stehl**

Clerk/Phlebotomist - Registration



Sarah Stehl (Left)

# March Calendar of Events

## Anger Management

Tuesdays

3:30 PM-5:00 PM Health Services Building 1 Auditorium

Pre-registration required.

Call Behavioral Health Services at (309) 836-1582.

## Community First Aid

Tuesday, March 1

6:00 PM, Auditorium A

Cost: \$32.00, Pre-registration required.

Contact Outreach Services at (309) 836-1584.

## Seniors' Day at Citizens

Thursday, March 3

8:30 AM-4:30 PM, Citizens Bank, Downtown Macomb

Topic: Colorectal Display and Kits from 8:30-10:00 AM

Call Outreach Services at (309) 836-1584.

## Childbirth & Infant Care: 4-Week "L.A.T.E." Class

Thursdays, March 3, 10, 17, 24

7:00-9:15 PM, Auditorium B, MDH

Class will meet one night a week for four weeks.

Free. Pre-registration is required.

Call OB at (309) 836-1570.

## Breast Cancer Support Group

Monday, March 7

5:30 PM, Auditorium B

Speaker: Kandie Promisson, LMT, CDT, PTA

Topic: Self Help and Cancer Massage

Contact Outreach Services at (309) 836-1584.

## Bereavement Support Group-New Horizons

Mondays, March 7 & 21

3:00-4:00 PM, Medical Arts Building, Conference Room

For more information, call Hospice at (309) 836-1543.

## LIFE Course: What Your Sleep Says About Your Health

Tuesday, March 8

4:00-5:30 PM, Third Floor Board Room, MDH

Speaker: Donna Myers BS, RRT, RPSGT

Fee: \$5. Pre-registration is required.

Learn about healthy sleep patterns and tour the Sleep Lab.

For more information or to pre-register call WIU Study Abroad and Outreach at (309) 298-1911.

## Caregiver Support Group

Wednesday, March 29

5:00-6:00 PM, Activity Room at Grand Prairie Assisted Living, 1307 East Meadowlark Rd

Topic: What to do when home is no longer safe

Group meets the second Wednesday of each month and is free and open to the public.

Contact Senior Behavioral Health at (309) 836-1568.

## Community CPR Class

Tuesday, March 9

6:00 PM, Auditoriums A & B, Auxiliary workroom & conference room, MDH.

Fee: \$32. Pre-registration required.

Contact MDH Outreach Services at (309) 836-1584.

## Look Good Feel Better

Monday, March 21

4:00-6:00 PM, Auxiliary Workroom

Pre-registration required.

To register contact Outreach Services at (309) 836-1584.

## LIFE Course: Depression - Backstage Pass:

### The Great & Powerful Oz

Tuesday, March 29

3:00-5:00 PM, SRC Outreach Center

Fee: \$5. Pre-registration is required.

For more information or to pre-register call WIU Study Abroad and Outreach at (309) 298-1911.

## GI Tract Cancers are Preventable, Treatable & Beatable Diagnosis, Treatment and Prevention

Tuesday, March 29

5:30 PM, SRC Community Outreach Center

MidAmerica National Bank Conference Hall, Room B

Speakers: Dr. Timothy Biagini & Dr. James Gonzales

Pre-registration required by March 24

Contact Outreach Services at (309) 836-1584

Free and open to the public. Light meal will be served.

Free Hemoccult-ICT kits available March 1-April 20

## Cesarean Section Class

Thursday, March 31

7:00-9:00 PM, Auditorium B

Pre-registration required.

Call Obstetrics at (309) 836-1570.



## Looking for Advice?

Dear Lucy,

I have two children with very different personalities. My six-year-old son is easy-going, compliant and well liked by his peers. My eight-year-old daughter is very strong willed, sassy, sneaky and fiercely independent. I try to be firm with my discipline, but she's very trying at times and it's just easier to give in to her rather than listening to the relentless fits she can throw. Recently her misbehavior has been more problematic at school. The teacher tells me she doesn't follow directions, sometimes won't work on her assignments and she's bossy with her classmates. As a result the other children don't want to play with her. My daughter is very bright, but I worry her behavior will lead to her not having friends. The teacher mentioned she may have ODD and could benefit from some professional help. Can you explain this and do you think it fits for my child?

Sincerely,

Worried Mom

Dear Worried Mom,

All children will test the limits with parents or act out on occasion. A child with **Oppositional Defiant Disorder (ODD)** will demonstrate behavior that is not typical of other children of the same age or developmental level. ODD is a pattern of disobedient and defiant behavior toward authority figures. It includes constant demonstrations of anger and severe temper tantrums, deliberately irritating or hostile actions and verbally aggressive behavior. Studies show girls may evidence ODD differently than boys with girls being more aggressive with words than actions; and are more apt to lie. Boys tend to be more argumentative and angry.

Early intervention is likely the key to managing a child with ODD. Treatment typically consists of cognitive-behavioral therapy, parent training and family therapy. Some children may benefit from medication as well.

Improved parenting skills may be the most important component. Parents are encouraged to increase positive interactions with their child, such as providing supportive and consistent supervision and discipline. Parents are reminded to catch their kids being good. Decreasing negative parenting practices, such as the use of harsh punishment and only focusing on inappropriate behaviors is stressed. Consistent consequences for disruptive behavior is extremely important so that a child knows when rules are broken, an action is taken. Consequences need to be predictable, logical and immediate. Giving a child with ODD a third, fourth or fifth chance isn't helpful.

Individual therapy for your child is likely to include social skills training to help her learn more effective ways to interact with peers and adults. Cognitive-behavior therapy will help a child learn to change negative thoughts into ones that can lead to more appropriate behavior and will allow her to practice needed problem solving skills. Behavioral Health Services offers parent-training classes, individual therapy for school age children and teens as well as group therapy for both age groups. If you would like more information about these services or this topic, please call us at 836-1582.

Best regards,

Lucy



## President's Report

*The MDH Board of Directors met February 15, 2016. Here is Mr. Boyd's report to the Board for the accounting period of January 19 through February 15, 2016.*



## Quality and Innovation

### Service Excellence

MDH expanded Valet Services commenced on Monday, January 18 with additional staff located at the Emergency Department entrance and operating the Valet Services cart through the main campus parking lots.

Valets are available at the main and emergency entrances 8 AM to 2 PM with the cart in service from 6:45 AM to 2:30 PM.

Valet staff has received polo shirts and all-weather jackets with the MDH logo and tag line of Valet Services to better identify their availability as we continue to improve assistance to patients, visitors and employees.

### Projects

#### HOME TO STAY

Reducing 30 day readmissions is our team's goal. The team has started participation on the readmission collaborative sponsored by the Hospital Engagement Network. Completing the MEASURE toll gate is the next step.

### Infection Control

In February, Infection Control will kick off their annual respirator mask fit testing. They will be teaming up again with Staff Development to coincide with skills training and CPR training. Additional dates will also be available throughout the year.

MDH has joined the Catheter-Associated Urinary Tract Infection (CAUTI) Prevention collaborative

as part the Hospital Engagement Network. The collaborative will focus on reduction in CAUTI with an emphasis on protocols and interventions to decrease unnecessary placement of urinary catheters. Hospitals will participate in webinars, data collection, educational activities and the development and implementation of best practice reduction practices. Monthly content webinars began in January and will continue through most of the year.

### Patient Safety

MDH's Fall Prevention Team continues researching and implementing improvement efforts to reduce harm occurred from patient falls. Audits have been conducted by unit champions and a 12% point increase was noted from December to January. Results of the audits are shared at staff meetings and peer to peer coaching has taken place in efforts to continually improve our compliance rate to increase patient safety.

MDH has joined the IHA-MHA HEN in efforts to engage in innovative and team-based strategies to reduce patient harms by 40% and preventable readmissions by 20%. MDH has chosen two practices from the Road Map to Patient and Family Engagement (PFE) to implement which include the following: family initiated rapid response teams and additional training to enhance change-of-shift reporting at the bedside in efforts to improve quality of care for patients in the hospital.

### Physician Recruitment/Retention

Physician, Advance Practice Provider Recruitment & Outreach Services – Update:

#### Outpatient Primary Care

We are pleased to report we are finalizing an employment agreement with an Outpatient Internal Medicine

candidate with ties to Macomb, IL. She will be completing her Internal Medicine residency in June 2016 and we anticipate her starting with Drs. Flores, Jalil, and Zhang in late August of this year.

### Hospitalist Medicine

We are in active discussions with a practice Hospitalist regarding our medical director opportunity and pending the outcome of this discussion, we will begin to evaluate additional candidates.

### Advanced Practice Provider

**Primary Care:** We are awaiting Jodi Abernathy's IL APN licensure application approval and have sought support from Representative Hammond's office. At this time, we are in active recruitment discussions with three Family Nurse Practitioners – in-training. These candidates are evaluating opportunities within our primary care, ENT, and OB/GYN offices. Our goal is to finalize the recruitment process in February/March 2016.

**Psychiatry:** Drs. Sarwar and Wright recently interviewed a Psychiatric Nurse Practitioner candidate and the outcome was favorable. This individual has ties to the region and completed the graduate training in Peoria. The candidate is reviewing a recruitment proposal at this time and we are hopeful for a positive outcome. Dr. Sarwar is evaluating a second, Psychiatric Nurse Practitioner candidate that will complete his program in the fall of 2016.

### Outreach Services

#### Outreach & Provider Programming

Dr. Minter and Sue Adams attended the WIU – Ag Mech Show on Saturday, August 6<sup>th</sup> and made themselves available for introductions as well as discussed the dangers of high levels of sodium in a person's diet, along with the Outreach Services health educators.

## Occupational Health

Outreach Services completed an on-site Health Screening program for McDonough Power Cooperative in January 2016. As part of our employee wellness partnership with Macomb Schools, a series of on-site blood pressures and sun damage screenings are scheduled for February – April 2016. Stephanie Crocket, Health educator, coordinated the biometric screening program for MDH employees in January 2016. Over one hundred individuals participated in the biannual screening program. Adrian MacGregor, Stephanie Crockett, and Sue Dexter are finalizing an employee wellness plan that will enhance this initiative.

## Information Systems

### Cerner Electronic Medical Record

Round two of Physician training for the Cerner applications was conducted the week of February 8<sup>th</sup>. Our first integrated testing “IT 1” is the week of February 15<sup>th</sup>. During this week we will be working through the workflow testing scripts that have been developed across the organization. We will have a second round of integrated testing “IT 2” in April. Staff training classes will be scheduled in late April through May time period closer to the go-live time of June 6<sup>th</sup>.

We have requested staff to complete a computer skills survey and are currently reviewing the results to identify how to assist staff in preparation to training classes in April and May.

### Optimum Payroll and Time and Attendance

The new time clocks are installed, however, we have found that the bar code printed on our employee badges does not seem to work consistently with the new clocks. Discussion with Optimum has resulted in a temporary plan of disabling the bar code readers and having employee's manually enter

their badge ID at the clock or from the Optimum time and attendance application available at all computer workstations. The primary web training for department managers was completed on February 3<sup>rd</sup>. We are currently double punching in both the current system and the new system for comparison and to insure that the system is setup correctly as a side by side process before the change to the new system only. We still anticipate that the changeover will occur in March.

## Financial Performance

### January 2016

Activity was up for the month by Overall, activity was down for the month by 12.2% -- with negative revenue variances in all areas compared to the fixed budget. This is attributable to volumes being down particularly in all inpatient areas with the exception of OB which saw an 82.4% increase in newborn admissions for the month. Our Swing Bed Unit is still struggling to get the patient volumes to the budgeted levels and Senior Behavioral Health did dip down in admissions for the month – though year to date admissions are above budget in that unit. Outpatient revenue was also below budget though we did have some positive volumes when looking at the individual ancillary areas, particularly surgical services. Total Patient Revenue for the month was below the fixed budget by 12.6% or \$2.0M. Total Deductions from Revenue were positive to budget by 12.5%. Net Patient Revenue ended the month below the fixed budget by \$864K. Total Operating Expenses were below the fixed budget by 1.5% or \$96K. We ended the month with a negative bottom line of (\$258,085) – \$681,467 below the fixed budget for the month.

Year to Date activity is down 2.6% with the largest decreases in Emergency Services and Swing Beds. Keep in mind that we had adjusted our Emergency

Services budget based on the trend that we were seeing at the time the budget was prepared. While we are down compared to budget, we are still 21.2% above last year (or \$4.6M) in that area. Total Operating Revenue YTD is above budget by 3.0% or \$1.3M with Total Operating Expenses below budget YTD by \$602K. YTD Net Income is \$3.46M -- above both budgets and last year.

## Facility Planning

### MDH Renovation & Construction

The 2<sup>nd</sup> phase of renovation for the inpatient nursing units is substantially complete other than the isolation room ventilation system revisions. That delay is now less than previously expected and we hope to submit our application for occupancy of that area with IDPH on February 22<sup>nd</sup>. If that date is met, IDPH should inspect by around the first of April. Work on Phase 3 of Acute Care will begin as soon as we can occupy phase 2 and is expected to last about 8 weeks. Work in the space formerly occupied by ER is also progressing well, with a June 22<sup>nd</sup> completion date targeted.

### HSB 2 Second Floor Finish Out

Notice to proceed has been given to Laverdiere Construction and work should be starting at any time. They have provided a target date of July 8<sup>th</sup> for completion.

## Behavioral Health

Chris Cunningham and Behavioral Health staff conducted a stress debriefing for ED and area first responders regarding challenging cases.

Becky Derry presented on the topic of PTSD for a local veterans group – Checkpoint

## Public Relations Report

Public Relations & Marketing Report for Activities within the month of January 2016.

## Website and Social Media

On January 12, MDH launched its redesigned website. The new site offers a virtual tour of the hospital, responsive design for use on any device, modern look, along with all the same great features as before.

The MDH Facebook page is now at over 1,185 likes, while Twitter has increased to over 250 followers. Information promoted in January on Social Media included; New Year baby, Dr. Minter welcome reception and start date, Caregivers Support Group, Vital Signs, job of the week, first aid and CPR classes, Pella pledging \$50,000 to the Foundation and the Apple Award.

## News media

January news included the announcement of the New Year Baby at MDH, the McDonough County Voice came and interviewed the parents and wrote an article for the paper. The Foundation received a \$50,000 pledge from the Pella Rolscreen Foundation for the Dolores Kator Switzer Women's Center campaign. Information on first aid, CPR and childbirth classes was also released.

## Advertising/Marketing

Commercial spots are running for Sports Medicine & Rehabilitation Services, Home Health and general MDH spot. Orthopedics and Sports Medicine radio spots are running during all high school and WIU sporting events. One final billboard has been updated for a Senior Behavioral Health board. Two new bus wraps have been created and will be traveling around Macomb, a Home Health side wrap and a Sports Medicine & Rehabilitation Services wrap for the back of a bus. Other January advertising included; senior behavioral

health, home health & hospice, orthopedics and Dr. Minter.

## Other

Final changes and review of redesigned website have been completed, will launch new "look" to mdh.org in January.

## Foundation Report

This report reflects activity held within the month of January 2016.

## Annual Support

In December \$30,541.21 was received and \$66,294.53 was pledged for a total of \$96,835.74 raised; 145 gifts and 8 memorials were processed. Some of the areas receiving support include: Dolores Kator Switzer Women's Center (DKSWC), Emergency Services, Hospice, and PROS.

## Festival of Trees

A wrap up meeting was held on January 28. The committee reviewed this year's event, made suggestions for 2016, and celebrated raising a record high of \$36,000 for DKSWC.

## PROS

Plans continue for the Big Game party on Friday, February 5 – Denver vs. Carolina! The event is free to everyone working. The employee Fitness Room project was postponed until late spring due to the delay in construction on 2<sup>nd</sup>/3<sup>rd</sup> floors.

## DKSWC Capital Campaign

A meeting was held on January 13. Over \$3.2 million has been raised for the DKSWC Campaign. A grant was pledged by the Pella Rolscreen Foundation for \$50,000 over 3 years with their first installment of \$16,667.00 received. An additional grant notification for \$10,000 from the Ameren Illinois Foundation was received stating the check is in the mail! The Dot Foods grant was declined this year but encouraged the Foundation to reapply. A presentation

was given to the McDonough Medical Group on January 19 to encourage their support of the DKSWC campaign. The next committee meeting is scheduled for March 2.

## Golden Apple Society

A meeting was held on January 14 to finalize plans for the February 4, Recognition Reception at the Macomb Country Club. New members for the month of January include Dr. and Mrs. Richard Minter, Dr. Rick and Monica Iverson (Platinum) and Kathy Orban. The next meeting is scheduled for April 7.

## Tevar 5K Run/Walk

The event date has been set for Saturday, April 23, with a race start/finish at The Old Dairy. The chip timer contract has been secured. A committee meeting is set for February 2 to begin plans and finalize a new route.

## Foundation Board

A board meeting was held on January 13, to review the quarter ending 12/31/2015. Tim Moss, MidAmerica National Bank trust officer, gave an investment report and committee reports were given by Foundation staff. The finance committee met January 15, to review and determine future investment strategies. The next Board meeting will be held on April 13.

## Other

Work nears completion for Foundation's annual community report *Generosity Inspires*.

## Café 525

Café 525 now accepts credit cards for all food/beverage transactions made in the Café.

For MDH employees all transactions paid with credit card **WILL** receive the employee discount.





## Email Notification of Password Expiring

Users are now being notified when their domain (network/email) passwords are scheduled to expire.

You will receive an email from:

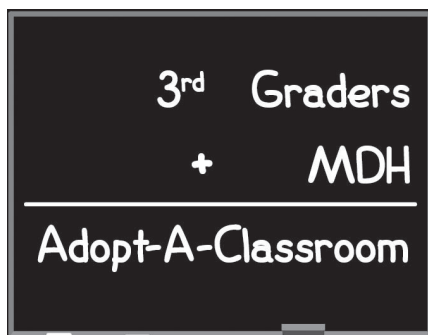
passwordexpiryreminder@mdh.org [mailto:passwordexpiryreminder@mdh.org]

Users will continue to receive this daily until they change their password.

To reset network/email passwords using Outlook Web Access (OWA):

1. Enter your user name (mdh#####)
  - Enter your current password
  - Click Sign In
2. On the next screen go to the upper right corner
  - Select options
  - Select change your password
3. Complete the following field
  - Current password
  - New password
4. Click OK
5. You will be returned to the logon screen. You must log back in with new password to complete process.
6. When you log back into OWA, you are returned to the 'Change Password' screen. To get to your INBOX, click on My Mail located at the upper right corner.

*If you have questions or issues please call x13263.*



*Each month during the school year McDonough District Hospital participates in the Adopt-A-Classroom program. This year MDH has adopted Mrs. Linda Poore's 3<sup>rd</sup> grade students at Lincoln School. A representative from MDH visits the classroom to educate students about various departments at the hospital.*

## Home Health

Karen Kelso, RN, BSN, visited the students to talk about Home Health Care. She role played with the teacher as her "patient" so the students could see what a Home Health visit was like. Karen checked the students pulse oximetry and heart rates and they asked questions. She also talked with the students about preventing colds and flus by eating healthy and getting 10 hours of sleep at night.

The students received a MDH cup, a pair of slipper socks, a notepad and pen as a souvenir.



*Answer from eye spy is: 5 total*

## Registration

Online at [www.mdh.org](http://www.mdh.org)

Stop by or call the Foundation office

Pre-register by April 8: \$20, event shirt guaranteed

Register after April 8: \$25

**10TH ANNUAL 5K RUN  
& 1-2 MILE WALK  
April 23, 2016**



**IN MEMORY OF  
DR. DINESH P. TEVAR**

## Sponsorship Opportunities

Race - \$2,500

Finish Line - \$1,000

Shirt - \$500

Medal - \$250

Bib - \$100

To register or become a sponsor  
contact the MDH Foundation office at  
(309) 836-1757 or email [jncook@mdh.org](mailto:jncook@mdh.org)

**New scenic  
race route!**

**mdh**  
McDonough District Hospital

**FOUNDATION**  
MCDONOUGH DISTRICT HOSPITAL