

Golden Apple Society Summer Social

On July 27, Jack and Barb Baily hosted the Golden Apple Society Summer Social at their home with 104 members and guests attending. To date, several new members have joined the Society as a result of the event. The committee continues to grow the membership in support of the Dolores Kator Switzer Women's Center.

To become a member of the Golden Apple Society, a pledge of \$10,000 over 10 years (\$1,000 per year) is required and 100% tax deductible. If you're a MDH employee, payroll deduction is available at \$38.47 per pay period. For more information, please contact Vicky in the Foundation office at 13791 or vlkipling@mdh.org. Thank you for your consideration!

MDH Foundation Team: Jill Cook, Patty Henness, Vicky Kipling



For more highlights see page 7.

MDH Core Values

Honesty and Integrity • Respect • Exceptional Service • Commitment to Excellence • Teamwork

MDH Hotline

Do you have a compliance concern you need to share confidentially? Remember the MDH Hotline is available at (309) 836-1630.

Next Deadline

The next *Making Rounds* deadline is NOON on **Tuesday, September 13**. Please submit your information, articles, thank-you notes, recipes, achievements, etc., to Public Relations.

Moving Around

Danielle Anderson is a Registered Nurse after previously working as a CNA in Senior Behavioral Health.

Hannah Bryant is a Registered Nurse for Acute care after previously working as a CNA.

Mindy Pilat is a Registered Nurse in Acute Care after previously working as a CNA.

Blain Smith is a SBH Unit Secretary after previously working as a Valet Parking Attendant.

Shawna Sprinkle is a Registered Nurse in Acute Care after previously working as a CNA.

Jolyn Utter is a Hospitalist Nurse Coordinator. Jolyn previously worked as a ICU RN.

Job Opportunities



<u>POSITIONS</u>	<u>DEPARTMENT</u>	<u>SHIFT</u>	<u>STATUS</u>
Scanning Records Clerk	MMG	Days	24 hrs/wk
Secretary/Receptionist	Internal Medicine	Days	Full-time
Secretary/Receptionist	OB/GYN Clinic	Days	Full-time
Secretary/Receptionist	Pediatrics/Family Clinic	Days	Full-time
Secretary/FLOAT	MMG	Days	Full-time
Secretary/FLOAT	MMG	Days	Full-time
Leader	Fiscal Services	Days	Full-time
CNA	Obstetrics	Variable	Registry
CNA	Senior Behavioral Health	7p-7:30a	24 hrs/wk
LPN	Internal Medicine	Days	Full-time
LPN	Day Health	Days	24 hrs/wk
RN	Family Clinic	Days	Full-time
RN	Intensive Care Unit	7p-7:30a	Full-time
RN	Senior Behavioral Health	7a-7:30p	24 hrs/wk
RN	Senior Behavioral Health	Variable	Registry
RN	Senior Behavioral Health	7p-7:30a	Full-time
RN	Senior Behavioral Health	7p-7:30a	Full-time
RN	Acute Care	7p-7:30a	Full-time
RN	Emergency Department	7p-7:30a	24 hrs/wk
RN	Hospice	Days	Full-time
RN	Obstetrics	Variable	24 hrs/wk
RN	Obstetrics	Evening	24 hrs/wk
House Supervisor	Nursing Support	7p-7:30a	Registry
Ambulance Coordinator	Ambulance	Variable	Full-time
Medical Assistant	ENT Clinic	Days	Full-time
Paramedic	Ambulance	Variable	Registry
Paramedic	Ambulance	Variable	Full-time
Paramedic	Ambulance	Variable	24 hrs/wk
Patient Care Tech	Emergency Department	7a-7:30p	Full-time
Phlebotomist (trained)	Laboratory		
Maintenance III	Plant Engineering	Evening	Full-time
Parking Attendant	Valet Parking Services	Days	24 hrs/wk
Parking Attendant	Valet Parking Services	Days	24 hrs/wk
Specialist	Behavioral Health Services	Variable	Registry
Clin App Support Analyst	Information Systems	Days	Full-time
Clinic Coder	MMG	Days	Full-time
Gynecologist	OB/GYN Clinic		Full-time
LAN Administrator	Information Systems	Days	Full-time
MT(ASCP)	Laboratory	Variable	Full-time
Occupational Therapist	Sports Medicine and Rehabilitation Services	Days	Full-time

List also available online at www.mdh.org

As of August 18, 2016

Reminder

**Mandatory
All Employee Meeting
Tuesday, September 13**

5:30-7:30 PM

The Crossing

Doors open at 5:00 PM

New Faces at MDH

MDH Welcomes New Employees



Jamie Bainter

Jamie is a Registration Clerk in Registration. She is originally from Macomb.



Jennifer Bollinger

Jennifer is a RN in Acute Care. She is originally from Vermont and is married to Rodney.

They have three children, Bryton, Aubrey, and Hunter. In her spare time, Jennifer enjoys camping, fishing and spending time with family.



Theisa Cagle

Theisa is a Medical Assistant in Family Clinic. She is originally from Macomb and has four children, Alaina,

Ryland, Kai and Natalia. In her spare time she enjoys watching her kids play sports and anything outside.



LeeAnna Carey

LeeAnna is originally from Colchester and has one child, Mavix. In her spare time, LeeAnna enjoys

reading, hiking, movies and spending time with Mavix.



Devon Cooper

Devon is a Secretary/ Receptionist for Family Clinic. She is originally from Macomb and is married to Derek.

They have two children, Abigail and Davidson. In her spare time, Devon enjoys spending time with her family.



Hannah Feld

Hannah is an Intern for MMG. She is originally from Macomb and in her spare time enjoys spending time with family and walking her dog.



Rosa Feld

Rosa is a Phlebotomist in Laboratory. She is originally from Colchester and is married to Lonnie. They have two children, Gavin and Trevor.



Becky Fewkes

Becky is a Housekeeping Aide for Crothal. She is originally from Table Grove and has two children, Haley and Austin. In her spare time, Becky enjoys reading.



Jordan Fink

Jordan is a Physical Therapist in Sports Medicine and Rehabilitation Services. He is originally from

Carthage and is married to Carla. They have three children, Alena, Aubry and Caden. In his spare time, Jordan enjoys spending time with the kids, hunting and outdoor activities.



Samantha Fox

Samantha is an OR Tech in Surgical Services. She is originally from Quincy.



Eric Kirby

Eric is an Occupational Therapist in Sports Medicine and Rehabilitation Services. He is originally from

Chicago and in his spare time enjoys running and hiking.



Cathy Litchfield

Cathy is a Secretary for Family Clinic. She is originally from Macomb and in her spare time enjoys golf, walking and being outdoors.



Tracie Loop

Tracie is a Phlebotomist in the Laboratory.



Nancy Morrison

Nancy is a Health Information Applications Specialist in Home Health. She is originally from

Macomb and has one child, Megan. In her spare time, Nancy enjoys spending time with family.



Casey Roberts

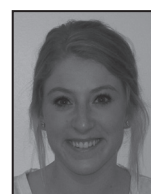
Casey is a Medical Assistant in Internal Medicine. She is originally from Macomb.



Colton Tracey

Colton is a Phlebotomist in the Laboratory. He is originally from Prairie City. In his spare time,

Colton enjoys fishing, playing softball or baseball and hanging out with friends.



Abby Welker

Abby is a Scheduler in Central Scheduling. She is originally from Havana.

**Paige Williams**

Paige is a Food Service Aide for Morrison. She is originally from Galva. In her spare time, Paige enjoys reading, playing sports and traveling.

MDH Welcomes New Volunteers**Melina Curtis**

Melina graduated with a Bachelor of Social Work degree from WIU in May 2016. In her spare time, Melina enjoys crocheting.

**Marilyn "Kay" Derry**

Kay retired from MDH as Leader of Food/Nutrition Services. Kay attended WIU. In her spare time, Kay enjoys reading, quilting and playing piano for her church every Sunday.

Just Married**Melanie Danner**

and Justin Williams were married on

August 3. Melanie is a Secretary for Behavioral Health Services.

Angelica Markey and Cullen

Hoening were married on June 18.

Angelica is a Physical Therapist in Sports Medicine and Rehabilitation Services.

Stork Landings**Rob and Andrea****Lawrence** are the

proud parents of a baby boy, Jackson Grant. Jackson was born on 7/5/16. Andrea is an Intensive Care RN.

MDH Says Goodbye

Amanda Behymer, Scheduler, Centralized Scheduling, 8/12/16

Cathy Borst, Occupational Therapist, Occupational Therapy, 7/20/16

Melanie Brierton, Phlebotomist, Laboratory, 8/12/16

Erin Bunnell, Patient Care Tech, Emergency Services, 7/27/16

Savannah Forman, EMT, Ambulance, 6/28/16

Carlos Garcia, Patient Care Tech, Emergency Services, 7/22/16

April Hall, LPN, Surgery, 8/4/16

Connie Kugler, RN, Emergency Services, 8/4/16

Dacey Malott, Clerk/Phlebotomist, Registration, 7/2//16

Shayla Meyer, Secretary/ Receptionist, Family Clinic, 7/13/16

Amanda Short, MT(ASCP), Laboratory, 8/3/16

Doris Vancil, Qual. Assurance Asst., Health Information Management, 7/4/16

Joe Walters, Maintenance II, Plant Engineering, 7/29/16

Carolyn Williams, RN, Emergency Services, 7/31/16

A+ Achievement

Jarica Whitney and **Mia Rhodes** attended a Trauma Nursing Core Course in Bellville, IL August 17-18. Congratulations to our two new TNCC RNs in the Emergency Department!

MVP Awards

Has someone done something special for you? Has this person gone above and beyond his or her normal duties to help you? Consider completing an MVP Thank You to show your appreciation.

MVP Award - \$50**Rachel Cousins**

Registration

MVP Thank Yous - \$25**Dorothea Carr**

Convenient Care

Dick Ford

Valet Services



Rachel Cousins (Left)



Dorothea Carr



Dick Ford (Left)

Meet



Lyndsay Bedwell, FNP

McDonough District Hospital is pleased to announce the addition of Family Nurse Practitioner Lyndsay Bedwell to the McDonough Medical Group.

Lyndsay earned a Master's of Science in Nursing and has recently completed the Family Nurse Practitioner Program at Maryville University in St. Louis, Missouri. She received her Bachelor of Science in Nursing degree from Blessing-Rieman College of Nursing in Quincy.

Lyndsay has been working as a Registered Professional Nurse at Blessing Hospital Emergency Room in Quincy since 2009. She is certified with American Association of Nurse Practitioners and qualified in Healthcare Provider CPR, Non-Violent Crisis Intervention and Advanced and Pediatric Cardiovascular Life Support.

In her spare time, she enjoys spending time with family, being outdoors, hunting, fishing, camping and traveling.

Lyndsay will be working at the Convenient Care Clinic at Hy-Vee, 1600 East Jackson Street, Macomb. For more information call (309) 836-1700.



Julie Haggerty, PMHNP-BC

McDonough District Hospital is pleased to announce the addition of Board Certified Family Psychiatric and Mental Health Nurse Practitioner (PMHNP-BC) Julie Haggerty to the McDonough Medical Group working with Drs.

Sarwar and Wright and Layne Stambaugh, PMHNP-BC in the MDH Psychiatry office.

Julie completed a Bachelor of Science in Nursing at Saint Francis Medical Center College of Nursing in Peoria. She earned her Master of Nursing from University of Illinois in Chicago.

Julie has over 30 years of nursing experience in a variety of settings including medical, surgical and cardiac patients in hospitals, corrections, inpatient addiction recovery, outpatient dialysis, mental health and older adult mental health. Most recently, Julie has 5 years' experience as a Psychiatric Mental Health Nurse Practitioner at the Department of Veterans Affairs in Peoria.

In her spare time, she enjoys spending time with her family, sewing, swimming and gardening. She also spends time advocating for animals and has an interest in nutrition.

Her office will be located in Health Services Building 2, Suite 212. In addition to the Psychiatry office, she will be assisting in the Senior Behavioral Health Unit. For more information or to schedule an appointment call (309) 836-6400.

Save the Dates

MDH Foundation Golf Tournament

September 10

Teddy Bear T

November 28

Jingle 'n Mingle (Illumination Gala)

December 1

Festival of Trees

December 2-5



Golf for the Girls

On June 21, 75 ladies participated in the Golf for the Girls Outing at the Macomb Country Club. Proceeds from the event totaled \$3,140.00 in support of Linda's Fund.

First Place: Anne Ingersoll, Margaret Taylor, Ann and Sam Urch

Second Place: Pictured are (l to r): Kathy Veroni, Vicky Kipling, Kathy Orban, Beth Crossett

PROS Fitness Room Suggestions - We're Listening...

Suggestion/Comment	Resolution/ Comment
Reward those frequent users of the PROS room! Do a PROS room challenge?	Shared with Stephanie Crockett, Health Educator
Heavier medicine balls and/or kettle balls- lots of exercise options with these	Pending funds
The room is warm while exercising, needs to be cooler.	There are fans on the treadmills and ellipticals and floor fans available.
TV Guide	Printed guides located on equipment
Shower Head	Replaced
More Clocks	Pending funds
TV/DVD Player in mirror room	Pending funds
Spinning Bike	Not available
Another Shower	Space unavailable
Mirror in changing/locker room	Purchased and in locker rooms
Outlet in changing room for drying/curling hair	Unable to do at this time
Towels	Pending- under consideration
Hair-Hand Dryer	Lockers are available to check out for personal items.
Heavier rubber dumbbells	Pending funds
Light sensors for main room	Pending funds
Wall brackets for wipes	Pending funds
Free weight stand	Pending funds
Hooks for hula-hoops, bands, ladder	Pending funds
Mirrors by treadmills to see who is coming in the door	Employee access to room only
Rowing machine	Purchased
Bulletin board	Pending funds
Replace old treadmills	Purchased 1 treadmill and 1 rowing machine
Let volunteers use the room	Pending- under consideration
Let buddies use the room	Pending- under consideration
Hamper and shelves for towels in locker rooms	Pending- under consideration

Golden Apple Society Summer Social Highlights



DKSWC



DKSWC Support Continues...

Casey's General Store Donates \$1,000 to MDH

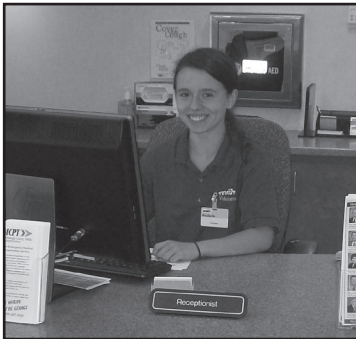
Casey's General Store has generously donated \$1,000 to the Dolores Kator Switzer Women's Center at McDonough District Hospital. The Women's Center will benefit thousands of women with its modernized private OB/GYN suites, state-of-the-art labor/deliver/recovery rooms, new nursery and imaging center. With over 1,800 convenience stores in fourteen states, Casey's is a proud supporter of MDH and the vital services provided to the community.



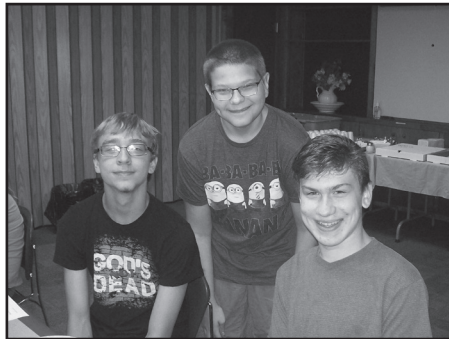
Volunteers

The 2016 Volunteer program consisted of 40 teens who volunteered a combined total of 1,058 hours.

The Volunteers spent time in a range of departments: Day Health, Acute Care/ICU, MMG (MDH Orthopedics & Sports Medicine and Macomb Internal Medicine), Quality & Innovation, Infection Control, Rehabilitation Services (MDH Campus & North Lafayette), Plant Engineering and Patient Financial Services. Volunteers also assisted Volunteer Services by working at the Reception Desk and Gift Shop.



Anabelle Clark



From l-r: Andrew Pollock, Tim Pollock & Dalton Ascone



From l-r: Alexis Lawson & Katie Lawson



Front Row l-r: Lauren Hall, Sarah Hood, Audrey Fletcher & Rebekah Fletcher. Back Row, Brylee Anselment, Kelsey Hall, Deidre Lorton, Katy Norton, Andrew Pollock, Matt Fletcher, Dalton Ascone & Tim Pollock.



From l-r: Deidre Lorton, Sarah Hood & Katy Norton

APPLE Winner July 2016



Connie Purdy

Please join me in congratulating **Connie Purdy**, Unit Secretary in Acute Care, on being named the recipient of the MDH APPLE Award for July 2016. APPLE stands for “Achieving outstanding Performance in Patient care, Leadership, Loyalty and Enthusiasm for MDH.”

Connie began working at MDH as an Outpatient Coder in Health Information Management on November 16, 1998. On August 20, 2012, Connie started working in her current role as an Acute Care Unit Secretary.

Connie is a pleasure to work with and very respectful of other employees. She communicates well with other departments and kindly relays information to the nursing staff and assists physicians as needed. She is also willing to help with extra tasks and projects, completing additional duties such as payroll and scheduling.

Connie has an excellent presentation to patients and families, addressing each individual in a kind and positive way. She makes sure to introduce herself to the patients before each of her shifts, letting them know she is the voice on the intercom when they call the desk. As she answers the call lights, she is very caring and responsive to the patients' needs. Connie strives to do her work precisely and timely.

As the “first impression” that people have of the unit when they telephone or step off the elevator, Connie has a smile on her face and in her voice to make a positive connection with those she greets. Connie is described by her nominators as a role model for what customer service should be. “I appreciate her character and all that she does for everyone. She is very genuine and willing to help however is needed.”

Connie and her husband, Lynn, have four daughters, Abby (Karl) Ruebush and Amy (Robert) Gound, Denise (Chris) Chase and Debbie (Sean) Blue and one son, Tim (Theresa) Purdy. She is the best “Nana” to her grandchildren: Kade Ruebush; Jenna and Jordan Gound; Taylor, Dani and Jackson Chase; Riley Blue and Carson Purdy. In her spare time, she has a knack and love of quilting.



Thank You

My family was involved in a very serious car accident. Three were life-flighted from the scene and two were taken by ambulance to MDH. They were amazing with this situation! They took every precaution you could have asked to take care of my loved ones. They ran every test you could have expected to make sure they were going to be fine. Knowing we had the stress of the families being separated due to three children being separated to three different hospitals by the end of it, they handled the situation very well. The nurses and ED staff were constantly checking on them to make sure they were okay, they were asking about our other loved ones that were in the other hospitals, and they were so friendly and comforting. I know the Paramedics and EMT's that worked the scene couldn't have made better decisions for my niece and nephews. One was discharged and two are awaiting surgery in Peoria and Blessing. I can't say thank you enough! Our lives could have been changed forever if your EMS didn't know how to handle the scene. Now we are going to have a very slow recovery to wellness for a few, but we have them because of you and your well-trained staff! So thank you!

MDH Patient's Family



Employee Awards Word Search!

X C Q M J E T C L E O N K T H N V A P C V V C H K
W J A O M Z I X H E U S B J T P I D V P I O C N X
R R L S L Q D L Y R D X E O A R K C X M C X O I W
Y Y E Y O A L A U F I L Y C H U D A O H K P N T N
N N M A R T H A N J L S J E S S I C A L Y Z N S I
E L I Z A B E T H E C K T E M O R E J E E P I U R
J O S H C G C I N D Y H E E L A T S Y R C H E J O
U A Y N L D V A O Y R T E I N E C Y O J L Y Z A M
L H X Y E P J P A T T Y D R T D R W B I I L S V E
N V E N N Y W G N A U S I N Y H G A N S Z L A E L
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K A T I E H K E I M A I D N R P E A R N P R C S X
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L R B R E A N N H Y T I S T N K E N D S H R A H D
L U U W L A M Y E X S T S S N O T L A E A K T Z T
Y A A E T P G P L O Y S B A Q Y S I I M D A R A C
F V G P D T M V L T O B I E E U C L V N K I F D T
C N U G H X O F E P M X Z M L U A R O H D P E E I
A E I S O R H C E G F M F M U G O K R I O A F G J
B Y U G M S Q L S Y K H J U M B P J K Z F C M E S

The following is a list of employees who were recognized this year. Search for the first name of an employee in the puzzle. Repeated first name is only listed once.

45 Years

Connie Starbuck, Nursing Support

40 Years

Chris Campbell, Laboratory

Diana Moore, Health Information Management

Gwynne Worthington, Radiology

35 Years

Harlan Baker, Information Systems

Nancy Drummond, Information Systems

Sue Roth, Laboratory

Vicky Kipling, Foundation

30 Years

Al Black, Plant Engineering

Paul Kuntz, Plant Engineering

Tracy Poffenbarger, Cardiopulmonary

Sheila Rauch, Radiology

Diane Tate, Outreach Services

Missy Vardaman, Radiology

Martha Walter, Radiology

Barb Walters, Patient Financial Services

25 Years

Theresa Anderson, Radiology

Ronda Baker, Clinical Services Administration

Reva Davis, Health Information Management

Mary Fisher, Sterile Processing & Adult Day Health Services

Patty Gutting, Acute Care

Sandra Heckwine, Obstetrics

Carol Rowland-Maguire, Quality and Innovation

Lisa McCutchan, Patient Financial Services

Phyllis McLouth, Sports Medicine & Rehabilitation Services

Karen Peters, Acute Care

Todd Rash, Inventory Control

Kathy Taylor, Surgery

Lora Vogler, Pain Management Center

20 Years

Linda Dace, Administration

Myrna Hayes, Sports Medicine & Rehabilitation Services

Debi Johnson, Patient Financial Services

Rosie Kesinger, Intensive Care Unit

Randy Schoonover, Plant Engineering

Aaron Wilson, Emergency Services

15 Years

Christy Beck, Advocacy Services

Susan Briggs, Wound Care

Dan Chenoweth, Laboratory

Marla Deener, Registration

Linda Fawcett, Acute Care

Patty Henness, Foundation

Michelle Keeffer, Acute Care

Melinda McGath, Radiology

Jean Mershon, Communications

Stacie Mynatt, Hospice

Harlan Reedy, Information Systems

Cheryl Sewell, Communications

Kelly Shiraki, Outreach Services

Maresa Visel, Home Health

10 Years

Scott Dexter, Plant Engineering

Crystal Dobbs, Obstetrics

Keith Engel, Acute Care

Jessica Horwedel, Post Anesthesia Recovery

Linda Kane, Sports Medicine & Rehabilitation

Services

Liz Knowles, Patient Financial

Alicia Ladd, Sports Medicine & Rehabilitation Services

Angela Martin, Orthopedics Clinic

Breann Martin, Obstetrics

Alicia Napier, Obstetrics

Denise Reed, Advocacy Services

Darlene Row, Home Health

Andrea Sears, Home Health

Elizabeth Tefera, Acute Care

Cindy Thompson, Registration

Jolyn Utter, Hospitalist

Nicole Wetterling, Pediatric Clinic

Darlene Zeh, Cardiopulmonary

5 Years

Jerome Anderson, Pathologist

Mary Aurelio, MMG Patient Financial Services

Diane Baker, Patient Financial Services

Katie Barr, Family Clinic

Nicole Carithers, Obstetrics

Josh Connor, Communications

Mary Crater, Western Illinois Surgical Associates

Christy Curtis, Adult Day Health Services

Rob Deveraux, Laboratory

Julie Elliott, Obstetrics

Noel Flores, Internal Medicine Clinic

Janelle Friday, Psychiatry Clinic

Justin Gast, Information Systems

Cynthia Greer, Internal Medicine Clinic

Joyce Harper, MMG Patient Financial Services

Steve Hilligoss, Anesthesiology

Sue James, Convenient Care

Eric McCleery, Emergency Services

Christen Parks, Pharmacy

Tobie Richey, Human Resources

Amy Royer, Internal Medicine Clinic

Cara Sanderson, Home Health

Romel Tournear, Sports Medicine & Rehabilitation Services

September Calendar of Events

Seniors' Day at Citizens

Thursday, September 1

8:30 AM-4:30 PM, Citizens Bank, Downtown Macomb
Contact Sports Medicine & Rehabilitation Services at (309) 836-1601.

Anger Management

Tuesdays

3:30 PM-5:00 PM Health Services Building 1 Auditorium
Pre-registration required.
Call Behavioral Health Services at (309) 836-1582.

Community First Aid

Wednesday, September 7

6:00 PM, Auditorium A
Cost: \$32.00, Pre-registration required.
Contact Outreach Services at (309) 836-1584.

Divorcing Parents Education Program

Friday, September 9

1:00-5:00 PM, HSB 1 Auditorium
Cost: \$60.00 payable at session,
Pre-registration required.
Contact Behavioral Health Services (309) 836-1582.

18th Annual MDH Golf Tournament

Saturday, September 10

8:00 AM Registration/9:00 AM Tee-off,
Gold Hills Golf Club
Dinner and awards ceremony will follow the event.
For more information, contact the MDH Foundation
Office at (309) 836-1757.

Breast Cancer Support Group

Monday, September 12

5:30 PM, Auditorium B
Contact Outreach Services at (309) 836-1584.

Risk Education

Monday-Thursday, September 12-15

1:00-4:00 PM, HSB 1 Auditorium
Fee: \$150.00 Pre-registration required.
Call Behavioral Health Services at (309) 836-1582.

Community CPR Class

Tuesday, September 13

6:00 PM, Auditoriums A & B, Auxiliary conference room
Fee: \$32. Pre-registration required.
Contact MDH Outreach Services at (309) 836-1584.

Look Good Feel Better

Monday, September 19

4:00-6:00 PM, Auxiliary Workroom
Pre-registration required.
To register contact Outreach Services at (309) 836-1584.

Bereavement Support Group-New Horizons

Monday, September 19

3:00-4:00 PM, Medical Arts Building, Conference Room
For more information, call Hospice at (309) 836-1543.

Cesarean Section Class

Thursday, September 22

7:00-9:00 PM, Auditorium B
Pre-registration required.
Call Obstetrics at (309) 836-1570.

Dessert with a Doc

Tuesday, September 27

5:00-6:00 PM, Auditoriums A & B
Speaker: Bojan Pavlovic, MD
Topic: Together, we can manage your chronic pain
Free and open to the public. Dessert available.
For more information or to RSVP contact Outreach
Services at (309) 836-1584.

Postpartum Care & Understanding Your Newborn

Thursday, September 29

7:00-9:00 PM, Auditorium B
Pre-registration required.
Call Obstetrics at (309) 836-1570.



Looking for Advice?

Dear Lucy,

It's been 5 years since my fiancé took his life and today I still struggle to talk about this tragic experience. I've often felt great emotional turmoil over the loss and believed no one else could possibly understand my emotions. A friend mentioned to me about an upcoming event to be held locally - *Out of the Darkness A Walk to Prevent Suicide*. This sounds like something that could be supportive to me. Can you provide more information?

Still Feeling Sad

Dear Still Sad,

Grieving the death of a loved one is never easy, but the loss of someone from suicide is certainly far more heart breaking. The death is unexpected and confusing. According to the CDC 41,000 individuals take their lives each year and researchers estimate that for every person lost by suicide there are six people intimately touched by the tragedy. Those left behind deal with fear they missed something, guilt they didn't have the power to stop the suicide and so many unanswered questions. Stigma and shame might prevent the survivor from seeking help, while a lack of information and discomfort prevents others from giving needed support and understanding.

Thank you for asking for information about the upcoming Out of the Darkness community walk set for Saturday, October 1 at Lakeview Nature Center located at 150 N. 1500 Rd. in Macomb. Check-in begins at 9:00 AM and the walk starts at 10:00 AM. Due to limited parking and road closures, only handicapped vehicles with tags will be able to park at the location. A shuttle will run from The Crossing parking lot to the Walk from 8:30 AM to 9:30 AM. The event is set to help raise awareness, funds and support for suicide prevention. Participants will have the opportunity to walk the newly created labyrinth designed by Kelley Quinn. The labyrinth was created to bring forth awareness of the need to talk openly about preventing suicide and will provide participants with a sense of peace and calmness as they walk the path. The labyrinth will provide a connection to nature and offer an opportunity to pause and reflect on worries and troubles in a tranquil place. Resources about suicide prevention and support for survivors of suicide will be provided. If you would like to participate, join a team or make a donation, please register at www.macombwalk.org.

It's important to know the warning signs of suicide as this is the first step in helping those you love who might be at risk. These include expressing thoughts about wanting to harm themselves or commenting about wishing they were dead, social withdrawal, an increase in the use of drugs or alcohol, mood swings ranging from despair to calm, a preoccupation with talking or writing about death, putting their affairs in order, and impulsive or reckless behavior. If you know of someone who is showing any of these signs please talk with them or offer to help them connect to someone who can provide assistance.

Should you have more questions about suicide, survivors of suicide loss or any other mental health or addiction concern, please contact Behavioral Health Services at 836-1582.

Best regards,

Lucy

Recognition for Outstanding Customer Service – July

For the month of July, the Service Excellence department at McDonough District Hospital would like to recognize and say thank you to **16 employees and physicians** for their outstanding customer service to patients.

The Press Ganey, Deyta (Hospice) and Senior Behavioral Health surveys call attention to employees who demonstrate excellent customer service, according to Administrative Leader of Quality and Innovation Maggie Goettsche. Individuals recognized receive a customer service *Thank You Certificate* and are nominated for the MVP award for their outstanding hard work.

Recognition for outstanding customer service goes to the following professionals:

Emergency Services: **Kortney Burling, RN; Dr. Todd Zisholtz**

Infusion Services: **Marcia Hollenback, RN; Emily Kelly, RN**

McDonough Medical Group: **Tiffany Bentz, RN; Dr. Libby Balbort; Dr. Dan Ruiz; Dr. Richard Minter; Dr. Weili Zhang**

Obstetrics: **Sharie Harden, CNM; Dr. Eric Reinertson; Dr. Tamara Smith**

Sports Medicine and Rehabilitation Services: **Carolyn Grove, RN, BSN, CWOCN**

Surgical Services: **Dr. Tim Biagini; Linda Dixon, RN**

Administration received a call from a patient recognizing **Lynn Durso, RT, Radiology**, and the outstanding care they received from her.

Congratulations to those recognized in this article and thank you for your ongoing commitment to providing an exceptional patient experience!

...Benefit Break...

Take a minute to learn more about your benefits and other HR issues.

Personal Time

Establish to allow you to use sick time for reasons other than an illness.

Use from January 1 to December 31

Full-time Employees

- 32 hours available per calendar year
- Exchanged for sick time – must have at least 80 hours of sick leave
- Increases to 40 hours/calendar year after 960 hours of accrued sick leave

24 hours/week Employees

- 16 hours available per calendar year
- Exchanged for sick time – must have at least 48 hours of sick leave
- Increases to 20 hours/calendar year after 576 hours of accrued sick leave

If you have questions concerning this topic or any suggestions for future Benefit Breaks, please contact Human Resources at extension 13492.



Full-Time

Part-Time

No-Bake Power Balls

Ingredients

- 1 cup rolled oats
- ½ cup mini semi-sweet chocolate chips
- 1-2 tablespoons chia seeds
- ½ cup crunchy peanut butter
- 1/3 cup honey
- 1 teaspoon vanilla extract



Directions

- Combine all the ingredients in a bowl.
- Form mixture into bite size balls and refrigerate.
Tip: It is easier/less messy to roll the mixture into balls if it is refrigerated for a couple hours first.
- Variations can include ground flax seed, coconut flakes, cocoa powder or pumpkin seeds.

Gift Gallery Sales

THE GOOD, THE OLD AND THE UGLY SALE!

PROGRESSIVE SALE

September 12 - 15

All Sale items are on the
tall tower only!
(Located near the Gift Gallery Door)

20% Off Monday

40% Off Tuesday

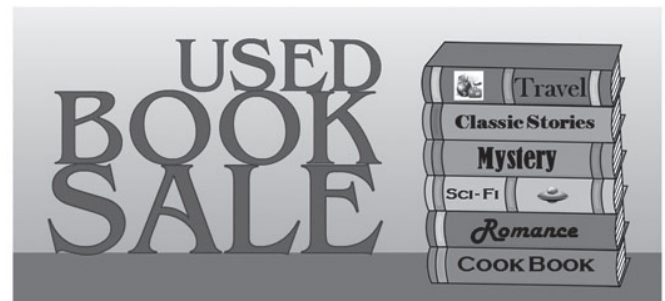
60% Off Wednesday

80% Off Thursday

Check out our selection of gently
used books for sale.

Wide selection of subjects:
Mystery, Romance, Cook Books, Sci-Fi and more.

Used Book Prices are all under \$10



Did you know...Proceeds from the Gift Gallery
go toward funding for The Auxiliary Scholarship and
Loan Program.

The programs offer assistance to students enrolled in a
curriculum leading to a career in a health-related field.

Remember

October is Breast Cancer Awareness Month.

Early detection is the key.

Schedule your mammogram today!



Call the MDH Central Scheduling
Department at (309) 836-1515.

Health Career Scholarships Awarded

Each year, the MDH Health Careers Committee awards scholarships to individuals pursuing a career or continuing their education in a health-related field. The scholarship program, established in 1960 by the Auxiliary to MDH, has helped numerous students further their education. This year a total of \$8,450 was awarded in scholarships and \$34,000 was distributed in loans, benefiting 12 recipients.

In addition to the above mentioned scholarships, the Auxiliary Scholarship Fund, totaling \$4,000 benefited the following recipients: Ashley Frederick, Rebecca Watson, Crystal Fackrell, Heather Powell, Rachel Ruebush, Rebecca Peterson and Laci Zurek. This scholarship fund is made possible through interest from donations to the Auxiliary to MDH in memory or in honor of individuals.

For more information about health career loans and scholarships, please contact the MDH Auxiliary/Volunteer Services office at (309) 836-1579.

2016-2017 Scholarship Award Recipients

<i>Recipient</i>	<i>Scholarship Name</i>	<i>Amount</i>
Amber Sparrow	<i>Carolyn J. Baumann</i>	\$500
Jarica Whitney	<i>Carolyn J. Baumann</i>	\$500
Rebecca Peterson	<i>Haldon and Hazel Curless</i>	\$500
Crystal Fackrell	<i>Larry and Joyce Gabbert</i>	\$500
Heather Powell	<i>Larry and Joyce Gabbert</i>	\$500
Rachel Ruebush	<i>Donna Twomey</i>	\$500
Laci Zurek	<i>Gayle and Ron Peterson</i>	\$700
Kaity Vancil	<i>Helen Meek</i>	\$750
Jessica Thorman	<i>Verna Maxine Simeral</i>	\$1000
Amber Sparrow	<i>Ruth Dexter</i>	\$1500
Jarica Whitney	<i>Ruth Dexter</i>	\$1500

President's Report

The MDH Board of Directors met

August 15, 2016. Here is Mr. Boyd's report to the Board for the accounting period of June 21 through August 15, 2016.



Quality and Innovation

MDH has joined the Midwest Alliance for Patient Safety (MAPS) Patient Safety Organization (PSO). MAPS members are provided with educational information to improve patient safety through learning events and tools. The safe round table events are offered to member hospitals which include access to the following: subject matter experts discussing patient safety hot topics, facilitated group discussions, and sharing of challenges and lessons learned.

MDH has partnered with the Illinois Perinatal Quality Collaborative Maternal Hypertension (high blood pressure) Initiative. High blood pressure disorders of pregnancy are a leading cause of maternal complications and death. The goal of the project is to reduce the rate of complications in women by 20% over the course of the initiative.

MDH has partnered with Resonant physician services. Resonant physician advisors are experts in the application of rules and regulations related to observation and inpatient status. As a result, Resonant can provide accurate, concurrent/secondary physician review for observation service cases and inpatient admissions utilizing evidence-based clinical decision support criteria. The purpose of this partnership is to improve the efficiency of the utilization review process, enhance physician alignment and assist the case management

team's efforts to be as effective as possible.

Representatives from the Illinois Hospital Association recently visited MDH to facilitate a high reliability assessment. High reliability in health care means consistent excellence in quality and safety for every patient, every time.

- Improves organizational effectiveness
- Improves organizational efficiency
- Improves customer satisfaction
- Improves compliance
- Improves organizational culture
- Improves documentation

The road to high reliability is an ongoing journey. It's a commitment to patient safety and the way we deliver quality health care. This assessment will help us understand where MDH is at on this journey and identify strengths and weaknesses of the organization to becoming a high reliability organization.

Physician Recruitment/Retention

Physician, Advance Practice Provider Recruitment & Outreach Services – Update:

Outpatient Primary Care

Dr. Patel (Family Medicine) is working through his orientation at this time. Dr. Wehner (Family Medicine) will begin her orientation with MDH on Monday, August 15th. We continue to work with Dr. Haseena Ali (Internal Medicine) regarding her on-boarding activities, including finalizing her IL licensure. Please join us in welcoming each of these physicians and their families at the community welcome reception on Tuesday, August 30th in the hospital auditoriums A & B from 4PM-6PM.

OB/GYN

We are continuing with our search efforts for a full-time OB/GYN. In July, we interviewed and proposed a draft offer to a strong OB/GYN candidate with ties to the Midwest. Though close, on recruiting her, she chose another opportunity near the St. Louis, MO area for personal reasons.

Advanced Practice Provider

Convenient Care: On Monday, August 15th, Lyndsay Bedwell, FNP will begin her orientation process and will be our third, full-time Family Nurse Practitioner at Convenient Care.

Psychiatry: Julie Haggerty, Psychiatric Nurse Practitioner will begin her orientation process on Monday, August 29th and will join Drs. Sarwar, Wright, as well as Layne Stambaugh.

Pediatrics: A Pediatric Nurse Practitioner has signed her letter of agreement upon successful completion of her training program, board certification, licensure and other on-boarding processes. It is our anticipation that this individual will be starting with Dr. Balbort on/around January 2017.

Outreach Services

Outreach & Provider Programming

Diane Tate, Health Educator with Outreach Services is coordinating a series of hand-washing programs for area school districts in September. Kelly Shiraki, Health Educator/Memory Support Services Coordinator will provide a Dementia Friendly Training to the staff of the Elms in August. Stephanie Crockett, Health Educator/Employee Wellness Coordinator has successfully coordinated our health screening program for MDH employees and their buddies in July and has

launched an organization wide weight loss challenge: Can't Win: Lose!, starting August 2016 and finishing in February 2017.

Occupational Health

Dr. Minter, Krystal Wagner, FNP, Adrian MacGregor, and Stephanie Crockett met with NTN Bower representatives to discuss enhancements of services being provided by MDH as well as toured the facilities in July. MDH has entered into a new, 3 year employee wellness partnership with the Macomb School District. MDH Outreach Services, in partnership with MDH Laboratory Services will be providing an on-site health screening program as well as wellness reporting, preventative educational program, in addition to wellness coaching services.

Information Systems

Cerner Electronic Medical Record

We have just past the 2 month mark with the Cerner implementation. The organization as a whole is successful in making the transition, but we still have some growing pains to work through with how to use the system to its fullest. We continue to work through configuration issues and new workflows with the system. Our departmental subject matter experts and super users will need to continue to be engaged in the workings of the system and changes that will be incorporated in the future.

We have officially transferred to the normal Cerner support organization with the original Cerner project management team following up on some of the lingering setup processes.

New Family Clinic Space

The Family Clinic space has been successfully launched. Staff and providers are working through the

change in location and the new space if beautiful.

Financial Performance

Due to the transition to Cerner, the report was not available before publication.

Facility Planning

MDH Addition and Renovation Project

IDPH inspected the renovated space in what was the old ER area on Thursday August 4th. There were no serious deficiencies and permission to occupy was granted August 5th. This completes the IDPH project for the new addition. Work continues on 2nd and 3rd floor north and south. Construction is scheduled to be completed by the end of August. IDPH will then be required to come back and inspect those areas for occupancy before the entire project can be deemed complete for construction. The Certificate of Need will need to be completed by December 31st at which point the project is officially complete.

HSB 2 Family Clinic

This project is substantially complete and the area is occupied.

Behavioral Health

MDH Behavioral Health Services is co-sponsoring the first Out of the Darkness Walk in Macomb/McDonough County. The Walk is affiliated with the American Foundation for Suicide Prevention (AFSP), with walks happening all over the country. To fully achieve its mission, AFSP engages in the following Five Core Strategies:

- Fund scientific research
- Offer educational programs for professionals and schools
- Educate the public about mood

disorders and suicide prevention

- Promote policies and legislation that impact suicide and prevention
- Provide programs and resources for survivors of suicide loss and people at risk, and involve them in the work of the Foundation

The Macomb/McDonough County Walk will take place on Saturday October 1st at Lakeview Nature Center. Registration begins at 9:00 AM followed by a short program and meditative walk in the Lakeview Prairie Labyrinth at 10:00. You can register for the walk or form a team at www.macombwalk.org.

The AFSP has set a bold goal to reduce the annual suicide rate in the U.S. 20 percent by 2025.

Public Relations Report

Public Relations & Marketing Report for Activities within the months of June & July 2016.

Website and Social Media

During June & July there were 39,351 home page visits, 8,372 career views and 23,520 calendar views.

The MDH Facebook page is now at over 1,420 likes, gaining 75 likes in June & July. Twitter has increased to over 288 followers. Information promoted on Social Media included: donations to the Women's Center campaign from; Table Grove State Bank, Purdum Gray Ingledue Beck, Farmers & Merchants State Bank, Cathy Early State Farm, and No Place Like Home; Home Health, Pain Management Center, the MDH Obstetrics & Gynecology clinic move, Representative Darin LaHood visit, Vital Signs, MMG, Family Clinic open house, Job of the Week, Apple Awards and more.

News media

June & July news included the

following: donations to the Dolores Kator Switzer Women's Center campaign, Macomb youth landscape, MDH welcomes Kaye Stone, improvements to MRI services, expanded Convenient Care hours, MDH Obstetrics & Gynecology Clinic location change, Family Clinic open house, CPR classes, childbirth classes and Family Clinic accepting patients.

Advertising/Marketing

Commercial spots are running for Sports Medicine & Rehabilitation Services, Home Health and general MDH spot. General radio spots include; Family Clinic open house, Obstetrics & Gynecology Clinic, Pain Management Center, Senior Behavioral Health, Orthopedics & Sports Medicine, and Home Health. Other June & July advertising included; Senior Behavioral Health, Home Health & Hospice, Orthopedics, Obstetrics & Gynecology Clinic, Pain Management Center and Family Clinic.

Other

KHQA news visited MDH and interviewed Carissa Kinman, MMG Quality and Process Improvement Coordinator, regarding the Family Clinic open house and new space on July 21. The Summer issue of Vital Signs was delivered to mailboxes the second week of July featuring the MDH Obstetrics & Gynecology Clinic, new providers to MDH, Family Clinic, Centralized scheduling, Prairie Heart Institute providers and the Pain Management Center.

Foundation Report

This report reflects activity held within the months of June and July 2016.

Annual Support

In June \$43,281.82 was received and \$11,881.53 was pledged for a total

of \$55,163.35 raised; 365 gifts and 16 memorials were processed. In July \$22,516.64 was received and \$19,960.00 was pledged for a total of \$42,772.64 raised; 216 gifts and 11 memorials were processed. Some of the areas receiving support included: Acute Care, Golf, PROS, Dolores Kator Switzer Women's Center (DKSWC), Alzheimer's Support, Century Club, Hospice, and Linda's Fund.

PROS

Over 400 meals were served during the Summer Block Party on June 22. A big thank you to Morrison Food Service for catering. PROS members received a recognition gift, raffle prizes were awarded, and 30 new members joined. The Fitness Room opened in July followed by an open house. The Fitness Room is open 24/7, 365 days a year and features circuit weight machines, 3 treadmills, 2 elliptical arc trainers, rowing machine, stair master, ab-fit, stationary bike, tv's with cable, DVD player, hand weights, locker rooms, shower and more. MDH badge entry is required. PROS and MDH sponsored e-cycle day at Pella on June 6. To date, \$1,990 has been sold in the PROS Foundation office store.

Golden Apple Society

A meeting was held June 2. The Society welcomed new members Dr. David and Susan Reem (Diamond level); Dale and Mary Thompson; Mike Vansteel; and Mark and Jill Whiteside. Barb and Jack Bailly hosted the July 27th Summer Social with 104 members and guests attending. The next meeting is scheduled for August 4.

Golf Tournament

Committee meetings were held on June 13 and July 25. Penny Lawyer and Carrie DePoy were welcomed as new members. The outing is set for

Saturday, September 10, at Gold Hills. Brochures and sponsorship forms were mailed. Currently the outing has a full field and a waiting list has been started. To date, nearly \$41,000 has been raised to support the DKSWC.

Festival of Trees

The committee held their kick-off meeting on July 12. The Teddy Bear T will be held on Monday, November 28, 5-7PM at Magnolias. Jingle 'n Mingle (previously known as Gala) is set for Thursday, December 1, 6:30-8:30PM at the West Central Illinois Arts Center. Festival of Trees will be open to the community December 2-5. Funds raised will support the DKSWC. The next meeting is scheduled for September 29.

DKSWC Capital Campaign

A campaign committee meeting was held on July 13. To date, \$3,713,141.17 million has been raised toward the DKSWC Campaign goal of \$5.5M. Grant applications were submitted to Walgreens, Casey's, BNSF, DOT Foods, Verizon, and Gladys Brooks. A \$1,000 grant was received from Casey's. Committee members continue to meet with individuals and businesses in support of the project. MDH promoted the Dolores Kator Switzer Women's Center in the Heritage Days parade in June. The next meeting is set for September 14.

Other

The Memory Matters Ladies Golf Classic on June 2/3 hosted 77 lady golfers and raised \$18,234 for Alzheimer's Support. Golf for the Girls outing was held on June 21 raising \$3,143 for Linda's Fund.

Foundation Board

The next Board meeting is scheduled for August 10 to be followed by the annual meeting.

September Meetings Calendar

Tuesday, September 6

Credentials/Bylaws, 7:00 AM, PDR

Wednesday, September 7

Ethics Committee, 12:00 PM, Auditorium B

Thursday, September 8

Department of Medicine, 12:00 PM, Auditorium B

Friday, September 9

Exec Committee, 12:00 PM, PDR

Tuesday, September 13

All Employee Meeting, 5:30 PM, The Crossing

Wednesday, September 14

PHO Office Managers, 12:00 PM, PDR

Thursday, September 15

Tumor Board, 12:00 PM, Auditorium A/B

Friday, September 16

Medical Staff, 12:00 PM, Auditorium A/B

Monday, September 19

Board of Directors, 5:30 PM, TFBR

Tuesday, September 20

MMG Governance Council, 5:30 PM, TFBR

Wednesday, September 21

PHO Board of Directors, 12:00 PM, PDR

Tuesday, September 27

OB-Gyn Dept., 12:00 PM, Auditorium B

Wednesday, September 28

- Quality Council, 1:30 PM, TFBR
- PHO Physicians, 12:00 PM, PDR

Friday, September 30

Medical Staff Quality Improvement, 12:00 PM, TFBR

Reminders from Human Resources

Don't forget your free benefits...

MDH provides free vision insurance, life insurance and long-term disability insurance to all eligible employees working 24 hours or more a week. Vision insurance coverage and providers can be found at vsp.com. Life insurance is valued at your yearly salary and is provided free of charge to you. Long-term disability is paid by MDH on your behalf and is valued at half of your monthly salary if you are off work more than six months due to an injury or illness and deemed disabled.

Health Alliance In-Network Provider Verification

Please verify the out-of-pocket expenses before services are performed to avoid any surprises in health insurance coverage. Do not rely on your provider to give you accurate coverage levels or to provide you with physicians who are in-network for our plan.

It is difficult for providers to quote coverage levels for each Health Alliance plan accurately. It is always best to call Health Alliance directly to make sure you have accurate information. Please ask if your provider is in-network, if the facility is in-network, if the services are covered by the plan and at what level of coverage and if pre-authorization or a referral is needed.

The same applies to prescription benefits. To know accurately what your co-payment for your prescription will be prior to having the prescription filled, you can call Health Alliance to see if the drug is on the Health Alliance formulary and what the copayment will be.

To assure you accurately know what the cost of healthcare services will be to you, please contact Health Alliance at (800) 322-7451 before services are rendered.

Exercise class is offered FREE to all MDH employees in the *PROS Fitness Room*

Current Class Format: "Walking Club"

Tuesdays & Thursdays

5:00 - 6:00PM

Meet in the Pendell Garden

45 minutes of walking outside, followed by 15 minutes of muscle work and stretching in the PROS Fitness Room

In the event of inclement weather, class will meet in PROS Fitness Room for an aerobic and circuit workout.

Classes are suitable for many fitness levels.

No sign up necessary: Meet in designated area
If questions, please contact Amy Fansler Milas at
13456 or email afmilas@mdh.org.