

MDH Obstetrics & Gynecology Clinic...

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VITAL SIGNS

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Macomb, IL 61455

www.mdh.org
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Vital Signs

Published three times a year by the Public Relations & Marketing team at McDonough District Hospital. *Vital Signs* provides general information on health related topics, MDH services, news and hospital updates. It is not intended to be a substitute for professional medical advice, which should always be obtained from your physician.

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If you would like additional information about MDH, please call Public Relations & Marketing at (309) 836-1557.

Our Mission:

The mission of McDonough District Hospital, in partnership with its Medical Staff, is to provide health services with a personal approach to care that enhances the quality of life.

Our Vision:

To be your First Choice for First Class Health Services

Core Values:

Honesty and Integrity
Respect
Exceptional Service
Commitment to Excellence
Teamwork



McDonough District Hospital
is accredited by
The Joint Commission

Meet our

Haseena Mazhar Ali, MD



Internal Medicine physician Dr. Haseena Mazhar Ali, will join McDonough Medical Group in the MDH Internal Medicine office starting in August alongside Yousaf Jalil, MD and Noel Flores, MD.

Dr. Ali graduated with a Bachelor of Medicine, Bachelor of Surgery from Dow University of Health Sciences in Karachi, Pakistan. She completed internships in both Surgery and Pediatrics. She also served as a Resident Medical Officer in Oncology and a Casualty Medical Officer in Emergency at Liaquat National Hospital in Pakistan.

Since coming to the US she attended several Observerships at the Stroger Hospital of Cook County in Chicago. She completed an Internal Medicine Residency at Howard University Hospital in Washington, DC. She is a member of the American Medical Association and American College of Physicians.

In her free time, she enjoys spending time with her husband, Dr. Jalil, and twin daughters. She also enjoys cooking for her friends and family and traveling.

The MDH Internal Medicine office is located in Health Services Building 2, Suite 111. For more information or to schedule an appointment call (309) 837-9926.



Megan Clemens, FNP

Family Nurse Practitioner Megan Clemens will join McDonough Medical Group in the Family Clinic starting in August working alongside Prayag Patel, MD and Brianne Wehner, DO.

Megan earned a Master's of Science in Nursing and has recently completed the Family Nurse Practitioner Program at OSF Medical Center College of Nursing in Peoria. She received her Bachelor of Science in Nursing degree from Western Illinois University.

Megan has been working as a Registered Nurse at McDonough District Hospital since 2004 and earned the coveted Apple Award in 2005. She has spent time in Medical-Surgical, Intensive Care and Staff Education. She completed Clinical Practicums in Primary care, Acute care and Women's Health.

She is a member of the American Association of Nurse Practitioners, American Association of Critical Care Nurses and Sigma Theta Tau International Honor Society for Nursing. In her spare time, she enjoys spending time with her family.

The new Family Clinic location is in Health Services Building 2, Suite 213. For more information or to schedule an appointment call (309) 837-6937.

new providers



Kamie McKee, FNP

Family Nurse Practitioner Kamie McKee will join McDonough Medical Group in the MDH Ear, Nose and Throat Clinic starting in August working alongside Jeffrey Sparks, DO.

Kamie earned a Master's of Science in Nursing and completed the Family Nurse Practitioner Program from OSF Medical Center College of Nursing in Peoria.

Kamie has been working at McDonough District Hospital Since 2004. She started as a Nurse Assistant in the Medical/Surgical unit. She then served as Licensed Practical Nurse before becoming a Registered Nurse on the Medical/Surgical unit as well as Intensive Care and Transitional Care.

She is a member of Sigma Theta Tau Honor Society of Nursing. In her spare time, she enjoys spending time with her family.

The MDH Ear, Nose and Throat Clinic is located in Health Services Building 2, Suite 113. For more information or to schedule an appointment call (309) 833-6937.



Kaye Stone, FNP

Family Nurse Practitioner Kaye Stone joined McDonough Medical Group at the MDH Convenient Care location on June 1.

Kaye earned a Master's of Science in Nursing and has recently completed the Family Nurse Practitioner Program at Maryville University in St. Louis, Missouri. She received her Bachelor of Science in Nursing degree from Chamberlain College of Nursing in St. Louis, Missouri.

Kaye has been in the nursing profession since 1991. She has been working as a Registered Nurse at Citizens Memorial Hospital since 1997. Her experience there includes Medical/Surgical, Intensive Care and Wellness units. Prior to this she was a Staff RN traveling to area hospitals as needed.

She is certified with American Association of Nurse Practitioners and a member of Sigma Theta Tau International Honor Society for Nursing.

In her spare time, she enjoys spending time with her husband, reading and camping.

The MDH Convenient Care Clinic is located inside Hy-Vee at 1600 East Jackson Street, Macomb. For more information call (309) 836-1700.

Welcome Reception



Haseena Mazhar Ali, MD



Prayag Patel, MD



Brianne Wehner, DO

Tuesday, August 30 | 4:00 - 6:00 PM | Auditoriums A & B

Stop by to greet Drs. Ali, Patel and Wehner!

MDH Obstetrics & Gynecology Clinic

Providing continuity of care for west central Illinois' Obstetrics & Gynecological needs.

The MDH Obstetrics & Gynecology Clinic provides quality care to patients from adolescent to elderly, seeing women through all transitions in their life including puberty, pregnancy, postpartum and postmenopausal stages.

The MDH Obstetrics & Gynecology Clinic has expanded their women's health services with the addition of interim physician Dr. Eric Reinertson and three well-known providers, Sharie Harden, CNM; Brenda Powell Allen, WHNP and Mary Thompson, CNM; all joining Dr. Tamara Smith.

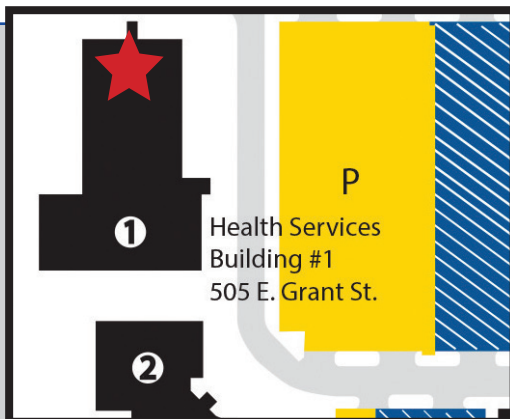


Dr. Smith has been practicing medicine for over 18 years. She is a Board Certified Obstetrician – Gynecologist. She completed an Obstetrics & Gynecology residency program at St. Johns-Macomb Hospital / Michigan State University in Detroit, Michigan. Her medical degree was granted from the University of New England, College of Osteopathic Medicine in southern Maine. She is a fellow of the American College of Osteopathic Obstetricians and Gynecologists (F.A.C.O.O.G.).



Dr. Reinertson comes to MDH after 18 years of service in the Pekin, IL community where he was most recently the Director of Ob/Gyn services with Premier Ob/Gyn (ProHealth Inc.) Dr. Reinertson is contracted to be at MDH through the end of the year on an interim basis while MDH works to recruit a full-time OB/GYN physician to serve the community long-term.

You care for everyone else, let us care for you!



We've Moved

New location

Health Services Building 1 | Suite 102

For more information or to schedule an appointment, call (309) 836-6937

We look forward to seeing you at our new location!



Sharie Harden, Certified Nurse Midwife, graduated with honors from the University of Illinois with a Bachelor of Science in Nursing. She received her Masters of Science, Nurse Midwifery, from the University of Illinois in Chicago. She is certified by the American College of Nurse Midwives and is a member of the International Childbirth Educators Association.



Brenda Powell Allen, Women's Health Nurse Practitioner, completed her Bachelor of Science in Nursing from Iowa Wesleyan College in Mt Pleasant, Iowa. She received a Women's Health Nurse Practitioner degree from Planned Parenthood of Wisconsin, Inc., in Milwaukee, WI.



Mary Thompson, Certified Nurse Midwife, completed her Bachelor of Science in Nursing degree from Blessing-Rieman College of Nursing in Quincy, IL. She continued her education at Frontier School of Midwifery and Family Nursing in Hyden, Kentucky, receiving her Master of Science in Nursing – Midwifery degree. She is a member of the American College of Nurse Midwives and an International Board Certified Lactation Consultant.

Services offered in-office:

- Comprehensive obstetrical / prenatal care
- Ultrasound
- General, preventive and specialized gynecological care including annual exams
- Treatments for infertility / premenstrual syndrome / menopause / chronic pelvic pain / sexual dysfunction
- Family planning services including preconception, contraception and complications
 - ▶ Variety of contraceptive options including tubal ligation and IUD insertion / removal

In-hospital services:

- Antepartum and postpartum care
- Deliveries
- Minimally invasive surgery including laparoscopic gynecological procedures for treatment of pelvic pain, cysts, endometriosis and scar tissue
- Outpatient hysterectomies
- Latest laparoscopic / hysteroscopy techniques

“Have already recommended this practice to close friends.”



Did You Know?

Sharie, Brenda and Mary come to MDH from the Women's Health Center of Macomb and bring

over 80 years

of combined experience in women's healthcare!

Family Clinic Update

New location, new name — Same friendly faces!

The MDH Family Clinic is excited to start seeing patients in the new clinic on **July 25**.

This new space will provide high-quality, patient-focused, team-based care and a new electronic health record that will allow us to seamlessly coordinate patient care between providers.

► For more information about the MDH Family Clinic providers, visit mdh.org and click on Find a Provider.

Providers joining the clinic:



Dr. Richard Minter



Sue Adams, FNP



Dr. Weili Zhang



Jodi Abernathy, FNP



Dr. Prayag Patel*



Megan Clemens, FNP*



Dr. Brianne Wehner*

*Starting in August

You're invited to a community
OPEN HOUSE
in celebration of the completion of...
McDonough Medical Group's
FAMILY CLINIC
Thursday, July 21
4:00-6:00PM
Health Services Building 2 | Suite 213
Enjoy light refreshments
Providers and staff will be available
for tours and questions



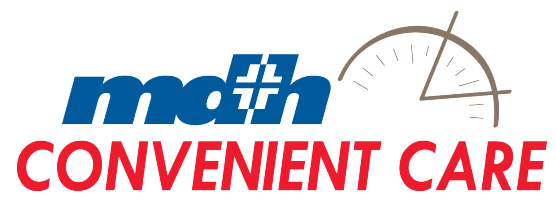
You spoke. We listened.
MDH Convenient Care hours expanded.



Monday - Thursday
8:00 AM - 7:00 PM

Friday - Sunday
9:00 AM - 6:00 PM

(309) 836-1700



When you need it, the Emergency Department is always open.

Centralized Scheduling *Now Available*

McDonough District Hospital now offers Centralized Scheduling, a streamlined scheduling and registration process which helps patients arrange appointments and pre-registration for most Outpatient tests and procedures with one phone call.

With the help of our trained, understanding staff, patients and their families will receive efficient support that respects their personal schedules and considers their physical well-being. This convenient, one-stop source for scheduling outpatient tests and other services include: Laboratory, Anti-coagulation, CT, MRI, Ultrasound, Dexa/Bone Scan, Digital Mammography, Nuclear Medicine, Fluoroscopy, Respiratory Therapy, Sleep Lab, Pulmonary Function Test, Echocardiograms, Stress Test, Physical Therapy, Occupational Therapy, Speech Language Pathology, Wound Care, Cardiopulmonary and Port Lab Draws.

Centralized Scheduling is Open

Monday – Friday 8:00 AM – 7:30 PM

Saturdays 8:00 AM – 12:00 PM

Please call (309) 836-1515 to schedule your outpatient tests and procedures. Please have your physician orders and insurance information ready when you call.



At McDonough Hospital,

we feel you shouldn't have to travel to receive healthcare services that can be provided close to home. That's why we've teamed up with **Prairie Heart Institute of Illinois** to provide cardiovascular services closer to home. Choose Dr. Matos, Dr. Kelley, Dr. Gill, Dr. Pacheco and Dr. Chokkalingam for all your cardiovascular needs.



Dr. Matos



Dr. Kelley



Dr. Gill



Dr. Pacheco



Dr. Chokkalingam

LOCAL
POSTAL CUSTOMER

Take control over pain. Get back to everyday life.



BOJAN PAVLOVIC, MD

Dr. Pavlovic is board certified in pain medicine and anesthesia. He was fellowship trained in cardiothoracic anesthesia at the University of Chicago. He also completed a pain fellowship at the Henry Ford Hospital in Detroit, Michigan.

The MDH Pain Management Center provides balanced treatment for all kinds of acute and non-terminal chronic pain.

With the goal of increasing patient functionality, Dr. Pavlovic creates a tailored care plan specific to each diagnosis. The care plan may include minimally invasive interventional procedures, medication management and referral to other treatments like physical therapy.

The MDH Pain Management Center is *accepting new patients.*

mdh
McDonough District Hospital
PAIN MANAGEMENT CENTER

HEALTH SERVICES BUILDING 1 | 505 E. GRANT ST. | SUITE 201

309.836.1715

