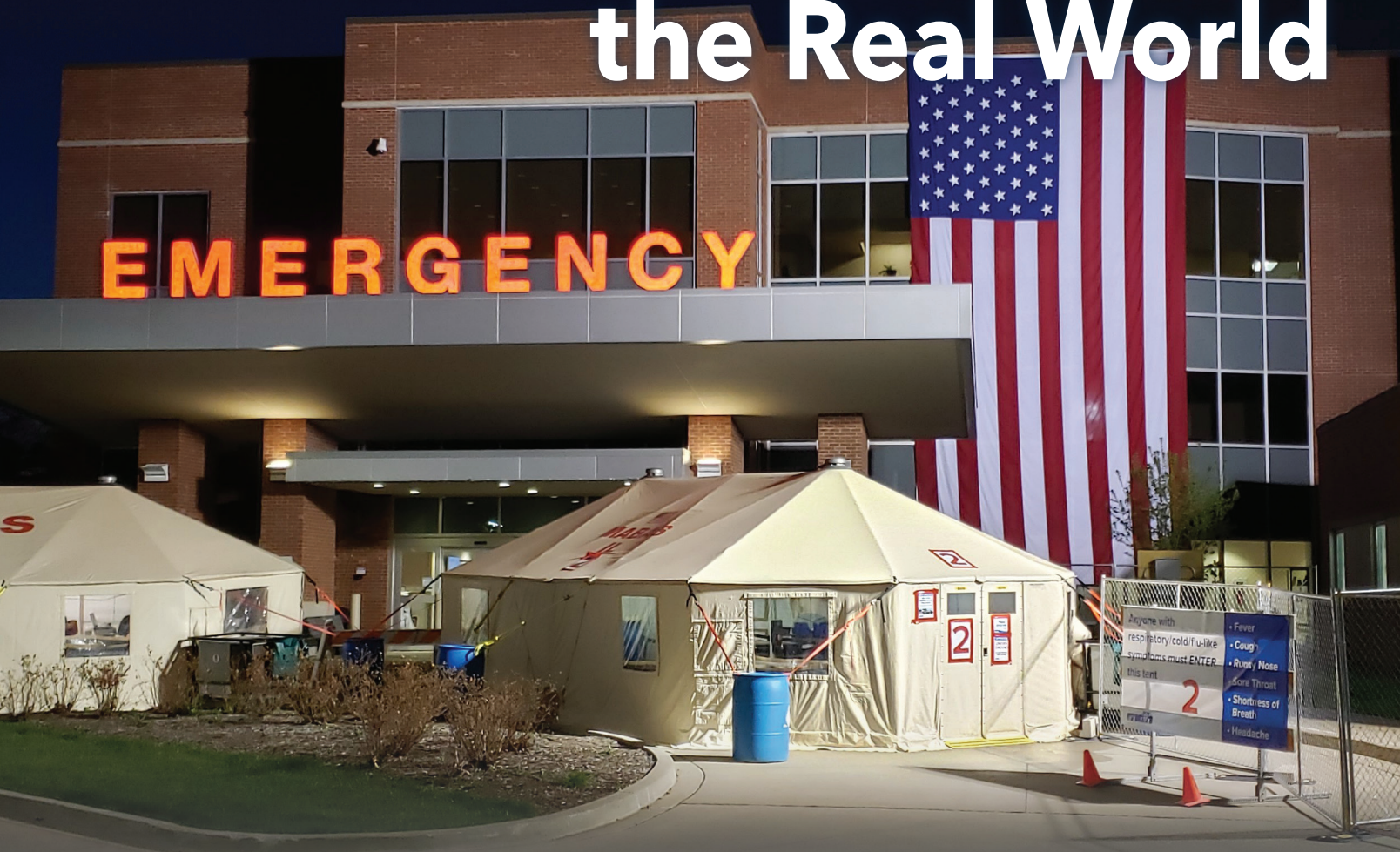


COVID-19: From the Classroom to the Real World



NEW ARRIVAL

First Baby Welcomed
in DKS Women's Center

ON THE GO

Innovative Drive-Thru
Clinic Now Open

ROLLING UP SLEEVES

COVID-19 Vaccinations
Make History

mdh today

Volume 1 | Issue 1

Published twice a year by the Public Relations & Marketing and MDH Foundation teams at McDonough District Hospital, *MDH Today* provides general information on health-related topics, MDH services, news, and Hospital and MDH Foundation updates. It is not intended to be a substitute for professional medical advice, which should always be obtained from your provider.

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The cover photo was taken by Crystal Fackrell.

If you would like additional information about MDH, please call Public Relations & Marketing at (309) 836-1557.

MISSION

To build a legacy of compassionate care for our friends and neighbors throughout the region.

VISION

Our vision is to promote compassion and excellence in clinical practice. We excel at attention to detail and strive to provide the best possible patient experience.

VALUES

People: We view our medical community and employees as colleagues. We provide an atmosphere that encourages involvement.

Integrity and Character: We strive to do the right thing without hesitation.

Initiative: We take pride of ownership and utilize data to make informed decisions.

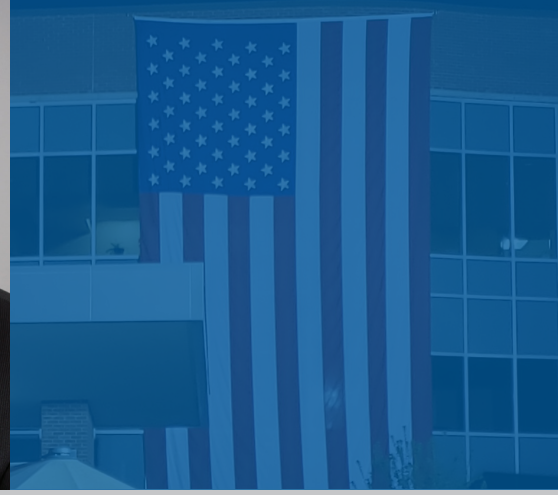
Respect: We look for ways to communicate with our medical community, colleagues, and patients to assist us in bringing about collaborative and positive outcomes.

Diversity and Inclusion:

We champion people from all walks of life.

Superior Quality and Service:

We strive to do our very best at all times.



Message from the President/CEO

Since the COVID-19 pandemic began in March of 2020, our lives have been turned upside down in many ways. We have made countless daily adjustments at home and work to successfully adapt to the threats COVID-19 has brought to bear on our families, friends, and the patients we serve.

At the outset, we said the pandemic was going to be a marathon, not a sprint. It is proving to represent the greatest act of service any of us will ever experience in our lives. Each and every one of our colleagues at MDH has given tirelessly to ensure our community has access to the best healthcare possible – a necessary and most effective weapon that continues to support our fight as we successfully combat the destructive nature of the COVID-19 virus.

Our medical, nursing, clinical, and support staffs have given tirelessly to maximize our success. Our Board of Directors has also been actively engaged every step of the way, bringing requests they have heard from the greater McDonough County community to the table and ensuring the Hospital is responsive to them.

As you review this magazine, I can only hope you gain the same appreciation we have for the commitment and efforts put forth by our colleagues during one of the most challenging times ever experienced in our country. Times like this make me feel honored to be here at MDH and to be an American.

Brian E. Dietz, FACHE

President/Chief Executive Officer



McDonough District Hospital
is accredited by
The Joint Commission

COVID-19: From the Classroom to the Real World



Emergency Department Director Stefany Kendrick thought it would be a great idea for the leadership at McDonough District Hospital to go through the FEMA Incident Command training class.

FAST FORWARD to the first week of March 2020. The training had been scheduled for months. But Kendrick's co-workers weren't so sure about the class. It was budget time, everyone was busy...

"I think I had more people try to get out of the class than give me their paperwork," Kendrick said. "Now, I smile, but it was so frustrating. I was thinking, 'We need this. We need this training to be prepared.'"

More than a year later, Kendrick isn't the only one laughing at the memory of the reluctance. "You had to drag us in kicking and screaming," said President/CEO Brian E. Dietz, FACHE.

"We used every excuse," confessed Adrian MacGregor, Vice President of Business Development.

Vice President/Chief Nursing Officer Wanda Foster said, "It was scheduled six months ahead, and we all forgot it was on our calendars. About three weeks out we were asking, 'Why did you schedule this during the middle of our budget planning? We're not going to have time.'"

They found the time. A full week of class taught them to be ready.

A tornado hit Nashville, Tenn., just before the MDH team's Incident Command training; that disaster was used as an example during the class. What they didn't know was that just a week later, everything they learned would actually need to be put in place.

A different kind of storm, one that is still reverberating more than a year later, was coming in the form of the COVID-19 pandemic. The normal

operations of the Hospital would be forced to change in its wake.

Incident Command is often something put in place for a natural disaster, yet here they were, ready to apply it to the approaching pandemic. The notes and the tests everyone had taken had to be used in a real-world situation.

As the virus spread, the realization started hitting. "It became reality that this thing might actually happen," said Dr. Edwin Card, the Hospital's Chief Medical Officer. "A week and a half, two weeks after training, we were doing it. I don't know if it could have happened a better way – to get the training and then immediately put it into action."

"It was totally serendipitous," Dietz said. "We sat through five full days of a mountain of material. Every day, we

Through Our Eyes

Wanda Foster has seen plenty in her 41-year healthcare career. The COVID-19 pandemic was an entirely different challenge.



"It was pretty unbelievable," said Foster, MDH Vice President/Chief Nursing Officer.

But guiding the Hospital through the pandemic, especially in the uncertainty of the first few months, was a challenge she embraced.

"I think I've been able to perhaps learn the art of delegation much better," she said. "I stand amazed at the power and the strength, just the camaraderie and the teamwork of our staff. I think I've tried to help form the vision, and kind of stay out of the way, because we have an amazing staff who understands their roles and knows how things work."

The teamwork she witnessed impressed her. "We've really tried to work with taking care of each other, making sure we have time off, time away," she said. "I think it's probably been the most challenging time in my career from a leadership standpoint. It's certainly been the most rewarding. When I went into nursing, and into administration, being in the middle of a pandemic was something I never thought of."

Foster has seen plenty of changes throughout her career. "I don't know if it's hospitals as much as healthcare," she said. "We used to bring in the patients the night before for so many tests and procedures. And then they might stay in the Hospital for a day or two.

"Now, it's nearly completely outpatient. There are also many things in the home care arena that used to require Hospital admission. We have seen our criteria for admission to the Hospital become much more stringent, and that's not necessarily a bad thing. We're seeing more robust case management."

Foster said she has plenty of good memories from her career. "I have always greatly enjoyed frontline nursing patient care," she said. "When you feel you've made a difference in someone's care, as small or insignificant as it may be, I think those are the moments I treasure the most." 🌟

COVID-19: From the Classroom to the Real World

continued from page 3

had four or five tests. Few of us had gone through that process before, and the material was very new to us. But I can tell you, by the end of day two, we could see the relevance.

"By the end of the week, we were very prepared. And then here comes COVID. But we felt pretty darn good about handling it. Our attitude was: 'Okay, we can do this.'"

As they look back at the early stages of the pandemic, MDH finds many positives in spite of the serious situation.

"Without that training, not only would we not have been prepared to face the challenges, we would not have been able to connect so well in the community," Foster said. "We were all on the same page.

"As we were training, we were trying to memorize things that didn't make sense, because we hadn't lived it. But within three weeks, we had key forms laminated and on the walls. It was similar to taking a foreign language class, and you start dreaming in the

new language, because now you embrace it. This became our new reality."

"I have never worked so hard in my life, and never been so fulfilled in my career, as I have been as part of the team dealing with the pandemic on the local level. It was an amazing experience," MacGregor said. "We were literally going from binder to reality, but we embraced the model."

The pandemic has taught plenty, and the Hospital has evolved as a result.

"With this pandemic, there was change every day," Dietz said. "The guidance we were getting from the CDC changed every day, sometimes even three times a day. But that pulled us closer, and I think it helped us realize how valued everyone is as a team member. People got on board with a let's figure-it-out attitude. I can't tell you how many days we had to figure it out.

"It tested our mettle. But I think it proved that we've got our act together. We're not perfect, but the commitment is clearly there



from everyone. We just gutted it out.”

The biggest challenge was the constant change and trying to anticipate, rather than react.

“We prepared in an amazing way for a surge. It was a Herculean effort to get our Hospital ready. Ramping up beds, training staff, acquiring additional ventilators and medication – all of the things we needed,” Foster said.

The surge was not as severe as feared, which of course was a blessing. “Our community did a good job of flattening the curve,” said Foster. “But in preparing for what was possibly coming, we learned a lot about what we can do.”

Some evolution came out of necessity. The Hospital’s TeleHealth program grew to help patients with non-

emergency needs reach physicians. A drive-through clinic for COVID-19 testing led to the construction of a building capable of handling quick-response lab draws, vaccines, and other tests.

“The pandemic sharpened our pencils,” MacGregor said. “We are a better organization because of it. And I think the community sees the teamwork and the horsepower the Hospital has.”

“It was all hands on deck,” Card said. “Everyone had the same goal. There were no internal rivalries. Everybody had their assignments, stayed in their lanes, and got done what needed to get done.”

More than a year later, MDH is starting to see the new shape of healthcare as the pandemic persists.

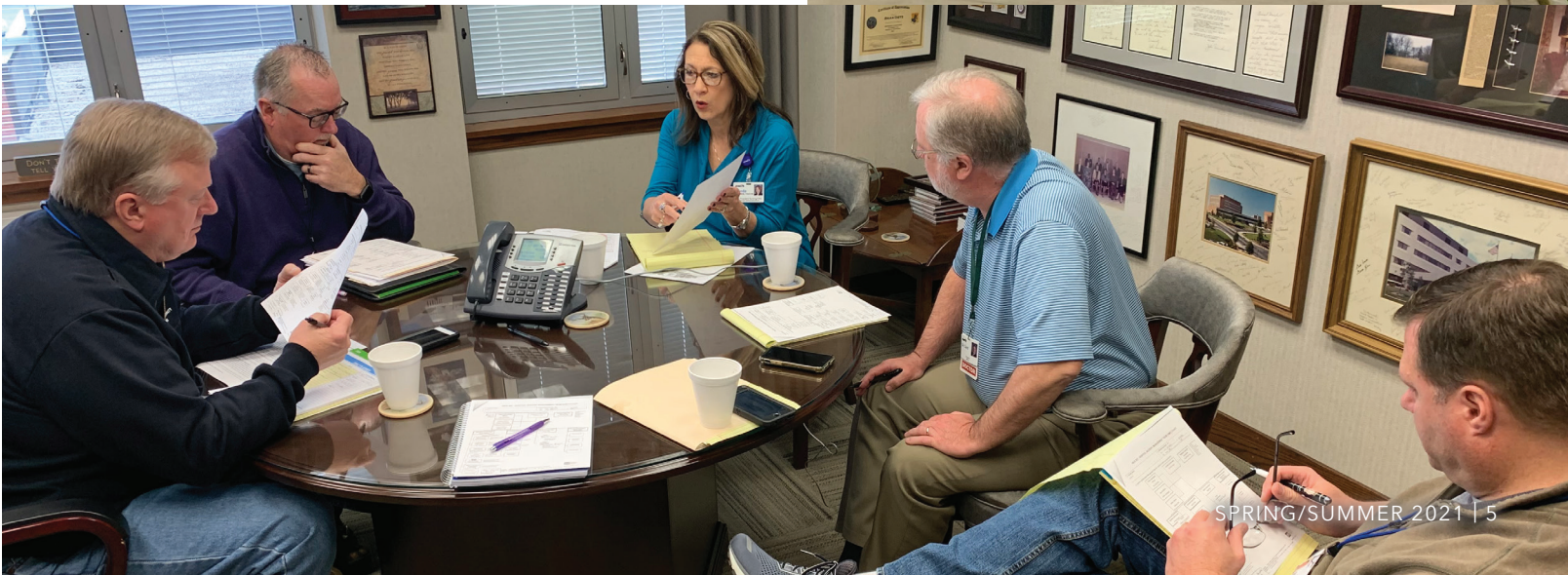
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Right photo: The front of McDonough District Hospital’s Emergency Department on the night of July 4, 2020.

Bottom photo (pictured clockwise): Wanda Foster (Vice President/Chief Nursing Officer), Dr. Edwin Card (Chief Medical Officer), Adrian MacGregor (Vice President of Business Development), Brian E. Dietz (President/CEO), and Bill Murdock (Vice President of Finance) sit in on a Sunday evening teleconference call early in the COVID-19 pandemic.



Thank you to Justin Gast (Information Systems) and Mark Grieve (Phone/Equipment/Systems Tech) for using their 3D printers to create custom MDH ear savers for employees wearing face masks. “I love being able to apply my knowledge and passion for 3D printing to help my MDH family,” said Gast.





Through Our Eyes



Bill Murdock has seen MDH through the financial aspects of the COVID-19 pandemic.

It wasn't easy. The economics of the Hospital changed significantly, and the protocols that came along with the pandemic forced nimble decision-making.

"It's been a real disruptor for us here," said Murdock, Vice President of Finance. "I think a lot of good has come out of it. We just have to see what it looks like moving forward.

"We have to become more nimble and flexible. Hospitals, historically, they're large organizations and they don't change very fast. I think this past year has shown us we do need to be very flexible, be ready to make those courageous decisions that are not popular, but are needed to take us into the future."

New funds and expenses needed to be tracked, as the Hospital was helped financially with money from the CARES Act, COVID-19 relief funds, PPP loans, and other sources. "That was outside the traditional patient revenue, so it was a whole different dynamic and set of challenges we've never faced in the past."

MDH's TeleHealth program, as well as the new MDH Drive-Thru Clinic for lab services, vaccinations, COVID-19 testing, and other patient services, are other new offerings that have risen from the pandemic.

"They've been talking about TeleHealth for years, but it never really got any traction until the pandemic hit," Murdock said. "We were forced to embrace it, and it's become really popular. I don't think we're all the way there yet on TeleHealth, but we have made great strides in that direction."

Murdock said he's ready to focus on where MDH is going in the future. "I think we've come out of this a stronger organization. I think we're better prepared for the future because of this pandemic. But it's been painful, too. It's all part of the process." #

Top photo: McDonough County ESDA Edgar Rodriguez, MDH Vice President/Chief Nursing Officer Wanda Foster, MDH President/CEO Brian E. Dietz, MDH Vice President of Business Development Adrian MacGregor, and Macomb Mayor Mike Inman participate in a teleconference call with United States Representative Darin LaHood early during the COVID-19 pandemic.

Bottom photo: Brian E. Dietz and Adrian MacGregor accept a PPE donation from State Representative Norine Hammond.

COVID-19: From the Classroom to the Real World

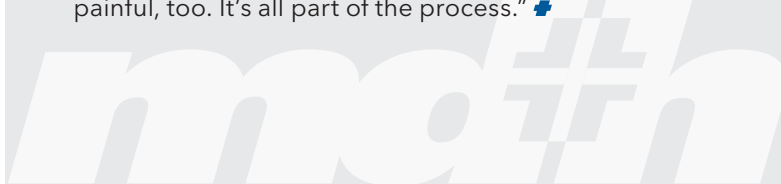
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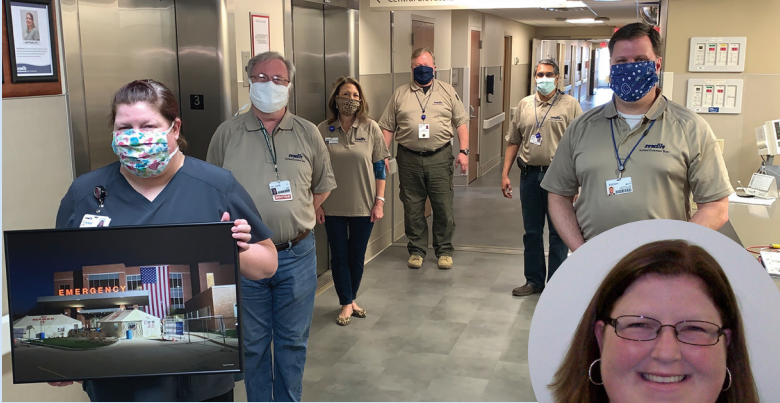
"It's been hectic," Card said. "It's not often you get exposure to an entirely new pathogen that's never been seen or heard of before. It's been a little scary at times, contemplating what might have transpired had we really gotten hit hard by the virus here."

It is a marathon, Dietz said, not a sprint. "The whole thing has been an endurance contest," he said. "There have been a lot of ups and downs. Everyone has just joined hands and worked through it."

The training that Kendrick wanted continues to make an impact. "You really find out who the strong people are in an institution," she said. "And we have some great people here."

"Stefany took a lot of flack from us," Foster said, laughing. "It was incredible ... life-changing, actually. I think our teamwork, then and now, has never been stronger." #





Employee Spotlight

Crystal Fackrell wanted to take a photograph for her grandparents of the MABAS tents and flags lit up at night outside of McDonough District Hospital. She did, and it turned into an iconic photo for the Hospital in the early days of the COVID-19 pandemic.

What prompted you to take the photo?

"My husband and I were just out driving around, and I told him about the lights. I was in the military, so flags have always been a big heart tug for me. I thought, 'My grandparents haven't been getting out, so let me take a picture for Grandpa really quick.' I was going to do it on my phone, and my husband said, 'You've got your big camera in the back. Why don't you just use that?' I took it on my camera, and when I looked at it, I thought, 'Oh my gosh, that's a really good picture.'"

What was the reaction when people saw it?

"I posted it on Facebook. The next morning, I had 300 comments and hundreds of shares. I didn't think everybody would like it so much!"

What did the photo mean to you?

"I think the American flag is a symbol of hope and strength. It was the Hospital, the community, the light shining on it at night – it might sound weird, but I felt it was a statement saying, 'The Hospital has got your back.' At the time I thought it was breathtaking. My husband said, 'This is absolutely amazing.' But I didn't think other people would have that kind of reaction to it.

"I'll go somewhere, and people will say, 'Hey, I saw your picture in so-and-so's office,' and I'll think, 'Are you kidding me? It's there too?' The picture is everywhere. I did not expect that."

What did your grandparents think?

"When the Hospital presented me with a framed print of my photo – which my mother has already taken – and my grandpa saw the bigger print, he started crying. He said, 'That's so beautiful. I'm so proud of you.'"



Employee Spotlight

From setting up the FEMA training, to serving as Documentation Leader in the Incident Command System, to working closely with the COVID-19 vaccination clinics, Emergency Department Director Stefany Kendrick has tackled it all. And that's in addition to her day-to-day job.

What did you learn from the COVID-19 pandemic?

"You really find out who the strong people are in an institution. And we have some great people here. It brought everyone down to one level. We are all one team."

How has being raised in Macomb helped you do your job?

"I grew up knowing I wanted to be a nurse. I knew I wanted to work at this Hospital. I wanted to take care of people I knew and loved and grew up with. That was always a goal of mine. I wanted people to have a reason to think, 'I want her to be my nurse.'"

What do you like to do in your free time?

"My family and I are avid outdoorsmen. We hunt and fish. We hunt everything from raccoons, to white-tailed deer, to turkeys. We love being outside. My kids play a lot of sports. I love being at the ballpark. And we have a good set of friends that we go camping with."

What's one thing people might not know about you?

"Probably that I hunt, although people close to me would know that. But they may not know just how much I love this Hospital and this community. That's why we're here. A lot of people ask me, 'Why do you do the things you do?' It's for them. I just want the peace of mind, knowing that if my kids come here, when my family comes here, they have good doctors and good nurses."

gratitude

happens here

Greetings

from the McDonough District Hospital Foundation!



Becky Paulsen
Vice President

MDH
Foundation



Brittany Moore
Coordinator

MDH
Foundation

First and foremost, THANK YOU. Because of your continued support, MDH has the opportunity to continue as a vital source of healing, caring, and hope for our patients and their families. As our world has changed over the past year, so has our community and MDH, your regional hospital. Here at MDH, we were faced with many challenges, and so we've reacted, adapted, and made changes to best serve you. The Foundation office is no exception – we've seen some changes, too!

Toward the end of 2020, I began my role as Vice President of the Foundation, and Brittany Moore returned to the office. We are working diligently to reset and rebuild, and we are looking forward to the opportunity to get out and visit with you. As more people get vaccinated, we anticipate scheduling more in-person meetings.

We are grateful for you, our supporters. Because of your generosity, we have carried on many of the special services Foundation funds have provided for in the past. As you will see on pages 10 and 12, Linda's Fund continues to support breast cancer patients, and we awarded scholarships to nursing students. The Dolores Kator Switzer Women's Center opened in February 2020, strengthening comprehensive women's health services in the region. Rest assured that whatever you have contributed in the past is being put to good use.

While we weren't able to host events in 2020, plans are underway for our 2021 MDH Golf Tournament. Mark your calendars for Friday, September 10! In addition, we look forward to hosting our annual Festival of Trees event in December.

We truly appreciate each and every one of you who helps make this Hospital a success, and we hope you will enjoy the information provided by the Foundation in the following pages of the new *MDH Today* magazine. We are proud to be a part of it and to continue serving you.

We look forward to hearing from you and working with you as we live in our new normal.

Wishing you good health and happiness,

Becky Paulsen and Your MDH Foundation Staff



If you would like to get involved with our important work here at the MDH Foundation, please email **Becky** at bspaulsen@mdh.org or **Brittany Moore** at bkmoore@mdh.org.

Easily make a gift online through our secure donation page: www.mdh.org

Mail your donation:
MDH Foundation
525 E. Grant St.
Macomb, IL 61455

Like us on Facebook:
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Call us:
(309) 836-1757

success

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YOUR
2020
gifts

IN ACTION

233
EMPLOYEE
CONTRIBUTIONS




\$35,753
GIVEN TO
MEMORIALS AND
HONORARIUMS

\$2,050
GIVEN TO REACH OUT
AND READ TO PURCHASE
BOOKS, HELPING FAMILIES
MAKE READING PART
OF THEIR LIVES



\$483,002
IN SUPPORT OF
PROGRAMS, SERVICES,
PATIENTS, AND
COMMUNITIES SERVED
BY McDONOUGH
DISTRICT HOSPITAL

\$9,000
IN FINANCIAL
ASSISTANCE PROVIDED
TO BREAST CANCER
PATIENTS THROUGH
LINDA'S FUND




523
TEDDY BEARS
GIVEN TO PEDIATRIC
PATIENTS

\$6,450
IN SCHOLARSHIPS
AWARDED TO
STUDENTS PURSUING
HEALTHCARE EDUCATION



leadership

happens here

MDH Foundation
**Board of
Directors**



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Linda Cremer



Brian E. Dietz,
FACHE



Matt Glaser



Bill Murdock



Christine Standard

hope

happens here



Brad Bainter

Linda's Fund Continues Legacy of Support

LINDA'S FUND was created in October 2008 in memory of Linda (Ren) Bainter, as an initiative of support for women diagnosed with breast cancer and their families. It was established at McDonough District Hospital through the generosity of Linda's son, Brad Bainter, and his wife, Amy Spelman. It is supported by family, friends, and fundraising events. Linda's Fund offers financial support to women in West-Central Illinois who are using the services of McDonough District Hospital.

The application process for Linda's Fund is not based on income and is separate from MDH financial assistance. For more information, contact us at (309) 836-1757. #

"My wish for Linda's Fund is to relieve whatever the financial need is so that every morning the patient fighting breast cancer can get up, concentrate on beating it, and not worry about money.

"Linda's Fund started as an idea, but it became a success because of all the generous people who live in this region."

- BRAD BANTER, FOUNDER

2,645
donations



\$240,127
for patient financial assistance



\$350,000+
total dollars raised

compassion

happens here

Grateful Patient Program: Say Thank You to Your Healing Hand

WHEN A PATIENT enters the Hospital for anything from blood work to major surgery, our goal is to ensure they receive the best, most compassionate care possible. If you received care from someone at MDH who made your visit more comfortable in some way, please consider honoring them through the Grateful Patient Program, which provides an opportunity for patients and their families to show their gratitude and appreciation in honor of an MDH employee. In addition to recognizing a Healing Hand employee, patients and/or families may make a financial contribution to support an area of care or direct their gift to a more specific cause.

You may provide information about your care to the Foundation office by calling (309) 836-1757. Look for Healing Hand information located throughout the Hospital and at www.mdh.org/gpp. #

MDH 2020 Healing Hands Recipients

1. Kortney Higgins, RN - ICU
2. Dr. Tamara Smith and Shannon Jackson, RN - OB
3. Alicia Lehman - Anticoagulation Clinic



Employee Spotlight



Amy Fansler Milas, a Physical Therapist Assistant with MDH Sports Medicine and Rehabilitation, was part of a group of volunteers who helped make masks during the COVID-19 pandemic. She talked about the project and its success.

How did the project come about?

“Early last spring/summer, a co-worker, Physical Therapist Jen Wagoner, asked me to join a mask committee she started with Brian Dietz, our CEO. There were about five or six MDH employees who are skilled at sewing and agreed to be on the mask committee. We met a few times all together.”

What sort of material did you use for the masks?

“We were able to acquire an unlimited supply of Halyard medical-grade fabric from the Hospital. This material is sterile to start and used in surgery, then usually disposed. It was discovered it could be laundered and recycled and sewn into reusable, washable masks.”

Was it hard finding volunteers?

“I simply reached out to our local community via social media with ‘Calling all seamstresses,’ explaining the situation and asking for their time and skills. We supplied them with all the materials. I was surprised at the immediate support from the community. I had a list of women all willing to help. We sewed several hundred reusable masks for the Hospital.”

Looking back a year later, what are your thoughts on the project?

“I’d like to recognize Jen Wagoner for starting the committee, as well as my co-workers who were on the committee. They gave their time sewing while working through the pandemic. And a special thanks to the community volunteers who took over sewing when we didn’t have time. It feels good to come together in times like these.” 🍀

We are incredibly grateful

for the outpouring of support and service that was shown to MDH over this past year from our community and beyond. From making masks to bringing food and drinks, donating PPE, and sending posters of support with words of encouragement — each and every gesture blessed our staff in a time of need.



Top to bottom, left to right: Masks made by the community sewing group; face shields from Yetter Manufacturing; stethoscopes from Midwest Uniform Supply; gift baskets from the Crossing; pizza from Domino's; and lattes from Ashley Buchen.



opportunities

happen here

When considering your philanthropic areas of interest, please consider including a donation to the McDonough District Hospital Foundation in support of any of the following MDH departments, initiatives, and programs.

McDonough District Hospital Foundation, Inc. / 501(c)(3) / EIN# 46-5143822

MDH Departments

Acute Care
Behavioral Health Services
Cardiopulmonary
Emergency Room
Home Health Care
Hospice

Intensive Care Unit
Laboratory
Obstetrics
Radiology
Rehabilitation Services
Surgical Services

Other MDH Initiatives & Programs

Baby TALK (Teaching Activities for Learning and Knowledge): New parents receive a Hospital visit from a trained Baby TALK volunteer who presents them with a developmental newsletter, children's book, and informative handouts about nurturing their infant – all purchased with donated funds.

Cancer Education & Screenings: Funds are used for educational programs and materials to help individuals recognize early symptoms of cancer and identify the proper resources for treatment and cancer screenings.

COVID-19: Donations to the COVID-19 fund allow McDonough District Hospital access to resources for COVID-19 support initiatives.

Dolores Kator Switzer Women's Center: Donations support the continued enhancement of women's health through our state-of-the-art Women's Center, which offers private suites, leading-edge technology, and an attractive, peaceful atmosphere.

Drive-Thru Clinic: The newest capital project for MDH is located on the south side of our campus. An extension of MDH Laboratory Services, the Drive-Thru provides adult and pediatric blood draws; COVID-19, strep, RSV, and influenza testing; flu vaccinations; and other services in the convenience of a drive-through concept. Donations will support ongoing services and facility maintenance.

Indigent Care: Donated funds provide prescriptions, medical equipment, and other needed services to low-income patients.

Landscaping: Funds support beautification and maintenance of the grounds around the MDH campus.

Linda's Fund: Created by Brad Bainter and his wife, Amy Spelman, in memory of Brad's mother, Linda (Ren) Bainter, this program provides support to women diagnosed with breast cancer and their families.

Nursing Scholarships: Funds support students wishing to obtain a degree in healthcare and support our employees in their related educational pursuits.

Pendell Garden: The garden is a peaceful area on the campus grounds created by Tim and Diann Pendell in memory of Tim's parents, Robert and Virginia Pendell, for patients and families, visitors, employees, and physicians to enjoy. Support provides upkeep and enhancement of the garden.

Permanent Endowment: The endowment provides future income for MDH. Only the interest can be spent.

Reach Out and Read: Donations support the distribution of books to children during their routine physical examinations. Reach Out and Read encourages families to read together and helps children develop the language skills they need to learn to read and succeed in school.

Westervelt Home: The interest from this fund is used for the annual maintenance improvement expenses of this hospitality house for out-of-town visitors of patients. 🏠

The following scholarships have been established to support individuals pursuing a career in healthcare. Recipients from 2020 are listed below.

Carolyn J. Baumann
Nursing Scholarship:
Jennifer Boyd

Haldon and Hazel Curless
Nursing Scholarship:
Carly Thompson

Gabbert Nursing
Scholarship:
Jennifer Boyd

Peterson Nursing
Scholarship:
Jenna Bowman

Ruby Lucille Teel
Scholarship:
Carley Brown

Helen Meek Scholarship:
Austin Torrence

Donna M. Twomey
Nursing Scholarship:
Sabrina Lacy

Roodhouse Health Career
Scholarship:
***Established in 2020**

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generosity

happens here

McDonough District Hospital is grateful and proud to recognize the following businesses and individuals for their gifts and pledges, which support the quality of healthcare in our region in 2020. Every attempt has been made to ensure all our donors appear as requested. If the acknowledgment for your gift doesn't appear or is incorrect in any manner, please contact the Foundation office so it may be adjusted and appear correctly in the future.

[†]deceased member(s) *MDH employee

Golden Apple Society

The Golden Apple Society is comprised of the Hospital's most generous benefactors. The compassionate donors are united by this distinction and share a profound commitment to MDH and to the patients and families the Hospital serves.

Diamond (\$30,000 and up)

Mrs. Margaret Adams[†]
Brad Bainter and Amy Spelman
A. Gilbert Belles[†]
Charlene G. Callison and Larry T. Balsamo
Dr. Ed Card* and Wanda Foster*
Cathy Early and Virginia Diehl
Dr. Rick and Monica Iverson
Dr. Jack* and Kathy McPherson
Dan and Linda O'Neill
Nicholas C. Pano, in memory of Joan A. Pano
Dr. and Mrs. David Reem
Richard H.[†] and Dolores Kator Switzer[†]
V.I.B.E. (Volunteers Interested in Benefiting Everyone)
Tom Wood, in memory of Harry (Bud) Bennett, Jr.
K.T. and Betty Wright

Platinum (\$20,000-\$29,999)

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Mark and Jill Whiteside
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Drs. TK and Gloria Cheng
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Charles and Karen Gilbert
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Wayne and Frances Karanovich
Pam Kelso and Diane Mayhew
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Jerry and Jan Lindsay
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Heritage Circle

Listed below are special friends who have provided for McDonough District Hospital through their financial or estate plan.

If you have named MDH in your will or as beneficiary in a life insurance policy and would like to be recognized in the Heritage Circle, please let us know.

Gertrude "Trudy" Ahern-Abbott
Mary Andrus
Ruth and Sloan Aten
Virginia A. Ayre
Esther Eloise Barker
Gladwyn Lee Barrett
A. Gilbert Belles
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Wallace and Lulu Fellheimer
Joyce E. Gabbert
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Herbert W. and Daisy M. Hines, in memory of Dr. Kenneth Pawlias
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Harry A. Kelso
Margaret Marshall
Philip G. Marshall
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Tim and Diann Pendell, in memory of Robert and Virginia Pendell
Al and Evie Reusch
Larry Ruthe
Dr. and Mrs. Dennis R. Samuelson
Helen A. Short
Nelda L. Smith
Dorothy Marie Snyder
Lin J. R. Stults, in memory of Hap, Rex, and Rich
Larry Ruthe
Richard H. and Dolores Kator Switzer
Ruby Lucille Teel
Jerry and Lola Vratsis
Jean W. Warneke
Marie S. Welch
Larry T. Westervelt

Century Club

The Century Club is comprised of annual donors who believe in the importance of high-quality healthcare services and who value MDH's impact on the quality of life in our region.

Friend: Annual gifts of \$500-\$999

Lynn and Juanita Bainter, in memory of Robert and Edna Peterson
Tom and Lynn* Durso
Keith* and Linda Engel
Jim and Karen Gray
Kathleen Neumann and Martin Maskarinac
Patrick* and Susan Osterman
Cari L. Sheets

Supporter: Annual gifts of \$250-\$499

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Jon and Lara Dively
Dr. Nicholas and Brittany* Doll
Robert and Phyllis Fleming
Jere and Paula Greuel, in memory of Maxine Greuel
Kyle Magee*
Dr. Jack McPherson*
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Jerry and Mary Lynn Payne
June Sapp*
Bonnie and Skip Skripps

Centurion: Annual gifts of \$100-\$249
Susan Adams*

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 Marjorie Stevens
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Linda's Fund

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 Freida Chambers
 Nancy Cole
 Lynda Pratte

Permanent Endowment

James D. Miller
 Nancy J. Wilson

Radiology

Verona Nelson

2020 Honorariums

Rodger and Barbara Bainter to Linda's Fund in honor of the following:

Brad Bainter and Amy Spelman
 Dustin and Alex Bainter
 Shawn and Penny Brownfield
 William Knight
 Nathan, Chelsea, Miles, and
 Ellie Miller

Sandra Collier to Baby TALK in honor of:

Brian Collier

Cathy Crain to Hospice in honor of the following:

Susan Digrino
 Cheryl Hoffman
 Amy McCallister
 Lana Myers
 Lynn VanPelt

Barbara Drozd to Switzer Women's Center in honor of:

Mary Thompson

Katherine E. Perone and Monica Furlong to Linda's Fund in honor of:

Vicki Williams

Raymond Sills to Emergency Room in honor of:

Diane Mahew

Memorials & Honorariums

A memorial is a gift given in memory of a loved one who has passed away. An honorarium is a gift given to honor a friend or relative, or to recognize a special occasion or accomplishment. Gifts to memorials were established for the names listed below.

2020 Memorials

Acute Care/ICU

Charlene Jackson
 Linda L. Lueck

Behavioral Health Services

Darrell Laverne Hoyle
 Fellheimer Fund
 Pamela K. Wagner

Home Health Care

Lisa Thrasher

Hospice

Dixie Anderson
 Carmen Ashwood
 Lillian Bainter
 Robert E. Belville
 William Bennett
 Robert A. Bland
 Charlene "Mick" Bradford
 Kim M. Bush
 Jay W. Butler
 Darrel Robert Cady
 Donna Crawford
 Robert Creasey
 Scott L. Dailey

miracles

happen here

Thank You!

WITH THE COMPLETION of the Dolores Kator Switzer Women's Center (DKSWC) campaign, I wanted to reflect on those who made strengthening comprehensive women's health services in the region possible. We received a lead gift of \$1.9 million from Dick Switzer, to be named after his late wife, Dolores.

Dick had also named MDH as the primary beneficiary in his will, and his lead gift created the momentum that encouraged the generous outpouring of support from so many other loyal donors and community members. The Foundation staff worked diligently to achieve the remaining campaign goal of \$3.6 million for the project through business and individual donations.

I am truly touched by the gifts that continue to support the ongoing efforts of the Women's Center.

McDonough District Hospital is the only healthcare facility within a 50-mile radius to offer a comprehensive center for women, including obstetrics, gynecology and diagnostic imaging, which allows us to stay on the leading edge of medicine. The magnitude of this project showed me an impressive collaboration of people and businesses investing in the health of our community. I thank each and every donor. 🏥

Brian E. Dietz,
FACHE, President/CEO

Caring Faces and Calming Spaces Define New Women's Center

WOMEN'S HEALTHCARE PROFESSIONALS care for patients during some of the most poignant moments in their lives. Expressions full of warmth, joy, and excitement, as well as senses of peace and calm, are just some of the things the staff of the MDH Dolores Kator Switzer Women's Center has had the privilege to witness during the past year.

In the OB unit, the joy of a mother holding her newborn in her arms for the first time, quiet time as new parents bond with their infant, and the excitement of going home with their baby are just a few of the moments that occur with regularity. And while family-and-friend visits to patients during COVID-19 restrictions were missed, it seemed the personal, more intimate moments for new families grew even stronger.

On the imaging side, the calming atmosphere and fireplace glow of the waiting space has been exceptionally welcoming during the pandemic. Now that the Hospital is returning elective imaging procedures to pre-pandemic capacity, the staff is excited that the beautiful Women's Center is being showcased.

"We look forward to a vibrant future and continue to be ever grateful to our donors, who so generously contributed in helping make the Dolores Kator Switzer Women's Center a reality at McDonough District Hospital," said Wanda Foster, MDH Vice President/Chief Nursing Officer. 🏥



McDonough District Hospital, along with area businesses and individuals, welcomed the first baby born in the Dolores Kator Switzer Women's Center in February 2020. Ledger Pumo is the son of Chris and Breann Pumo and younger brother of Lincoln. Hy-Vee and Nostalgia in Macomb each donated a gift basket to the family. In addition, businesses donated certificates, books, baby blankets, and more to the family.

DKSWC
by the
numbers

196
deliveries

FROM THE OPENING
OF DKSWC THROUGH
THE END OF 2020



more than
500 DONORS





"Each birth is a miracle."

- D. James Lee, MD

Welcome Home: OB/GYN Clinic Moves to Main Hospital 3rd Floor

SINCE JANUARY 2021, the MDH Obstetrics & Gynecology Clinic has been serving women from its new 3rd floor home in the main Hospital building. An open house with segmented tours and a ribbon cutting were held in April.

The integration of the MDH OB/GYN Clinic and the Dolores Kator Switzer Women's Center (DKSWC) into the same building creates a center of excellence and convenience for patients. The Hospital's 1st floor houses the DKSWC for OB delivery, gynecological post-surgery recuperation, and digital imaging testing.

"OB/GYN providers care for women during every stage of their lives. This new clinic location allows us to optimize our delivery of outstanding healthcare to women of all ages," said Brandi Hood, LPN, Director Obstetrics and Physician Practices.

"Caring for our patients as if they were our own sisters, mothers, daughters, and friends is the number-one goal of our MDH OB/GYN Clinic," Hood continued. "I am proud of our amazing providers and staff, and we're thrilled to continue to provide exceptional

healthcare to women in a soothing, beautiful new space."

OB/GYN patients have reserved parking spaces near the main entrance of the Hospital. Patients can gain access to the elevators past the main entrance hallway, then exit the elevator on 3rd floor and walk directly into the OB/GYN Clinic.

Dr. Nicholas Viyuoh, Dr. Tamara Smith, Dr. Steven Coulter, Dr. D. James Lee, and Certified Nurse Midwife Mary

Thompson are all accepting new patients.

To schedule an appointment, call the OB/GYN Clinic at (309) 836-6937. For additional information on MDH and the services provided, visit www.mdh.org. 🏥

Photo above: On April 23, the MDH Obstetrics & Gynecology Clinic staff took part in the Macomb Area Chamber of Commerce ribbon cutting ceremony for the new clinic. The Chamber's Ambassadors Committee hosted the ribbon cutting event.



Steven Coulter, MD

D. James Lee, MD

Tamara Smith, DO

Nicholas Viyuoh, MD

Mary Thompson, CNM

mdh Obstetrics & Gynecology

525 E. Grant St. | Macomb, IL | MDH.org | (309) 836-6937

MDH OB/Gyn Clinic
Women's Health

Employee Spotlight



Brandi Hood, LPN, Director Obstetrics and Physician Practices, helped oversee the construction on the new MDH Obstetrics & Gynecology Clinic home. A portion of the 3rd floor of the Hospital serves as the OB/GYN Clinic area, while the 1st floor houses the Dolores Kator Switzer Women's Center for OB delivery, gynecological post-surgery recuperation, and digital imaging testing.

What was it like overseeing the clinic move and construction?

"It was a big process, obviously. But it was really neat to see it start out on paper and then come to fruition. We had a great group to put this together – the architects were great to work with, and everyone here came together to make it happen.

"It was stressful, yes. But I have some amazing co-workers and staff who were just wonderful."

What were your thoughts as you watched it come together?

"It was exciting. There were lots of little changes that they probably got annoyed at me for making! We tried to go with the feel of a spa – a relaxing atmosphere where the patient can come and feel taken care of, feel pampered."

Regarding the signage on the 3rd floor clinic, how did you want the outer area to look?

"We didn't want it to seem like any other clinic. I wanted a sign with a feminine touch. It's such a statement piece when you enter. It gives it a high-end, spa-like feel. One of the things I chose was a focal wall with a three-dimensional tile that just looks opulent. It's very pretty – there's even a fireplace.

"We wanted the space to feel set apart, so not only do patients feel pampered and relaxed when they're here, they remember how they were cared for and what everything looked like."

How did the COVID-19 pandemic affect the construction?

"We knew the rooms would be big, but we needed them to be spacious enough to abide by CDC guidelines. It's been taxing, but it's been a great learning experience."

What has been your main goal with this project?

"We truly want patients to feel like they're seeing family. That's been my main goal since I started here. We are passionate about giving exceptional care, and we treat everyone as if they are family. We strive for that every day." 📌

continued from page 14

Additional Donations

Donations listed below were given to the following areas of interest and specified by the donor. The donations vary in amount and range up to \$5,000.

Cardiac Rehabilitation

Macomb Auxiliary to VFW Post 1921

COVID-19 Fund

AmazonSmile
Collection Professionals, Inc.
First Bankers Trust Company, N.A.
Dr. and Mrs. Richard Iverson
Adrian and Kathleen MacGregor
Becky and Ron Paulsen
Peter S. Rao
The Howe Foundation

Home Health Care

David and Marilyn Eck

Hospice

David and Marilyn Eck

Indigent Care

Rodney and Bertha Fink

Intensive Care Unit

Rick and Donalene Harris

Linda's Fund

Rodger and Barbara Bainter
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Macomb Country Club
Women's Golf Association
Macomb Firefighters Union
Local 3053
Magnolias
Marine Bank
Tim and Diann Pendell

Pendell Garden

Tim and Diann Pendell

Permanent Endowment

Rhonda Haffner

PROS (Professionals Reach Out in Service)

REMLO

Reach Out and Read

Brad Bainter and Amy Spelman

Roodhouse Health Career Scholarship

David Rehn
George W. Roodhouse

Switzer Women's Center

AmazonSmile
Barbara A. Drozd
Good Hope United
Methodist Church
Genie Marshall
Harold O'Shea Builders
MDH Sports Medicine and
Rehabilitation
Phillip and Jacqlyn Richmond
Helen A. Short

Gifts in Kind

Auxiliary to McDonough
District Hospital
Libby Heaton Photography
Michael and Amy Hofmeister
Hy-Vee Food Store
McDonough District Hospital
New Copperfield's Book Service
Nostalgia Decorating Company
Sports Corner @124
The Crafty Coop 📌



MDH DRIVE-THRU

The simplest ideas sometimes rise out of necessity.

McDONOUGH DISTRICT HOSPITAL'S drive-through tent, erected during the early days of the COVID-19 pandemic, was functional, but it had its issues. There were logistical concerns – for example, getting power to the facility.

“Setting up the initial drive-through tent was challenging. We had to worry about how to deliver power and data. We were scurrying to find tables and chairs,” said Jimmy Rogers, Director of Plant Engineering. “We had to get tents, traffic cones, and lights in place. Plus we had to find heating and cooling for the staff who were working out there. It was monstrous to tackle, but we were able to do it.”

The tent quickly became popular with patients, who came in for COVID-19 testing or lab draws, and later in the year, flu vaccines.

“The feedback we got from the community was incredible,” said President/CEO Brian E. Dietz, FACHE. “People loved it. And we said to ourselves, ‘Okay, we’re sold.’”

“The overwhelming response was it’s so much faster versus having to park your car, come in, get your temperature checked, go to registration for an hour, and come down to the lab,” said Brittany Doll, Director of Laboratory Services. “All of a sudden this process that used to take 2 hours is now 15 minutes or less.”

Still, there were obstacles, particularly when it came to weather conditions.

Hot days could put patients, especially elderly ones, at risk. Cold weather affects the ability to draw blood. “It was pretty rudimentary,” Dietz said. “It was a bit like battlefield conditions.”

The routine lab draw services from the summer and fall had to be stopped because of winter weather. COVID-19 testing was moved inside to the Emergency Department during the cold and snow in February 2021.

Yet, the concept continually proved its value. During peak days of the drive-through at the outdoor tent, an average of 150 vehicles went through.

One key to the success of the tent was an experienced MDH staff, which was well-equipped to deal with new issues or safety concerns.

“There was a learning curve. Every day was new when we were in the tent. Everything was a challenge – something weird pops up, the weather causes issues – things like that,” Doll said. “So my number-one responsibility had been hiring a really skilled staff. If something goes wrong, you can’t replace experience with anything. You just can’t.”

Once patients got comfortable with the drive-through tent, regulars began to come through every week.

“People were pleasantly surprised it worked,” Doll said. “There was a lot of curiosity. And there was some hesitation, because they were used to coming

inside the Hospital, or going to their doctor’s office.”

Dietz said the convenience was something patients came to truly appreciate. “People came out of the tent celebrating because it was that easy.”

It became clear the construction of a permanent drive-through building was the logical next step. The MDH Drive-Thru facility officially opened March 8.

A five-month construction project led to the completion of the MDH Drive-Thru, a 4,000-square-foot steel frame building that is an extension of the MDH Laboratory Services Department. It features an office area, testing area, and laboratory space. The facility is climate-controlled.

“The new building is all automated,” Rogers said. “Cars can pull in there, and the staff members don’t have to deal with the weather.”

“We think we’re really on to something,” Dietz said. “If you came into the Hospital for a test or a blood draw, it took hours. Now that we have a permanent site, it may just take a couple of minutes of our patients’ time.”

The new facility doesn’t have those weather issues and goes beyond COVID-19 testing. There is a room for adult and pediatric blood draws and specimen collection services. Vaccines can be administered.

MDH Drive-Thru

"COVID's not going to go away," said Adrian MacGregor, Vice President of Business Development. "We're always going to have COVID testing. We're always going to have flu testing and blood draws. We asked ourselves, 'What else could we do out there?'"

The answer? Shifting the business model to outpatient labs.

"We're really looking at this as a long-term solution," said Doll. "Initially it was just get through the pandemic. Now, it's clear this can be a better way to serve our patients, so that's what we're doing."

Doll said she was ready to see the building open. "There have been growing pains, there always are," she said. "There were when we started using the tent. But we figure it out, we move on."

The feedback from MDH staff has been positive. They like the fast-paced environment. "Cars are coming through all day," Doll said.

"Patients reached out to our CEO and said, 'I don't know how you did it, but I really like it,'" MacGregor shared. "I'm excited to see where we are at with this 12 months from now." 📌

MDH Drive-Thru staff members Kari Reuschel and Jamie Churchill presented an MDH gift bag to the first patient using the Drive-Thru on opening day, Monday, March 8.



mdh
McDonough
District Hospital
www.MDH.org

Save Time and Pre-Register

 (309) 836-1753

Monday-Friday

 8 a.m.–4 p.m.

MDH Drive-Thru

Monday-Friday
8 a.m.-4 p.m.

Saturday & Sunday
8 a.m.-1 p.m.

Outpatient Laboratory Testing

Monday-Friday
6:30 a.m.-6:30 p.m.

Saturday & Sunday
6:30 a.m.-1 p.m.

Pre-registration is encouraged Monday-Friday from 8 a.m.-4 p.m.

Employee Spotlight

Jimmy Rogers is the MDH Director of Plant Engineering. He started at the Hospital in January 2020, just two months before the beginning of the COVID-19 pandemic.



What sort of challenges did you face during the pandemic?

"We were on the phone all the time finding machines, just making sure certain areas of the Hospital were negative pressure. With setting up the drive-through tents, we had to worry about how those spots were going to get power and data. Getting tents, getting cones, getting lights – it was monstrous to tackle. We were scurrying to find tables, chairs, heating, and cooling for the staff. There were a lot of things to be done.

"I had one worker go around for a couple of days and just put up sneeze guards and other protection. It's what you had to do."

From a personal aspect, what has the pandemic been like?

"We've got six kids. Just about all of them are in Missouri. We have one in Texas. Not being able to see family has been hard. My wife does travel somewhat; she goes down to see them. Since I'm in a leadership role here, I don't like setting bad examples for anybody, so I stay home. But it's hard on family life. You can only FaceTime and Zoom so much. We've got 14 grandbabies, and there's nothing like having a grandbaby hug you."

What's it going to be like for you and your family when the pandemic is over?

"We're all going to meet up somewhere in a park, where everybody can be around. None of our houses are going to be big enough!"

What's something that few people know about you?

"What got me into healthcare was my mom; she was a nurse. I was a CNA for many years under her. Eventually, my heart got too big for the patients. I was in long-term care, and I just got too attached. When they leave, it's like family leaving. I couldn't do it anymore, so I went back to school and got all of my degrees." 📌

ROLLING UP SLEEVES

A Moment Worth Revisiting: MDH's First COVID-19 Vaccine

December 16, 2020, marked a historic day as the first COVID-19 vaccines were administered at McDonough District Hospital.

THESE VACCINES were also the first COVID-19 vaccines given in McDonough County. Members of the MDH medical staff and frontline staff received the Pfizer-BioNTech vaccine.

"This was a historic day for our Hospital and community. We received a vaccination that was created and distributed in record time," said President/CEO Brian E. Dietz, FACHE.

"Many thanks to the McDonough County Health Department, McDonough County Sheriff's Department, Macomb Police, and our Emergency Services and Disaster Agency for their participation and support for this historic initiative. It was humbling to experience."

The Illinois Department of Public Health directed that hospital staffs across the state be the first to receive the vaccine as part of Phase 1A, and McDonough County Health Department staff delivered the vaccine to McDonough District Hospital.

Dr. Jack McPherson, Hospitalist Medical Director, was the first recipient at 2:32 p.m. Dr. Edwin Card, Chief Medical Officer, followed. Courtenay Ring, BSN, RN, CIC, from MDH Infection Control, administered the vaccine to the two physicians.

Several MDH staff members worked that afternoon giving injections to frontline staff.

"It's great we have the vaccine," said Dr. McPherson. "I want to set an example to let everybody know that it is a safe option. I'm just happy we have the vaccine available to us, and that Macomb was able to get some of the first group of vaccines." 🇺🇸

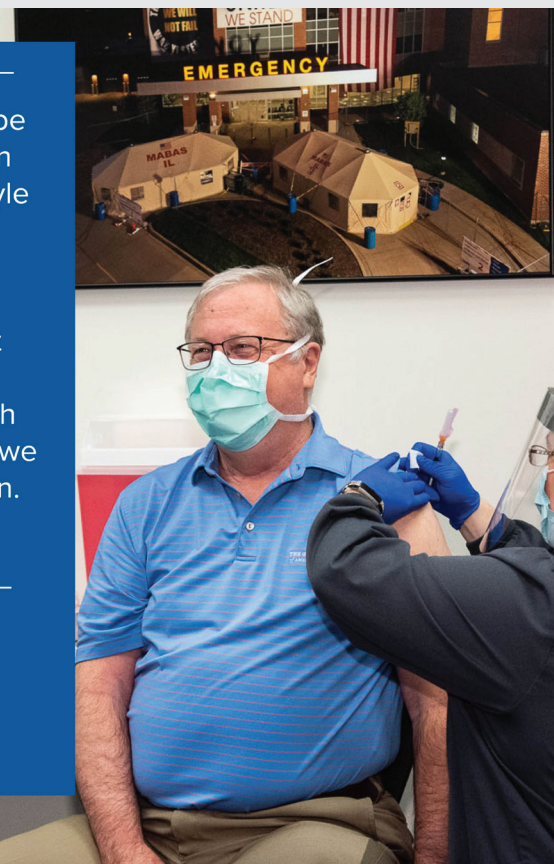
“ I have seen COVID-19 cause severe illness and death. This happens most often in high-risk individuals. I personally wanted this vaccine for several reasons. I feel the vaccine has an extremely high safety margin associated with it. It appears the best way for our country and the world to end the pandemic is through mass immunization against this virus. Selfishly, I wanted the vaccine for my protection against COVID. I also wanted to set an example for others that would convey my confidence in the safety and efficacy of the vaccine.

”
Jack McPherson, M.D.
MDH Hospitalist Director



“ Vaccination is going to be the only way that we can return to a normal lifestyle again. The vaccines are safe and incredibly effective. I think it is in everyone's best interest for all of us who can be vaccinated to go through with it. This truly is how we get back to normal again.

”
Edwin Card, M.D.
MDH Chief Medical Officer





MDH teamed with the McDonough County Health Department for a large-scale vaccination clinic on Saturday, April 10. Nearly 500 Johnson & Johnson vaccinations were provided in one day at the old Farm King building.

Thank You to Farm King for use of the building and its support in the fight against COVID-19.



Above: MDH staff Amber Depoy, Courtenay Ring, and Jason Williamson prepare COVID-19 vaccines on the first day vaccinations were given.

Above Right: President/CEO Brian E. Dietz, FACHE, and Jason Williamson, Director of Pharmacy, show the first COVID-19 vaccines received at McDonough District Hospital.

Right: MDH administered its first COVID-19 vaccine on December 16, 2020. Pictured are: Edgar Rodriguez (McDonough County ESDA), Wanda Foster (MDH Vice President/Chief Nursing Officer), Dr. Shea Trost, Dr. Jack McPherson, Dr. Edwin Card, Dr. Ken Nwafo, Dr. Curtis Farr, Ben Thompson (McDonough County Health Department), and Brian E. Dietz (MDH President/CEO). The five physicians were the first to receive the COVID-19 vaccine.



MDH Visitor Policy: Safety Procedures Remain in Place

McDonough District Hospital upholds policies that keep staff, patients, and visitors safer from communicable disease spread.

AS THE FIGHT against COVID-19 progresses, MDH has adjusted its policies accordingly. A lessening of restrictions in certain areas of the Hospital in March 2021 came almost exactly one year after MDH implemented its Incident Command structure due to the pandemic.

The easing of the visitor policy led to additional traffic inside MDH. In response, the Hospital increased cleaning of more highly trafficked areas to help ensure the safety and security of patients and staff members.

“Nearly one year to the day after our implementation of Incident Command for COVID-19 response, it was exciting to ease some of our visitor restrictions while hardwiring our safety practices that are in place,” said Wanda Foster, Vice President/Chief Nursing Officer.

“Allowing one caregiver in many of our areas providing patient care has enhanced the patient experience. Naturally, our patients’ families want to provide that support, and our staff knows it’s a benefit when caring for our patients,” Foster added. 🏡

Below are the current visitor policy guidelines as of the publication of this issue of *MDH Today*.

Masks: All visitors and patients MUST continue to wear masks or face coverings while inside the main Hospital, the Health Services Buildings, and the MDH Drive-Thru.

Entry Procedures: MDH Obstetrics/Gynecology Clinic patients and those who are having an outpatient surgical procedure done may enter the Hospital through the main entrance (open Monday-Friday from 6:30 a.m. to 5 p.m.).

Endoscopy (EGD and Colonoscopy): One visitor per patient. Visitor can stay in the patient’s room in the endoscopy wing.

Outpatient Surgery: One visitor per patient. Visitor can stay with the patient during pre- and post-operative procedures and must wait in the waiting room during the procedure.

Acute Care/ICU: One visitor at a time between 9 a.m. and 8 p.m.

Outpatient Testing (Cardiology, Lab, Radiology, Nuclear Medicine): One visitor per patient. Visitor must wait in the designated waiting room during the procedure.

Obstetrics: One designated visitor per patient during their stay.

Emergency Department: One designated visitor per patient during their stay.

Cafeteria: Visitors who are waiting inside the Hospital for a patient may use the MDH cafeteria or Coin Café.

ATTENTION

1 Visitor Per Patient



To PROTECT you and our staff, you MUST do the following:



Wear a MASK in the hospital at ALL times



Sanitize your hands BEFORE and AFTER your appointment or visit

IF YOU HAVE ANY OF THESE NEW SYMPTOMS:



A FEVER, COUGH OR RUNNY NOSE



SHORTNESS OF BREATH OR TROUBLE BREATHING



A SORE THROAT, HEADACHE OR FEEL SICK



LOSS OF SMELL OR TASTE



VOMITING OR DIARRHEA FOR >24 HOURS



SKIN RASH OF UNKNOWN CAUSE



NAUSEA OR LOSS OF APPETITE



CONJUNCTIVITIS EYE INFECTION

OR IF YOU:



ARE SELF-ISOLATING FOR 14 DAYS DUE TO TRAVEL



HAVE HAD CLOSE CONTACT TO A CONFIRMED POSITIVE COVID-19 CASE

PLEASE DO NOT VISIT OR ACCOMPANY A PATIENT

SAVE THE DATE

MDH Golf Tournament

New Location
Same Great Event
All Golfers Welcome

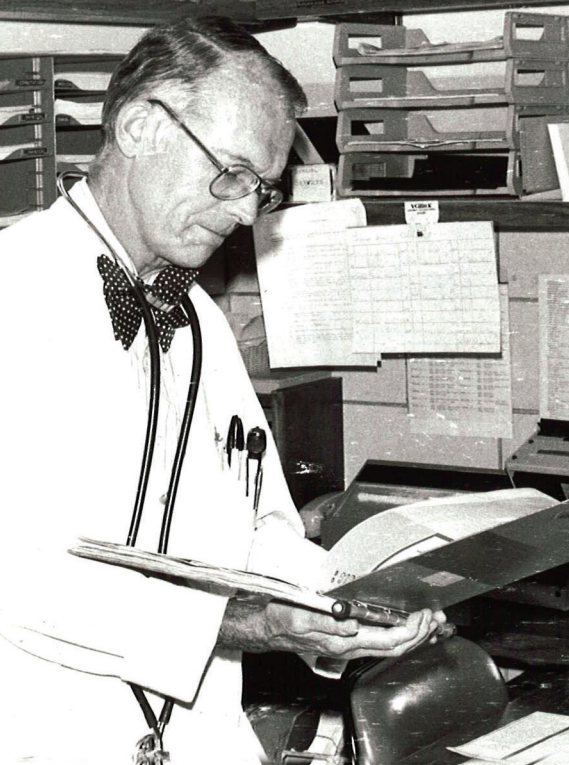
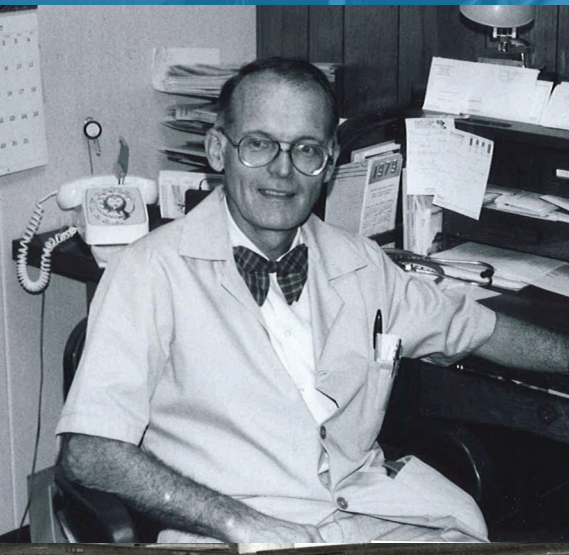
Sept. 10, 2021
11:00 a.m. Registration
12:00 p.m. Tee-Off

Harry Mussatto Golf Course
Western Illinois University
1215 Tower Rd, Macomb, IL





Dr. Dexter joined MDH when the Hospital opened in 1958.



MDH Mourns the Loss of Dr. Donald Dexter



Dr. Donald Dexter, one of the original physicians when McDonough District Hospital opened in 1958, passed away last December at his residence in Macomb. He was 92.

DR. DEXTER SERVED as a physician and surgeon upon his arrival in 1958 until retiring from his surgical practice in 1989. Upon retirement, Dr. Dexter remained extremely active in the Macomb community.

He joined the MDH Board of Directors in 1995 and was one of the longest-tenured Board members in the Hospital's history upon his leaving in 2011. During his time on the Board, he served as chairman.

"Everything you hear about Dr. Dexter is just stellar. Quite a professional – he just gave a tremendous amount of himself to the Hospital and the community. There's no question he leaves quite a legacy and will be missed," said President/CEO Brian E. Dietz, FACHE.

The following is a write-up on Dr. Dexter taken from the MDH 50th Anniversary Special Edition of *Vital Signs*, published in 2008.

As a physician and surgeon, Don Dexter provided healthcare service to thousands of individuals during his medical career, which started as a surgical resident in Cook County during 1957 before he moved to Macomb in 1958 at the time McDonough District Hospital opened.

His service to men, women, children, and society has exceeded his role of physician. Dexter has served as coroner, physician for Western Illinois University athletic teams, a recruiter of physicians to Macomb,

a professor in Western's health sciences department, and an individual fully involved in community service in Rotary, his church, and as a member of other civic groups and advocate of community causes.

After retiring from his surgical practice in 1989 he was a member of the Joint Commission on Accreditation for Health Care Organizations (JCAHO) for four years and later served as chief of staff at the WIU Beu Health Center. He serves as co-chair of the MDH Development Council. He has been a member of the MDH Board of Directors since 1995 and is currently chairman of the Board.

Don Dexter is uniquely qualified to share his views on the history of healthcare in the community as a provider of services, overseer of facilities, and active participant in the healthcare community during the 50-year history of MDH.

Cited from obituary:

Dr. Dexter was born April 8, 1928, in Melrose Park, Illinois. He married Esther Ruth Reeve on May 16, 1953. She preceded him in death in April 2012. Dr. Dexter was also preceded in death by his parents, a son, Bryce, and a brother, Ted.

He is survived by his children, Donald (Betty) Dexter of Vero Beach, Florida, Scott (Lori Ackman) Dexter of Macomb, and Margaret Dexter of St. Paul, Minnesota; 10 grandchildren; and 16 great-grandchildren. #



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